



SENTINEL

News & Updates from Methodist Family Health Foundation

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These beautiful ladies attended the Hall Family house party to support and cheer on the horse racing teams at this year's first-ever virtual Southern Silks fundraiser. From left to right are Cindy Shenep, Claire Barton, Livi Hill, Marci Hall, who is a member of the Methodist Family Health Foundation's board of directors, Jeni Hall, Catherine Hall, Lesli Hugg and Lauren Hall.

Everyone's a Winner at the 2020 Virtual Southern Silks Signature Fundraiser

The first-ever virtual Southern Silks signature fundraiser came in first as the winner of the best derby party during the belated 146th running of the Kentucky Derby. The 7th annual event, which brought in a purse of more than

\$150,000 for Arkansas children and families in our care, included three prerecorded, faux horse races "run" by three teams: the Dylan and Angie Potts Family, who were co-chairs of this year's event; Hudson Cisne and The Pine Hill Ranch. Committee members, volunteers, donors, supporters and employees held watch parties at home while watching the 20-minute racing video, which was streamed on the Methodist Family Health [Facebook page](#) and [YouTube channel](#) on Saturday, September 5.

Tom Brannon, KTHV Ch. 11's chief meteorologist, and Kelli Reep, director of communications for Methodist Family Health, provided color commentary for the races, and DeLana Chance took home the bean bag toss (or cornhole game) for her winning entry in the DIY hat and fascinator contest.

You Can Still Make a Sure Bet on Arkansas Children and Families Anytime

While the action and prizes wrapped up on September 5, you can re-watch the races and give to the abandoned, abused and neglected children and families in our care anytime. To donate today, use any of these easy ways:

- **ONLINE**
at <https://www.methodistfamily.org/donate.html>
- **TEXT SILKS** to 501-881-2258
- **PAYPAL APP.** For donors to find MFH in the app, follow these instructions for your type of smartphone:
 - For **Android** users: in the PayPal app, tap Support a cause, then search for Methodist Family Health Foundation.
 - For **iPhone** users: in the PayPal app, tap the Donate image and search for Methodist Family Health Foundation.
- **MAIL** a check made payable to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, Arkansas 72215
- **CALL** Christy at 501-906-4201



to make a secure donation over the phone using your debit or credit card.

We will send you a receipt for your records and our gratitude for helping those in our care struggling with psychiatric, behavioral, emotional and spiritual issues.

Thank you to our in-kind sponsors, Lawson & Co. Graphics and Printing and The Pine Hill Ranch!



Thank You to Our 2020 Southern Silks Sponsors!



BENEFITING
Methodist Family Health

Winner's Circle

GILL RAGON OWEN ATTORNEYS

Owner

WEAVER BAILEY

2020 Sponsors - Racing to the Rescue!

Trainer

Jockey



HATS OFF TO METHODIST FAMILY HEALTH!

We are proud to support your efforts on behalf of Arkansas children and families. Cash back to your point at this year's Hatless Derby race.

Stephens Capital Management

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LIGHT BEARERS



In Memorium: Mike Millar

G. Michael Millar, 69, died Aug. 31 at his home. He was a good talker who knew something about everything and rocked back and forth on his heels with his hands on his hips as he told stories. He was crusty and irascible, but no one held it against him. He had a wry sense of humor, a sly smile and a twinkle in his eye. He was kind, smart and quietly generous.

For him, being an attorney was more than a vocation; it was an animating force. But he was also a man of many passions and skills: He was a carpenter, a builder of playhouses, toy weapons, bridges, cabins. He was a sailor, a fisherman, a fly tyer and an inveterate reader. He was a good friend. He loved his family.

Born May 2, 1951, in Little Rock, Mike was a graduate of Little Rock Hall High School, Hendrix College and the UA Little Rock William H. Bowen School of Law. He practiced law in Searcy for 43 years, served as Searcy city attorney from 1978-2004 and was a special justice to the Arkansas Supreme Court in

2011.

He was chairman of the board of Methodist Family Health and its foundation and former president of the Searcy Chamber of Commerce and the White County Bar Association. He was also past chairman of the board of First United Methodist Church, where he was a longtime member.

He was preceded in death by his parents, George and Caralou Millar. He is survived by his wife, Karen; sister, Dana Millar of Hickory Creek, Texas; son, Lindsey (Caroline) of Little Rock; and grandsons August and Emmett Millar.

Mike and Karen have always been a great supporter of the United Methodist Children's Home.

In 2001 Mike was approached by the leadership of the Children's Home to become a founding board member for a new not for profit child and adolescent behavioral hospital in Maumelle Arkansas. The purpose of the hospital was to expand the continuum of care that would allow the Children's Home to continue its mission. Mike agreed and was instrumental in guiding the opening and success of this hospital.

He later agreed along with board members from the Hospital and the United Methodist Children's Home to form a separate management company called Methodist Family Health, Inc. that would manage the Home and Hospital and form a separate not for profit foundation called Methodist Family Health Foundation in 2003.

He served as a member to all these boards and was active with leading the Methodist Family Health Inc. board as the Chairperson from 2010 to present.

Mike gave his business knowledge, time and treasure to see Methodist Family Health grow into one of the largest not for profit organizations serving children and families of Arkansas.

The new Spiritual Life Center on the Children's Home campus is being named after Mike.

LATEST NEWS 
& EVENTS



MFH Foundation Receives Arts Council Grant

Methodist Family Health Foundation recently received two grants from the Arkansas Arts Council.

The first grant was the Artist in Residence In-School Residency for \$12,285. This grant, along with matching funds from the Frueauff Foundation, provides for artist Elizabeth Weber to provide art classes one morning a week during the school year with students in our Day Treatment School.

The second grant was the Artist in Residence After School/Summer Residency for \$6,160. This grant, along with matching funds from the Frueauff Foundation, provides for artist Elizabeth Weber to provide summer art classes once a week to youth who live at our Psychiatric Residential Treatment Center in Little Rock.

Looking to
YOU to

Share the
Light

SHARE THE *Light*

We are Looking to YOU to Help Us Share the Light this Holiday Season

For more than 120 years, Methodist Family Health has been rebuilding the lives of Arkansas children and families who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues. Because of your financial support, the children and families we serve find stability, hope and peace. It's YOUR compassion and generosity that make this possible.

Last year, YOU helped Methodist Family Health Foundation raise more than \$360,000 to serve abandoned, abused and neglected Arkansas children and families through our Share the Light Appeal. Would you share your light of hope, peace and stability with those in our care again this year?

Our 2020 Share the Light Christmas Appeal is November 1 through December 31. Special Offering Sundays in Arkansas's United Methodist Churches are December 13 and 20. Would you save these dates to help us Share the Light this Christmas?

Here's how YOU can help:

- Visit [MethodistFamily.org](https://www.methodistfamily.org) and click on Donate Now
- Text GIVE to 501-881-2258
- Call Christy at 501-906-4201 to make a secure donation using your debit or credit card
- Mail a check made out to Methodist Family Health Foundation to P.O. Box 56050, Little Rock, Arkansas 72215

Thank you for your generosity, commitment and compassion!



It's No Secret Our Kids Need YOU this Christmas

As we move in to Fall, we all know how quickly Christmas will be upon us. Even in the midst of the restrictions that come with the pandemic, Methodist Family Health is still committed to our mission of providing the best possible care to those who need our help. For us, this means making sure the kids and teens in our programs have gifts to open on Christmas morning.

Last year, we were able to provide gifts for more than 250 clients through the generosity of YOU, our Secret Santa donors. We anticipate the need will be even greater this year, mostly because of financial hardships many families are facing right now. If you would like to be a Secret Santa and provide gifts for a client (or two) this Christmas, please contact Amy Shores, director of pastoral care at Methodist Family Health, at ashores@methodistfamily.org or 501-733-7870.

New this Year - Virtual Gift-Giving

Many of our lists will be digital this year, which means you can purchase online and have the gifts delivered straight to Methodist Family Health. This ensures you have a healthy and safe shopping experience during this ongoing pandemic.

If you would prefer we do the shopping for you, you can donate to our Christmas Gift Fund at <https://www.methodistfamily.org/donate.html>. Any amount helps us provide a much-needed and wanted present to the abandoned, abused and neglected children in our care during Christmas.

However, if you prefer to shop for just the right gift yourself, we will gladly

accept it at our facility in a safe manner by following all health and safety guidelines set out by the Arkansas Dept. of Health and the Centers for Disease Control. Regardless of how you would like to give, we (and especially our children and families) profoundly appreciate your generous spirit.

While this has been a hard year for everyone, we think it's important to find and give joy in the ways we can. By sponsoring a child to provide him or her Christmas gifts, you are sure to bring joy not only to the receiver but also to Santa (YOU) himself.

GIVING TUESDAY

After Cyber Monday, Join Us for Giving Tuesday

Giving Tuesday is celebrated on the Tuesday following Thanksgiving, and is a social media fueled global fundraiser that inspires millions of people across the globe to show up and give back to causes and issues that matter to them – we need YOU to make Methodist Family Health one of those causes.

This year Giving Tuesday takes place on December 1, 2020, and your gift will go towards the Compassion Fund. This fund pays for necessities the children and families in our care cannot afford. Items like clothes for graduation, therapy resources for trauma recovery, study materials for the GED and transportation when scholarships are awarded.

Here's how YOU can help make these necessities a reality:

- **Visit** MethodistFamily.org, click on Donate Now and choose Compassion Fund in the designation box
- **Text** TUES to 501-881-2258
- **Call** Christy at 501-906-4201 to make a secure donation using your debit or credit card
- **Mail** a check made out to Methodist Family Health Foundation to P.O. Box 56050, Little Rock, Arkansas 72215, and write "Giving Tuesday" in the memo field

Once again, thank you for your generosity, commitment and compassion!

Increase Your Income Now Leave a Legacy to Methodist Family Health

Charitable Gift Annuities (CGA) through The Methodist Foundation for Arkansas (MFA) allow you to increase your current income now and leave a legacy for Methodist Family Health after your lifetime.

CGAs are powerful giving tools that offer:

- Increased income through fixed, guaranteed payments for life. A substantial portion of the annuity income may be tax-free.
- An immediate income tax deduction.
- No setup or document expense.
- Funds remaining at your death support Methodist Family Health.
- MFA reserves provide solid backing to safeguard future income.

The amount of income depends upon your age, whether it is a one-life or two-life agreement, and the amount of the annuity.



SAMPLE GIFT ANNUITY RATES — ONE-LIFE, \$20,000 CASH

AGE	RATE	DEDUCTION AMOUNT	% TAX FREE	EQUIVALENT RETURN
65	4.2%	29.0%	85.4%	5.73%
70	4.7%	35.0%	85.4%	6.54%
75	5.4%	42.0%	87.0%	7.65%
80	6.5%	47.0%	87.5%	9.34%
85	7.6%	54.0%	89.7%	11.19%

SAMPLE GIFT ANNUITY RATES — TWO LIFE, \$20,000 CASH

AGE	RATE	DEDUCTION AMOUNT	% TAX FREE	EQUIVALENT RETURN
65/60	3.7%	12.0%	86.8%	4.85%
70/65	4.0%	20.0%	87.0%	5.36%
75/70	4.3%	30.0%	87.4%	5.91%
80/75	4.9%	36.0%	87.6%	6.86%
85/80	5.8%	42.0%	88.4%	8.25%

To receive a no-cost, confidential, personalized analysis of how a CGA to benefit Methodist Family

Health could work for you, contact:

MFH Foundation Executive Director

Carolyn McCone, CFRE

(cmccone@methodistfamily.org/ 501-906-4202)

MFA Vice President of Development

Janet Marshall

(jmarshall@methodistfoundationar.org/ 501-664-8632).



601 Wellington Village Road Little Rock, AR 72211

501-664-8632

methodistfoundationar.org



Support Methodist Family Health Foundation

Your donation helps the Arkansas children like this sweet boy and their families in our care. Will you give today to those in our care who are abandoned, abused, neglected and suffering psychiatric, behavioral, emotional and spiritual issues? Here are easy ways to give.

- **Text** GIVE to 501-881-2258 to initiate a donation you can easily manage on the go.
- **Donate** online now using [our secure online donation form](#).
- **Call** 501-906-4201 to make a secure contribution with your debit or credit card.
- **Mail** your cash or check donation to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, AR 72215-6050.
- **PayPal app.** To donate via PayPal.com, click [here](#). For donors to find Methodist Family Health Foundation in the app, follow these instructions for your type of smartphone:
 - For **Android** users: in the PayPal app, tap Support a cause, then search for Methodist Family Health Foundation.
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MethodistFamily.org

Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health is
to give the best possible care
to those who may need our help.**