



*\*For the health and safety of the children & families in our care, all donated items donated must be new\**

Every Spring, we ask Arkansans to contribute necessities to the children & families in our care. Most clients we serve are in the foster care system or come from families with little or no money. Collecting these items helps us provide them with a sense of comfort & safety while they heal from being abandoned, abused, neglected or struggling with psychiatric, behavioral & emotional issues.

Drop off items between February 14 – April 1, 2024 at the Foundation office or the Methodist Family Health Counseling Clinic closest to your community. Contact Jamie Griffith at 501-906-4209 or [jgriffith@methodistfamily.org](mailto:jgriffith@methodistfamily.org) with any questions.

To purchase items to ship directly to us from Amazon & Walmart, see the wishlist links on our website: [methodistfamily.org/get-up-and-give](http://methodistfamily.org/get-up-and-give).

### Donate Funds

Methodist Family Health Foundation  
1600 Aldersgate Road, Suite 100  
Little Rock, Arkansas 72205  
\*note GUAG on checks\*  
[MethodistFamily.org/Donate](http://MethodistFamily.org/Donate)  
501-906-4201

## Items in Most Need

- WHITE towels & washcloths
- WHITE twin-size only sheets, mattress pads, comforter sets, pillowcases
- Bed pillows
- Body wash – Suave Only (male, female or unisex)
- Solid deodorant – Suave Only (male, female or unisex)
- Shampoo – Suave Only
- Conditioner – Suave Only
- Lotions (unscented) – Suave Only
- Toothpaste in regular & travel sizes
- Toothbrushes in adult & child sizes
- Paper towels
- Tampons
- Diapers in all sizes
- Undershirts in youth & men's sizes small to 4X
- Boxer briefs in all sizes
- Socks in all adult sizes
- Non-spiral composition notebooks

## Other Requested Items

### Clothing

- Black leggings in women's sizes small to 4X
- Sweatpants in adult sizes small to 4x (no drawstring)
- Pullover or zippered hoodies in adult sizes small to 4x
- Pajamas in adult sizes small to 4X (any color or pattern)
- Underwear in women's sizes small to 3X
- Non-underwire bras in sizes 34 to 40 in B, C, D, DD cups

### Books & Toys

- Card & board games
- Hot Wheels cars & road mats
- Coloring books for adults & children
- Building blocks of all kinds (Legos, Lincoln Logs, etc.)
- Basketballs, footballs, volleyballs

### Baby Care

- Baby wash
- Baby lotion
- Infant Tylenol & Ibuprofen
- A&D Ointment
- Vaseline – small jars only
- Diaper wipes
- Pullups in sizes 2T to 5T

### Bedding

- Toddler bed sets in any color

### Bath

- Shaving cream
- Disposable razors
- Facial tissue
- Hairbrushes
- Textured hair care products (shampoo, conditioner, gel, combs, oil)

### Feminine Hygiene

- Pads & pantyliners

### School Supplies

- Backpacks in clear & solid colors
- Pens
- Perler bead supplies & kits
- Colored markers
- Crayons
- Canvases & paint brushes
- Art sets
- Non-spiral notebooks & journals

### Gift Cards

- Walmart, Visa & Amazon in any amount