



SENTINEL

News & Updates from Methodist Family Health Foundation

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Handcrafted baby layette items from the Ruth Circle at Christ of the Hills in Hot Springs Village.



Materials used to craft items for Arkansas CARES.

Donors Make Arkansas CARES a Home for Moms and Babies

Thanks to the generosity of individuals, churches, and organizations, the Arkansas Centers for Addictions Research, Education and Services can revamp the cottages where our moms and their children stay during their treatment. Kate Hardage, administrator of Arkansas CARES, has been working the past three months to make the atmosphere more inviting and homier. She is working to individualize each room with new bedding and pillows, adding splashes of color, and the Arkansas CARES staff have used a Cricut to make room numbers to place outside of each room, similar to those you find on apartment doors.

Also new at the Arkansas CARES cottages are a new couch, loveseat and oversized chair, new dining tables, and a rug.

The rooms aren't the only aspects getting new looks. The babies in the Arkansas CARES program recently received handmade baby layette items from the Ruth Circle at Christ of the Hills in Hot Springs Village. The sets included 10 sets of flannel baby gowns, receiving blankets, washcloths, and small bags for diapers and wipes. Also, the Martha Circle from Christ of the Hills donated three baby-sized fleece blankets in addition to the regular-sized blankets they donate to the boys and girls in the Little Rock psychiatric residential treatment center.

LIGHT BEARERS



First United Methodist Church in Forrest City



Forrest City First United Methodist Church Caring and Sharing Market

First United Methodist Church in Forrest City supports the mission of Methodist Family Health as well as other missions in the community in many ways. The church's largest fundraiser, the Caring and Sharing Market, is held each fall where community and church members can give an honor donation in someone's name in lieu of a material gift at Christmas. Methodist Family Health is one of our highlighted missions and is typically one of the most popular booths.

It is a tradition in the church to have a Lenten project each year, and Methodist Family Health has been the selected mission several times in the past. Every Sunday during Lent, information about Methodist Family health is shared during a "Mission Moment," and members of the congregation are asked to bring certain needed items. It's a great opportunity for the congregation to learn more about the work of Methodist Family Health and connect to its mission.

Throughout the year, one of the church's United Methodist Women circles supports the

Methodist Family Health therapeutic group home in a neighboring county by taking the girls shopping for school clothes and remembering them at Christmas. It's a joy for both the girls and the women's circle to spend quality time and pick out items the girls want.

"Our church has a long history of reaching out to our communities near and far," says Dixon Platt, pastor of First United Methodist Church in Forrest City. "By investing outside our four walls, we see blessings being returned to our family of faith: 'pressed down, shaken together, and running over.' To God be the Glory."

LATEST NEWS & EVENTS

Canopy Donated to Honor John Gill



On May 21, 2021, the family of Marjem and John Gill gathered to view the progress of the canopy donated by Mrs. Gill.

The 24-foot-wide canopy over the entrance to Methodist Family Health administrative offices on Aldersgate Road in Little Rock is almost complete. The canopy has been

donated by Marjem Gill in honor of her husband, John Gill, and his work as an attorney for Methodist Family Health for 55 years. A plaque has been installed on the outside of the building.

Methodist Family Health Foundation Receives Grants

The Methodist Family Health Foundation recently received notice that two grants they had applied for were funded, including:

- The Roy and Christine Sturgis Charitable Trust granted \$10,000 for 30+ new cameras at Methodist Behavioral Hospital, and
 - The Marion and Miriam Rose Fund granted \$15,000 for a variety of youth enhancement activities ranging from Kindles for the Little Rock psychiatric residential treatment center, the weekend spiritual retreat at Ferncliff, two Christian concerts in the fall for Little Rock psychiatric RTC and Little Rock therapeutic group home clients, Ozark Mission Project retreat and incentive items for Methodist Family Health youth.
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Methodist Behavioral Health Queues Up for Hospital Week



Andy Altom and Don Cole at the Methodist Family Health grill

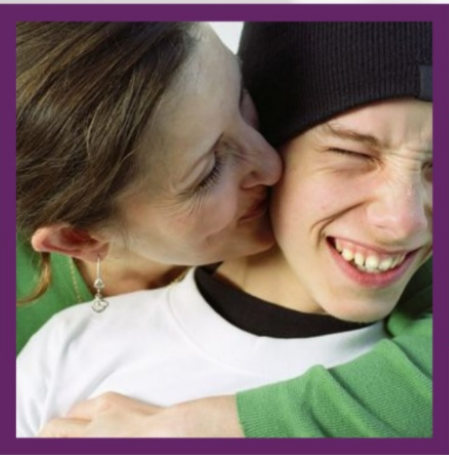
May 10-14 was Hospital Week, and Methodist Behavioral Hospital wrapped up the festivities with a barbecue by the Methodist Family Health “C” suite. Andy Altom,

president, and CEO, and Don Cole, chief financial officer, fire up Methodist Family Health's new barbecue trailer, grilling up ribs and the fixings for our hospital staff.

National Hospital Week is an opportunity to highlight hospitals, health systems, and health care workers and the innovative ways they are supporting the needs of their community members, especially during the pandemic.

A Gift that Pays Me Back?

What's not to like?



Learn about the gift that pays you back.

With a Charitable Gift Annuity, you can provide strategic, long-lasting support to Methodist Family Health Foundation and get benefits back for yourself. It's a WIN-WIN!

For More Information, Contact:

Carolyn McCone, CFRE
Executive Director
Methodist Family Health Foundation
501-906-4202
CMcCone@MethodistFamily.org

You Get:

- Steady cash flow for the rest of your life
- A high rate of return that's guaranteed, regardless of market fluctuations
- Tax-advantaged income, starting now or at a future date when you or a loved one will need extra cash
- An immediate charitable tax deduction
- Avoid capital gains tax when you fund your gift with appreciated stock.

You Give:

- Years of income to Methodist Family Health
- Significant support to future generations
- A lasting statement to the world about who you are and what's important to you.



Southern Silks STAKES

BENEFITING Methodist Family Health

**Saddle Up and Save the Date for the
Southern Silks Stakes**

**Ride to the Rescue of Children and Families in Arkansas
8th Annual Southern Silks Stakes Benefits
Methodist Family Health throughout Arkansas**

Methodist Family Health will saddle up its stable of stick ponies in 2021 to help raise funds to rebuild the lives of Arkansas children and families. Southern Silks Stakes, the organization's signature fundraiser, is set for 6 p.m. at Embassy Suites by Hilton Little Rock, 11301 Financial Centre Parkway on Sat., Sept. 18, 2021.

This faux horse race soiree includes thoroughbred stick horses jockeyed by sponsors and their guests, celebrity color commentators, prizes for winners of each race, a Southern-styled dinner and libations, live and silent auctions, a hat contest, and much, much more.

For sponsorship opportunities, tickets or more information, contact Jamie Griffith, Foundation project manager, at JGriffith@MethodistFamily.org or 501-906-4209.



Support Methodist Family Health Foundation

Your donation helps the Arkansas children and their families in our care. Will you give today to those in our care who are abandoned, abused, neglected and suffering psychiatric, behavioral, emotional and spiritual issues? Here are easy ways to give:

- **Text** GIVE to 501-881-2258 to initiate a donation you can easily manage on the go.
- Donate **online** now using our secure online donation form.
- **Call** 501-906-4201 to make a secure contribution with your debit or credit card.
- **Mail** your cash or check donation to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, AR 72215-6050.
- **PayPal** app. To donate via PayPal.com, click [here](#).
- **Venmo** app. To donate via Venmo.com, click [here](#).

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Carolyn McCone, CFRE, Executive Director
Amanda Smith, Director of Development
Kelli Reep, APR, Director of Communications
Jamie Griffith, Foundation Project Manager
Christy McCreight, Foundation Assistant

1600 Aldersgate Road
Little Rock, AR 72205
501-906-4201

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For more information, contact:
Kelli Reep, editor
501-906-4210 and kreep@methodistfamily.org

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Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health is
to give the best possible care
to those who may need our help.**