



Don't You Know Yet?
It's Your Light that Lights the Worlds. - Rumi

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Give the Gift of Christmas at Methodist Family Health

You can help the Arkansas children and families in our care experience Christmas by giving gifts to those we serve on Christmas Day. This year, our kids are requesting:

- Basketballs, footballs and soccer balls
- Adult coloring books
- Colored pencils, crayons and markers
- Body wash and hygiene kits
- Non-spiral sketchbooks
- Paperback books for children ages 10-18
- Toy cars
- Remote control cars
- Socks of all colors and sizes
- Hoodies of all colors and sizes
- Fidget toys
- Individually-wrapped candy

Participating in this year's online gift giving for the children and adolescents of Methodist Family Health is easier than ever before! Here's how you can participate:

1. Visit ChristmasatMFH.com.
2. Contact Carolee Cook at CCook@MethodistFamily.org or call 501-906-4307 for information on choosing a child's wish list and how to fulfill it.
3. If you would like to purchase one or a few gifts for a child, see the general wish list above.
4. Contribute to Methodist Family Health Foundation's Share the Light Christmas Campaign at MethodistFamily.org/Donate. Please select "Share the Light Christmas Campaign Donations" from the drop-down menu.
5. Scan the QR code below.



SHARE THE *Light*



Dear Friends:

To say this year has been a whirlwind is an utter understatement. When I began my role as executive director of Methodist Family Health Foundation in December 2021, our communities were still struggling with uncertainty from the COVID-19 pandemic. Facing this and learning how the Foundation worked seemed daunting, but I was ready to take on this new opportunity.

As it turns out, I did not need to worry. The team in our Foundation drew together and found new ways to work effectively, efficiently and, not surprisingly, energetically. We weathered our own trials with COVID-19, personal loss and other issues – all while keeping Foundation projects on track and improving systems to make the very most of our resources. It is thrilling to witness, and I'm proud of how our staff has come together and transformed into a team.

Proof of this is in our accomplishments this year. With your help, our 9th Annual Southern Silks Stakes signature fundraising event brought in more money than any other Southern Silks – in-person or virtual. Our social media following continues to grow each day, and our new website attracts more visitors than ever. Our team has grown with the promotion of two and addition of three professionals, all of whom have dedicated their experience to helping Arkansas children and their families who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues.

With this first year behind me, I am seeing a shining future for Methodist Family Health, Methodist Family Health Foundation and everyone we serve. Thank you for the opportunity to serve the children and families in our care and thank YOU for YOUR partnership, support and commitment to our mission. We are better together, and together we SHINE.

Gratefully,

Amanda Smith

Amanda Smith, CFRE
Executive Director
Methodist Family Health Foundation

A publication of Methodist Family Health

- Amanda Smith, CFRE
Executive Director
- Bec Dwyer-Coop
Director of Development
- Kelli Reep, APR
Director of Communications
- Alan Faulkner
Assistant Director of Communications and Grant Writer
- Jamie Griffith
Development Coordinator
- Christy McCreight
Office Manager and Volunteer Coordinator
- Rev. Dr. Michael Mattox
Church Relations Associate

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The Sentinel is published 12 times a year.
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Photos: Inviting Arkansas, Lori Sparkman Photography, Mark Fonville, Methodist Family Health staff and volunteers, stock photography

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Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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The mission of Methodist Family Health is to provide the best possible care to those who may need our help.

SHARE THE LIGHT

Photography by LORI SPARKMAN PHOTOGRAPHY

Fellow Arkansans – neighbors, colleagues and friends – are sharing a light of peace, kindness and generosity that makes The Natural State a little brighter. Inviting Arkansas and Methodist Family Health celebrate individuals who illuminate our community with goodness. Nominate someone today for a future feature that SHINES.



Quinshell Smith is a first-generation college student. She is a UA Little Rock graduate with a bachelor's degree in both biology and psychology as well as a master's degree in applied science, concentration in microbiology. Currently, she is working on a PhD in applied bioscience researching the antibacterial properties of nanostructure aluminum surfaces to combat bacterial infections. Impressive, right? Yet, Quinshell attributes much of her success to the invaluable resources that Methodist Family Health provides.

As a teenager, Quinshell experienced many challenges and obstacles including abuse. As a result, she joined Methodist Family Health's Little Rock therapeutic group home. Methodist Family Health offered a foundation and tools for future success: structure, support, and most importantly, a home. Quinshell recognizes, "Methodist Family Health means to me exactly what the name implies. Family. They have always been a family to me even when I was put in a system that makes you feel like no one cares about you. Even to this day, I feel cared for and supported."

The Methodist Family Health statewide continuum of care helps Arkansas children, like Quinshell, and families who are

abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues. But what makes Methodist Family Health exceptional, according to Amanda Smith, CFRE, executive director of Methodist Family Health Foundation, is "Even after the children leave Methodist, they continue to provide care to former occupants by providing a scholarship for college or vocational training." This enabled Quinshell to obtain a master's degree as well as the opportunity to pursue her PhD.

Quinshell didn't allow her story to dictate the narrative. Instead, her life journey – with unexpected detours – drives her to help other individuals. After graduation in May, she plans to attend medical school to become a medical researcher to better be able to research ways of improving human health. She explains, "I am nine months from graduating with a PhD, and Methodist Family Health has made it truly easy for me to focus on my graduate studies without having to worry about how to pay for it. Coming from these humble beginnings, I am motivated to push for better for myself and the generation after me."

Sponsored by Methodist Family Health
Nominations accepted at Foundation@MethodistFamily.org
methodistfamily.org | #ShareTheLightandSHINE

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Inviting  Methodist
FAMILY HEALTH

LIGHT BEARERS



The Methodist Foundation for Arkansas Shares Their Light with Arkansas Children, Families

The Methodist Foundation for Arkansas has been a loyal and dedicated supporter of Methodist Family Health Foundation for many years. The partnership between the two foundations began in 2008 and has increased in strength and commitment ever since.



The Methodist Foundation for Arkansas

Since 1963, the mission of The Methodist Foundation for Arkansas is to create and administer permanent charitable endowment funds to strengthen and expand Methodist ministries in Arkansas. By offering financial resources, they empower Arkansas Methodist churches, individuals and organizations to make a difference in the lives of others. In addition to providing empowerment through the work the foundation does with churches, individuals and organizations, they also invest in the lives of Arkansas's vulnerable children and families through their partnership with Methodist Family Health Foundation.

The Methodist Foundation for Arkansas is the Torchbearer presenting sponsor of Methodist Family Health Foundation's 2022 Share the Light campaign and was a trainer sponsor for 2022 Southern Silks Stakes. However, the commitment level on the part of The Methodist Foundation for Arkansas goes beyond event sponsorships.





The Methodist Foundation for Arkansas supported Methodist Family Health's capital campaign to construct the new Mike Millar Spiritual Life Center, funded a new van for our qualified residential treatment program in Lexa and has provided bibles, summer camp opportunities and clothing for children in the care of Methodist Family Health.



"It's a blessing for The Methodist Foundation for Arkansas to partner with Methodist Family Health. For many years and in many ways, our Foundation has found joy in helping provide support for the residents and clients of Methodist Family Health by helping to build facilities, provide vehicles, purchasing bibles and clothes, and sponsoring summer camp scholarships," said Mackey Yocum, director of leadership ministries at The Methodist Foundation for Arkansas. "We are thankful Methodist Family Health has invited us to share in their ministries, and we will continue to assist in any way we can."



Methodist Family Health Foundation deeply values our partnership with The Methodist Foundation for Arkansas. "The Methodist Foundation for Arkansas directly impacts the work we do at Methodist Family Health, and we would not be able to accomplish our goals without their support," says Amanda Smith, CFRE, executive director of Methodist Family Health Foundation. "With thankful hearts, we applaud them for their community spirit and generous commitments to our mission."



2022 Grants Help Support Vital Programs within Methodist Family Health

Since January 1, 2022, Methodist Family Health Foundation has been awarded more than \$157,764.00 in grants. These grants help support the work and mission of Methodist Family Health, which is to provide the best possible care to those that may need our help. Methodist Family Health Foundation is now waiting to hear responses regarding several grants we recently submitted. These will help fund additional programs within the Methodist Family Health statewide continuum of care. The grants received to date are:



- Arkansas Arts Council for the in-school art program at Little Rock Day Treatment and summer art program at Little Rock Psychiatric Residential Treatment Facility
- Christ of the Hills United Methodist Church in Hot Springs Village, Arkansas for a new sectional sofa for the Arkansas Center for Addiction Research, Education and Services (Arkansas CARES) transitional home in Little Rock
- Heart of Arkansas United Way for support that provides necessities such as toiletries, personal hygiene items and clothes for our continuum's donation closet
- Marion and Miriam Rose Trust for support of our donation closet, compassion fund and gas card program
- The Charles A. Frueauff Foundation for the in-school art program at Little Rock Day Treatment and summer art program at Little Rock Psychiatric Residential Treatment Facility
- The Magale Foundation, Inc. for Magale Manor Home repairs (painting the exterior)
- The Methodist Foundation for Arkansas for a new van for our qualified residential treatment facility in Lexa, support for providing bibles to our youth, and needs across the continuum
- The HoganTaylor Foundation for support in providing smart start entry packs and graduation packs for graduates of our Arkansas CARES program
- Windgate Charitable Foundation for needs across the continuum

Methodist Family Health Foundation Grows Team to SHINE



(front row, left to right) Amanda Smith and Bec Dwyer-Coop
(back row, left to right) Kelli Reep, Jamie Griffith, Alan Faulkner and Christy McCreight

2022 saw considerable growth and change for Methodist Family Health. We hired two new professionals, promoted three and created a position - all of which help us achieve great things this year. Please help us celebrate our team as we continue to shine.

- Christy McCreight was promoted from Foundation office assistant to office manager and volunteer coordinator. Christy goes above and beyond time after time, and during a recent period of transition, Christy kept the Foundation boat afloat submitting final grant reports, which were tedious, time-consuming and challenging. Christy accomplished this with aplomb - all while going the extra mile to assist in the time leading up to and attending quarterly meetings. She efficiently executes project after project and keeps the Foundation's wheels turning.
- Amanda Smith, CFRE, was promoted to executive director of the Foundation in December 2021. Amanda has more than two decades in fundraising and nonprofit work in Arkansas. Prior to taking the lead in the Foundation, Amanda was our director of development. She is honored to play a role in developing partnerships and helping to raise necessary funds, which provide needed care and therapy for children and families across Arkansas. Amanda welcomes new and progressive ideas and approaches to the Foundation and strives to make her team feel valued and integral to the process.
- Jamie Griffith was promoted from her position as project manager to development coordinator. She began her career at our Foundation in 2011 as foundation assistant then was promoted in 2012 to office manager and volunteer coordinator.



Methodist Family Health Foundation staff takes a moment at the 9th Annual Southern Silks Stakes signature fundraising event. From left to right are Christy McCreight, Jamie Griffith, Alan Faulkner, Rev. Dr. Michael Mattox, Bec Dwyer-Coop and Kelli Reep

In her new role, Jamie is responsible for coordinating and implementing special event and strategic management of donor recognition and stewardship. She will also assist in organizing and executing fundraising efforts, develop fundraising plans, participate in solving logistical issues, and collaborate with multiple colleagues and departments under the direction of the executive director for our Foundation.

- Rev. Dr. Michael Mattox was hired as our church relations associate for our Foundation. Michael retired from the ministry in 2020 after serving as senior pastor at Methodist churches around the state, including the First United Methodist Churches of Rogers, Hot Springs and Little Rock. Michael also served as the district superintendent for the Arkansas Episcopal Area of the United Methodist Church in Little Rock. Before being hired by our Foundation, he also served on the operations board of directors at Methodist Family Health.
- Rebecca “Bec” Dwyer-Coop joined the Foundation in February. Bec has worked in development and communications for more than 20 years in both for- and nonprofit sectors. A graduate of the University of Central Arkansas with a bachelor's degree in rhetoric and writing, she also holds a master's degree in education. Most recently she worked at World Services for the Blind, developing marketing, communications and stewardship strategies while assisting with the capital campaign. Bec works diligently to develop strong relationships with donors and organizations in Arkansas on behalf of the Foundation.
- Alan Faulkner joins Methodist Family Health and our Foundation as associate director of communications and grant writer. He has

extensive experience in writing and procuring government and nonprofit grants for municipal entities, state telehealth and charities, and his knowledge of news is unparalleled.

- Kelli Reep, APR, director of communications for Methodist Family Health, worked this past year to SHINE the light on Methodist Family Health and Methodist Family Health Foundation. Through her efforts, the SHINE marketing and communications campaign was born, which branded the organization in a colorful, crisp new light. The SHINE umbrella campaign is worked into all of our continuum's collateral, advertising and marketing, showcasing a bright, bold look. Additionally, she threaded the SHINE campaign through all of Methodist Family Health Foundation's work, collateral and fundraising efforts. Kelli partnered with Arkansas singer/songwriter Jason Lee Hale and The Personal Space Invaders to commission a song for the SHINE campaign, "This is the Time to Shine." Through this partnership, the community awareness benefit concert Shine-o-La was created, which was a sold-out event that will take place again in 2023. Additionally, Kelli partnered with local jewelry artist Stacey Bowers, owner of Bang-Up Betty, who created a signature SHINE necklace for Methodist Family Health, with a portion of the proceeds benefiting our continuum of care. The SHINE necklace reflects the nonprofit's call to action to encourage people to let their light shine so others can be inspired to do the same.
- On June 30, with the assistance of Dauphne Trenholm, Methodist Family Health launched the redesign of its website, MethodistFamily.org. The new look features the organization's SHINE campaign, which debuted last year. New features in the site include a search function, continuum-wide blog, downloadable resources such as our Guide to Methodist Family Health, and more. Visit the site at MethodistFamily.org.



2022 Year in Review

January, February and March

SHARE THE *Light*

Donors and supporters shared their light of peace, stability and hope with the Arkansas children and families in our care. Through the 2021 Share the Light campaign, nearly \$350,000 was donated to Methodist Family Health Foundation. These funds help those in the care of Methodist Family Health throughout the state who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues. In addition, our donors made Christmas gifts possible for 250 children in our care throughout our statewide programs.

The Get Up and Give Campaign this year began Ash Wednesday (March 2) and culminated on Easter Sunday (April 17). Because of the generosity, kindness and energy of our donors and volunteers, Methodist Family Health Foundation raised more than \$18,000 as well as many other necessities for the Arkansas children in our care. The money raised will fund providing toiletry items such as shampoo, deodorant and body wash, as well as school supplies, uniforms, underwear, feminine hygiene products and so much more! THANK YOU for helping those in our care to get a fresh start.



The GEMS (Godly, Educated, Motivating Others to Shine) of St. Peter's Rock Missionary Baptist Church collected necessities for the Arkansas children and families in our care during our 2022 Get Up & Give Lenten Collection Project. GEMS who delivered these items include Brija Robinson, Kaliyah Formae, LaNaiyah Barnes, Linda Johnson, Kelsey Johnson and Loritta Jamison. GEMS not pictured but who collected items to donate are Zariah Bishop, Debra Bishop, Latara Barnes, Alaina Bowen and Richelle Grisby. The GEMS also created greeting cards with motivational notes for Methodist Family Health clients receiving their donations.

In March, Methodist Family Health Foundation was pleased to be invited to Veritas, the annual large spring gathering for Arkansas United Methodist Youth. At the Rogers, Arkansas convention center, Rev. Dr. Michael Mattox, church relations associate stood before the crowd of nearly 800 youth and youth church leaders to express the mission of Methodist Family Health. With school-based clinics, community clinics, and multiple settings across the state of Arkansas, Methodist Family Health is always eager to meet young people where they are in their journey. 2023 brings another opportunity as Veritas convenes again in Rogers, Arkansas on March 3-5, 2023.



Throughout 2021, just under 350 employees of Methodist Family Health's continuum of care contributed more than \$38,000 to benefit our programs. In each biweekly pay check, an apportionment they designate is donated to our Foundation. During another challenging year of upheaval, this amount demonstrates the investment our team members have in our mission of providing the best possible care to those who may need our help.

2022 Year in Review

April, May and June



This year's mailer campaign to raise funds for both bibles and the Rev. Robert Regnier Memorial Summer Camp was met with "above and beyond" success, according to the team at Methodist Family Health Foundation. A number of donors and congregations contributed to provide bibles for children currently receiving care at Methodist Family Health as well as for future clients. The importance of the bible and camp campaign cannot be overstated. "I would say it is our mission to give every client a bible or devotional who wants one so the fund is crucial to that mission," said Carolee Cook, director of recreational therapy. "We often have kids who have never received a bible before who get really excited to have one of their own."



Kaleidoscope Kids received a day of fun and memories at Camp Healing Hearts. This is the first year since COVID-19 shut down the state that Camp Healing Hearts could meet in person, and the campers and staff had a great day. In addition to canoeing, fishing, swimming and crafts, those attending got to dine on grilled burgers and dogs from the Methodist Family Health grill trailer. Saturday, May 22 was a good day for everyone to reconnect and share their experiences in bereavement and healing.

Methodist Family Health Foundation was invited to speak at Annual Conference June 1-4 in Hot Springs. The theme was Reset Repair Renew. Executive Director Amanda Smith, CFRE, was honored and grateful to have the opportunity to address the convention's 1,200 delegates on Friday, June 2. Methodist Family Health Foundation also had a presence at an informational-interpretive booth in the Convention Hall at the Hot Springs Convention Center. Methodist Family Health's Director of Development Bec Dwyer-Coop was also present on behalf of Methodist Family Health Foundation.



Thirty children attended Camp Tanako for the Rev. Robert Regnier Memorial Summer Camp in June thanks to the success of the bible and camp mailer campaign. During the "Around the World in 5 Days" program, participants learned about food, culture, music and experiences of children in other countries each day. They discussed clean water, foster care in other countries (particularly third world countries), and where they lived compared to the rest of the world. "The children learned that 30,000 children die every day from poverty around the world," said Emily Shields, program consultant. "It helped them find gratitude in their daily lives. Camp is my favorite week of the year. Our kids get to be completely themselves at camp - we are the only ones there. They do not have to hide or pretend they are not in foster care. Everyone is in the same boat. So, they are comfortable trying and doing so many new things."



2022 Year in Review

July, August and September



On July 14, 11 bands featuring more than 30 performers rocked South on Main in downtown Little Rock – all to raise awareness of Methodist Family Health and what our continuum of care provides to our state as well as raise funds for Methodist Family Health Foundation. The sold-out concert was coordinated by Jason Lee Hale, an Arkansas singer-songwriter who wrote “This is the Time to Shine” for Methodist Family Health’s Christmas appeal last year. Jason and his band, the Personal Space Invaders, were joined by The Mark Simpson Trio featuring Jure Baloh and Dave Hoffpauir, Cliff and Susan, Texas Rikki D, The Brian Nahlen Band, Griffin and Friends featuring Mudhead, Mark Currey, Paul Tull, Cherise Martini and The Peacekeepers, Billy Jeter and The Shine Eye Band, and Monsterboy Lives. All the performers contributed their time and talent to the concert, even donating the tips from the evening to Methodist Family Health Foundation. As a result, more than \$1,100 was raised, which will help Methodist Family Health continue its mission to provide the best possible care to those who may need our help.

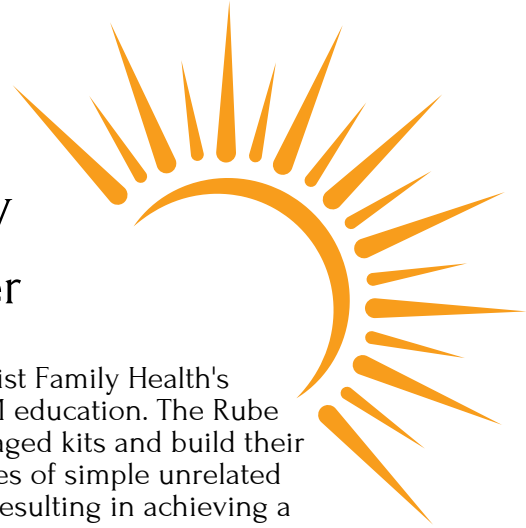
Camp Success is the annual summer program for students in our therapeutic day treatment program. Staffed by special education teachers, behavioral instructors and therapists, our students continued working on their behavior and social skills through group activities, participated in games, arts and crafts, and had great fun. The purpose of the program is to provide a setting that is supervised, structured and fun. Some of the field trips this past summer included Kanis Park, Little Rock Zoo, Arkansas State Capital, The Nature Center, Big Rock Fun Park, Museum of Discovery, War Memorial Splash Pad and Friday reading sessions with Bec Dwyer-Coop, director of development for Methodist Family Health Foundation.



Arkansas Conference of The United Methodist Church's 2022 Mission U was held in July. The Arkansas United Women in Faith collected necessities for the Arkansas children and families in our care. The children and teens attending helped sort, pack and load these items for delivery to Methodist Family Health Foundation. A check for \$1,150 was also donated to the Foundation for monies collected at Mission U.

2022 Year in Review

July, August and September



The Garver Gives Committee delivered 16 Rube Goldberg kits to Methodist Family Health's therapeutic day treatment program at the end of August to support STEM education. The Rube Goldberg kits are a fun way to give kids the opportunity to take prepackaged kits and build their own creations with the enclosed items. These machines consist of a series of simple unrelated devices; the action of each triggers the initiation of the next, eventually resulting in achieving a stated goal. The activity promotes ingenuity and creativity.



The 9th Annual Southern Silks Stakes, presented by Gill Ragon Owen, was held in person on September 17, 2022, after being virtual for the past two years. Over 350 supporters joined for this night of fun benefitting Methodist Family Health. The event chairs were long time Southern Silks supporters Jenny and Jeremy Teeter and the evening was emceed by THV's Chief Meteorologist Tom Brannon. Attendees placed faux bets on their favorite jockeys who donned brightly colored silk vests which corresponded with their stick ponies. Winners of each of the six races were determined by the rolls of the dice. The event entailed an online and live auction, as well as a special appeal to fund the purchase of Christmas presents for the children in the care of Methodist Family Health. A recordbreaking \$189,500 was raised at the event.





2022 Year in Review

October, November and December

In October, “The Great Pumpkin” returned to our Fillmore campus, after a short hiatus due to COVID-19, making his yearly delivery of specially “stuffed pumpkins”. “The Great Pumpkin” provided numerous coats to the children and moms in our Arkansas CARES program. Our pumpkin friend delivered these cute packages a few days before Halloween so the children and moms would have a fun surprise Halloween morning. One of our dedicated volunteers assisted by shopping for all the coats that were delivered. If you are interested in assisting “The Great Pumpkin” in 2023, please contact Christy McCreight at CMcCreight@methodistfamily.org or 501-906-4201.



Once again, the ladies of Christ of the Hills Methodist Church in Hot Springs Village devoted their time and resources to sewing handmade blankets for the children in the care of Methodist Family Health. Methodist Family Health Foundation’s Executive Director Amanda Smith and Director of Development Bec Dwyer-Coop visited Martha Circle several times in 2022 to collect well over 100 blankets. Each blanket is made of carefully selected fleece, clipped, and trimmed with fringe. The group expressed how much they enjoy the process, from shopping, to gathering, and completing the blankets.



Do you know who helps us shine a light for Arkansas’s abandoned, abused and neglected children and their families? A select few of our sponsors truly stand out by participating in our SHINE comprehensive sponsorship program. Without Weaver-Bailey Contractors, HCJ CPAs & Advisors, Datamax, Inc., Kinco Constructors and Mary & Clef Vaughan, we would not be able to have the successful Southern Silks Stakes event, Share the Light Christmas Campaign and strong annual gift program that we do. Thank you to these special sponsors!

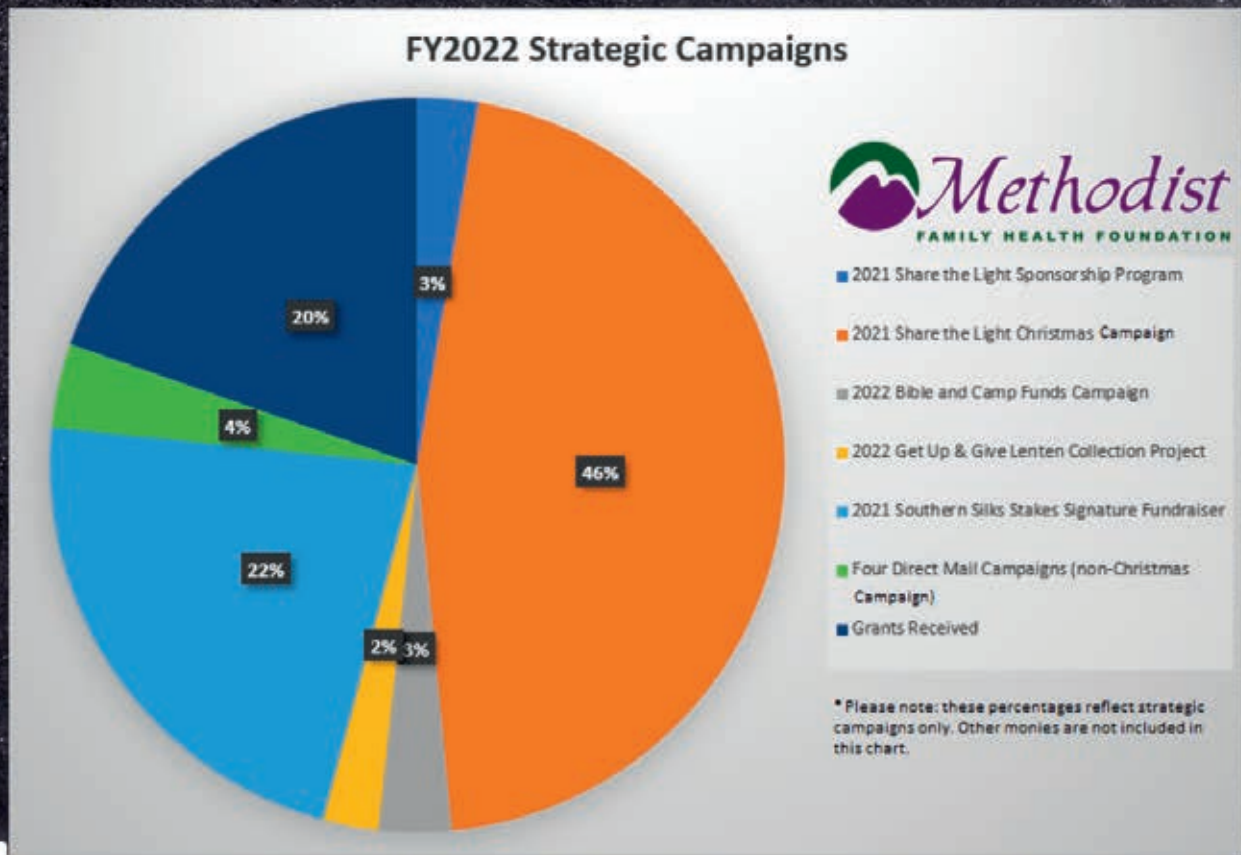


Many thanks are also due to the 2022 Share the Light Sponsors who are helping us to hopefully have the best Christmas Campaign ever this year!

In our most recent fiscal year (July 1, 2021 - June 30, 2022), YOU helped Methodist Family Health care for more than 4,337 children and families throughout Arkansas. Your financial gifts to Methodist Family Health Foundation allowed us to provide 108,928 services to the children and families in our care throughout the state.

We are grateful to YOU for your contributions, which make the programs, therapies and resources our patients need possible.

Grateful



2021 Share the Light Sponsorship Program - \$20,180 (3 percent)
 2021 Share the Light Christmas Campaign - \$344,958.04 (46 percent)
 2022 Bible and Camp Funds Campaign - \$24,015.33 (3 percent)
 2022 Get Up & Give Lenten Collection Project - \$18,282.16 (2 percent)
 2021 Southern Silks Stakes Signature Fundraiser - \$169,267.75 (22 percent)
 Four Direct Mail Campaigns (non-Christmas Campaign) - \$28,000 (4 percent)
 Grants Received - \$148,061 (20 percent)

Methodist Family Health Foundation's Giving Societies

Please note that * denotes a new member while † denotes a member who is deceased. If you would like more information about how to contribute to Methodist Family Health and become members of these giving societies, please contact Amanda Smith, CFRE, executive director of the Methodist Family Health Foundation, at 501-906-4220 or Bec Dwyer-Coop, director of development, at 501-906-4202.



The Coy-Roots-Tabor Heritage Society

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902. Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to Methodist Family Health Foundation.

Please let us know if you have included Methodist Family Health Foundation in your estate plan and allow us the opportunity to thank you and verify how you would like to be listed in our Coy-Roots-Tabor Heritage Society. Call 501-906-4220 or email Amanda.Smith@MethodistFamily.org.

Myra and Andy Altom

Carolyn and Craig McCone

Jane and William Arthurs

Jacquelyn P. Murphy

Catherine and Howard Cockrill

Kari and Dan Rohrbaugh

Ashley Riggins Coldiron

Geraldine and Paul Stiedle

Cecile and Gil† Foresman

Steven C. Trolinger

Marjem and John Gill

Judy Vasser

Max Goolsby

Mary and Clefton Vaughan

Jan Green

Warren Family Trust

Jonelle Ryan and Billy Gene Jones

Cap Whitley

Nancy and Earl† McClure



The George Thornburgh Society

Colonel George Thornburgh, a Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and

successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in The George Thornburgh Society recognizes a one-time or cumulative, lifetime gifts of \$25,000 or more to Methodist Family Health Foundation.

Anonymous (7)

Beth Abbott

Myra M. Abrignani Estate

Lewes† and Jon Ahrens

Myra and Andy Altom

Arkansas Arts Council

Arkansas Children's Hospital*

Arkansas Community Foundation

Arkansas Economic Development
Commission

Paul Arnold

Rebecca and Ritter Arnold

Seth W. Baker, Jr. Annuity

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Deborah and Ray Dillion

E Ritter Companies

Ellen† and Don† Edmondson

Judy Waddell Fletcher

Cecile and Gil† Foresman

Elizabeth W. Fries Estate

Charles A. Frueauff Foundation, Inc.

Dr. Rita Galloway

Conway and Margaret George
Charitable Trust

Corinne W. George Trust

Mary Lue† and Bill Gibbs

Gill Ragon Owen Attorneys

Aline Gill Estate

Marjem and John Gill

Jan Green

Maxine S. Gregg Estate

Hall Revocable Trust

HealthSCOPE Benefits, Inc.

Heart of United Way*

Carolyn M. Henslee†

John A. Henson Trust

Walter B. Huff Estate

Geneva I. Hughes Estate

Jane Hunt

Julia Mae Jackson Estate

Kerry and Charlie Jackson

Al and Palmer Johnston*

Ura Mae Johnston Trust

Kathleen Kennally and Mark Holder

Kerkhoff Family Trust

Iva and Bill Krogman

Terry and Jean Landrum

Clyde Langford Jr. Estate

L.A. Logan Estate

Mr. and Mrs. Carl Long

Judith and Charles Long

Magale Endowment Trust

Nell S. Martin Endowment

Cynthia and Walt Mashburn

Carolyn and Craig McCone*

Robert McPherson Trust

Methodist Family Health

Karen and Mike† Millar

Rev. Curtis E. Monroe Estate

Alline M. Montgomery Estate

Angela and Chris Newell

The William C. and Theodosia Murphy
Nolan Foundation

Mrs. M.E. Peace†

B.C. Pickens Trust

Joyce and Chris Poole

Augustus H. Pugh

John H. Reese Endowment Fund

Mrs. Betty Regnier

Paula and Robert Reynolds

Riggs Benevolent Fund

Lila and Jack† Riggs

Sally and Keith Riggs

Thomas Edward Rimmerman Trust

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Marion and Miriam Rose Trust

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†Deceased *Denotes new member



The James M. Workman Society

Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing, and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes either a one time or cumulative gift (s) of \$1,000 or more to the Methodist Family Health Foundation during the previous fiscal year, which for this publication is from July 1, 2021 through June 30, 2022.*

Annual Workman Donation \$5,000 or More

Anonymous (2)	Edward Jones - Kevin Kordsmeier Little Rock, Arkansas	Kinco Constructors Little Rock, Arkansas
Mrs. Beth Abbott Conway, Arkansas	Judy Waddell Fletcher Little Rock, Arkansas	J.E. and L.E. Mabee Foundation* Tulsa, Oklahoma
Lewes† and Jon Ahrens Mount Ida, Arkansas	Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas	Mr. Vernon McDaniel* Ozark, Arkansas
Arkansas Arts Council Little Rock, Arkansas	Gill Ragon Owen, P.A. Little Rock, Arkansas	Psychiatric Services, PLLC Little Rock, Arkansas
Arkansas Children's Hospital Little Rock, Arkansas	Dane and Ashley Haberer* Royal, Arkansas	W. P. Sturgis Foundation Arkadelphia, Arkansas
Arkansas Department of Health - Great Strides Grant* Little Rock, Arkansas	HCJ CPAs & Advisors Little Rock, Arkansas	The Magale Foundation, Inc. Shreveport, Louisiana
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Datamax, Inc. Little Rock, Arkansas	W.W. and Anne Jones Charitable Trust Little Rock, Arkansas	Debbie and Don Weaver Conway, Arkansas

Annual Workman Donation \$2,500-\$4,999

Anonymous (2)	Cecile and Gil† Foresman Starkville, Mississippi	Methodist Family Health, Inc. Little Rock, Arkansas
Bank OZK Little Rock, Arkansas	Garver, LLC North Little Rock, Arkansas	Marilyn and Joel Newcome Portland, Arkansas
Roger and Mary Jean Cannell Hot Springs Village, Arkansas	Jan Green Little Rock, Arkansas	Pettus Office Products Little Rock, Arkansas
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Robert and Pam Edwards Searcy, Arkansas	Mr. and Mrs. Larry McNeal* Waldo, Arkansas	David Steinquist Jonesboro, Arkansas
Entergy Arkansas Little Rock, Arkansas	Methodist Behavioral Hospital Little Rock, Arkansas	Pat and James Wallis Little Rock, Arkansas
Jenny and Clayton Finney Houston, Texas		

*If your gift is a pledge, that gift is only recognized the fiscal year in which the pledge originated.

Annual Workman Donation \$1,000–\$2,499

Anonymous (4)	Lewis Architects Engineers Little Rock, Arkansas	Deborah and Michael Malek Hope, Arkansas	Mr. and Mrs. Shon Rupert Greenwood, Arkansas
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Share Your Light and Let it



When you share your light of peace, stability and hope with the abandoned, abused and neglected children and their families in our care, their lights shine brighter. Together, we can make our communities shine with optimism.

Will you share your light with the Arkansas children and families in our care who are struggling with psychiatric, behavioral, emotional and spiritual issues? Here are easy ways to give a financial gift this season - or anytime.



- ONLINE at MethodistFamily.org/Donate.
- CALL Christy at 501-906-4201 to make a secure contribution using your debit or credit card.
- MAIL a cash or check donation to:
 - Methodist Family Health Foundation
 - 1600 Aldersgate Rd. Suite 100
 - Little Rock, Arkansas 72205
- PLACE a donation in the enclosed envelope and leave in the offering plate at your church. Special Offering Sundays are December 11 and 18, 2022.
- Or, include a donation in the enclosed envelope and mail to Methodist Family Health Foundation.
- PayPal @MethodistFamily
- Venmo @MFHFoundation



Any Time of Year



Your financial gifts to Methodist Family Health Foundation help the Arkansas children and families in our care year round.

Because of YOU, we are able to provide students with school supplies, uniforms, personal hygiene items and other resources so they can have the same start as every other student in their class.

Because of YOU, we are able to provide clothes, shoes and other necessities like personal dignity to the moms and their kids in our care who may not have any other way to acquire these items.

Because of YOU, we are able to fulfill our mission to provide the best possible care to those who may need our help. Will you help us continue to provide this to more lives in the future?



Year-End Financial Giving

SHARE A GIFT NOW
AND FOR THE FUTURE

Did you know, according to Kiplinger, approximately 30 percent of annual giving happens in December, with about 10 percent of all annual donations coming in the last three days of the year? As 2022 draws to a close and we look to a new year full of opportunity, you can take advantage of this time to make a charitable gift to Methodist Family Health Foundation and take advantage of tax deductions for your gift.

If you would like more information about end-of-year giving to Methodist Family Health Foundation, please contact Amanda Smith, CFRE, executive director, at ASmith@MethodistFamily.org or 501-906-4220.

"Nearly one third of
annual giving
occurs in December."
Nonprofit.org



According to the IRS

Subject to certain limits, individuals who itemize may generally claim a deduction for charitable contributions made to qualifying charitable organizations. These limits typically range from 20-60 percent of adjusted gross income (AGI) and vary by the type of contribution and type of charitable organization. For example, a cash contribution made by an individual to a qualifying public charity is generally limited to 60 percent of the individual's AGI. Excess contributions may be carried forward for up to five tax years.

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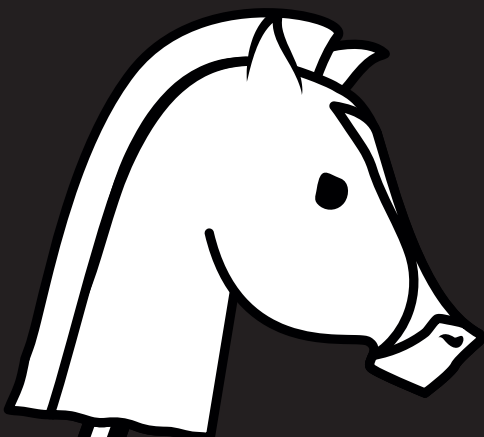
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Get Up & Give During Lent 2023

Methodist Family Health Foundation has a way for Arkansans to honor the Lenten season by contributing to our state's children and families in our care who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues.

The 14th Annual Get Up & Give Lenten Collection Project asks Arkansans to contribute necessities to the children and their families in our care. This year's collection is during the entire 40 days of Lent - Wednesday, February 22 through Sunday, April 9, 2023. Both children and adults can participate by donating personal hygiene items, clothes, shoes, school supplies, bedding, funds and other necessities to the Methodist Family Health Counseling Clinic in your community.



Visit MethodistFamily.org/Get-Up-and-Give
for ways to participate