



## **Camp Healing Hearts**

### **FREE Grief Camp for Arkansas Children and Families**

Losing a loved one is difficult for everyone, and grieving is essential to accepting painful feelings and creating a new sense of normal. Methodist Family Health's Kaleidoscope Grief Center serves grieving children, teens and families in Arkansas through education, therapeutic services, peer support, and counseling.

Our annual Camp Healing Hearts uses therapy and recreation to offer children and families ways to discover their own inner strength. We utilize the campus of Camp Aldersgate to host activities including fishing, crafts, games, and heart-to-heart time.

This FREE camp is for children ages 5 to 18 who have experienced the death of a loved one and is best suited for families whose loss occurred more than 6 months ago. An adult caregiver is required to accompany children attending camp. Only 100 spaces are available.

**Camp Healing Hearts  
is Saturday, May 9, 2026.**

**Registration Deadline  
is April 24, 2026.**

**Reflect. Reconnect. Rediscover.**

# **Attend Camp Healing Hearts**

Apply online at  
[MethodistFamily.org/Camp-Healing-Hearts](https://MethodistFamily.org/Camp-Healing-Hearts)  
or by scanning in the QR code below:



**Kaleidoscope Grief Center**

1600 Aldersgate Road, Suite 100B

Little Rock, Arkansas 72205

501-537-3991

[DWard@MethodistFamily.org](mailto:DWard@MethodistFamily.org)

[MethodistFamily.org](https://MethodistFamily.org)

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Since 1899, Methodist Family Health has rebuilt the lives of Arkansans who face trauma and other serious mental health struggles. Founded as the Arkansas Methodist Orphanage, our comprehensive, statewide mental and behavioral health system now includes residential treatment programs, therapeutic day treatment school, outpatient and school-based counseling, Kaleidoscope Grief Center, and Arkansas CARES, a substance use recovery program for pregnant women and mothers.

In accordance with Title VI and Title VII of the Civil Rights Act of 1964 and their implementing regulations, Methodist Family Health provides treatment, recruits and hires, promotes and compensates without regard to race, age, religion, sex, national origin, creed, handicap, color, veteran status, sexual orientation, gender identity or associational preference.