

SUMMER 2019 · ISSUE 2

LIGHT BEARERS



Janet Breen, left, with Ms. Roweena Hampton at the 2019 Southern Silks fundraising event

Roweena Hampton Continues to Dream

Roweena Hampton's family has been affected by the loss of several members. Despite losing her own mother, a child and a daughter-in-law, Roweena is still living life and caring for three grandchildren.

"I was the one to tell my grandchildren their mother had passed," she said. "I promised my daughter-in-law on her death bed that I will do all I can to help take care of her children. I thank God that I'm still here that I can do that."

For her grandsons Willie and James and granddaughter Kida, she is the backbone of their family. Since the loss of their mom, Willie, James and Kida have been attending Camp Healing Hearts, Arkansas's only FREE grief camp for children and their families who have lost a loved one. This year, Camp Healing Hearts will expand to a weekend camp for up to 100 families.

"Camp Healing Hearts has been an outlet for us," Roweena said. "It's a chance for us to get away from the everyday drudgery and thinking about your problems all the time. It takes your mind off the problems of the world – for just a couple of days. It helps you to realize that – hey, just because

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Supporters Saddle Up for 6th Annual Southern Silks

It was a year of new beginnings for the 6th Annual Southern Silks, Methodist Family Health's signature fundraiser. This year, the event moved to Embassy Suites by Hilton Little Rock on Financial Centre Parkway, and it raised more money than ever before - \$157,000 to date. These funds will help rebuild the lives of Arkansas children and families who are abandoned, abused and neglected as well as struggling with psychiatric, behavioral, emotional and spiritual issues.

Led by co-chairs Casey and Corey Kines, the evening celebrated the running of the Kentucky Derby with a post-race, Derby Day-soiree that included faux horse races where guests are the jockeys. Prizes were awarded for each race, and guests enjoyed a Southern buffet dinner and libations, live and silent auctions, a hat contest and much more. In addition to the funds raised by sponsorships, ticket sales, and live and silent auctions, the special appeal garnered more than \$32,000 for Camp Healing Hearts.

"This year, Camp Healing Hearts expanded from an overnight camp to an entire weekend, and the work it does to help the state's grieving children and their families is immeasurable," said Casey Kines. "The funds raised during the special appeal make it possible for the 100 families who attend the event to do so at no cost to them. Because of our generous donors, this is one less burden our families grieving the loss of a loved one have to manage."

PRESIDENT'S CORNER



Methodist Family Health came out of the gate with purpose and energy this year. Our signature

fundraising event, the 6th Annual Southern Silks, was the most successful one to date. The new venue was elegant, colorful and comfortable, the food was delicious, and those attending had a great time. We are achieving more grants than in years' past, and we are working more and more within the communities we serve to provide the children and families in our care with the necessities they need to thrive. It is my privilege to watch this growth, and I hope you are as satisfied as I am with our recent and continued success.

Sincerely,

Andy Altom
President and CEO

LIGHT BEARERS

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your loved one is gone, life still goes on, and you can't just drop out of life."

Financial contributions and volunteers from the community allow Methodist Family Health to provide Camp Healing Hearts at no cost each year to 100 families. If you are interested in participating by making a donation, text HEART to 501-881-2258. If you are interested in volunteering, contact Dao Ward at dward@methodistfamily.org for an application. If you would like to attend this year's Camp Healing Hearts or get more information, visit MethodistFamily.org/camp-healing-hearts

LATEST NEWS & EVENTS



Donors throughout the state honored the 40 days of Lent by contributing to our state's children and families who are abandoned, abused, neglected and managing psychiatric, emotional, behavioral and spiritual issues.

The 10th Annual Get Up & Give collection project saw both children and adults donating personal hygiene items, clothes, shoes, school supplies, bedding, funds and other necessities to the Methodist Counseling Clinic in their community.



Melody Mortenson, Josh Weatherford and First UMC Bentonville



Rector First UMC



Growing in God Group at First UMC Stuttgart



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Batesville Get Up & Give Donations



Hope First UMC



First Lady of Arkansas Susan Hutchinson joined City of Jonesboro, AR - Government Mayor Harold Perrin and Craighead County Judge Marvin Day at Northeast Arkansas Children's Advocacy Center's 2019 Pinwheels at the Courthouse event in April. The NEACAC's Executive Director Amanda Blue Frankenberger welcomed these dignitaries to enjoy singing by the University Heights Intermediate Choir before everyone planted pinwheels in recognition of April as child abuse prevention month. Methodist Family Health team members Bridgette Cossey Craig, Teri Steele Nelson and Denise Trice Khalaf helped place the pinwheels with those in attendance.



The recreational therapy program at Methodist Behavioral Hospital in Maumelle recently established a new gardening program aimed at educating the kids in our care about basic agriculture and food production. The hospital's maintenance department constructed a series of raised beds and an arbor area to serve as our outdoor classroom. Our kids will utilize this area as a unique learning space.

Gardening is a positive way to release stress and anxiety while improving physical health and wellness. Currently, our kids have planted broccoli, cabbage, cucumbers, squash, tomatoes, peppers, strawberries and a variety of herbs.



Are you looking for a speaker to present to your small group, Sunday School class or civic organization about Methodist Family Health? Denise Luft, church relations coordinator with the Methodist Family Health Foundation, is scheduling visits throughout the summer and will be sharing information on ways you can take on Methodist Family Health as a mission or service project. Please contact her at DLuft@MethodistFamily.org to arrange a free presentation in your community.

Tiffany Rainey Bufford, a licensed psychological examiner with Methodist Family Health, was honored as the School-Based Mental Health Professional of the Year at the Arkansas Mental Health in Education Association's annual meeting. Arkansas Rep. Charlene Fite presented the award to Tiffany at Crowne Plaza Little Rock on March 13.



Residents at the Fillmore psychiatric residential treatment center received a special invitation by the ACANSA Arts Festival of the South to attend a student matinee at the Argenta Community Theater in North Little Rock in April. As an educational field trip, our youth and staff attended the matinee of a one-woman show titled HEDY! The Life and Inventions of Hedy Lamarr. This play encourages students to further appreciate and pursue scientific discovery and highlights how technological advancement can positively impact the world. The group greatly enjoyed the visit to the theater, and our kids were able to meet the actress in the play, take a bow on the main stage and were treated to lunch with the cast and crew.



Methodist Family Health
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Methodist Family Health is the management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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