



# SENTINEL

## News & Updates from Methodist Family Health Foundation

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**BENEFITING**  
**Methodist Family Health**

## Ride to the Rescue of Children and Families in Arkansas – Virtually!

Methodist Family Health will saddle up our stable of stick ponies - VIRTUALLY! – this year to help raise funds to rebuild the lives of Arkansas children and families who are abandoned, abused, neglected, and struggling with psychiatric, behavioral, emotional and spiritual issues. Southern Silks Stakes, Methodist Family Health Foundation's signature fundraiser, will end the summer in a dead heat with our second virtual event featuring fabulous auction items, Tom Brannon, KTHV Ch. 11's chief meteorologist as our celebrity color commentator, tons of fun and so much more!

You also can contribute to our special appeal benefiting the Methodist Family Health Foundation Compassion Fund. This fund purchases resources for the children and families in our care who need assistance in acquiring items to help in their therapeutic process.

**WHEN:** 6 p.m., Saturday, September 18, 2021

**WHERE:** Methodist Family Health's **Facebook Page** (<https://www.methodistfamily.org/southern-silks.html>) and **YouTube Channel** (<https://www.youtube.com/c/MethodistFamilyHealth>)

**EVENT INFO:** Contact Jamie Griffith, Foundation project manager, at [JGriffith@MethodistFamily.org](mailto:JGriffith@MethodistFamily.org).

## Somebody's Going to Win ... And It Can Be YOU!



**Starting at 8 a.m.** on Thursday, **September 16**, you can bid on some of the best auction items around like a trip to Costa Rica, a James Hayes chandelier, an Alwand Vahan bracelet, an Emerald Coast Get-A-Way on 30A, and much, much more. You also can bid on the auction items from your laptop, tablet, or smartphone. The auction will close at **8 p.m.** on Saturday, **September 18** – so be sure to get all the details ahead of time so you can walk away a winner. Log onto our online auction platform at <https://mfhfs2021.ggo.bid>, and you can bid on fabulous items like this Alwand Vahan bracelet (left).

**Please** register early! The site is open for registration **right now**. Also, you **must** register a debit or credit card to bid. Instructions on how to create an account, receive your bidding number, and start bidding are attached on a separate sheet at the end of this packet.



A vacation getaway to Costa Rica



James Hayes's Custom Chandelier



A beach house vacation poised for perfect memories



BENEFITING Methodist Family Health  
PRESENTED BY:

GILL RAGON OWEN ATTORNEYS

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Arkansas Children's HOSPITALS • RESEARCH • FOUNDATION

FirstSecurity WEAVER BAILEY

# THANK YOU TO OUR SPONSORS!

## TRAINERS



## JOCKEYS



CHARLOTTE & JIM GADBERRY      BETTY & RICHARD HANSON AND BECKY & JERRY KOSOVER  
ARITA & TOM JEWART      KATHLEEN KENNALLY & MARK HOLDER      JANNA & DAVID KNIGHT  
ANNIE & JACK LANKFORD      MARY & CLEF VAUGHAN

## LEAD PONIES



KARON & BILL MANN

## VIRTUAL

CHERRY & JIM DUCKETT

IN-KIND



Brian and Becka Webb



Courtesy: Photography by [Dero Sanford](#) | Hair & Makeup by Suzy Balkman with [Bristle + Balm](#) | Wardrobe from [Dillard's](#) | Shot on location at [Pine Hill Ranch](#) with Allie, Blaze, Bob and Prada | Special thanks to Stacey Garrett & Clara Husman

By Kim Meyer-Webb, Inviting Arkansas

Inspired by the Triple Crown of Thoroughbred Horseracing, Southern Silks Stakes celebrates tradition and hospitality with a fundamental purpose: improving the lives of children in Arkansas. For more than a century, Methodist Family Health has worked tirelessly to offer resources for the state's most vulnerable residents. Chairmen Becka and Brian Webb will welcome guests to an evening of festive fare and fabulous faux horse races that generates support for the services that Methodist Family Health provides.

Becka and Brian were initially introduced to Methodist Family Health through friends who invited them to Southern Silks. "It was such a fun event; we knew we wanted to be involved," Becka remembers. With a heart for service, inspired by her mother, Becka quickly realized the Methodist Family Health continuum of care is critical. "Psychiatric care is provided in a supportive family setting that helps develop social, relational and interpersonal skills." She shares a startling statistic: nearly 20% of youth experience a mental health disorder. "Helping these children with their educational, behavioral, emotional and social needs is so important."

A Capital City native, Becka believes it's a civic responsibility to improve the welfare of fellow Arkansans. She works as vice president of Heartland Renaissance Fund, the community development division of Arkansas Capital Corporation. As a mother and a business professional, Becka recognizes the challenges every family faces and notes the Methodist Family Health Compassion Fund financial assistance program helps ease the stress and strain for clients. "The ability to assist patients while they are going through treatment helps bring peace of mind during an extremely stressful time." The Compassion Fund will be featured at Southern Silks Stakes as a special appeal. "Donors can contribute to the fund that meets very specific needs of individual clients," Methodist Family Health Director of Communications Kelli Reep elaborates. "For example, a student in our day treatment program was falling asleep during class. Our staff finally learned from the student that he was sleeping between two chairs at home because his bed had bed bugs. We used donations from this fund to purchase an air mattress for him and we used bed linens donated from Get Up & Give to provide him a proper bed. He was able to get consistent sleep at home, and his school performance improved."



At the heart of the Methodist Family Health mission is a network of devoted friends and patrons. “Events like Southern Silks Stakes are made possible because we’ve got folks who are willing to roll up their sleeves and make it happen,” Kelli notes. “We couldn’t do it without them.” Becka and Brian have a tenure of community service that’s impressive, but not surprising. “I’ve always felt compelled to volunteer; my mom was a good example,” Becka admits.

In high school she served as a volunteer for the Little Rock Central High School Desegregation Crisis 35th Anniversary and later joined Junior League of Little Rock – where she reflects, “I received invaluable training and worked alongside an amazing group of women who are committed to women and children in Central Arkansas.” She relishes the opportunity to serve organizations that benefit a cause close to her heart – helping children and families overcome some of life’s obstacles. “We want to leave the world a better place. Anytime people come together to support something or create positive change, it inspires us to be a part of something bigger.”

## LATEST NEWS & EVENTS

**Your Generosity Helped Get Our Kids Off to a  
Good Start for the School Year**





McCabe United Methodist Church School Supply Drop Off





Kinco's Josh Aldrich School Supply Donation



Tatiana Drewery from Cureleaf School Supply Drop Off



Jean Landrum School Supply Donation

## Methodist Children's Home Upgrades Playground



Methodist Family Health recently updated the playground on the Methodist Children's Home campus to make it safe, attractive and appealing to our clients. Weather and constant use by our clients, ages 1 – 17, made the playground unsafe and unattractive; today, it is a secure, happy place for children, mothers and their children, and youth to play while at Methodist Family Health.



Fundraising began with the special appeal at 2020's Southern Silks, and the playground now has a new rubber base, concrete border and privacy fencing. Outdoor activities help strengthen cognitive skills, such as developing imagination and problem-solving skills. Physical activities and exercise also provide numerous benefits for all of our clients, including reducing stress.

A special thanks to our donors who made the update of the playground possible. In addition to our many, many individual donors, Methodist Family Health also received support from:

- Arkansas Department of Health – Great Strides Grant
- Branch United Methodist Church
- Christ of the Hills United Methodist Church
- Concord United Methodist Church
- Concord United Methodist Women
- Earle United Methodist Church
- First Security Bank
- Grand Avenue United Methodist Men
- Gum Springs Cumberland Presbyterian Church
- Humphrey United Methodist Church
- Lakeside United Methodist Women
- Marion and Miriam Rose Trust
- National Christian Foundation
- New Horizons Sunday School Class – Lakewood United Methodist Church
- Sheridan United Methodist Church
- St. John United Methodist Women
- The Starr Foundation
- Union County Community Foundation
- Warrens Chapel United Methodist Church



**Methodist Family Health Names Chapel  
in the Mike Millar Spiritual Life Center  
in Honor of Elaine and Bishop Hicks**





Methodist Family Health is honored to announce the chapel in the new Mike Millar Spiritual Life Center will be named for Elaine and Bishop Kenneth Hicks.

As bishop, Hicks led conferences in Arkansas from 1976 to 1988 and then conferences in Kansas until 1992. He then returned to Arkansas where he was bishop-in-residence of Pulaski Heights United Methodist Church in Little Rock for nearly three decades. He also served as a part-time director of ministries for Methodist Family Health.

Although retired, Bishop Hicks's services were always in demand, and his commitment to issues and causes close to his heart continued to beckon.

Bishop Hicks served on numerous boards and received a number of honorary degrees and awards. Many of

his writings and thoughts were collected, edited and published in a book, "Peace Flowing Like a River," in 2010.

Bishop Hicks and his wife, Elaine, both died in June 2019. They had been married since 1946 and had two daughters and two grandchildren.



## Methodist Family Health Breaks Ground on New Spiritual Life Center

*\$4.2 Million Multi-Use Center Named in Honor of Mike Millar, Prominent Attorney, Philanthropist and United Methodist*

Methodist Family Health is breaking ground on its newest, multi-use building at its oldest campus in Little Rock at 10:30 a.m. on its YouTube channel ([YouTube.com/MethodistFamilyHealth](https://www.youtube.com/MethodistFamilyHealth)) on Tues., Oct. 12.

The state's only complete continuum of care for Arkansas children and families who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues, Methodist Family Health raised \$4.2 million to construct the Mike Millar Spiritual Life Center on the campus of the Methodist Children's Home at 2002 S. Fillmore St. in Little Rock. The new center is named in memory of Mike Millar, a lifelong United Methodist from Searcy, Arkansas who served on both Methodist Family Health's operations and foundation boards of directors. Millar was a prominent attorney, philanthropist and volunteer who died in 2020. The chapel of the center is named in memory of Elaine and Bishop Kenneth Hicks, longtime supporters

Construction of this facility will begin in October and should be completed in summer 2022. It will replace the original chapel on Methodist Family Health's oldest campus, Methodist Children's Home.

In October 2020, the Mabee Foundation awarded a challenge grant of \$950,000 to Methodist Family Health for the construction of the Mike Millar Spiritual Life Center. This challenge grant stipulated Methodist Family Health Foundation raise the total project cost of \$4,256,175 by October 13, 2021. The challenge was met in July 2021, and a total \$4,259,671.72 has been raised.

"In addition to the Elaine and Bishop Kenneth Hicks Chapel, this center will include a multipurpose space, a welcome center for the campus, and administrative space for our Methodist Children's Home administrators," said Carolyn McCone, CFRE, executive director of Methodist Family Health Foundation. "We also will include an outdoor labyrinth, new landscaping, and enhanced parking to complement the center. The facility will also provide space for community partners to meet for neighborhood association meetings and community education."

For more information about the Mike Millar Spiritual Life Center or Methodist Family Health, visit [MethodistFamily.org](https://www.methodistfamily.org).

## Methodist Family Health Foundation Announces Recent Grants Received



Grants to Methodist Family Health Foundation help provide for a number of different programs within our complete continuum of care, including everything from arts programming to software for Methodist Behavioral Hospital. Recent grants received include:

- Arkansas Arts Council
- Arkansas Department of Health Great Strides Grant
- Charles A. Frueauff Foundation, Inc.
- Heart of Arkansas United Way
- Rebsamen Fund

# Show Your Compassion by Contributing to Methodist Family Health's Special Appeal

This year's special appeal during our virtual Southern Silks Stakes fundraiser is the Methodist Family Health Foundation Compassion Fund. This fund provides for needs the Arkansas children and families in our care may have, which will help them in their therapeutic process. Our goal for this special appeal is \$25,000, and to date, we have raised **\$XX,XXX**. Would you help us close this gap by contributing to our special appeal?

While the action and prizes will wrap up on September 18, you can re-watch the 2021 Southern Silks Stakes video and give to the abandoned, abused and neglected children and families in our care anytime. The virtual Southern Silks Stakes video will remain on our YouTube channel and Facebook page, and you can give any of these easy ways:

**ONLINE** at <https://www.methodistfamily.org/donate.html> choose "compassion fund" in designation drop-down box

**TEXT SILKS** to 501-881-2258

**AUCTION WEBSITE** <https://mfhfs2021.ggo.bid/bidding>. Click the **Donate Now** button

**MAIL** a check made payable to: Methodist Family Health Foundation, P.O. Box 56050, Little Rock, Arkansas 72215. Please write SILKS in the memo field of your check

**CALL** Christy at 501-906-4201 to make a secure donation over the phone using your debit or credit card

We will send you a receipt for your records and our gratitude for helping those in our care struggling with psychiatric, behavioral, emotional and spiritual issues.

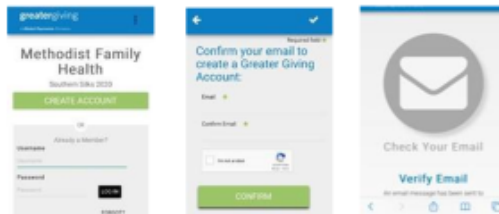


## Instructions for creating an account in Greater Giving

1. Go to the website <https://mfhfs2021.ggo.bid>
2. Screen should look something like this



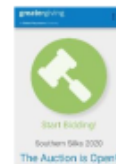
3. Click the Get Started in top right corner
4. It will bring you to a screen showing CREATE ACCOUNT (if you have an account already you can log in from here as well)
5. You will enter your email and then confirm email and check the "I'm not a robot" box" and then click on "Verify Email". Once you receive email from Greater Giving, to finish the registration click on the link provided in email to continue.



6. Next, you'll be taken to screen where you will fill in your name, address, phone number (**PLEASE enter a cell phone number if available**) and creditcard information.
7. Once you complete the form and enter, you'll receive a message like this:  
The auction site will be available for preview beginning September

10<sup>th</sup> and bidding will open at 8:00am on September 16<sup>th</sup> and close at 8:00pm on September 18<sup>th</sup>.

Good Luck and Happy Bidding!!!



# Methodist Family Health Foundation Scholarship Fund Helps Alumni Achieve Advanced Education, Training



For the fall Semester 2021, 11 alumni of Methodist Family Health's programs received scholarships to five universities in Arkansas and Texas. The total of these scholarships awarded is \$38,650.

One student is working on a master of business administration while another is studying for a Ph.D. Since the spring 2016 semester, Methodist Family Health Foundation has provided 26 former clients with \$334,328 in scholarships to 21 community colleges and universities.

Scholarships are available for vocational and trade schools, community colleges, universities and graduate schools. The scholarship is available for all semesters.

**For information or to apply contact:** Don Cole at [DCole@MethodistFamily.org](mailto:DCole@MethodistFamily.org) or Carolyn McCone, CFRE, at [CMcCone@MethodistFamily.org](mailto:CMcCone@MethodistFamily.org) or 501-661-0720.

## What is Your Legacy?



Email Carolyn McCone

If you view your will as one last act of love in your life's story, it takes on a very different hue.

Unique as your life is, you will not only pass property to the individuals you choose, but it can also provide a way to make a gift to reflect your life's meaning.

A will is the easiest way to leave a gift to Methodist Family Health Foundation and be certain it will make a significant, positive difference.

For information about how to include Methodist Family Health in your will, contact Carolyn McCone, CFRE, executive director of Methodist Family Health Foundation, at 501-906-4202 or [CMcCone@MethodistFamily.org](mailto:CMcCone@MethodistFamily.org).



## Support Methodist Family Health Foundation

Your donation helps the Arkansas children and their families in our care. Will you give today to those in our care who are abandoned, abused, neglected and suffering psychiatric, behavioral, emotional and spiritual issues? Here are easy ways to give:

- **Text** GIVE to 501-881-2258 to initiate a donation you can easily manage on the go
- Donate **Online** now using our secure online donation form
- **Call** 501-906-4201 to make a secure contribution with your debit or credit card
- **Mail** your cash or check donation to:
  - Methodist Family Health Foundation
  - P.O. Box 56050
  - Little Rock, AR 72215-6050
- **PayPal** app. To donate via PayPal.com, click [here](#)
- **Venmo** app. To donate via Venmo.com, click [here](#)

**Methodist Family Health SENTINEL**  
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Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health is  
to give the best possible care  
to those who may need our help.**

Methodist Family Health | 1600 Aldersgate Road, Little Rock, AR 72205

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