



SENTINEL



A Little Light From You Will Help
Many This Christmas Season

Methodist Family Health Board of Directors

Chairperson Bill Mann, Little Rock
Harry Clerget, Little Rock
Dr. Charles Clogston, Little Rock
Jan Green, Little Rock
Russ Hannah, Jonesboro
Betty Hanson, Little Rock
Rev. Nathan Kilbourne, Conway
Rev. C.E. McAdoo, Little Rock
Judge Robert McCallum, Arkadelphia
W.A. McCormick, Little Rock
Bishop Laura Merrill, Little Rock
Jamilyn Noble, North Little Rock
Rev. Jim Polk, Little Rock
Neill Sloan, Lake Village
Don Weaver, Conway
Rev. Jeanne Williams, Little Rock

Methodist Family Health Foundation Board of Directors

Chairperson Jan Green, Little Rock
Ritter Arnold, Marked Tree – emeritus
Brenda Bailey, Little Rock
Linda H. Barnes, Little Rock
Misty Baugh, Little Rock – emeritus
John Borchert, Little Rock
Janelle Brown, Trinity, FL
Ray Dillon, Little Rock – emeritus
Jim Duckett, Little Rock
Pam Gadberry, Little Rock
Clay Gordon, Conway
Brenda Gullett, Fayetteville
Marci Hall, Little Rock
Karla Hilburn, Little Rock
Arita Jewart, Little Rock
Becky Kossover, Little Rock
Rev. Annie Lankford, Farmington
Bill Mann, Little Rock
Don Riggin, Little Rock
Sherry Rowbotham, Little Rock
Max Sharp, Little Rock
Cody Simon, Little Rock
Neill Sloan, Lake Village
Dr. Sandy Smith, Little Rock
Bill Spivey, Little Rock
Abbie Stalnaker, Little Rock
Cleton Vaughan, Little Rock – emeritus
Don Weaver, Conway – emeritus

Services Provided and Locations

Methodist Behavioral Hospital (inpatient) –
Maumelle

Psychiatric Residential Treatment Facilities
(inpatient) –
Bono
Little Rock

Qualified Residential Treatment Programs
(inpatient) –
Helena-West Helena
Little Rock
Magnolia

Therapeutic Day Treatment (outpatient) –
Little Rock

Arkansas Center for Addictions Research,
Education and Services (Arkansas CARES) –
(inpatient) –
Little Rock

Counseling Clinics (outpatient) –
Alma
Fayetteville
Heber Springs
Hot Springs
Jonesboro
Little Rock
Magnolia

School Based Counseling (outpatient) –
Crawford County (*includes Alma, Cedarville
and Ozark*)
El Dorado
Fayetteville
Heber Springs
Hot Springs (*includes Lake Hamilton and Lakeside*)
Jonesboro (*includes Success Achievement
Academy in Jonesboro*)
Lincoln
Little Rock
Nettleton
Vilonia and Van Buren County (*includes
Clinton, Bee Branch and Shirley*)

For information on all of our programs
and services please visit our website at
MethodistFamily.org.





Message from Executive Director

Dear Friends:

We are beyond grateful for your support of Methodist Family Health and Methodist Family Health Foundation. As the fundraising entity for Methodist Family Health, we work to support our continuum of care's mission: To give the best possible care to those who may need our help. Please know that our Foundation team works hard to be responsible stewards of your generous gifts. Methodist Family Health Foundation is honored to partner with YOU to make an impact in Arkansas. In our most recent fiscal year, YOU helped Methodist Family Health Foundation assist Methodist Family Health in caring for 4,332 Arkansas children and families and providing 102,243 services throughout our state.

As 2023 ends and a new year is soon to begin, I look forward to the future with optimism and excitement. This past year blessed the Foundation with many successes and growth opportunities, thanks to YOUR efforts. Our Foundation team is eagerly anticipating 2024 – and partnering with you again to accomplish great things.

Thank you for your support of Methodist Family Health Foundation. I am grateful for the opportunity to serve the children and families in our care, am thankful for a Foundation team of dedicated individuals, and value your partnership, support, and commitment to our mission.

Gratefully,

Amanda Smith

Amanda Smith, CFRE
Executive Director
Methodist Family Health Foundation

A publication of the Methodist Family Health Foundation

Amanda Smith, CFRE, Executive Director
Angela (Angie) Stroud, Director of Development
Lindsey Simmons, Foundation Director of Communications
Jamie Griffith, Development Coordinator
Christy McCreight, Grants Manager and Volunteer Coordinator
Traci Glover, Foundation Assistant
Rev. Dr. Michael Mattox, Church Relations Associate

1600 Aldersgate Road
Suite 100
Little Rock, AR 72205
501-906-4201

The Sentinel is published multiple times a year.
For more information, contact:

Methodist Family Health Foundation, editors
Foundation@MethodistFamily.org

Photos provided by: Methodist Family Health staff and volunteers © Methodist Family Health Foundation

Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

FOLLOW US at:

Facebook.com/methodistfamilyhealth/
Instagram.com/methodistfamilyhealth
Twitter.com/MethodistFamily
YouTube.com/MethodistFamilyHealth

The mission of Methodist Family health is to provide the best possible care to those who may need our help.



– Meet Karisa –

The world in which we live today contains challenges, even for those of us in the best of circumstances.

Our country is facing an unprecedented mental health crisis. The crisis is not just affecting adults, it is devastating the young, and people from every background are impacted. **For individuals facing abuse, neglect, and addiction, their life and mental health can be dire and uncertain.**

Pressure felt by families can impact a child's sense of security, both at home and at school, where they should feel the safest. **Many children in the care of Methodist**



Family Health (MFH) do not even have a family to help them navigate and understand the situations they may face. Even in ideal circumstances, without any extenuating issues that children and families might face, life still entails challenges and hardships. **Imagine the uncertainty and fear that is felt by the children in our care.**

Meet Karisa, a graduate of our MFH Arkansas Center for Addictions Research, Education and Services (Arkansas CARES) program, which provides therapy and rehabilitation to moms who have both a mental health and addiction diagnosis.

One of the wonderful aspects of the Arkansas CARES program is that the moms can keep their children with them as they receive help and treatment. **As a former client, Karisa is also a past and current recipient of a MFH Foundation educational scholarship.** Karisa graduated from the University of Arkansas Little Rock in 2021 with two bachelor's degrees, in Psychology and Criminal Justice, with a 4.0 cumulative GPA, and is now pursuing her master's in social work.

Karisa states:

“Today I have hope. Today I have not only the will to live, but a purpose. I used to fight to get high; now, I am fighting for a better life for myself and my kids. I changed my life around before my kids could ever realize what was going on – I have broken the cycle. So, yes, five years ago, I may have described myself as a hopeless junkie – but today, my name is Karisa, and I am a success story, a great mom, friend, daughter, significant other, a dependable and trustworthy person. I am a future licensed master social worker, a future advocate, goal setter and achiever. I have mended the broken bridges and created boundaries to protect myself and my kids, but ultimately, I have found myself again...that was gone for far too long.”

Through services provided by MFH, Karisa and many other parents can receive much needed assistance and support, for both them and their children.

LIGHT BEARERS



Methodist Family Health Foundation Honors Corporate Partner HCJ CPAs & Advisors PLLC

HCJ CPAs & Advisors PLLC (formerly known as Hudson Cisne & Co.) are strong corporate supporters of Methodist Family Health Foundation, as shown through their participation as one of our Annual Comprehensive Sponsors. The company's level of commitment to the Arkansas children and families in the care of Methodist Family Health is truly remarkable. HCJ CPAs's commitment to and partnership with Methodist Family Health Foundation dates back to 2007. Over the past 16 years, HCJ CPAs has walked the walk and talked the talk! They have been, and ARE, true ambassadors of Methodist Family Health Foundation and our mission.

Because of the financial support that HCJ CPAs has provided to us, many Arkansas children and families have been positively affected – and lives changed. HCJ CPAs is always one of the first companies with which we work to step up to the plate and say “Yes!” The consistent monetary support provided by HCJ CPAs has contributed to the success of our fundraising initiatives and efforts.



Rami & Raja Kassissieh at 2022 Southern Silks Stakes



Employees at Little Rock office: Rami Kassissieh, Nicole Hobbs, Stephanie Murry, Emma Matros, and Kristen Boatman

In addition to providing financial support, HCJ CPAs is always willing to provide volunteer help to ensure the success of our events and campaigns. During Methodist Family Health Foundation's Get UP & Give Campaign (the drive for in-kind donations for the Arkansas children in our care, such as shampoo, body wash, deodorant, etc.) an employee of HCJ CPAs stopped by the Foundation office to pick up collection bins for their items, delivering one bin to their office in Little Rock and the other bin to their office in Jonesboro. At the end of the Get Up & Give Campaign, HCJ CPAs employees



Employees at Jonesboro office: William Watson, Blake Brecklein, Lisa Ingram, Brent Stidman, Anna Huggins, Colby Dixon, Nikki Nottingham, Caleb Merches, Sara Wallace, Jessica Rucker, Kassidy Walker

from across the state had collected many needed personal hygiene products for our children.

HCJ CPAs employees are always ready to lend a helping hand – literally. Volunteers from HCJ CPAs have been instrumental in the success of our events, such as our former Walk, and at Southern Silks Stakes, our signature fundraising event. We

are grateful to the employees of HCJ CPAs for the numerous volunteer hours that they have invested in our organization over the years.

HCJ CPAs is a shining example of a corporate partner in all that they do for us at Methodist Family Health Foundation and for the Arkansas children and families in our care.



HCJ volunteers at 2023 Southern Silks Stakes: Reyn & Madisyn Beckham, Micah & Stephanie Murry, and Krystal Moore

Grants Help Support Various Programs Within Methodist Family Health

Since January 1, 2023, Methodist Family Health Foundation has been awarded \$125,114.00 in grants. These grants help support the work and mission of Methodist Family Health, giving the best possible care to those that may need our help. Methodist Family Health Foundation is waiting to hear responses regarding several grants recently submitted, which will help fund additional programs within the Methodist Family Health statewide continuum of care.

Grants received to date include:

- Arkansas Arts Council for the in-school art program at Little Rock Day Treatment and summer art program at Little Rock Psychiatric Residential Treatment Facility
- The Charles A. Frueauff Foundation for the matching funds for the in-school art program at Little Rock Day Treatment and summer art program at Little Rock Psychiatric Residential Treatment Facility
- Heart of Arkansas United Way for support that provides necessities such as toiletries, personal hygiene items and clothes for the continuum donation closet
- Roy & Christine Sturgis Charitable Trust to support the donation closet and compassion fund
- Marion and Miriam Rose Trust for support to provide Chromebooks, charging stations and accessories, books and online educational resources, behavior incentives, and therapeutic game-based digital programming software that teaches coping skills
- The Magale Foundation, Inc. for Magale Manor Home to replace flooring and to purchase a dining room table and chairs for the residents
- The Methodist Foundation for Arkansas for support to send children to camp and assist with the purchase of presents for children at Christmas, along with other needs throughout our continuum
- Trinity United Methodist Church for support in providing winter gear for the Arkansas CARES program and enrichment activities for the Little Rock Psychiatric Residential Treatment Facility
- Entergy Arkansas for support for the donation closet and other needs throughout our continuum
- Blue & You Foundation for providing support to purchase an AED for Methodist Behavioral Hospital
- First Electric Cooperative for providing support to purchase coats for the women and children in the Arkansas CARES program
- The Schmieding Foundation, Inc. for the donation closet



Methodist Family Health Foundation Welcomes New Team Members and Celebrates Promotion

Methodist Family Health Foundation welcomes Angela (Angie) Stroud, director of development, Lindsey Simmons, foundation director of communications, and Traci Glover, foundation administrative assistant. Congratulations to Christy McCreight, who was promoted to grants manager and volunteer coordinator.



Angela (Angie) Stroud

Angie comes to us with over 24 years of development experience, having raised funds for several central Arkansas non-profit organizations over the years. Angie is a skilled fundraising professional and loves to network and develop relationships with donors. In her spare time, she likes to spend time with her family and friends, with her rescue dog, Lucy, and enjoy the great state of Arkansas. We are very excited to have Angie as a new team member in the Foundation and know that she will be an asset to our growth.

With a background in writing, marketing and nonprofit development, Lindsey has worked to increase brand awareness for local for-profit and nonprofit businesses. She believes effective communication and an attitude of gratitude are foundational in work and play. Lindsey is happiest spending time with her husband and their son, cycling, creating art or continuing her Scrabble winning streak. We are delighted to have her join the Foundation team after being involved with Southern Silks Stakes for many years.



Lindsey Simmons



Traci Glover

Traci is new to the central Arkansas area, relocating from northcentral Arkansas. Traci comes to the Foundation with strong customer service and business skills, as she was previously a small business owner for many years. In her spare time, she likes to sing, garden, and craft soaps and candles. We are thrilled to have Traci on board as a new Foundation team member.

Congratulations to Christy McCreight, who was promoted to grants manager and volunteer coordinator. Christy has been with the Foundation since 2019 and is a valued team member. In her new role, she will research, write, submit, and report out on grants for the Foundation. Christy will continue her work with the Foundation volunteers, coordinating and supporting volunteer efforts.



Christy McCreight



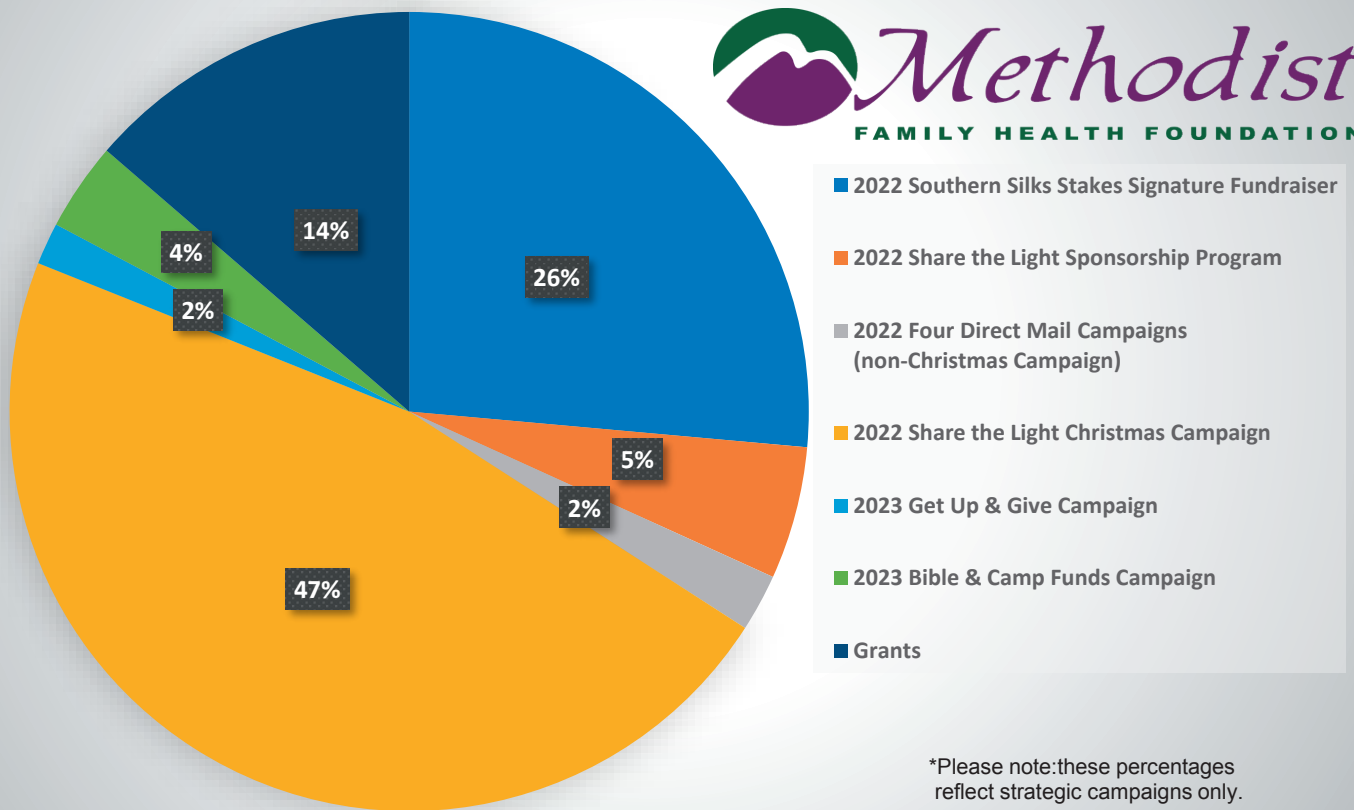
*Please help us
celebrate our team!*

In our most recent fiscal year (July 1, 2022 – June 30, 2023) YOU helped Methodist Family Health Foundation assist Methodist Family Health in caring for more than 4,332 children and families throughout Arkansas. Your financial gifts to Methodist Family Health Foundation allowed us to provide 102,243 services to the children and families in our care throughout the state.

We are grateful to YOU for your contributions, which make the programs, therapies, and resources our patients need possible.

Grateful

Fiscal Year 2023 Strategic Campaigns



*Please note: these percentages reflect strategic campaigns only.

- 2022 Southern Silks Stakes Signature Fundraiser - \$189,569.40 (26%)**
- 2022 Share the Light Sponsorship Program - \$38,500.00 (5%)**
- 2022 Four Direct Mail Campaigns - \$16,628.00 (2%)**
- 2022 Share the Light Christmas Campaign - \$336,774.00 (47%)**
- 2023 Get Up & Give Campaign - \$12,173.34 (2%)**
- 2023 Bible and Camp Funds Campaign - \$25,646.95 (4%)**
- Grants - \$98,077 (14%)**

The Year in Review

October, November, and December 2022



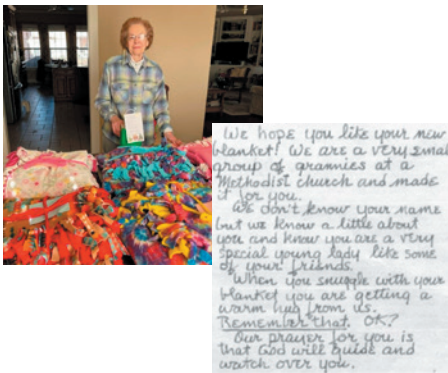
The Great Pumpkin Brings Gifts

"The Great Pumpkin" visited our Fillmore campus and made his yearly delivery of specially "stuffed pumpkins". "The Great Pumpkin" provided numerous coats to the children and moms in our Arkansas CARES program. Our pumpkin friend delivered these cute packages a few days before Halloween. One of our dedicated volunteers from St. James United Methodist Church of Little Rock assisted by shopping for all the coats that were delivered. If you are interested in assisting "The Great Pumpkin" in 2024, please contact Christy McCreight at CMcCreight@methodistfamily.org or 501-906-4201.



Giving Tuesday a Smashing Success

Celebrated on the Tuesday following U.S. Thanksgiving and fueled by the power of social media and collaboration, Giving Tuesday inspires millions of people across the globe to show up and give back to causes and issues that matter to them. In 2022, for the first time, Methodist Family Health Foundation had a \$6,500 matching challenge from HealthSCOPE Benefits (as well as an anonymous donor) for Giving Tuesday, which doubled the impact of donors' gifts! \$13,500 was raised through this online initiative, surpassing all previous years' Giving Tuesday donation totals.



Grannies Gift Girls Beautiful Blankets

Christmas 2022 came early to some of the young ladies in our programs this year. Beth Abbott, with Grace Methodist Church in Conway, contributed handmade fleece blankets and goodie bags to Methodist Family Health Foundation to provide specifically to the girls and young women in our care. The fleece blankets were designed and created by a "very small group of grannies at a Methodist church and made (it) just for you." Mrs. Abbott and her friend assembled goodie bags full of hair ties, lip balm, candy, fuzzy socks, and more, and she even attached a handwritten note of encouragement to each blanket so each girl receiving one would know they are loved and valued by women whom they may have never met, but who have their best interests in their hearts and prayers. We thank Mrs. Abbott and her friends from Grace Church in Conway for making their love and concern for the children and families in our care a tangible gift.



Santa and Mrs. Claus Visited Methodist Family Health Psychiatric Residential Treatment Facility in Bono

Santa and Mrs. Claus visited Methodist Family Health Psychiatric Residential Treatment Facility in Bono, delivering gifts and treats, on December 16, 2022. The Christmas party was organized by volunteers from Hoxie United Methodist Church Linda Holt and her mother, Elaine Gilliam, Katie and Lonnie Smith (Santa and Mrs. Claus), and Rev. Jeremy Hopper. We appreciate the holiday spirit and cheer spread by our partners!



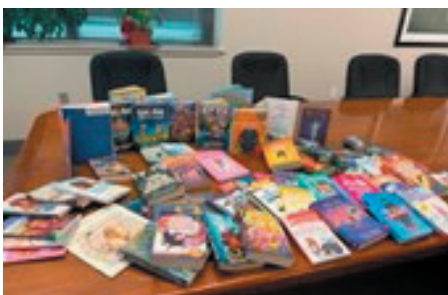
Day Treatment Awards Luncheon

On December 21, 2022, Day Treatment students decided to keep things cool with their friends, families, and supporters like the Arkansas Arts Council. The "Chillin' with My Gnomies"-themed awards event took place in the Commons Building at Camp Aldersgate in Little Rock. Our thanks to the Arkansas Arts Council and to the Charles A. Frueauff Foundation for their funding of our arts program at Little Rock Day Treatment and other art programs throughout our continuum. Because of their support, the children we serve are exposed to creative outlets that allow them to communicate in ways they may not otherwise be able to do. This funding also allows the children in our care to enter their artwork into statewide competitions such as the Arkansas State Fair's community arts and crafts contests, in which our students have won both ribbons and money for their efforts as well as admiration from citizens all over the state. The gnomes-themed event included décor made by our Day Treatment students, a barbecue lunch from Whole Hog Café, two performances by students, and awards for outstanding progress made by the children at the school.

The Year in Review

January, February, and March 2023

SHARE THE *Light*



Annual Share the Light Christmas Campaign

Because of the generosity of individuals, community groups, and churches throughout Arkansas, Methodist Family Health Foundation was able to raise \$337,000 through our Christmas Campaign last year. Our Annual Share the Light Christmas Campaign is our largest fundraising campaign of the year to benefit our continuum of care.

Employee Giving Campaign Update

During 2022, 57% of the employees of Methodist Family Health and 100% of Methodist Family Health Foundation donated through their paychecks. These funds go back to their own departments and from there each department decides how they want to spend their dollars. By contributing to the One Team, One Family Campaign, our employees are demonstrating their commitment to the Arkansan children and families they serve, as well as showing their pride in being an integral part of the Methodist Family Health team.

EMPLOYEE GIVING CAMPAIGN = ONE TEAM, ONE FAMILY!

14th Annual Get Up & Give Donation Collection Campaign Brings In Both Funds and Necessary Items

2023's Get Up & Give Campaign was February 22 through April 9, 2023. Over 100 donors and volunteers helped Methodist Family Health Foundation raise more than \$12,000 as well as many other necessities for the Arkansas children in our care. The corporate collection portion of the campaign was brought back into fruition, with returning and new businesses participating. The businesses returning to the corporate campaign were The Methodist Foundation for Arkansas, HCJ CPAs & Advisors PLLC, Kinco Constructors and First Security Bank/Crews & Associates. New to the Get Up & Give business and corporate this year were Staley Electric, Crye-Leike Realtors Maumelle Branch, First Community Bank and The Property Group.

Dedication of The Mike Millar Spiritual Life Center

The Mike Millar Spiritual Life Center located on our Fillmore campus was dedicated on Tuesday, February 28, 2023. The center is named in memory of Mike Millar, a lifelong United Methodist from Searcy, Arkansas. He served on both Methodist Family Health's operations and foundation boards of directors. The chapel of the center is named in memory of Elaine and Bishop Kenneth Hicks, also longtime supporters of Methodist Family Health and the Arkansas children and families we serve. "In addition to the Elaine and Bishop Kenneth Hicks Chapel, this center includes a multipurpose space, a welcome center for the campus, and administrative space for our Methodist Children's Home administrators," said Amanda Smith, CFRE, executive director of Methodist Family Health Foundation. Also included are an outdoor labyrinth, new landscaping, and enhanced parking. The facility will also provide space for community partners to meet for neighborhood association meetings and community education.

Children Giving to Children

Methodist Family Health Foundation recently received a special gift from mission-minded Kindergartners from The Baptist Preparatory School. All three Kindergarten classes saved their money and then took a field trip to Barnes & Noble to purchase books for the Arkansas children in our care. Their teachers delivered these new, age-appropriate books to Methodist Family Health Foundation on March 15. Each year, The Baptist Preparatory School challenges its students to a weeklong mission drive by selecting a nonprofit and organizing a week of giving of needs for that organization.

The Year in Review

April, May, and June 2023



Easter Egg Hunt Held for Kaleidoscope Peer Support Kids

On Saturday, April 8, Kaleidoscope Grief Center participants enjoyed an Easter Egg Outing at Camp Aldersgate. The event included an Easter Egg Hunt, Easter Bunny Race, egg toss, picnic and cake walk. A good time was had by all! Kaleidoscope Kids Club offers social events for emotional support for bereaved children ages 5-18 and their families. Often when we are in the grief process, it is difficult to be social and have fun. It helps to be in a safe environment with other grieving families to “practice” reconnecting, sharing our stories, enjoying time with family, and making new friends. These activities promote friendship, laughter, and emotional healing at a time of great sadness. For more information about Kaleidoscope Grief Center, please call Janet Breen at 501-906-4242.



Pulaski Heights United Methodist Church Easter Sunrise Service

Methodist Family Health Foundation was grateful for the opportunity to be included as the recipient of Pulaski Heights United Methodist Church Sunrise Special's Easter Offering. Methodist Family Health Foundation Executive Director, Amanda Smith, and Methodist Family Health Director of Pastoral Care, Rev. Eva Englert-Jessen, were filmed as a part of Pulaski Heights United Methodist Church's Easter Sunrise Special, which aired on KATV-Channel 7, Facebook and YouTube. The gifts from the Easter Offering directly benefited the Arkansas children and families in the care of Methodist Family Health. Methodist Family Health Foundation extends thanks to Pulaski Heights United Methodist Church for this partnership and opportunity.



For the first time since before the COVID-19 pandemic, Methodist Family Health brought back Camp Healing Hearts as an overnight event

Camp Healing Hearts returned as an overnight event, which is coordinated by Kaleidoscope Grief Center, a program of Methodist Family Health, and funded by Methodist Family Health Foundation. Camp Healing Hearts – open to any family in Arkansas who is grieving the death of a loved one – was held May 19 and 20 at Camp Aldersgate in Little Rock. Utilizing both therapy and recreation, Camp Healing Hearts was a free camp offered to children and families struggling with grief of a loved one and provided an opportunity for them to discover their own inner strength. The camp included heart-to-heart time, swimming, fishing, crafts, games, campfires, and s'mores and much more.



Methodist Family Health Goes Under the Sea at 23rd Annual Rev. Robert Regnier Memorial Summer Camp

On June 5-9, the kids in Methodist Family Health's Qualified Residential Treatment Programs left their homes for a week-long summer camp under the sea, funded by Methodist Family Health Foundation. A committee of these kids planned the camp experience, including the theme, “Under the Sea.” There was a talent show, a trivia battle, swimming, fishing, sports, excursions, and a carnival to celebrate the end of camp week.



Methodist Family Health Foundation at Annual Conference

Methodist Family Health Foundation was invited to speak at Annual Conference June 21-23. Methodist Family Health Foundation Executive Director, Amanda Smith, CFRE, was honored and grateful to have the opportunity to address the convention's delegates on Thursday, June 22. Methodist Family Health Foundation also had a presence at an informational booth in the Convention Hall at the Hot Springs Convention Center.

The Year in Review

July, August, and September 2023



SHINE-ola Benefit Returned in New Location

Thank you to The White Water Tavern for hosting the 2nd Annual SHINE-ola benefit concert including Jason Lee Hale & The Personal Space Invaders and Bill Holloway, Runaway Planet, Steve Davison, The Mark Simpson Trio, Amy Garland, Brian Nahlen Band, The Salty Dogs, Tommy Branch, Jr. and Cherise Martini & The Peacekeepers. Proceeds benefited purchasing Christmas gifts for the Arkansas children in the care of Methodist Family Health on Christmas Day.



Christmas in July

Thanks to YOU, our Christmas in July campaign to raise funds to purchase Christmas gifts for the Arkansas children in our care on Christmas Day was a success, totaling \$22,164! Our gratitude to all the donors who made a financial gift this summer to ensure our kids have a merry Christmas this December.



Mission u Collects School Supplies

The Arkansas Conference of The United Methodist Church's 2023 Mission u was held July 26-29 on the Hendrix College campus in Conway. The Arkansas United Women in Faith collected school supplies and gifted handmade notes of encouragement for the Arkansas children and families in our care. The children and teens attending helped sort, pack, and load these items for delivery to Methodist Family Health Foundation.



Christ of the Hills UMC's Martha Circle tours Psychiatric Residential Treatment Facility in Little Rock

Members of Hot Springs Village's Christ of the Hills United Methodist Church's Martha Circle toured Methodist Family Health Psychiatric Residential Treatment Facility in Little Rock. Once again, the ladies devoted their time and resources to sewing handmade fleece blankets for the children in the care of Methodist Family Health. Methodist Family Health Foundation staff visited Martha Circle several times in 2023 to collect over 200 blankets. The group expressed how much they enjoy the process, from shopping, to gathering, and completing the blankets – and were thrilled to be able to see them in use on the children's beds.



Executive Director and Director of Development Visit Brinkley

On Sunday, August 13, 2023, Executive Director Amanda Smith, and Director of Development Angie Stroud, attended the morning worship service at Brinkley First United Methodist Church in Brinkley, Arkansas. Reverend Nan Nelson, along with Nancy Hornsby who leads the Community Outreach, collected Christmas gifts for our Christmas in July Campaign. Brinkley First United Methodist Church has been a consistent supporter of Methodist Family Health and Methodist Family Health Foundation for many years.



10th Annual Southern Silks Stakes – The Pinnacle of Stick Horse Racing

Methodist Family Health Foundation's 10th Annual Southern Silks Stakes, presented by Gill Ragon Owen, with Special Appeal Purse Sponsor Bank OZK, was on September 16, 2023, benefitting Methodist Family Health. The event chairs were Melanie and Matt Buchanan, and the evening was emceed by THV's Chief Meteorologist Tom Brannon. Attendees placed faux bets on their favorite jockeys who donned brightly colored silk vests which corresponded with their stick ponies. Rolls of dice determined the winners of each of the six races. The event included an online and live auction, as well as a special appeal to support the children and families in the care of Methodist Family Health.

METHODIST FAMILY HEALTH FOUNDATION ANNUAL COMPREHENSIVE SPONSORS



Thank you to our Methodist Family Health Foundation Annual Comprehensive Sponsors!

This select group of sponsors truly stand out by participating in our Methodist Family Health Foundation Annual Comprehensive Sponsorship Program. Without them we would not be able to have the successful Southern Silks Stakes event, Share the Light Sponsorship Program and strong annual gift program that we do. Thank you to these special sponsors!

Methodist Family Health Foundation's Giving Societies

Please note that * denotes a new member while † denotes a member who is deceased. If you would like more information about how to contribute to Methodist Family Health and become members of these giving societies, please contact Amanda Smith, CFRE, executive director of Methodist Family Health Foundation, at 501-906-4220



The Coy-Roots-Tabor Heritage Society

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Arkansas Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902. Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to Methodist Family Health Foundation.

Please let us know if you have included Methodist Family Health Foundation in your estate plan and allow us the opportunity to thank you and verify how you would like to be listed in our Coy-Roots-Tabor Heritage Society.

Call 501-906-4220 or email Amanda.Smith@MethodistFamily.org

Myra and Andy Altom

Janet and William Arthurs

Catherine and Howard Cockrill

Ashley Riggins Coldiron

Cecile and Gilt Foresman

Marjem and John Gill

Max Goolsby

Jan Green

Jonelle Ryan and Billy Gene Jones

Nancy and Earl McClure

Carolyn and Craig McCone

Jacquelyn P. Murphy

Kari and Dan Rohrbaugh

Geraldine† and Paul Stiedle

Steven C. Trolinger

Judy Vasser

Mary and Clefthon Vaughan

Warren Family Trust



The George Thornburgh Society

Colonel George Thornburgh, a Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fundraising initiatives in Arkansas, an ambitious

and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in The George Thornburgh Society recognizes a one-time or cumulative, lifetime gift(s) of \$25,000 or more to Methodist Family Health Foundation.

Anonymous (9)
Beth Abbott
Myra M. Abrignani Estate
Lewes† and Jon Ahrens
Myra and Andy Altom
Arkansas Arts Council
Arkansas Children's Hospital
Arkansas Community Foundation
Arkansas Economic Development
Commission
Paul Arnold
Rebecca and Ritter Arnold
Seth W. Baker, Jr. Annuity
Bank OZK*
Bancorp South Insurance Services, Inc.
John and Barbara Bragg Charitable
Remainder Trust
Mary† and Robert† Branch
Lillian Mae Calvert Living Revocable
Trust
Milton D. and Mary C. Campbell Joint
Revocable Trust
Rev. J. Wayne and Rynett Clark
Mr. and Mrs. Harry Clerget
Rachel and Jake Commer
Dr.† and Mrs. George Cone
Crain Automotive*
Crews & Associates
Datamax, Inc.
Donald R. Dearing and Martha M.
Dearing Trust
Deborah and Ray Dillion
E Ritter Companies
Ellen† and Don† Edmondson
First Security Bank - Searcy*
Judy Waddell Fletcher
Cecile and Gil† Foresman
Elizabeth W. Fries Estate
Charles A. Frueauff Foundation, Inc.
Dr. Rita Galloway
Conway and Margaret George
Charitable Trust
Corinne W. George Trust
Mary Lue† and Bill Gibbs
Aline Gill Estate
Marjem and John Gill

Gill Ragon Owen Attorneys
Jan Green
Maxine S. Gregg Estate
Marci Hall*
Hall Revocable Trust
HealthSCOPE Benefits, Inc.
Heart of Arkansas United Way
Carolyn M. Henslee†
John A. Henson Trust
Walter B. Huff Estate
Geneva I. Hughes Estate
Jane Hunt
Julia Mae Jackson Estate
Kerry and Charlie Jackson
Al and Palmer Johnston
Ura Mae Johnston Trust
Kathleen Kennally and Mark Holder
Kerkhoff Family Trust
Iva and Bill Krogman
Terry and Jean Landrum
Clyde Langford Jr. Estate
L.A. Logan Estate
Mr. and Mrs. Carl Long
Judith and Charles† Long
J.E. and L.E. Mabee Foundation*
Magale Endowment Trust
Karon and Bill Mann*
Nell S. Martin Endowment
Cynthia and Walt Mashburn
Carolyn and Craig McCone
Mr. Vernon McDaniel*
Robert McPherson Trust
Methodist Family Health
Karen and Mike† Millar
Rev. Curtis E. Monroe Estate
Alline M. Montgomery Estate
Marilyn and Joel Newcome*
Angela and Chris Newell
Mrs. M.E. Peace†
B.C. Pickens Trust
Ella Mae and Edgar† Poag*
Joyce and Chris Poole
Augustus H. Pugh
John H. Reese Endowment Fund

Mrs. Betty Regnier
Paula and Robert Reynolds
Riggs Benevolent Fund
Lila and Jack† Riggs
Sally and Keith Riggs
Thomas Edward Rimmerman Trust
Rittwood Farms Company, Inc.
Marion and Miriam Rose Trust
Mr. and Mrs. Reynie Rutledge
Mr. and Mrs. Jeff Ryan
The Reverend Mitchell and Gladys
Masters Sanford Endowment
Trish and Kurt Searvogel
Velma E. Shaffer Estate
Shuler Drilling Company
Nancy† and Neill M. Sloan
Elizabeth H. Snyder Trust
Cathy and Bill Spivey
St. Francis Ministries of Phillips County
Geraldine H† and Paul Stiedle Estate
Melda Strickland Estate
Genevieve H. and William A.† Strong
William A. Strong Charitable
Remainder Trust
Roy and Christine Sturgis Charitable &
Educational Trust
W.P. Sturgis Foundation
The Methodist Foundation for
Arkansas
The William C. and Theodosia Murphy
Nolan Foundation
U.S. Bank
Mary and Clefton D. Vaughan
Charles and Mary Vinzant Joint
Irrevocable Trust
Pat and James Wallis
Alice Ann and Joe Watkins*
Debbie and Don Weaver
Alma Welton Trust
Mildred L. Wilson Memorial Trust
Windgate Charitable Foundation
Juanita Annette Wood Estate
Melissa and Keith Wrenn
Hazel Marie Wright Estate



The James M. Workman Society

Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Arkansas Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing, and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes either a one time or cumulative gift(s) of \$1,000 or more to Methodist Family Health Foundation during the previous fiscal year, which for this publication is from July 1, 2022, through June 30, 2023. *

Annual Workman Donation \$5,000 or More

Beth Abbott
Conway, Arkansas

Lewese† and Jon Ahrens
Mount Ida, Arkansas

Mr. and Mrs. Cliff Albert
Beebe, Arkansas

Arkansas Arts Council
Little Rock, Arkansas

Bank OZK
Little Rock, Arkansas

Charles and Nancy Banks
Little Rock, Arkansas

John and Sylvia Borchert
Little Rock, Arkansas

Jean Brown
Hot Springs, Arkansas

Mary Jean and Roger Cannell
Hot Springs Village, Arkansas

Rhonda and Jim Carroll
Brinkley, Arkansas

W. W. and Anne Jones Charitable Trust
Little Rock, Arkansas

Datamax, Inc.
Little Rock, Arkansas

Judy Waddell Fletcher
Little Rock, Arkansas

Gill Ragon Owen, P.A.
Little Rock, Arkansas

Hudson, Cisne and Company, LLP
Little Rock, Arkansas

Psychiatric Services, PLLC
Little Rock, Arkansas

Charlie and Kerry Jackson
El Dorado, Arkansas

Al and Palmer Johnston
Savannah, Georgia

Kinco Constructors
Little Rock, Arkansas

Edward Jones - Kevin Kordsmeier
Little Rock, Arkansas

Cynthia and Walt Mashburn
Little Rock, Arkansas

Mr. Vernon McDaniel
Ozark, Arkansas

Karen and Mike† Millar
Searcy, Arkansas

Angela and Chris Newell
Trophy Club, Texas

Dale and Josie Payne
Casa, Arkansas

Nancy† and Neill Sloan
Lake Village, Arkansas

David Steinquist
Jonesboro, Arkansas

The Magale Foundation, Inc.
Shreveport, Louisiana

The Methodist Foundation for Arkansas
Little Rock, Arkansas

The Schmieding Foundation, Inc.
Springdale, Arkansas

U.S. Bank
North Little Rock, Arkansas

Mary and Cleifton D. Vaughan
Santa Rosa Beach, Florida

The W.P. Sturgis Foundation
Arkadelphia, Arkansas

Dr. and Mrs. Tom Wallace
Hot Springs, Arkansas

Debbie and Don Weaver
Conway, Arkansas

Windgate Charitable Foundation
Siloam Springs, Arkansas

Annual Workman Donation \$2,500–\$4,999

Anonymous (1)

Myra and Andy Altom
Heber Springs, Arkansas

Brenda and Bob Bailey
Little Rock, Arkansas

Linda H. Barnes
Little Rock, Arkansas

Blue & You Foundation
Little Rock, Arkansas

Crews & Associates
Little Rock, Arkansas

Robert and Pam Edwards
Searcy, Arkansas

Cecile and Gil† Foresman
Starkville, Mississippi

Jan Green
Little Rock, Arkansas

HealthSCOPE Benefits, Inc.
Little Rock, Arkansas

Becky and Jerry Kossover
Little Rock, Arkansas

Jean and Terry Landrum
Scott, Arkansas

Marilyn and Joel Newcome
Portland, Arkansas

Joyce and Chris Poole
Benton, Arkansas

Ms. Lee Powell
Lewisville, Arkansas

John and Deborah Shannon
Hot Springs, Arkansas

The Hogan Taylor Foundation
Tulsa, Oklahoma

Alice Ann and Joe Watkins
Hope, Arkansas

Rick Williams
Hot Springs, Arkansas

*If your gift is a pledge, that gift is only recognized the fiscal year in which the pledge originated.

†Deceased *Denotes new member

Annual Workman Donation \$1,000–\$2,499

Anonymous (7)	William and Harriet Dobson Little Rock, Arkansas	Dr. and Mrs. Brian Kubacak Little Rock, Arkansas	Augustus H. Pugh Portland, Arkansas
Mrs. Bobbie R. Adkinson Dallas, Arkansas	Mr. and Mrs. Jim Duckett Little Rock, Arkansas	Mrs. Barbara Landes Hot Springs, Arkansas	Quattlebaum, Grooms & Tull PLLC Little Rock, Arkansas
Andy Agar Little Rock, Arkansas	Susan Elliott Little Rock, Arkansas	Dr. and Mrs. Kim Light Little Rock, Arkansas	Beverly and Harrison Ralph Crossett, Arkansas
Arkansas Continued Care Hospital of Jonesboro Jonesboro, Arkansas	Mr. and Mrs. David M. Ellis Sheridan, Arkansas	Mr. and Mrs. Vernon Lockhart Forrest City, Arkansas	Reverend and Mrs. Henry "Buddy" A. Ratliff Lake Village, Arkansas
ARlaw Partners Little Rock, Arkansas	Dr. Randy Ennen Fort Smith, Arkansas	Deborah and Michael Malek Hope, Arkansas	Bob Razer Little Rock, Arkansas
Jane† and William Arthurs Little Rock, Arkansas	Environmental Services Company, Inc. Little Rock, Arkansas	Karon and Bill Mann Little Rock, Arkansas	Mr. and Mrs. Don Riggin Little Rock, Arkansas
Steve W. Babcock Paragould, Arkansas	Mr. and Mrs. Rickey Farley Conway, Arkansas	Becky and Mike Matthews Little Rock, Arkansas	Mr. and Mrs. D.K. Robinson Little Rock, Arkansas
Joyce and Hunter Babin Little Rock, Arkansas	First Electric Trust Jacksonville, Arkansas	Mrs. Frances McGill Little Rock, Arkansas	Sherry Rowbotham Little Rock, Arkansas
Linda and Donald Bacon Little Rock, Arkansas	First Security Bank Little Rock, Arkansas	Angela and Chad† McLain Brinkley, Arkansas	Mr. and Mrs. Dennis Rowland Kansas City, Missouri
Ms. Karen J. Barnwell Little Rock, Arkansas	Mr. and Mrs. Frank Fletcher North Little Rock, Arkansas	Mr. and Mrs. Larry McNeal Waldo, Arkansas	Kristi and Gary Sewell El Dorado, Arkansas
Dr. and Mrs. Jim Bell Jonesboro, Arkansas	Mrs. Nancy Foster Little Rock, Arkansas	Sharon Milburn Harrison, Arkansas	Shelton Sanitation, Inc. Rector, Arkansas
Mr. and Mrs. Robert M.† Berry Gillett, Arkansas	Charlotte and Jim Gadberry Little Rock, Arkansas	Carl Miller, Jr. Little Rock, Arkansas	Sara Shinn Mayflower, Arkansas
Deborah and Perry M. Bolding North Little Rock, Arkansas	Pam and Jay Gadberry Little Rock, Arkansas	Caroline and Chuck Mischke Lake Village, Arkansas	Simmons Bank Little Rock, Arkansas
Laura and Douglas Borg Little Rock, Arkansas	Alicia and Craig Gammon Vilonia, Arkansas	Mitchell Williams Law Firm Little Rock, Arkansas	Panda and Randal Spurgin Bella Vista, Arkansas
Mrs. Luana Bracy Little Rock, Arkansas	Julia Garcia Little Rock, Arkansas	Mr. and Mrs. Ross Moore Clinton, Arkansas	Staley Electric * Little Rock, Arkansas
Sue and Sid Brain Russellville, Arkansas	Garver, LLC North Little Rock, Arkansas	Donna Morey Maumelle, Arkansas	Mrs. Jo Stanfield Little Rock, Arkansas
Robert B. Branch, Sr. Paragould, Arkansas	Max Goolsby Little Rock, Arkansas	Alicia H. Mosley Camden, Arkansas	Genevieve H. and William A.† Strong Pine Bluff, Arkansas
Brian A. Bush Little Rock, Arkansas	Karla and Tommy Hilburn Little Rock, Arkansas	Ms. Rosanne Murphy Hot Springs, Arkansas	Summit Utilities Little Rock, Arkansas
C.B. Foundation Little Rock, Arkansas	Dr. and Mrs. Mike Hillis Texarkana, Arkansas	Mr. Van H. Nichols Star City, Arkansas	Tannenbaum Properties Drasco, Arkansas
Rev. J Wayne & Rynnett Clark Conway, Arkansas	Mr. and Mrs. Jim Holland Benton, Arkansas	Nancy and David Osmon Mountain Home, Arkansas	Mr. and Mrs. Richard F. Taylor Camden, Arkansas
Mr. and Mrs. Harry Clerget Little Rock, Arkansas	Louise and Charles B.† Holmes Little Rock, Arkansas	Mary Catherine and Trevor Person Dallas, Texas	Turner's Snax, Inc. McGehee, Arkansas
Dr. and Mrs. Charles Clogston Little Rock, Arkansas	Susan Insell Hot Springs Village, Arkansas	Pettus Office Products Little Rock, Arkansas	Amelia and Donn† Walters Little Rock, Arkansas
Rachel and Jake Commer Gulf Breeze, Florida	Arita and Tom Jewart Little Rock, Arkansas	Kirby Pickens and Family North Little Rock, Arkansas	Mr. and Mrs. Jim Wilson Searcy, Arkansas
Delta Dental of Arkansas Sherwood, Arkansas	Harriet and James Johnson Wilmot, Arkansas	Thomas and Shannon Pinson Stuttgart, Arkansas	Leslie Wilson Little Rock, Arkansas
Mr. and Mrs. Bill Derickson Leslie, Arkansas	Diane and Bill Johnston Heber Springs, Arkansas	Ella Mae and Edgar† Poag Osceola, Arkansas	Mr. and Mrs. Paul B. Young, Jr. Little Rock, Arkansas
Pete and Meredith DeWoody Prescott, Arkansas	Mr. and Mrs. Grady H. Keith Lake Village, Arkansas	Mr. Edgar D. Poag Osceola, Arkansas	
Mr. and Mrs. Frank Dickey Searcy, Arkansas	Kathleen Kennally and Mark Holder Little Rock, Arkansas	Mr. and Mrs. Jerry Pruitt McRae, Arkansas	

†Deceased *Denotes new member

A Little Light From You Will Help Many This Christmas Season

We are looking to YOU to help us Share the Light this holiday season. Methodist Family Health Foundation's Share the Light Christmas Campaign during the months of November, December, and January is our largest fundraising campaign. Methodist Family Health relies heavily on donations made through this special campaign at Christmas. When you share your light of peace, stability and hope with the abandoned, abused and neglected children and their families in our care, their lights shine brighter. Together, we can make our communities shine with optimism. Will you share your light with the Arkansas children and families in our care who are struggling with psychiatric, behavioral, emotional, and spiritual issues? Here are easy ways to give a financial gift this season - or anytime:

- ONLINE now using our secure online donation form at MethodistFamily.org/Donate and choose Share the Light Christmas Campaign Donations in the designation box. (PayPal and Venmo options now available on our website once you hit "Secure Payment")
- CALL Christy at 501-906-4201 to make a secure contribution with your debit or credit card.
- MAIL your cash or check donation to: Methodist Family Health Foundation
1600 Aldersgate Rd., Ste. 100
Little Rock, AR 72205
- PLACE a donation in the enclosed envelope and leave in the offering plate at your church. Special Offering Sundays are December 10 and 17, 2023.
- Or include a donation in the enclosed envelope and mail to Methodist Family Health Foundation to the address listed above.

Methodist Family Health Foundation offers the opportunity for scholarship assistance

Methodist Family Health Foundation offers the opportunity for scholarship assistance to any current or former Methodist Family Health RESIDENTIAL CLIENT who has plans to attend college, graduate school, a trade school, or a vocational/technical program. Last fiscal year, Methodist Family Health Foundation provided \$75,500 in scholarship assistance to students!



Scholarship applications and more details are available at: www.methodistfamily.org/alumni.

For more information, contact Don Cole, Methodist Family Health Chief Financial Officer, at 501-661-0720 or 800-756-3709, or email schoarship@methodistfamily.org.

Dr. Quinshell Smith, a former Methodist Family Health client and a Methodist Family Health Foundation past scholarship recipient, is a University of Arkansas at Little Rock graduate with a bachelor's degree in both biology and psychology, as well as a master's degree in applied science with a concentration in microbiology. In April 2023, Quinshell defended her Ph.D. dissertation, "Investigating Antibacterial Properties of Nanostructured Aluminum Surface," in the Applied Bioscience Graduate Program at the University of Arkansas at Little Rock. She passed, and now has the title Dr. Quinshell Smith! Dr. Smith graduated in May 2023 and has a bright future ahead of her. Currently,



Dr. Smith is working as a neuroscientist researching "Quantifying Lifespan Neurodevelopment with Ultra-High-Resolution MRI in Postmortem Brains" at Arkansas Children's Hospital. Congratulations, Dr. Quinshell Smith!





Presenting Winner's Circle Sponsor

**GILL
RAGON
OWEN**
ATTORNEYS

Special Appeal Purse Sponsor

Owner Sponsors



Trainer Sponsors



Jockey Sponsors



In-Kind Sponsors



Save The Date
September 21, 2024
6:00 pm





1600 Aldersgate Rd., Ste. 100
Little Rock, AR 72205

Nonprofit
Organization
U.S. Postage
PAID
Little Rock, AR
72204
Permit No. 387



The 15th Annual Get Up & Give Collection Project asks Arkansans to contribute necessities to the children and their families in our care. This year's collection is February 14 through March 31, 2024. All individuals, groups, and businesses can participate by donating personal hygiene items, clothes, shoes, school supplies, bedding, funds and other necessities to the Methodist Family Health Counseling Clinic closest to your community.

Gratitude is everything

