

SHARE THE *Light*

.....

Giving Light to All

Shh... Seeking Secret Santas

Methodist Family Health
Foundation Responds
to COVID-19



SENTINEL

Methodist Family Health

Board of Directors

Chairperson Mike Millar, Searcy, deceased
Ritter Arnold, Marked Tree
Scott Beardsley, Paron
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Bishop Gary Mueller, Little Rock
Jamilyn Noble, North Little Rock
Rev. Jim Polk, Benton
Neill Sloan, Lake Village
Don Weaver, Conway

Methodist Family Health Foundation

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Becky Kossover, Little Rock
Mike Millar, Searcy, deceased
Sherry Rowbotham, Little Rock
Ann Rowell, Little Rock
Neill Sloan, Lake Village, emeritus
Bill Spivey, Little Rock
Erin Taylor, Little Rock
Cleifton Vaughan, Little Rock, emeritus
Don Weaver, Conway

Seeking Santas for Our Kids



The holidays are upon us, and even in the midst of the restrictions that come with the pandemic, Methodist Family Health is still committed to our mission of providing the best possible care to those who need our help. For us, this means making sure the kids and teens in our programs have gifts to open on Christmas morning.

We anticipate the need will be even greater this year, mostly because of financial hardships many families are facing right now. If you would like to be a Secret Santa and provide gifts for a client (or two) this Christmas, please contact Amy Shores, director of pastoral care at Methodist Family Health, at ashores@methodistfamily.org or 501-733-7870.

New this Year - Virtual Gift-Giving

Many of our lists will be digital this year, which means you can purchase online and have the gifts delivered straight to Methodist Family Health. This ensures you have a healthy and safe shopping experience during this ongoing pandemic. For wish lists and ways to shop online, visit MethodistFamily.org/MFHSecretSanta.html.

If you would prefer we do the shopping for you, you can donate to our Christmas Gift Fund at MethodistFamily.org/Donate. Any amount helps us provide a much-needed and wanted present to the abandoned, abused and neglected children in our care during Christmas. However, if you prefer to shop for just the right gift yourself, we will gladly accept it at our facility in a safe manner by following all health and safety guidelines set out by the Arkansas Dept. of Health and the Centers for Disease Control. Regardless of how you would like to give, we (and especially our children and families) profoundly appreciate your generous spirit.

Assurance of Things Hoped For

Dear Friend,

As I reflect on this year and look toward 2021, this scripture brings me peace:

Now faith is the assurance of things hoped for, the conviction of things not seen. – Hebrews 11:1

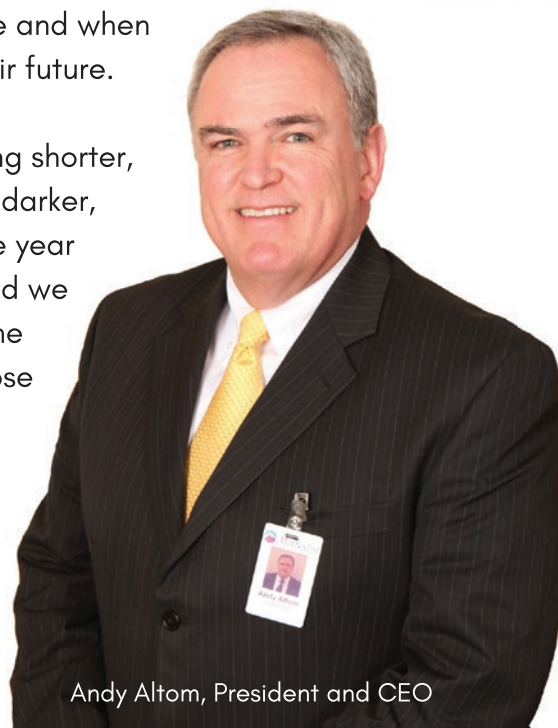
In a year of upheaval and uncertainty, I have faith that we will overcome this pandemic in our country. I have faith we will come together to take care of each other, just as we have always done. And I have faith we will learn from this year and put those lessons to use in how we relate to each other in the future.

I have this faith because I have witnessed children and families in our care overcome abuse, abandonment and neglect. They accomplished this because of a kaleidoscope of resources, including trained, licensed and intuitive care from our psychiatric, behavioral, emotional and spiritual professionals. Add to this the support from donors and volunteers – specifically, YOU – who meet the needs our children and families otherwise would not be able to get. Things like clothes for high school graduation, a safe apartment to start a new life as a family, a weighted blanket to calm anxiety and provide a sense of security. There are other resources, too, such as personal protective equipment, art supplies, books, personal hygiene products – little things you and I may take for granted, but things that mean the difference between feeling invisible when entering our continuum and

feeling valued while here and when our clients move into their future.

While the days are getting shorter, the evenings longer and darker, and the remainder of the year more unsure, I am assured we will continue providing the best possible care to those who may need our help because of you.

Sincerely,



Andy Altom, President and CEO

a publication of the
Methodist Family Health Foundation

Carolyn McCone, CFRE, Executive Director
Amanda Smith, Director of Development
Kelli Reep, APR, Director of Communications
Jamie Griffith, Foundation Project Manager
Christy McCreight, Foundation Assistant

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The Sentinel is published eight times a year.
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KReep@MethodistFamily.org

Photos: Methodist Family Health staff and
volunteers

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Methodist Family Health is the management
company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health
is to provide the best possible care
to those who may need our help.**

Giving Light Unto All in the House

Recipients of Methodist Family Health Services

Share Their Light with Others in Need

Have you ever experienced a dark night of the soul? A time when everything you knew and believed were no longer true. A time when you did not know if you could move forward. A time when you were in a spiritual crisis in your journey to know and love God.

As living beings, all of us will encounter a dark night of the soul. While we may not recognize it at the time, God's infinite love and mercy is shining on us, and if we follow that light, it will show us the way to a union with him.

Elizabeth Grobmyer and Annie Lankford are two people who reckoned with their own dark nights of the soul, and they have come into the light with the help of their God and the services of Methodist Family Health.

"I had been to so many other rehabs before that my family asked me what was different about Arkansas CARES," said Elizabeth.

The Arkansas Centers for Addictions Research, Education and Services is a 3-month treatment program for pregnant women or mothers with children 12 years old or younger provides a family-centered approach to decrease maternal substance abuse and promote healthy family outcomes through prevention, treatment education, research and advocacy.



Elizabeth Grobmyer (center)
and daughters
Colbi (left) and
Madison (right)

"Arkansas CARES is known for being strict, and that's why we have such a success rate," Elizabeth said. "You can't talk your way out of anything here. If you want to get better and give your kids a better life than they are experiencing while you are on drugs, Arkansas CARES is the place to go."

Not only is Elizabeth a successful graduate of Arkansas CARES, she is now a case manager there.

"It changed my life, and I never thought of myself as anything but an addict," she said. "Because of Methodist Family Health, I am a mother, professional, head of household and so much more."

Like Elizabeth, Annie Lankford is a mom and professional, serving as associate pastor of First United Methodist Church in North Little Rock. She knew about Methodist Family Health through the United Methodist Church in Arkansas, but it wasn't until her own child needed intervention that she came to understand what our continuum of care does.

"I was at a complete loss when we needed help for my son's depression," she said. "The first place I reached out to was Methodist Family Health, and they stepped in immediately to care for my son, my family and me."

"I cannot explain how reassuring it is to have a place you can turn to that you know cares for your child as much as you do. As a mother, turning over the care of your child to anyone is almost impossible, but Methodist Family Health got him the help he needed, and I am forever grateful."

To learn more about Elizabeth and Annie, watch their videos on our Christmas Appeal page at MethodistFamily.org.



Annie
Lankford

Torch Bearers

Lighting the Spark of Stability, Hope and Peace

Methodist Family Health Foundation's Torch Bearers are helping Share the Light this Christmas. The Torch Bearers' leadership and dedication helps kick-off our annual Share the Light Christmas Appeal. Over the years, this group has committed their time and resources to help Methodist Family Health rebuild the lives of Arkansas children and families who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues. Through their financial support and generosity, the children and families MFH serve find stability, hope and peace.

Last year, more than \$360,000 was raised by supporters of Methodist Family Health to serve abandoned, abused and neglected Arkansas children and families through the Share the Light Appeal. The Methodist Family Health Foundation invites YOU to join with our Torch Bearers to share YOUR light, stability, hope and peace with others and those in the care of Methodist Family Health. It is YOUR compassion and giving spirit that makes Methodist Family Health's services to Arkansas possible!

The 2020 Share the Light Christmas Appeal is November 1 through December 31. Special Offering Sundays in Arkansas's United Methodist Churches are December 13 and 20. Would YOU please save these dates to help US Share the Light this Christmas? Here's how YOU can help:

- **Visit** MethodistFamily.org and click on Donate Now
- **Text** GIVE to 501-881-2258
- **Call** Christy at 501-906-4201 to make a secure donation using your debit or credit card
- **Mail** a check made payable to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, Arkansas 72215

Thank YOU for your generosity, commitment and compassion!



**Sherry Rowbotham,
Torch Bearer**



**Mike, Dorothy and
Donna Morey,
Torch Bearers**



**Kerry and Charlie Jackson,
Torch Bearers**

LIGHT BEARERS



The Blessing of Organization by Servant Hearts

The biggest trend of 2020 (COVID-19 notwithstanding) has to be organization. Books, TV series, podcasts and endless social media posts all extol the value of sorting through your possessions, keeping only what you love, giving away what you don't, and giving what you keep a place of its own. At Methodist Family Health, we have our own team of organizers, except they turn what others have donated to us into necessary, useful and joyful items for the Arkansas children and families in our care. Meet Linda Barnes, Cathy Sing and Sarah Greubel, the women who have created order out of chaos in our donation closet and keep it organized and welcoming.

"We volunteer for Methodist Family Health because we love to help our community, and we get more than we give," Linda said. "It's an opportunity for us to get together, and it's a way we can learn about what our neighbors need."

As retired professionals, Linda, Cathy and Sarah bring with them precision insight into what donations in our closet will make an immediate difference to those who will receive them, what can be stored for another season, and what we are lacking to meet the needs of our children and families. "We see what is needed most - socks, underwear, personal hygiene items mostly - and plan the space accordingly," said Sarah. "The donations we can't use, we put aside, and the Foundation staff take those to other nonprofits so they can be put to use," Cathy added.

While they have not yet (to our knowledge, anyway) decided to form their own organization corporation and move on to fame and fortune, we at Methodist Family Health can certainly attest to their skills, contributions and servant hearts. We are grateful to you, Linda, Cathy and Sarah!

Linda Barnes



Cathy Sing



Sarah Greubel



Every Child Has a Story ...



Would You Ensure It Ends Happily?

Would you make a year-end gift to Methodist Family Health?

- **Donate** online at MethodistFamily.org/Donate
- **Text** GIVE to 501-881-2258
- **Call** Christy at 501-906-4201 to make a secure donation using a credit or debit card
- **Mail** a check made payable to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, Arkansas 72215

Methodist Family Health GIVING SOCIETIES

Please note that * denotes a new member while † denotes a member who is deceased. If you would like more information about how to contribute to Methodist Family Health and become members of these giving societies, please contact Carolyn McCone, CFRE, executive director of the Methodist Family Health Foundation, at 501-906-4202 or Amanda Smith, director of development, at 501-906-4220.



The Coy-Roots-Tabor Heritage Society

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902. Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to Methodist Family Health.

Please let us know if you have included Methodist Family Health in your estate plan and allow us the opportunity to thank you and verify how you would like to be listed in our Coy-Roots-Tabor Heritage Society. Call 501.906.4202 or email cmccone@methodistfamily.org.

Anonymous (2)

Myra and Andy Altom

Jane and William Arthurs

Mr. † and Mrs. † Robert G. Branch

Ashley Riggins Coldiron

O'Neal Davidson Estate

Donald R. Dearing † and
Martha M. Dearing † Trust

Ellen† and Don Edmondson

Cecile and Gil † Foresman

Marjem and John Gill

Jan Green*

Mrs. Ina Mae Harris

Jonelle Ryan and Billy Gene Jones

Nancy and Earl † McClure

Carolyn and Craig McCone

Mr. Robert McPherson†

Jacquelyn P. Murphy

Jerry L. Patterson †

Kari and Dan Rohrbaugh

Geraldine and Paul Stiedle*

Steven C. Trolinger

Judy Vasser

Warren Family Trust

Imogene Simpson Westfall Trust

Cap Whitley





The George Thornburgh Society

Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and

successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system.

Anonymous (7)	Jan Green	Riggs Benevolent Fund
Myra M. Abrignani Estate	Maxine S. Gregg Estate	Lila and Jack Riggs
Lewes† and Jon Ahrens	Hall Revocable Trust	Sally and Keith Riggs
Myra and Andy Altom*	Carolyn M. Henslee	Thomas Edward Rimmerman Trust
Arkansas Arts Council	John A. Henson Trust	Rittwood Farms Company, Inc.
Arkansas Community Foundation	Mark Holder and Kathleen Kennally	Marion and Miriam Rose Trust
Arkansas Economic Development Commission*	Walter B. Huff Estate	Mr. and Mrs. Jeff Ryan
Paul Arnold	Geneva I. Hughes Estate	The Reverend Mitchell and Gladys Masters Sanford Endowment
Rebecca and Ritter Arnold	Julia Mae Jackson Estate	Trish and Kurt Searvogel
Bancorp South Insurance Services, Inc.	Ura Mae Johnston Trust	Velma E. Shaffer Estate
John and Barbara Bragg Charitable Remainder Trust	Kerkhoff Family Trust	Shuler Drilling Company
Lillian Mae Calvert Living Revocable Trust	Iva and Bill Krogman	St. Francis Ministries of Phillips County
Milton D. and Mary C. Campbell Joint Revocable Trust	Terry and Jean Landrum	Nancy † and Neill M. Sloan
Rachel and Jake Commer	Clyde Langford Jr. Estate	Elizabeth H. Snyder Trust
Dr. † and Mrs. George Cone	L.A. Logan Estate	Cathy and Bill Spivey*
Crews & Associates	Mr. and Mrs. Carl Long	Melda Strickland Estate
Datamax, Inc.*	Judith and Charles Long	Genevieve H. and William A. † Strong
Donald R. Dearing and Martha M. Dearing Trust*	Nell S. Martin Endowment	William A. Strong Charitable Remainder Trust
Deborah and Ray Dillon	Cynthia and Walt Mashburn*	Roy and Christine Sturgis Charitable & Educational Trust
Ellen † and Don Edmondson	Robert McPherson Trust*	W. P. Sturgis Foundation
Judy Waddell Fletcher	Jane Hunt Meade	The Methodist Foundation for Arkansas
Cecile and Gil † Foresman	Methodist Family Health	Mary and Clefton D. Vaughan*
Elizabeth W. Fries Estate	Karen and Mike † Millar	Charles and Mary Vinzant Joint Irrevocable Trust
Charles A. Frueauff Foundation, Inc.	Rev. Curtis E. Monroe Estate	Pat and James Wallis
Dr. Rita Galloway	Alline M. Montgomery Estate	Debbie and Don Weaver
Conway and Margaret George Charitable Trust	Angela and Chris Newell	Alma Welton Trust
Corinne W. George Trust	The William C. and Theodosia Murphy Nolan Foundation	Windgate Charitable Foundation
Mary Lue and Bill Gibbs	Mrs. M.E. Peace	Juanita Annette Wood Estate
Gill Ragon Owen Attorneys	B.C. Pickens Trust*	Melissa and Keith Wrenn
Aline Gill Estate	Augustus H. Pugh	Hazel Marie Wright Estate
	John H. Reese Endowment Fund	
	Mrs. Betty Regnier	
	Robert and Paula Reynolds	



The James M. Workman Society

While a pastor of Asbury Church in Little Rock, Reverend James M. Workman served as the first agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health continuum of care during the last fiscal year, which is from July 1, 2018 to June 30, 2019.

Annual Workman Donation \$5,000 or More

Anonymous (1)

Lewese+ and Jon Ahrens
Mount Ida, Arkansas

Mr. and Mrs. R. William Alexander
Searcy, Arkansas

Arkansas Arts Council
Little Rock, Arkansas

Arkansas Community Foundation
Little Rock, Arkansas

Rebecca and Ritter Arnold
Marked Tree, Arkansas

Charles A. Frueauff Foundation, Inc.
Little Rock, Arkansas

Rev. J. Wayne and Rynnett Clark
Conway, Arkansas

Mr. and Mrs. Harry Clerget
Little Rock, Arkansas

Crews & Associates
Little Rock, Arkansas

Datamax, Inc.
Little Rock, Arkansas

Deborah and Ray Dillon
Little Rock, Arkansas

Mr. and Mrs. Jim Duckett
Little Rock, Arkansas

Mr. and Mrs. Grey Ferguson*
Arkadelphia, Arkansas

Judy Waddell Fletcher
Little Rock, Arkansas

Gill Ragon Owen Attorneys
Little Rock, Arkansas

Jan Green
Little Rock, Arkansas

Mr. and Mrs. Rush Harding III*
Little Rock, Arkansas

Heart of Arkansas United Way
Little Rock, Arkansas

Hudson, Cisne and Company, LLP
Little Rock, Arkansas

Al and Palmer Johnston
Savannah, Georgia

Kinco Constructors
Little Rock, Arkansas

Becky and Jerry Kossover
Little Rock, Arkansas

Cynthia and Walt Mashburn
Carmel, Indiana

Jane Hunt Meade
Fayetteville, Arkansas

Angela and Chris Newell
Newcastle, WA

Mrs. Jack Phillips
Bella Vista, Arkansas

Psychiatric Services, PLLC
Little Rock, Arkansas

Riggs Benevolent Fund
Little Rock, Arkansas

Nancy † and Neill Sloan
Lake Village, Arkansas

Roy & Christine Sturgis Charitable and
Educational Trust

Little Rock, Arkansas

The W.P. Sturgis Foundation
Arkadelphia, Arkansas

The Methodist Foundation for Arkansas
Little Rock, Arkansas

Mary and Cleifton D. Vaughan
Little Rock, Arkansas

Mr. and Mrs. Robert Vogel
Little Rock, Arkansas

Pat and James Wallis
Little Rock, Arkansas

Alice Ann and Joe Watkins
Hope, Arkansas

Don and Debbie Weaver
Conway, Arkansas

Annual Workman Donation \$2,500-\$4,999

Anonymous (2)

ABC Financial Services, LLC
Sherwood, Arkansas

Myra and Andy Altom
Heber Springs, Arkansas

Linda and Donald Bacon
Little Rock, Arkansas

Bank OZK
Little Rock, Arkansas

Rhonda and Jim Carroll
Brinkley, Arkansas

Ann Jones Clayton*
Benton, Arkansas

Kim and Steve Cox*
Maumelle, Arkansas

Roxie and John Culp
Little Rock, Arkansas

Cecile and Gil † Foresman
Starkville, Mississippi

Garver, LLC
North Little Rock, Arkansas

HealthSCOPE Benefits
Little Rock, Arkansas

Heflin Youth Foundation*
Little Rock, Arkansas

Kerry and Charlie Jackson
El Dorado, Arkansas

W.W. and Anne Jones Charitable Trust*
Little Rock, Arkansas

Terry and Jean Landrum
Scott, Arkansas

Karon and Bill Mann
Little Rock, Arkansas

Methodist Behavioral Hospital
Maumelle, Arkansas

Methodist Family Health
Little Rock, Arkansas

Marilyn and Joel Newcome
Portland, Arkansas

OneDigital Health & Benefits
Little Rock, Arkansas

Joyce and Chris Poole

Benton, Arkansas

Lila and Jack Riggs
Little Rock, Arkansas

Sally and Keith Riggs
Little Rock, Arkansas

Riggs Benevolent Fund
Little Rock, Arkansas

Sherry Rowbotham
Little Rock, Arkansas

Kristi and Gary Sewell
El Dorado, Arkansas

Cathy and Bill Spivey
Little Rock, Arkansas

The Starr Foundation
Fayetteville, Arkansas

Billie Jo Starr
Fayetteville, Arkansas

Ashley and Kevin Steed*
Fairview, Texas

Ultimate Software*
Weston, Florida

Annual Workman Donation \$1,000–\$2,499

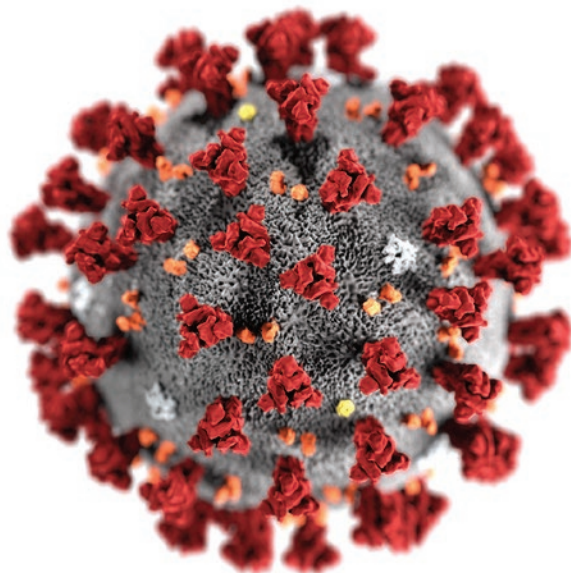
Anonymous (3) Little Rock, Arkansas	Charlotte and Jim Gadberry Little Rock, Arkansas	Mrs. Frances McGill* Little Rock, Arkansas	Rebsamen Fund Little Rock, Arkansas
Arkansas Total Care Little Rock, Arkansas	Pam and Jay Gadberry Little Rock, Arkansas	Mr. and Mrs. Travis McKamie Rosston, Arkansas	Mr. and Mrs. D.K. Robinson Little Rock, Arkansas
Mr. and Mrs. William Arthurs Little Rock, Arkansas	Alicia and Craig Gammon Vilonia, Arkansas	Chad † and Angela McLain Wheatley, Arkansas	Mr. and Mrs. Dennis Rowland Kansas City, Missouri
Steve W. Babcock Paragould, Arkansas	Betty and Richard Hanson Little Rock, Arkansas	Mr. Carl Miller, Jr. Little Rock, Arkansas	Dr. Elizabeth Sellars* Little Rock, Arkansas
Mr. and Mrs. Robert M. Berry Gillett, Arkansas	Dr. and Mrs. Mike Hillis Texarkana, Arkansas	Mr. and Mrs. Eugene Miller Hazen, Arkansas	Sidecar Health* Germantown, Tennessee
Bi-Partisan Strategies Little Rock, Arkansas	Charles and B. Louise Holmes Little Rock, Arkansas	Caroline and Chuck Mischke Lake Village, Arkansas	Sharron Simpson* Little Rock, Arkansas
Laura and Doug Borg Little Rock, Arkansas	Sherrill and Bryan Hosto* Little Rock, Arkansas	Donna Morey Maumelle, Arkansas	Dean and Sharon Skaer Little Rock, Arkansas
Deborah and Perry M. Bolding North Little Rock, Arkansas	Arita and Tom Jewart Little Rock, Arkansas	Dorothy C. Morey Little Rock, Arkansas	Mrs. Jo Stanfield Pine Bluff, Arkansas
Joann and Jim Bowling North Little Rock, Arkansas	James and Harriet Johnson Wilmot, Arkansas	Alicia H. Mosley Camden, Arkansas	Stephens, Inc. Little Rock, Arkansas
Mrs. Luana Bracy Little Rock, Arkansas	Diane and Bill Johnston Heber Springs, Arkansas	Rosanne Murphy Hot Springs, Arkansas	David Steinquist Jonesboro, Arkansas
Sid and Sue Brain Harrison, Arkansas	Kathleen Kennally and Mark Holder Little Rock, Arkansas	Bill and Karen Nelson, Jr. Jonesboro, Arkansas	Genevieve H. and William A. † Strong Pine Bluff, Arkansas
C. B. Foundation Little Rock, Arkansas	James R. and Jane Kimzey* Magnet Cove, Arkansas	Mary Catherine and Trevor Person Dallas, Texas	Summit Community Care* Little Rock, Arkansas
CenterPoint Energy Little Rock, Arkansas	Janna and David Knight Little Rock, Arkansas	Pettus Office Products Little Rock, Arkansas	Telconnections, Inc. Little Rock, Arkansas
Rachel and Jake Commer Gulf Breeze, Florida	Pam Langston and Family Little Rock, Arkansas	B.C. Pickens Trust Pickens, Arkansas	Paula and Kirk Wardlow Springdale, Arkansas
Dr. † and Mrs. George M. Cone Jonesboro, Arkansas	Lewis Architects Engineers Little Rock, Arkansas	Kirby Pickens and Family North Little Rock, Arkansas	Mr. and Mrs. Jim Wilson Searcy, Arkansas
Delta Dental of Arkansas Sherwood, Arkansas	Carole Liles North Little Rock, Arkansas	Mr. Edgar D. Poag Osceola, Arkansas	Leslie Wilson Little Rock, Arkansas
Mr. and Mrs. Bill Derickson* Leslie, Arkansas	Mr. and Mrs. Vernon Lockhart Forrest City, Arkansas	Ella Mae and Edgar † Poag Osceola, Arkansas	Elizabeth Teague and John S. † Workman Ridgewood, New Jersey
Robert and Pam Edwards Searcy, Arkansas	Mr. and Mrs. Carl Long Moro, Arkansas	Patty and Jim Polk* Benton, Arkansas	Ron and Margaret Wylie Clarksville, Arkansas
Dr. Randy Ennen Fort Smith, Arkansas	Denise and Tim Luft Little Rock, Arkansas	Ms. Lee Powell Lewistown, Arkansas	WM A & Genevieve H. Strong FDTN Charitable Trust Pine Bluff, Arkansas
Mr. and Mrs. Trent Felton Marianna, Arkansas	Deborah and Michael Malek Hope, Arkansas	Mr. John Prince* Hot Springs, Arkansas	
Jenny and Clayton Finney Houston, Texas	Judge and Mrs. Robert McCallum Hot Springs, Arkansas	ProAct, Inc.* East Syracuse, New York	
First Security Bank Little Rock, Arkansas	Carolyn and Craig McCone Little Rock, Arkansas	Rainwater, Holt & Sexton Little Rock, Arkansas	
Kate and Bo Frazier* Little Rock, Arkansas		Harrison and Beverly Ralph Crossett, Arkansas	

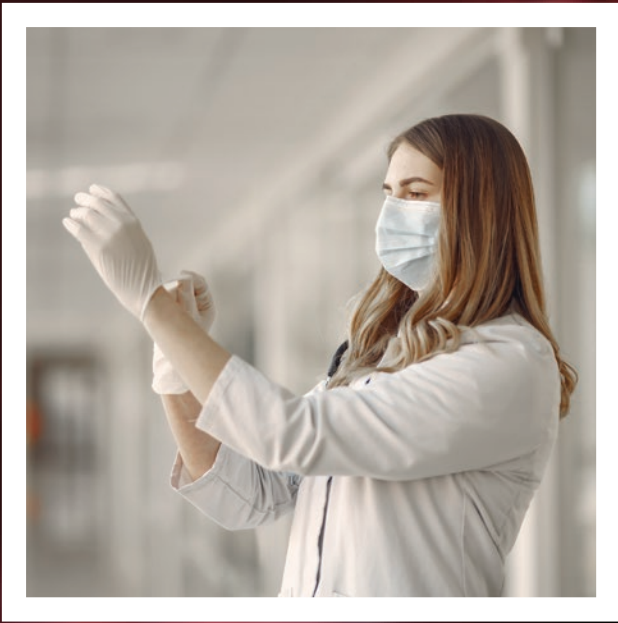
Methodist Family Health Foundation Responds Rapidly to COVID-19

The old saying that March blows in like a lion and out like a lamb is only half correct for 2020. The third month of this year saw Arkansans scrambling for necessities, making arrangements to work and attend school from home, and spending time with loved ones via phone calls and social media only. Methodist Family Health Foundation was no different, and we mobilized to help our team members throughout our statewide continuum of care acquire the equipment and resources they need to continue their jobs in the safest and healthiest way possible.

Face masks and paper goods were quickly in short supply. Arkansas's United Methodists and seamstresses came to our rescue by making homemade masks and dropping them off to be sanitized and distributed to our employees and those in our care. To encourage the children and families in our facilities at the time, supporters sent cards, letters and notes of reassurance to our children, families and staff.

To accommodate for the health, safety and well-being of our sponsors and supporters, the Methodist Family Health Foundation revised our fundraising





events - Bright Night and Southern Silks - and made them virtual instead. Both were successful, and we were able to create fun experiences while socially-distanced from guests, contributors, vendors and the community.

As the pandemic moved into the summer and fall, we knew we would have to provide a variety of personal protective equipment those employed by, being cared for and visiting our statewide facilities. We thank these organizations and individuals who have donated towards the purchase of this equipment for Methodist Family Health. To date, a total of \$178,492.50 has been received for PPE from grants and individual donors.

Grants received:

- Arkansas Community Foundation - \$25,000
- Arkansas Economic Development Commission - \$100,000
- Arkansas Hospital Association for Methodist Behavioral Hospital - \$40,467.50
- Heart of Arkansas United Way - \$5,000

As the pandemic moves into the winter months, we at Methodist Family Health Foundation will continue to monitor and respond to the needs of those in our community.

It's YOU



Who Makes Our Mission Possible

Whether it's during times of national crisis like the COVID-19 pandemic or when our children need school supplies to help them learn, YOU have always answered our call for help. It's because of you that Methodist Family Health Foundation can provide the necessities of life, therapy, education and support the Arkansas children and families in our care need every day.

Since 1899, Methodist Family Health has been a safe place for the abandoned, abused and neglected children in our state. Today, we offer the same safety with a breadth of resources through a complete continuum of care to children and families throughout Arkansas. From outpatient and school-based therapy to psychiatric residential treatment centers to qualified residential treatment programs to an inpatient, acute and subacute behavioral hospital (and much more), Methodist Family Health is available to provide the best possible care to those who may need our help. Anytime. Anywhere in Arkansas. That's our mission.

Will you make our mission possible in 2021? Please reach out to the Methodist Family Health Foundation at 501-906-4209 or Foundation@MethodistFamily.org to learn more.

Make Methodist Family Health YOUR Mission

- **Pray.** Whenever you pray for healing, hope, stability, comfort, joy, peace, mercy or grace, please include the Arkansas children and families in our care. Whether you pray privately or as a small group at church, your prayer makes positive change happen.
- **Encourage.** Write a note to a child in any of our residential facilities. It can be a postcard, quick verse on a note pad, a card or a picture you found and think he or she may like. Something heartfelt and unexpected from someone thinking about him or her makes a huge difference in self-esteem and sense of belonging.
- **Collect.** The boys, girls, young men and women, and mothers in our programs need personal hygiene items, underwear, socks, shoes, school supplies - anything you or your children need to make it through the day, our clients need as well. Take up a collection among your friends, at church or in your community and drop off what you collect at Methodist Family Health Foundation in Little Rock.
- **Connect.** Keep up-to-date on what's going on with our clients, their families, our staff, sponsors and supporters by signing up for *the Sentinel*. You can e-mail Foundation@MethodistFamily.org to be added to our e-mail and mailing distribution list.
- **Contribute.** Whatever you can give - your time, talent, service or funds - makes an impact on your community. To find out how, visit MethodistFamily.org.
- **Follow.** If you have a Facebook, Twitter, Instagram or YouTube account, you can follow us at:
 - [Facebook.com/MethodistFamilyHealth](https://www.facebook.com/MethodistFamilyHealth)
 - [Twitter.com/MethodistFamily](https://twitter.com/MethodistFamily)
 - [Instagram.com/MethodistFamilyHealth](https://www.instagram.com/MethodistFamilyHealth)
 - [YouTube.com/MethodistFamilyHealth](https://www.youtube.com/MethodistFamilyHealth)

Thank You to Our

Heroes FOR Families SPONSORSHIP PROGRAM

FAMILY GUARDIAN

FAMILY ALLY

FAMILY FRIEND



The United Methodist
Foundation of Arkansas



**WEAVER
BAILEY**

2020 Sponsors - Lighting Up the Night!

Hole-in-One



THE
Landrum
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Wally Gee's
Men's Bible Study
Asbury UMC

Go-Karter



**WEAVER
BAILEY**

Lazer Beam



Dr. Scott Hogan &
Dr. Lynn Thomas



Marilyn & Joel
Newcome



Neill Sloan



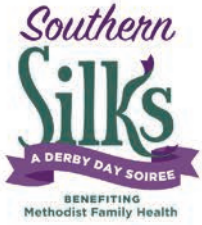
Home Run



The Methodist
Foundation
for Arkansas

2020 Event Sponsors

2020 Sponsors - Racing to the Rescue!



Winner's Circle

GILL RAGON OWEN ATTORNEYS

Owner

WEAVER BAILEY

Trainer



Jockey



HATS OFF TO METHODIST FAMILY HEALTH!

We are proud to support your efforts on behalf of Arkansas children and families. Good luck to everyone at this year's Southern Silks event.

Stephens Capital Management

STEPHENS, INC. MEMBER NYSE, SPC - 800-443-6671

And Save the Date for (A NEW DATE!)
Southern Silks 2021!

Simply everyone is getting excited about

Southern Silks
A DERBY DAY SOIREE

BENEFITING Methodist Family Health

September 18, 2021

Ticket and Sponsor Information:
methodistfamily.org/southern-silks
or 501-906-4209





P.O. Box 56050
Little Rock, AR 72215-6050

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Give Back During the 2021 Lenten Season

Methodist Family Health has a way for Arkansans to honor the Lenten season by contributing to our state's children and families who are abandoned, abused, neglected and managing psychiatric, behavioral, emotional and spiritual issues.

The 12th Annual Get Up & Give collection project asks Arkansans to contribute necessities to the children and families in our care. The project is during the entire 40 days of Lent - **Wed., Feb. 17 - Thurs., Mar. 29, 2021** - and both children and adults can participate by donating personal hygiene items, clothes, shoes, school supplies, bedding, funds and other necessities to the Methodist Counseling Clinic in their community.



Visit MethodistFamily.org/Get-Up-and-Give.html for details