



SENTINEL

SHARE THE *Light*
.....

**Illuminating Our
Heritage of Peace,
Stability and Hope**

*Behold, children are a heritage from the Lord,
the fruit of the womb a reward. - Psalm 127:3*

**Martha's Circle Warms Spirits,
Bodies with Handmade Blankets**

**Light Bearers: Our Inaugural
Heroes for Families**

**Look Inside to Find
How You Can
Share the Light**

This stargazer is a recipient of Methodist Family Health's continuum of care.

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*The mission of
Methodist Family Health
is to give the best possible
care to those who may
need our help.*

Make Memories Merry

Provide Christmas Gifts to Kids in Our Care

Each year during the Christmas season, we at Methodist Family Health work to provide four gifts on Christmas Day for every child in residence in our locations throughout the state. You can be a secret Santa to a child struggling with abandonment, abuse, neglect and psychiatric, behavioral, emotional and spiritual issues.

Contact Amy Shores, our director of pastoral care, at 501-661-0720 or AShores@MethodistFamily.org, for details. She will coordinate with you the most convenient way for you or your group to identify, acquire, deliver and wrap the gifts for the children we serve. Below are the most sought-after items by our kids.

MFFH 2019 Wish List

- Basketballs, footballs and soccer balls
- Body wash and bath sets (no bar soap, please)
- Hooded sweatshirts, pajamas and slip-on sandals, tennis shoes and house shoes (adult sizes)
- Socks in any color and pattern (adult and child sizes)
- Art supplies including adult coloring books, colored pencils, crayons, markers, non-spiral sketchbooks and art kits
- Makeup (all shades)
- Paperback books (for ages 10 to 18)
- Playing cards and board games
- Remote control cars
- Fleece blankets in any color or pattern
- Individually-wrapped candy and snacks
- Gift cards for Walmart, Target and iTunes

Gifts of Peace, Stability, Hope

Dear Friend,

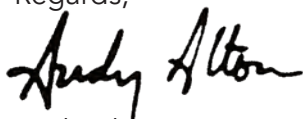
You have made a huge impact this year addressing the trauma in the lives of the Arkansas children and families we serve. Through your contributions of time, funds and prayer, the abandoned, abused and neglected children and adolescents throughout our continuum of care understand - many for the first time - their value as human beings.

It's a legacy you have continued for 120 years. In 1899, the Methodist Episcopal Church South established the Arkansas Methodist Orphanage in Little Rock. In the next 12 decades, Methodist Family Health expanded to a statewide continuum of care for children and their families struggling with psychiatric, behavioral, emotional and spiritual issues. We were able to do this because of the gifts from our donors and supporters, and for that, we are profoundly grateful.

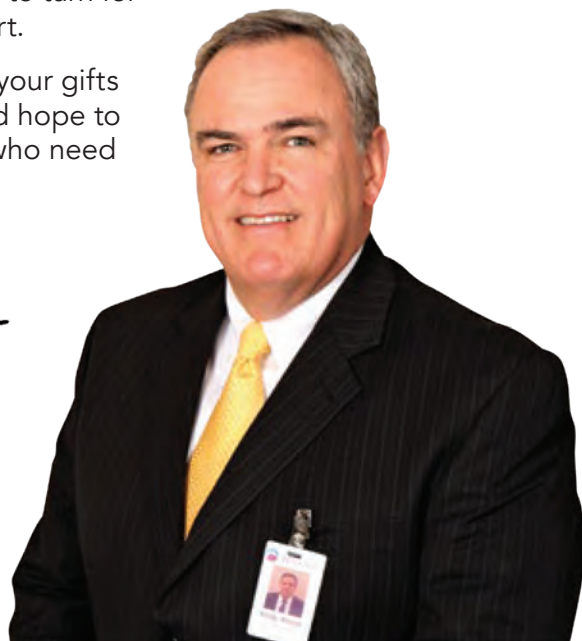
When you donate to Methodist Family Health, your gift isn't only providing for a specific need – therapy, housing, education, clothing. It's also providing peace, stability and hope for those who receive it. The mother who is grappling with both a substance abuse addiction and a mental health issue can have fewer worries when she and her children enter our Arkansas CARES program. Because of you, she doesn't have to manage housing, food, clothing, school or daycare for her children, and she knows they are safe, secure and cared for here. The teen with parents who are incapable of adequately caring for him knows for the first time what it's like to come home to regular, nourishing meals, clothes no one else has worn, and sleep uninterrupted by predators or violence. The family doing everything in their power to help their autistic, dyslexic, anxious or depressed child knows they have somewhere to turn for assistance and support.

Thank you for giving your gifts of peace, stability and hope to Arkansas neighbors who need it most.

Regards,



Andy Altom
President and CEO



Methodist Family Health

SENTINEL

a publication of the Methodist Family Health Foundation

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MethodistFamily.org

Methodist Family Health
is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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Martha's Circle Warms Spirits, Bodies with Handmade Blankets

One Wednesday a month, you can find the ladies of Martha's Circle at Christ of the Hills United Methodist Church in Hot Springs Village clipping, sewing and finishing fleece blankets. Brightly colored with all manner of superheroes, cartoons, unicorns and baby animals, the blankets have become a way for this mission group to bring comfort to the children and families served by Methodist Family Health.

"It wasn't until we took a tour of the facility in Little Rock that we understood just what our blankets mean to those who receive them," said Susan Insell, a member of Martha's Circle. "We saw how much security and reassurance the kids got from them, and it motivated us to make even more."

The United Methodist Women of Christ of the Hills United Methodist Church supports the fleece blanket program with funding, which enables Martha's Circle to pursue this outreach for Methodist Family Health. Each sewing session renders 15 to 19 blankets, which means Martha's Circle makes about 150 blankets each year, and this means hundreds of the tweens and

teens in our Fillmore psychiatric residential treatment center (RTC) get a custom-made blanket of their very own – an opportunity few have ever had.

"Many of the kids in our RTC have never had anything that was just theirs," said Carolyn McCone, CFRE, executive director of the Methodist Family Health Foundation. "Their clothes may be secondhand, they have few – if any – possessions, and to have something they picked out that is theirs



only makes a profound impact on their treatment and healing.”

The blankets Martha’s Circle creates also go to residents in our Methodist Behavioral Hospital in Maumelle, the psychiatric residential treatment center in Bono, our therapeutic group homes throughout the state, and to the children in our Arkansas CARES program in Little Rock campus. The blankets give our kids comfort, peace, a little color in their lives, and, importantly, something of their very own.

“When you see that what you are doing helps someone, it inspires you to do more,” Sandy Williams, a member of Martha’s Circle, said. “Knowing that a child, no matter how big or small, is finding some peace in one of our blankets makes our work and mission that much more worthwhile.”

If you would like to make a blanket like this for someone in your life, or if you would like to take on this project for your own mission or ministry, please see the instructions the members of Martha’s Circle provided in the sidebar



How to Make a Fleece Blanket

- Each fleece blanket requires 1 2/3 yards of fleece for the main body of the blanket.
- Please note the fleece is 58” to 60” wide. 1 2/3 yards equals 60 inches.
- The blanket requires 1/2 yard for the fleece fringe, which is cut into 4-inch strips. You can use a rotary cutter and ruler to cut the 4-inch strips.
- If you purchase one yard of the same color, you will end up with one extra 4” strip. Also, the fringe color should pick up a color from the main body of the blanket.
- Selvages are trimmed off the fleece before serging.
- Although you could construct the fleece blankets using a wide over-lock stitch with a sewing machine, Martha’s Circle uses serger machines because it is faster and makes a sturdy blanket.
- After you have finished constructing the blanket, you can use a product called Fray Check on the threads to secure them.
- Martha’s Circle purchases Blizzard Fleece from JoAnn Fabrics when they offer coupons. JoAnn’s often has sales on Blizzard Fleece for 60-70 percent off. Sometimes you also can get a 20 percent off coupon for the entire purchase. This keeps the cost per blanket to approximately \$10 or \$11. If you sign up for JoAnn’s e-mail, they will send sale information to your e-mail address or smart phone.

SHARE THE *Light*

You are saving the life of this child. Will you help save thousands more just like her?

Illuminate the Lives of Arkansas Children and Families

Last year during Christmas, you helped raise more than \$380,000 to provide stabilization, therapy, housing, education, clothing and other critical resources for Arkansas children and their families in our care. For 120 years, Methodist Family Health has served abandoned, abused and neglected children struggling with psychiatric, behavioral, emotional and spiritual issues because of the gifts

from you, our donors. The impact you make means peace, stability and hope for Arkansans who may not otherwise experience it without your contribution.

This November and December, we ask you to illuminate the lives of those in our care by donating to Methodist Family Health. There are several ways you can give that are easy, quick and convenient, and every dollar you contribute means more care to more people who need the love and care of their neighbors. Would you help Methodist Family Health provide this care?

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. — James 1:17

SHARE THE *Light*

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TODAY!

Choose any of these easy ways to contribute to Methodist Family Health

- TEXT** Text GIVE to 501-881-2258.
- ONLINE** Visit MethodistFamily.org/Donate and complete the short form.
- PHONE** Call 501-906-4209 to make a secure donation using your credit or debit card. The call and your financial information are confidential.
- CHURCH** During worship, place your contribution in the offering plate at church. You can make a check payable to Methodist Family Health Foundation or place cash in the special offering envelopes provided at your place of worship. Learn more about Methodist Family Health during Special Offering Sundays.
- MAIL** Make a check payable to Methodist Family Health Foundation, place in the enclosed envelope in this issue, and drop it in the mail. Or, you can contribute to Methodist Family Health any time of the year by mailing:
- Methodist Family Health Foundation
P.O. Box 56050
Little Rock, Arkansas 72215
- VISIT** Drop by the Methodist Family Health Foundation office at 1600 Aldersgate Rd., Suite 100 in Little Rock. We would love to see you and show you all the things you make possible.



Special Offering Sundays Coming in December

This year, Arkansas's United Methodist Churches are holding Special Offering Sundays on December 8 and 15.

Look for Share the Light envelopes or flyers where you worship. For more information about Share the Light or Methodist Family Health, please contact us at 501-906-4209, e-mail CMcCone@MethodistFamily.org or visit MethodistFamily.org.



Good Things to Come in 2020

Get Up & Give Expands to More Locations

As we enter a second decade of Get Up & Give, we are expanding the collection locations to include more areas throughout the state. In addition to the Methodist Counseling Clinics in Alma, Batesville, Fayetteville, Heber Springs, Hot Springs, Jonesboro, Little Rock and Magnolia, Methodist Family Health is working with companies, churches and sponsors throughout the state to serve as drop-off locations. This means more choice and convenience for the donors who give of their time and funds to help the Arkansas children and families in our care.

For 2020, the 11th Annual Get Up & Give Lenten collection project is February 26 through April 9. Arkansans can contribute personal hygiene items, clothes, school supplies, bedding and other items, or they can donate funds to purchase these necessities during the 40 days of Lent.



If you, your church, company or organization is interested in collecting for Get Up & Give, Methodist Family Health will provide you boxes at no charge. All you have to do is contact Kelli Reep at KReep@MethodistFamily.org or call 501-906-4210 and let her know how many boxes you would like and the best address to deliver them.

For more information about Get Up & Give, MethodistFamily.org/Get-Up-and-Give



Get on the stick and make plans to join Methodist Family Health for the 7th Annual Southern Silks, our signature fundraiser. Celebrate the 146th running of the Kentucky Derby at our post-race soiree while you enjoy faux horse races where winners are awarded

prizes and onlookers can savor Southern food, libations, live and silent auctions, a Derby-Day hat contest and more!

Want to pony up to sponsor? You'll receive a host of benefits, including tables for 10, jockey privileges and much more. For details about sponsorships or tickets, contact Jamie Griffith, Foundation project manager, at JGriffith@MethodistFamily.org or call 501-906-4209. In the meantime, save these details!

WHEN: 6 p.m., Saturday, May 2, 2019

WHERE: Embassy Suites by Hilton Little Rock, 11301 Financial Centre Parkway

TICKETS: \$100 per person (assigned seating, open table). Call Jamie at 501-906-4209 or e-mail JGriffith@MethodistFamily.org for details.

Become a Benefactor of Our Bible Bounty

Did you know Methodist Family Health provides a bible to every child, teen and mother who enters our continuum of care? These gifts are made possible by the Children's Bible Fund, which is a part of the spirituality component at Methodist Family Health. We provide age-appropriate Bibles as gifts to every client who would like one. This is possible because of the generosity of churches, small groups, mission committees and individuals across the state.



If you or your group would like to make it possible for more of the Arkansas children and families in our care to have a Bible of their own, contact Carolyn McCone, CFRE, at 501-906-4202, e-mail CMcCone@MethodistFamily.org, or visit MethodistFamily.org/Donate.



Boogie Over to Bright Night

Get down and join Methodist Family Health for a glowing-good time at Big Rock Mini-Golf and Fun Park during our 4th Annual Bright Night fundraiser! Kids and families can play mini golf, bumper boats, arcade games, go-karts, lazer frenzy, batting cages, an amazing aerial maze and much more while proceeds help rebuild the lives of Arkansas children and families. Each ticket includes the holder's choice of three activities at Big Rock Mini Golf and Fun Park and light supper. Additional concessions and activities are available for purchase from the park.

WHEN: 5-8 p.m., Friday, Aug. 7, 2020

WHERE: Big Rock Mini-Golf and Fun Park, 11411 Baseline Rd., Little Rock

TICKETS: \$30 per person.

To sponsor or purchase tickets, contact the Methodist Family Health Foundation at 501-906-4209 or e-mail JGriffith@MethodistFamily.org.



Generosity of Arkansas's United Methodist Churches Grows in 2019

This year, the Methodist Family Health Foundation honored these compassionate, giving churches for their contributions of time and funds to the Arkansas children and families in our care. These awards are based on the level of volunteerism and financial giving contributed in 2018 and awarded in 2019.



The graphic features the Methodist Family Health logo at the top center, which includes a stylized mountain and sun icon. Below the logo, the title "Church Awards" is written in a large, white, cursive font. Two columns of text describe the award categories: "GENEROSITY" and "OUTSTANDING VOLUNTEERS". Each category is followed by a list of churches and their locations, organized by district: Northwest, Southwest, Central, Northeast, and Southeast. The background of the graphic is a gradient of purple, blue, and orange, with a decorative line of white dots separating the two columns.

Methodist FAMILY HEALTH

Church Awards

GENEROSITY

RECOGNIZES CHURCHES THAT HAVE MADE SIGNIFICANT FINANCIAL CONTRIBUTIONS TO METHODIST FAMILY HEALTH

OUTSTANDING VOLUNTEERS

RECOGNIZES CHURCHES THAT HAVE PROVIDED EXCEPTIONAL VOLUNTEER SUPPORT TO METHODIST FAMILY HEALTH

NORTHWEST DISTRICT

FIRST UNITED METHODIST CHURCH, BELLA VISTA
VESTA UNITED METHODIST CHURCH, CHARLESTON
BLAND CHAPEL UNITED METHODIST CHURCH, ROGERS

NORTHWEST DISTRICT

SEQUOYAH UNITED METHODIST CHURCH, FAYETTEVILLE

SOUTHWEST DISTRICT

FIRST UNITED METHODIST CHURCH, ARKADELPHIA
FIRST UNITED METHODIST CHURCH, MALVERN

SOUTHWEST DISTRICT

FIRST UNITED METHODIST CHURCH, HOPE

CENTRAL DISTRICT

ST. JAMES UNITED METHODIST CHURCH, LITTLE ROCK

CENTRAL DISTRICT

FIRST UNITED METHODIST CHURCH, JACKSONVILLE
PRIMROSE UNITED METHODIST CHURCH, LITTLE ROCK
QUAPAW QUARTER UNITED METHODIST CHURCH, LITTLE ROCK

NORTHEAST DISTRICT

FIRST UNITED METHODIST CHURCH, WEST MEMPHIS

NORTHEAST DISTRICT

FRIENDSHIP UNITED METHODIST CHURCH, RAVENDEN

SOUTHEAST DISTRICT

FIRST UNITED METHODIST CHURCH, STAR CITY

SOUTHEAST DISTRICT

FIRST UNITED METHODIST CHURCH, MONTICELLO



A Spiritual Mission for Adults and Children

A gift of a Bible or spiritual study guide is waiting for every child, teen and mother who enters the Methodist Family Health continuum of care. Would you help us make it possible to provide these age-appropriate Bibles and guides to more clients in 2020? Paperback books our clients need are:

My First Hands-On Bible
Hands-On Bible
Comic Book Bible

3-Minute Devotional for Teen Girls, Guys, Boys and Girls
Teen Life Application Study Bible (NLT)
Celebrate Recovery Bible
Jesus Calling Devotional
The Jesus Storybook Bible

Shop Online and Ship Direct

Visit MethodistFamily.org/Ways-to-Give for links to purchase books on Cokesbury.com or Amazon.com. You can then ship them directly to Amy Shores, Director of Pastoral Care, Methodist Family Health, 1600 Aldersgate Rd., Suite 100, Little Rock, Arkansas 72205

Donate Funds

- Text GIVE to 501-881-2258.
- Visit MethodistFamily.org/Donate to contribute online.
- Send a check to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, Arkansas 72215.
- Call 501-906-4209 to make a secure donation over the phone using a debit or credit card.

2019 Year in Review



Fillmore RTC Celebrates Martin Luther King, Jr. Day

On Martin Luther King, Jr. Day, Quapaw Quarter United Methodist Church created art from canvas tennis shoes with the residents in our Little Rock psychiatric residential treatment center. Pastor Keith Coker and lay leaders Harold Hughes and Bobbi Pitts joined Amy Bennett Shores, our director of pastoral care, and Denise Mills Luft, our church relations coordinator, in discussing Dr. King's message of justice and equality. With colored markers, our kids got to express their thoughts on Dr. King's legacy and will remember their worth with each step in their custom shoes.



Bufford Honored as School-Based Mental Health Profession of the Year

Tiffanie Rainey Bufford, a licensed psychological examiner with Methodist Family Health, was honored as the School-Based Mental Health Professional of the Year at the Arkansas Mental Health in Education Association's annual meeting. Arkansas Rep. Charlene Fite presented the award to Tiffany at Crowne Plaza Little Rock on March 13.

January, February and March

Raised Garden Beds Bring Beauty to Behavioral Hospital

The recreational therapy program at Methodist Behavioral Hospital in Maumelle recently established a new gardening program aimed at educating the kids in our care about basic agriculture and food production. The hospital's maintenance department constructed a series of raised beds and an arbor area to serve as our outdoor classroom. Our kids will utilize this area as a unique learning space.

Gardening has been found as a positive way to release stress and anxiety while improving physical health and wellness. Our kids planted broccoli, cabbage, cucumbers, squash, tomatoes, peppers, strawberries and a variety of herbs.



2019 Year in Review

MFH Welcomes New Team Members

Methodist Family Health added new professionals to our staff. Wesley Morgan is our mobile assessor, Matthew Richardson is director of the Dacus psychiatric residential treatment center, and Whitley Lenderman is a therapist at the Methodist Counseling Clinic in Jonesboro.



In her role as mobile residential assessor, Morgan is implementing strategic goals set by MFH administration, building relationships with referral sources and maximizing the highest level of customer service. She evaluates referrals to MFH's residential programs and ensures timely and thorough admissions to Methodist Behavioral Hospital's sub-acute unit as well as the Fillmore and Dacus psychiatric residential treatment centers.



Matthew Richardson is the director of the Dacus psychiatric residential treatment center in Bono, Arkansas. He is a licensed professional counselor with experience in individual, family and group counseling in an outpatient setting. He also is experienced in establishing working relationships with school personnel and helping other clinicians and church and school groups earn continuing education.



Whitley Lenderman, LAC, is an experienced counselor in clinic and school-based settings with adults, children and adolescents. She specializes in treating depression, anxiety, ADHD, trauma and substance abuse and holds a master's degree in rehabilitation counseling in mental health from the University of Kentucky and a Bachelor's of Science degree in criminology from Arkansas State University. As a therapist, Whitley's goal is to help each individual she works with reach their full potential by providing a safe and comforting environment for therapy services.

April, May and June



2019 Pinwheels at Courthouse Brings Awareness to Child Abuse

First Lady of Arkansas Susan Hutchinson joined Jonesboro's Mayor Harold Perrin and Craighead County Judge Marvin Day at Northeast Arkansas Children's Advocacy Center's 2019 Pinwheels at the Courthouse event in April. The NEACAC's Executive Director Amanda Blue Frankenberger welcomed these dignitaries to enjoy singing by the University Heights Intermediate Choir before everyone planted pinwheels in recognition of April as child abuse prevention month. Methodist Family Health team members Bridgette Cossey Craig, Teri Steele Nelson and Denise Trice Khalaf helped place the pinwheels with those in attendance.

2019 Get Up & Give Earners New Givers

Donors throughout the state honored the 40 days of Lent by contributing to our state's children and families who are abandoned, abused, neglected and managing psychiatric, emotional, behavioral and spiritual issues.

The 10th Annual Get Up & Give collection project saw both children and adults donating personal hygiene items, clothes, shoes, school supplies, bedding, funds and other necessities to the Methodist Counseling Clinic in their community.



Arkansas CARES Counts on New Kitchen from Kind Contributors

The families in our Arkansas CARES cottages are able to store, prepare and serve nutritious meals in a newly-revamped kitchen, thanks to those attending the 2018 Southern Silks signature fundraiser as well as an anonymous donor. The new kitchen cabinets, counters, refrigerator, tables and chairs were featured as a special appeal during the annual fundraiser, and installation of the new kitchen items were completed in the spring of 2019.

2019 Year in Review

We Remember Bishop and Elaine Hicks



We are saddened by the loss of Bishop Kenneth W. Hicks and his wife, Elaine. Bishop Hicks was a retired United Methodist Bishop and resident bishop at Pulaski Heights United Methodist Church since 1992 as well as a very special mentor to the Methodist Family Health staff.

As a member of the MFH administrative leadership team for many years, Bishop Hicks provided us with inspiration and purpose as we met about the clients and care we provide. He also acted as an advisor on church relations to MFH senior management and board members.

The Hicks enjoyed lending their support in time and money toward the care of the children we serve. Married for 72 years, the Hicks will always be remembered for their devotion to Methodist Family Health's mission of providing the best possible care to those who may need our help. Our prayers go out to the Hicks's daughters, Linda Hicks and Debra Gottschalk, and their grandchildren Kiley and Spencer Gottschalk.

July, August and September



Nettleton School-Based Counseling Clinic Sends Up Summer

What's better than a summer full of game shows? The last day of school. Our school-based counseling clinic in Nettleton, Arkansas sent our students off to their next adventure this summer by playing Coping Skills Jeopardy and Family Feud with Mr. Takeadeepbreath and Ms. Walksaway.



120th Celebration Week Socks It to Staff

Methodist Family Health has been making strides toward rebuilding the lives of Arkansas children and families for 120 years. During the week of July 15, we honored our anniversary by celebrating in a unique way each day from Monday through Friday. We sported our Methodist Family Health pride by wearing MFH gear – including commemorative socks – consumed cookies and cupcakes, and had a special prayer developed by our Director of Pastoral Care Amy Shores. It was a great way to set the stage for our next 120 years.

2019 Year in Review

Methodist Family Health Employees Walk to Bring Light to Lives

Methodist Family Health participated in three Out of the Darkness Walks in 2019: Jonesboro, Hot Springs and Little Rock. Each year, suicide claims more lives than war, murder and natural disasters combined. Yet suicide prevention doesn't receive anywhere near the funding as other leading causes of death. That's why the American Foundation for Suicide Prevention hosts more than 400

community walks throughout the United States each year – to raise awareness and funds that will save lives and bring hope to those affected by suicide. Together, we can change the conversation about mental health and put a stop to this tragic loss of life.



Beller Joins Batesville Counseling Clinic as Program Coordinator

Methodist Family Health welcomes Karen Beller, MS, LPE-I, who recently joined the Methodist Counseling Clinic in Batesville as program coordinator. Beller provides direct supervision, consultation and training to employees of Methodist Family Health working in the Batesville outpatient program. In addition to these duties, Beller will provide psychological testing services. She is available to speak about Methodist Family Health programs and provide professional presentations and other in-services to community groups and schools.

A graduate of Batesville High School and Hendrix College, Beller earned a master's degree in counseling psychology at the University of Central Arkansas in Conway. She is a licensed psychological examiner with more than 20 years' experience working with children and families. Most recently, Beller worked with the Batesville School District Special Services conducting psychoeducational assessments. She and her husband, Chris Sims, have an 8-year-old son, Ren.

October, November and December

Day Treatment Kids Don Duds for Dragon Spirit Week

Our Little Rock Day Treatment hosted Dragon Spirit Week in which they celebrated each day of the school week in a different way. Monday was Hat Day followed by Crazy Sock Day on Tuesday. On Wednesday, the students and staff donned their best mustaches then wrapped up the week with pajama and sports team day on Thursday and tie-dye day on Friday.

Behavioral instructor, Miah Hunt, says, "The children have enjoyed this week so much. The dragon is a symbol of power, strength and good luck for people who are worthy of it, and we could not agree more, as the dragon is the mascot for our day treatment school in Little Rock."



Light Bearers

Heroes for Families
Bring Light to
the Darkness



In 2019, the Methodist Family Health Foundation developed an exclusive sponsorship program for donors who support all major Methodist Family Health Foundation fundraising events. The inaugural Heroes for Families sponsorship program included the United Methodist Foundation of Arkansas, HealthSCOPE Benefits, Kinco Constructors, Weaver Bailey Contractors, Datamax, First Security Bank and Crews & Associates. The investment these sponsors have made in rebuilding the lives of the Arkansas children and families we serve at Methodist Family Health will reap positive dividends in the future of our community.

All proceeds from the Heroes for Families sponsorship program go directly to the assistance of children with psychiatric, behavioral, emotional and spiritual problems and their families throughout Arkansas. In addition to recognition on our website, our Heroes for Families sponsors are recognized at all Methodist Family Health events with VIP treatment.

If you or your organization would like to be a hero for our families in 2020, please contact Carolyn McCone, CFRE, executive director of the Methodist Family Health Foundation at 501-906-4202 or e-mail CMcCone@MethodistFamily.org for more details.



2019 **Heroes** FOR **Families** SPONSORSHIP PROGRAM

FAMILY GUARDIAN

FAMILY ALLY

FAMILY FRIEND



The United Methodist
Foundation of Arkansas



**WEAVER
BAILEY**



Methodist Family Health GIVING SOCIETIES

Please note that * denotes a new member while † denotes a member who is deceased. If you would like more information about how to contribute to Methodist Family Health and become members of these giving societies, please contact Carolyn McCone, CFRE, executive director of the Methodist Family Health Foundation, at 501-906-4202 or Amanda Smith, director of development, at 501-906-4220.



The Coy-Roots-Tabor Heritage Society

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902. Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to Methodist Family Health.

Please let us know if you have included Methodist Family Health in your estate plan and allow us the opportunity to thank you and verify how you would like to be listed in our Coy-Roots-Tabor Heritage Society. Call 501.906.4202 or email cmccone@methodistfamily.org.

Anonymous (2)

Myra and Andy Altom

Jane and William Arthurs

Mr. † and Mrs.† Robert G. Branch

Ashley Riggins Coldiron

O'Neal Davidson Estate

Donald R. Dearing† and Martha M. Dearing† Trust

Ellen† and Don Edmondson

Cecile and Gil† Foresman

Marjem and John Gill

Mrs. Ina Mae Harris

Jonelle Ryan and Billy Gene Jones

Nancy and Earl† McClure

Carolyn and Craig McCone

Mr. Robert McPherson†

Jacquelyn P. Murphy

Jerry L. Patterson* †

Kari and Dan Rohrbaugh

Steven C. Trolinger

Judy Vasser

Warren Family Trust

Imogene Simpson Westfall Trust

Cap Whitley



The George Thornburgh Society

Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and

successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system.

Anonymous (4)	Hall Revocable Trust	Sally and Keith Riggs
Myra M. Abrignani Estate	Natalie and Jared Hankins	Thomas Edward Rimmerman Trust
Lewese† and Jon Ahrens	Carolyn M. Henslee	Rittwood Farms Company, Inc.
Arkansas Arts Council	John A. Henson Trust	Marion and Miriam Rose Trust
Arkansas Community Foundation	Mark Holder and Kathleen Kennally	Mr. and Mrs. Jeff Ryan
Paul Arnold	Walter B. Huff Estate	The Reverend Mitchell and Gladys Masters Sanford Endowment
Rebecca and Ritter Arnold	Geneva I. Hughes Estate	Trish and Kurt Searvogel
Bancorp South Insurance Services, Inc.	Julia Mae Jackson Estate	Velma E. Shaffer Estate
John and Barbara Bragg Charitable Remainder Trust	Ura Mae Johnston Trust	Shuler Drilling Company
Milton D. and Mary C. Campbell Joint Revocable Trust	Kerkhoff Family Trust	St. Francis Ministries of Phillips County
Lillian Mae Calvert Living Revocable Trust	Iva and Bill Krogman	Nancy† and Neill M. Sloan
Rachel and Jake Commer	Terry and Jean Landrum	Elizabeth H. Snyder Trust
Nancy and L. Don Cole*	Clyde Langford Jr. Estate	Melda Stickland Estate
Dr.† and Mrs. George Cone*	L.A. Logan Estate	Genevieve H. and William A.† Strong
Crews & Associates*	Mr. and Mrs. Carl Long	William A. Strong Charitable Remainder Trust
Deborah and Ray Dillon*	Judith and Charles Long	Roy and Christine Sturgis Charitable & Educational Trust
Ellen† and Don Edmondson*	Nell S. Martin Endowment	W. P. Sturgis Foundation
Judy Waddell Fletcher	Jane Hunt Meade	United Methodist Foundation of Arkansas
Cecile and Gil† Foresman*	Methodist Family Health*	Charles and Mary Vinzant Joint Irrevocable Trust
Elizabeth W. Fries Estate	Karen and Mike Millar	Pat and James Wallis*
Charles A. Frueauff Foundation, Inc.	Rev. Curtis E. Monroe Estate	Debbie and Don Weaver
Dr. Rita Galloway	Alline M. Montgomery Estate	Alma Welton Trust
Conway and Margaret George Charitable Trust	Angela and Chris Newell	Windgate Charitable Foundation
Corinne W. George Trust	The William C. and Theodosia Murphy Nolan Foundation	Juanita Annette Wood Estate
Mary Lue and Bill Gibbs	Mrs. M.E. Peace†	Melissa and Keith Wrenn
Gill Ragon Owen Attorneys	Augustus H. Pugh	Hazel Marie Wright Estate
Aline Gill Estate	Mrs. Betty Regnier	
Jan Green	John H. Reese Endowment Fund*	
Maxine S. Gregg Estate	Robert and Paula Reynolds	
	Riggs Benevolent Fund	
	Lila and Jack Riggs	



The James M. Workman Society

While a pastor of Asbury Church in Little Rock, Reverend James M. Workman served as the first agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health continuum of care during the last fiscal year, which is from July 1, 2018 to June 30, 2019.

Annual Workman Donation \$5,000 or More

Anonymous (2)
ABC Financial Services, LLC
Sherwood, Arkansas
Lewese† and Jon Ahrens
Mount Ida, Arkansas
Mr. and Mrs. R. William Alexander
Searcy, Arkansas
Arkansas Community Foundation
Little Rock, Arkansas
Arkansas Arts Council
Little Rock, Arkansas
Rebecca and Ritter Arnold
Marked Tree, Arkansas
Charles A. Frueauff Foundation, Inc.
Little Rock, Arkansas
Rev. J. Wayne and Rynnett Clark
Conway, Arkansas
Crews & Associates
Little Rock, Arkansas
Datamax, Inc.
Little Rock, Arkansas
Delta Dental of Arkansas Foundation*
North Little Rock, Arkansas

Dillard's
Little Rock, Arkansas
Deborah and Ray Dillon
Little Rock, Arkansas
First Security Bank
Little Rock, Arkansas
Dr. Debra Fiser*
Little Rock, Arkansas
Judy Waddell Fletcher
Little Rock, Arkansas
Gill, Ragon Owen Attorneys
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Mr. and Mrs. Rush Harding III*
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HealthSCOPE Benefits, Inc.
Little Rock, Arkansas
Hudson, Cisne and Company, LLP
Little Rock, Arkansas
Al and Palmer Johnston*
Savannah, Georgia
Kinco's Constructors
Little Rock, Arkansas

Karon and Bill Mann
Little Rock, Arkansas
Cynthia and Walt Mashburn
Carmel, Indiana
Jane Hunt Meade
Fayetteville, Arkansas
Mike and Karen Millar
Searcy, Arkansas
Psychiatric Services, PLLC
Little Rock, Arkansas
Robert and Paula Reynolds
El Dorado, Arkansas
Nancy † and Neill Sloan
Lake Village, Arkansas
Cathy and Bill Spivey
Little Rock, Arkansas
Union County Community Foundation
El Dorado, Arkansas
Mary and Cleifton D. Vaughan
Little Rock, Arkansas
Don and Debbie Weaver
Conway, Arkansas

Annual Workman Donation \$2,500-\$4,999

Mrs. Beth Abbott*
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Myra and Andy Altom
Heber Springs, Arkansas
Arkansas Total Care
Little Rock, Arkansas
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Little Rock, Arkansas
Laura and Douglas Borg
Little Rock, Arkansas
Mr. and Mrs. Max R. Davis*
Little Rock, Arkansas
Entergy
Little Rock, Arkansas
Cecile and Gil † Foresman
Starkville, Mississippi

Mr. and Mrs. Ross Honea*
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Becky and Jerry Kossover
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Terry and Jean Landrum
Scott, Arkansas
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Maumelle, Arkansas
Marilyn and Joel Newcome
Portland, Arkansas
Pettus Office Products
Little Rock, Arkansas
Joyce and Chris Poole
Benton, Arkansas

Rebsamen Fund*
Little Rock, Arkansas
Lila and Jack Riggs
Little Rock, Arkansas
Sally and Keith Riggs
Little Rock, Arkansas
Riggs Benevolent Fund
Little Rock, Arkansas
RxEDO, Inc.*
Plano, Texas
U.S. Bank
North Little Rock, Arkansas
Kirk and Paula Wardlow
Springdale, Arkansas

Annual Workman Donation \$1,000–\$2,499

Anonymous (8)	Rich and Dena Dunlap* Little Rock, Arkansas	Pam Langston and Family Little Rock, Arkansas	The Reep Family Mabelvale, Arkansas
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WE NEED A HERO

When we needed a hero, you answered. The financial gifts you gave last year helped us care for 5,999 Arkansas children and families – 300 more than the year before. Your contribution also provided 140,128 services throughout the state to Arkansans who are abandoned, abused, neglected and struggling with psychiatric, behavioral, emotional and spiritual issues.

Thank you for helping us provide a safe place for more Arkansas children and families today and tomorrow.

We cannot thank you enough for making this possible:

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- Therapy Dogs
- Kindles for Group Home Residents
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- Summer Camps
- Recreational Items
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- Scholarships
- Dental Care for Arkansas CARES Moms
- Facility Improvements



*Every Child Has
a Story ...*



You can ensure it ends happily.

Please make a year-end gift to Methodist Family Health.

- Donate online at MethodistFamily.org/Donate
- Text GIVE to 501-881-2258
- Mail a check payable to:
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 - P.O. Box 56050
 - Little Rock, Arkansas 72205
- Call 501-906-4209 to make a secure donation with debit or credit card
- Visit us at 1600 Aldersgate Road, Suite 100, Little Rock, Arkansas 72205





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Saturday, May 2, 2020

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