

SENTINEL

LIGHT © BEARERS



Janet Breen, left, with Ms. Roweena Hampton at the 2019 Southern Silks fundraising even

Roweena Hampton Continues to Dream

Roweena Hampton's family has been affected by the loss of several members. Despite losing her own mother, a child and a daughter-in-law, Roweena is still living life and caring for three grandchildren.

"I was the one to tell my grandchildren their mother had passed," she said. "I promised my daughter-in-law on her death bed that I will do all I can to help take care of her children. I thank God that I'm still here that I can do that."

For her grandsons Willie and James and granddaughter Kida, she is the backbone of their family. Since the loss of their mom, Willie, James and Kida have been attending Camp Healing Hearts, Arkansas's only FREE grief camp for children and their families who have lost a loved one. This year, Camp Healing Hearts will expand to a weekend camp for up to 100 families.

"Camp Healing Hearts has been an outlet for us," Roweena said. "It's a chance for us to get away from the everyday drudgery and thinking about your problems all the time. It takes your mind off the problems of the world – for just a couple of days. It helps you to realize that – hey, just because

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Supporters Saddle Up for 6th Annual Southern Silks

It was a year of new beginnings for the 6th Annual Southern Silks, Methodist Family Health's signature fundraiser. This year, the event moved to Embassy Suites by Hilton Little Rock on Financial Centre Parkway, and it raised more money than ever before - \$157,000 to date. These funds will help rebuild the lives of Arkansas children and families who are abandoned, abused and neglected as well as struggling with psychiatric, behavioral, emotional and spiritual issues.

Led by co-chairs Casey and Corey Kines, the evening celebrated the running of the Kentucky Derby with a post-race, Derby Day-soiree that included faux horse races where guests are the jockeys. Prizes were awarded for each race, and guests enjoyed a Southern buffet dinner and libations, live and silent auctions, a hat contest and much more. In addition to the funds raised by sponsorships, ticket sales, and live and silent auctions, the special appeal garnered more than \$32,000 for Camp Healing Hearts.

"This year, Camp Healing Hearts expanded from an overnight camp to an entire weekend, and the work it does to help the state's grieving children and their families is immeasurable," said Casey Kines. "The funds raised during the special appeal make it possible for the 100 families who attend the event to do so at no cost to them. Because of our generous donors, this is one less burden our families grieving the loss of a loved one have to manage."

PRESIDENT'S CORNER



Methodist Family Health came out of the gate with purpose and energy this year. Our signature

fundraising event, the 6th Annual Southern Silks, was the most successful one to date. The new venue was elegant, colorful and comfortable, the food was delicious, and those attending had a great time. We are achieving more grants than in years' past, and we are working more and more within the communities we serve to provide the children and families in our care with the necessities they need to thrive. It is my privilege to watch this growth, and I hope you are as satisfied as I am with our recent and continued success.

Sincerely,

Andy Altom President and CEO



LIGHT BEARERS continued from page 1

your loved one is gone, life still goes on, and you can't just drop out of life."

Financial contributions and volunteers from the community allow Methodist Family Health to provide Camp Healing Hearts at no cost each year to 100 families. If you are interested in participating by making a donation, text HEART to 501-881-2258. If you are interested in volunteering, contact Dao Ward at dward@methodistfamily. org for an application. If you would like to attend this year's Camp Healing Hearts or get more information, visit MethodistFamily.org/camp-healing-hearts

LATEST NEWS & EVENTS



Donors throughout the state honored the 40 days of Lent by contributing to our state's children and families who are abandoned, abused, neglected and managing psychiatric, emotional, behavioral and spiritual issues.

The 10th Annual Get Up & Give collection project saw both children and adults donating personal hygiene items, clothes, shoes, school supplies, bedding, funds and other necessities to the Methodist Counseling Clinic in their community.



First Lady of Arkansas Susan Hutchinson joined City

of Jonesboro, AR - Government Mayor Harold Perrin

and Craighead County Judge Marvin Day at Northeast

Arkansas Children's Advocacy Center's 2019 Pinwheels

at the Courthouse event in April. The NEACAC's

Executive Director Amanda Blue Frankenberger

welcomed these dignitaries to enjoy singing by the

prevention month. Methodist Family Health team

those in attendance.

University Heights Intermediate Choir before everyone

planted pinwheels in recognition of April as child abuse

members Bridgette Cossey Craig, Teri Steele Nelson

and Denise Trice Khalaf helped place the pinwheels with









Rector First UMC





Behavioral Hospital in Maumelle recently established a new gardening program aimed at educating the kids in our care about basic agriculture and food production. The hospital's maintenance department constructed a series of raised beds and an arbor area to serve as our outdoor classroom. Our kids will utilize this area as a unique learning space.

wellness. Currently, our kids have planted broccoli,

cabbage, cucumbers, squash, tomatoes, peppers, strawberries and a variety of herbs.



relations coordinator information on ways you can take on Methodist Family Health as a mission or service project. Please contact her at DLuft@MethodistFamily.org to arrange a free presentation in your community.



Tiffanie Rainey Bufford, a licensed psychological examiner with Methodist Family Health, was honored as the School-Based Mental Health Professional of the Year at the Arkansas Mental Health in Education Association's annual meeting. Arkansas Rep. Charlene Fite presented the award to Tiffany at Crowne Plaza Little Rock on March 13.



Are you looking for a speaker to present to your small group, Sunday School class or civic organization about Methodist Family Health? Denise Luft, church relations coordinator with the Methodist Family Health Foundation, is scheduling visits throughout the **Denise Luft,** church summer and will be sharing

Little Rock, ĂR 72205 501.906.4209

of Development

Coordinator

The Sentinel is published four times a year. For more information, contact: Kelli Reep, Editor 501-906-4210 kreep@methodistfamily.org Photos: Kelly Quinn, Mark Fonville and Methodist Family Health staff

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Methodist Family Health

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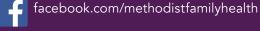
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The mission of Methodist Family Health is to give the best possible care to those who may need our help.



The recreational therapy program at Methodist

Gardening is a positive way to release stress and anxiety while improving physical health and





Residents at the Fillmore psychiatric residential

in North Little Rock in April. As an educational

of a one-woman show titled HEDY! The Life and

Inventions of Hedy Lamarr. This play encourages

discovery and highlights how technological

lunch with the cast and crew.

treatment center received a special invitation by

the ACANSA Arts Festival of the South to attend a

student matinee at the Argenta Community Theater

field trip, our youth and staff attended the matinee

students to further appreciate and pursue scientific

advancement can positively impact the world. The

group greatly enjoyed the visit to the theater, and

our kids were able to meet the actress in the play,

take a bow on the main stage and were treated to



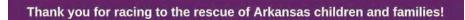




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