

Issue 12 | April 2021



SENTINEL

News & Updates from Methodist Family Health Foundation

Visit our Website



St. Luke United Methodist Church, Pine Bluff, Arkansas



Mulberry United Methodist Church, Mulberry, Arkansas





Hope First United Methodist Church, Hope, Arkansas



Maumelle First United Methodist Church, Maumelle, Arkansas



North Little Rock First United Methodist Church, North Little Rock, Arkansas



Dyer United Methodist Church, Dyer, Arkansas

Generous Givers Make Get Up & Give a Glorious Success

This year has been one of the most successful of our Get Up & Give Lenten collection projects - ever! Because of the generosity, kindness and energy of donors and volunteers like those you see here, we have exceeded our goal of raising \$10,000 as well as necessities for the Arkansas children and families in our care.

To date, you have helped us raise \$15,076 - all of which will go to providing items like bottled bath soap, shampoo, deodorant, school supplies, school uniforms, underwear, feminine hygiene products and so much more. THANK YOU for helping our kids get a fresh start.

If you, your small group, church or organization have collected items or funds for this year's project, please deliver them to the Methodist Counseling Clinic closest to you. Locations include:

- Alma: 1209 Hwy 71N, Suite B, Alma, AR 72921; Call 479-632-1022
- Batesville: 500 E. Main St., Suite 310, Batesville, AR 72501; Call 870-569-4890
- Fayetteville: 74 W. Sunbridge Dr., Fayetteville, AR 72703; Call 479-582-5565
- Heber Springs: 515 N. Main Street, Heber Springs, AR 72543; Call 501-365-3022
- Hot Springs: 100 Ridgeway, Suite 5, Hot Springs, AR 71901; Call 501-318-6066
- Jonesboro: 2239 S. Caraway, Suite M, Jonesboro, AR 72401; Call 870-910-3757

- Little Rock: 1600 Aldersgate Road, Suite 100B, Little Rock, AR 72205; Call 501-537-3991
- Magnolia: 621 E. North St., Magnolia, AR 71753; Call 870-234-0739

To ensure someone is available to meet you when you drop off your donations, please call the number to the clinic closest to you to make arrangements and learn how we are keeping everyone safe during COVID-19. In keeping with Arkansas Dept. of Health and Centers for Disease Control health and safety guidelines surrounding COVID-19, we have a contactless approach to accepting donations so everyone's safety is ensured.

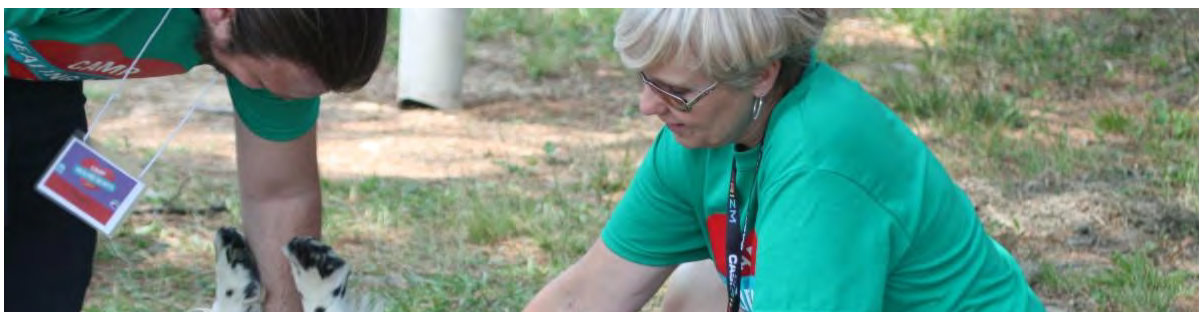
Charitable Donation Receipt	
_____	Date _____

Received of _____	
Goods	
Services	
Cash	
	TOTAL _____
<small>Donations are tax deductible to the extent allowed by law. www.PrintableCashReceipts.com</small>	

How to Obtain a Receipt for Tax Purposes

This year, our Amazon and Walmart.com shopping and delivery options were a hit! If you ordered a donation online and would like a tax receipt for your donation, please contact Christy McCreight, Foundation assistant, at CMcCreight@MethodistFamily.org or 501-906-4201.

You also can e-mail to Christy a scan of your order form and invoice, and she will send a receipt for your contributions to you.





These sweet four-legged friends and their handlers are just a few of the pet therapists who help the Arkansas children and families in our care.

Pets Provide a Pawsitive Experience to the Therapeutic Process

As part of our mission to provide the best possible care to those who may need our help, we at Methodist Family Health utilize pet therapists to help in the therapeutic process of the Arkansas children and families in our care. Here are a few points about our pet pals:

- All pet therapy volunteer teams are certified through Pet Partners, a national nonprofit organization dedicated to registering handlers of multi-species as volunteer teams.
- Currently, we have three active dog teams visiting Methodist Behavioral Hospital, our Fillmore Psychiatric Residential Treatment Center in Little Rock, and our headquarters in Little Rock. Pet therapists visit our staff in these areas at times to help relieve stress and bring some calm to the regular day.
- We also have up to 10 dog teams volunteering at Kaleidoscope Grief Center's Camp Healing Hearts each year. We are looking to expand the program to northeast Arkansas after the pandemic.
- The pet therapists and their handlers mostly meet with small groups of our clients at a time, but they also do some one-on-one sessions with clients who may be more timid and/or need to be shown the proper way to interact with animals.
- Each dog visiting knows many tricks, making the time for our clients entertaining as well as relaxing and soothing.
- All of the pet therapy handlers have received vaccinations for COVID-19 and are screened each time they enter our facilities.

As a result of pet therapy, we have seen the following benefits in our clients and staff:

- Reduced stress
- Enhanced self-esteem
- Brightens spirits
- Provides motivation
- Increases empathy
- Improved levels of interest, focus, and motivation
- Helps children understand boundaries and respect personal space
- Reduced symptoms of depression and anxiety
- Relieves phobias toward some animals

"Pet therapy helps me calm down," said one of our clients, an 11-year-old boy at Methodist Behavioral Hospital. "Petting and snuggling with the dogs soothes me. I love it a lot."



LATEST NEWS & EVENTS

You Can Make Bibles, Camp Possible for Abandoned, Abused, Neglected Children



Thank you for donating money to be able to provide us with bibles and devotionals. This is important to me because being here is very stressful because we are away from our



familys. we really need God in our life right now to help us through this hard time. I really appreciate you donating your money.

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This past year is one we will never forget. Constant change and uncertainty is difficult and sometimes overwhelming for us as adults, so think how hard it is for our children and teens. Whether they are struggling with abuse, abandonment, neglect or psychiatric, behavioral, emotional or spiritual issues, the Arkansas children in our care need your reassurance now more than ever.

Amy Shores, our director of pastoral care, encourages the children in our psychiatric residential treatment centers by providing them with their own bible, bible storybook or teen devotional bible. These spiritual items are used as the children attend church, spirituality services and bible studies, conducted consistently throughout the year. This year, Amy shared this story:

"During a devotional study with the children, we were talking about God's forgiveness. After study time, a little girl approached me, concerned that God would not forgive her for her part in a situation, which no child should ever have to endure. I told the little girl that God loves her, has unconditional and neverending love for her, and that God is always forgiving us and allowing us grace."

Giving the gift of God's word to a child during this particular time is essential in letting them know they are - and have always and will always be - loved and cherished. **Would you help us provide our children with this continuous message of hope?**

As winter will inevitably fold into spring, and then spring into summer, we look forward to offering the children in our therapeutic group homes a camp experience as we have in past years. Each year, we host the Rev. Robert Regnier Memorial Summer Camp at Camp Tanako on Lake Catherine in Hot Springs. The cost to send one child to camp for a week is just \$350. This is where our kids can go to be just that - kids. By focusing on fun, our kids get to have an experience like any other child who can go to summer camp.

Summer Camp is the most anticipated activity of the year for the kids in our therapeutic group homes. **Would you contribute \$175 or more to the Methodist Family Health Foundation to help send the children in our care to camp?**

Donate a Bible or Camping Trip Here

- **Online** at MethodistFamily.org. Choose BIBLE FUND or CAMP FUND in the drop-down box
- **Text** BIBLE to 501-254-6048 to contribute to the bible fund
- **Text** CAMP to 501-254-6048 to contribute to the Rev. Robert Regnier Memorial Summer Camp
- **Call** Christy at 501-906-4201 to make a secure donation using your credit or debit card

- **Mail** your cash or check donation to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, AR 72215-6050.
- **PayPal** app. To donate via PayPal.com, click [here](#).
- **Venmo** app. To donate via Venmo.com, click [here](#).

Shoe Carnival Contributes to New Moms, Methodist Family Health Staff

Thanks to Keith Kelley at Shoe Carnival in Little Rock for putting together an appreciation event for Methodist Family Health team members. From March 12-14, any Methodist Family Health employee or their families and friends could shop at the Shoe Carnival locations in Little Rock, North Little Rock, Conway, or Bryant and save 30 percent on their purchases. Mr. Kelley is a supporter of the Arkansas CARES program and put this event together to show his appreciation for the work Arkansas CARES does in our community.

Mr. Kelley and Sardis First United Methodist Church contributed necessities to new moms in our Arkansas CARES program, including a stroller, baby bed and new socks.



**SHOE
CARNIVAL**



Methodist Family Health Seeks Team Members

If you have a passion for working with Arkansas children and families, Methodist Family Health has opportunities for you to make a positive difference today. We are hiring for the following positions:

- Behavioral Instructors
- Outpatient, School-Based, Day Treatment and Residential Therapists

- Nurses - RNs, LPNs, Nurse Supervisors
- Maintenance
- Housekeeper
- Cook
- Clinical Director
- Residential and Day Treatment Program Director
- Teaching Parents
- Child Development Associates
- Qualified Behavioral Health Provider
- Director of Infection Control and Employee Health

To apply or for more information, visit [MethodistFamily.org](https://www.methodistfamily.org) and click on **Careers**.

Update on Awning for Methodist Family Health Headquarters



Work is almost complete on the 24-foot wide awning over the entrance to the Methodist Family Health administrative offices on Aldersgate Road in Little Rock. The awning is donated by Marjem Gill in honor of her husband, John Gill. Here, John Gill looks over progress on the awning installation in his honor.



MFH Foundation Closes the Gap on the Mike Millar Spiritual Life Center Capital Campaign

For the past two years, friends and supporters of Methodist Family Health have had an opportunity to support our capital campaign to help us construct a new multipurpose Spiritual Life Center on our Fillmore Campus. Recently a donor pledged \$300,000 in matching funds to help us reach our goal of \$4,256,175.

Total funds raised as of today are \$3,958,694.09. The amount remaining to reach our goal is \$297,480.91.



BENEFITING
Methodist Family Health

**Saddle Up and Save the Date for the
Southern Silks Stakes**

**Ride to the Rescue of Children and Families in Arkansas
8th Annual Southern Silks Stakes Benefits
Methodist Family Health throughout Arkansas**

Methodist Family Health will saddle up its stable of stick ponies in 2021 to help raise funds to rebuild the lives of Arkansas children and families. Southern Silks Stakes, the organization's signature fundraiser, is set for 6 p.m. at Embassy Suites by Hilton Little Rock, 11301 Financial Centre Parkway on Sat., Sept. 18, 2021.

This faux horse race soiree includes thoroughbred stick horses jockeyed by sponsors and their guests, celebrity color commentators, prizes for winners of each race, a Southern-styled dinner and libations, live and silent auctions, a hat contest, and much, much more.

For sponsorship opportunities, tickets or more information, contact Jamie Griffith, Foundation project manager, at JGriffith@MethodistFamily.org or 501-906-4209.



Support Methodist Family Health Foundation

Your donation helps the Arkansas children and their families in our care. Will you give today to those in our care who are abandoned, abused, neglected and suffering psychiatric, behavioral, emotional and spiritual issues? Here are easy ways to give:

- **Text GIVE** to 501-881-2258 to initiate a donation you can easily manage on the go.
- Donate **online** now using our secure online donation form.
- **Call** 501-906-4201 to make a secure contribution with your debit or credit card.
- **Mail** your cash or check donation to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, AR 72215-6050.
- **PayPal** app. To donate via PayPal.com, click [here](#).
- **Venmo** app. To donate via Venmo.com, click [here](#).

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Carolyn McCone, CFRE, Executive Director
Amanda Smith, Director of Development
Kelli Reep, APR, Director of Communications
Jamie Griffith, Foundation Project Manager
Christy McCreight, Foundation Assistant

1600 Aldersgate Road
Little Rock, AR 72205
501.906.4201

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Kelli Reep, editor
501-906-4210 and kreep@methodistfamily.org

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MethodistFamily.org

Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health is
to give the best possible care
to those who may need our help.**

Methodist Family Health | 1600 Aldersgate Road, Little Rock, AR 72205

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