

Sentinel

SPRING 2010

THE NEWS MAGAZINE OF  *Methodist*
FAMILY HEALTH FOUNDATION

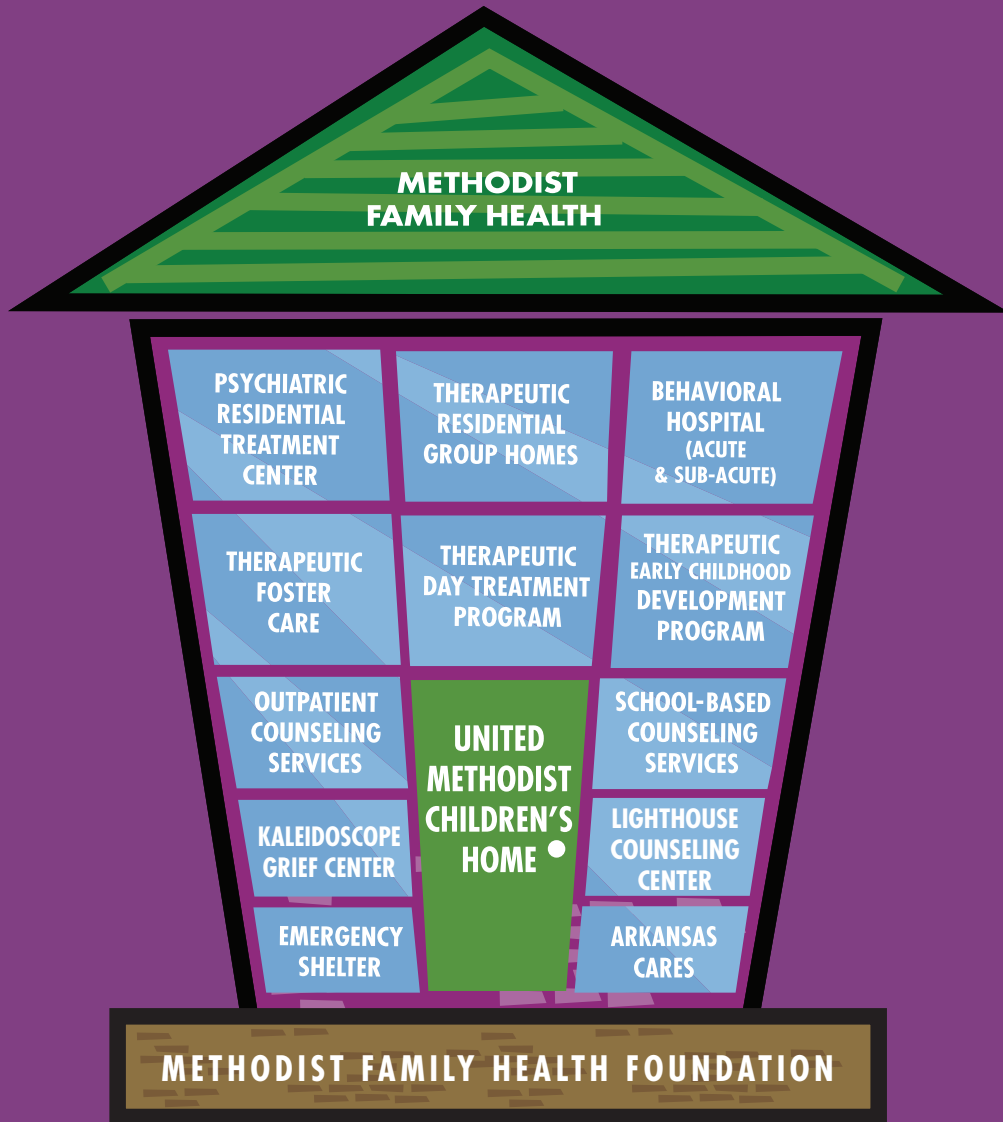


Therapeutic Foster Care Program

In this Issue:

**Donor Spotlight:
Charles A. Frueauff Foundation**

**Get Up & Give:
A Day of Community
Service and Sharing**



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elcome to the *Sentinel!*

On behalf of the children and families served by the clinicians and staff at Methodist Family Health, thank you for your generous support in 2009. Your contributions enhance our ability to meet the children's needs not always provided by Medicaid or private insurance alone. The gifts we receive allow us to offer our children much-needed clothing, recreational supplies and other necessities that make their time with us truly feel like they belong and are cared for and loved.

The most exciting news since our last *Sentinel* is that Methodist Family Health was the third organization nationwide to be approved for an Impact Community Grant funded by the Global Methodist Conference. The \$25,000 grant, which was submitted in partnership with the Arkansas Conference, was used to market a new event called Get Up & Give, which took place on April 11. You can read more about the event on pages 14-15.

On another note, you may have seen the reports earlier this year that new federal regulations will require employer-provided health plans to offer the same level of coverage for mental illness and drug abuse treatment as for other ailments. The measures, known as mental health parity, ban group health insurance plans from applying different coverage standards for mental health disorders or substance abuse treatment than those for general medical treatment or surgery.

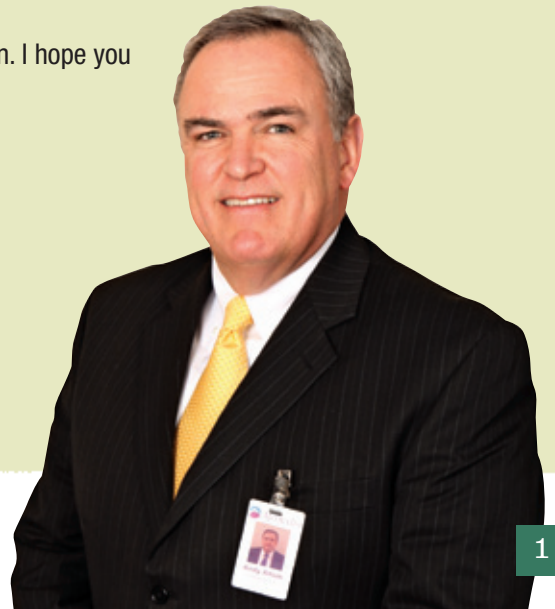
Under this parity system, group plans that offer mental health and substance abuse treatment cannot charge higher deductibles or place different limits on frequency of treatment than they would for medical and surgical care. This rule stands to be a huge benefit to the families of Arkansas as well as the nation. It's always a good day when children in need don't have to go without treatment because of discriminatory insurance plans. The final rule could go into effect July 1, after federal agencies review comments from the public, industry and other interested parties.

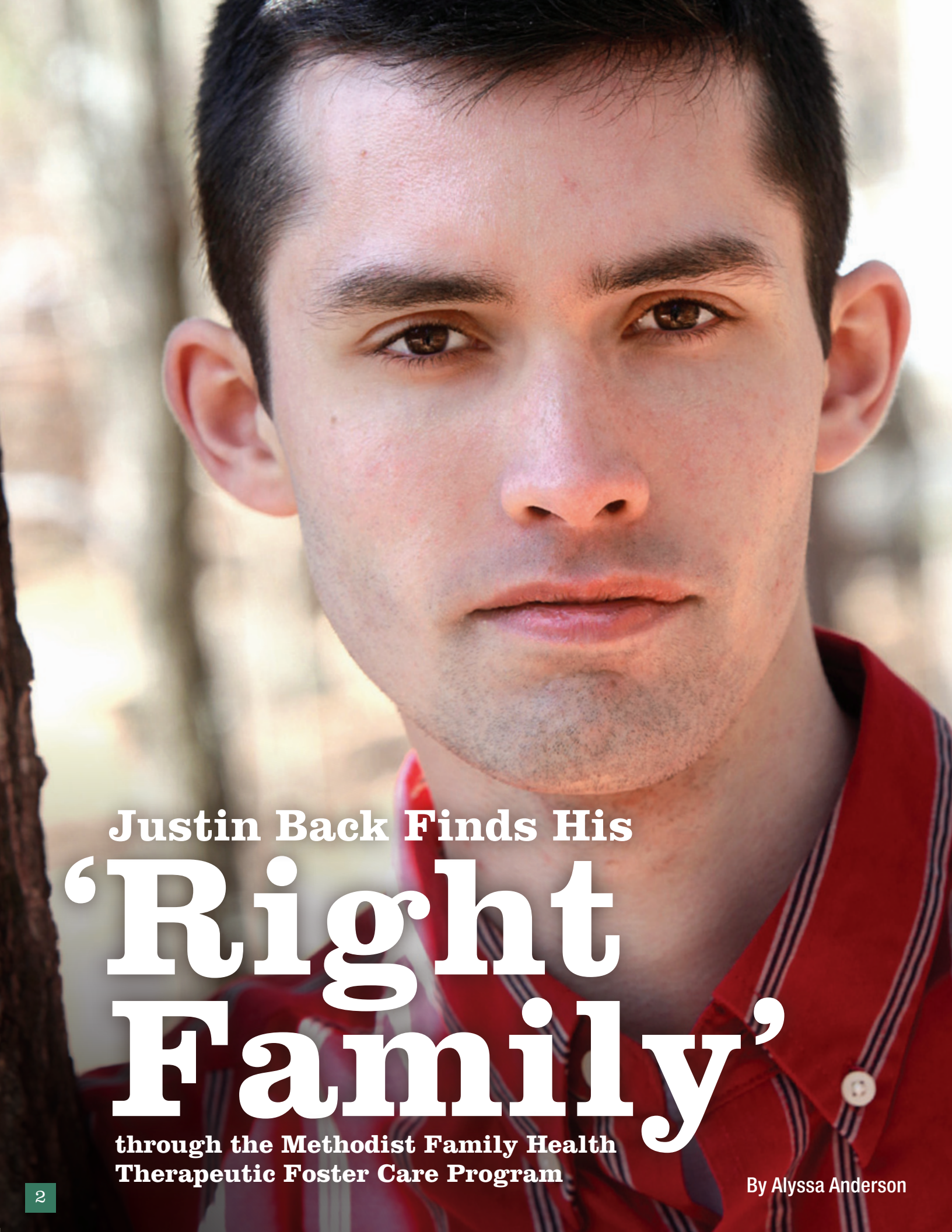
Before I end this letter, I want to take a moment to remember two very special people whom we lost late last year: Ernie Butler and Nancy Sloan. Ernie was a long-time member of both the Methodist Family Health and Methodist Family Health Foundation boards. Nancy was married to longtime board member Neill Sloan, and she was like family to us. We will greatly miss both of these special people, and I hope you will take time to read about their lives on page 13.

Thank you, again, for all you do to help us accomplish our mission. I hope you enjoy reading this latest issue of our *Sentinel* magazine.

Sincerely,

Andy Altom
President and CEO





Justin Back Finds His
**‘Right
Family’**

through the Methodist Family Health
Therapeutic Foster Care Program

By Alyssa Anderson

When Justin Back joined the Reynolds family in De Queen, Ark., as a therapeutic foster child five years ago, he was 13 years old and could not control his urge to steal computers and other electronics. Today, still in the Reynolds' care, he is an 18-year-old high school senior who plans to go to college and major in a computer-related field. And he says he owes it all to his foster parents, Penny and Joseph Reynolds – especially Penny, the woman he now calls Mama.

“Mama is the main reason I am where I am now,” Justin says of his transformation from a troubled child to a young man with a bright future. “She gave me a whole lot of advice and helped me through things.”

But the process wasn't easy, and it wasn't quick; in fact, Justin says he's still working on issues today – issues that stem from the unfortunate circumstances he encountered very early in life. The courts took Justin from his family in 1999, and from there he was in and out of hospitals and homes, many of them abusive. He coped by becoming a troublemaker and never learned how to behave appropriately in social situations. He didn't even know what a real family was. When he was finally accepted into the Reynolds home, it was his last chance.

“If Mama wouldn't have agreed to have me, I don't know what would have happened because there wasn't anybody that wanted me. They couldn't find anyone else at all,” Justin says.

Justin's story is like that of so many children who enter the Therapeutic Foster Care (TFC) program at Methodist Family Health.

“We take the toughest kids, and we will work harder than anybody else to keep them,” says Donn Walters, director of the TFC program. “Many of these kids have had many placements. It's not unusual for a kid to have had 60, 70 – even 80 prior placements, and by then they are just ragged.”

Methodist Family Health offers 20 TFC spots – 10 in northwest Arkansas and 10 in southeast Arkansas. The organization is licensed to take foster children as young as 2, up to age 17. Different from regular foster care, therapeutic foster care is specially designed to handle

the demands of children who have experienced various types of abuse and neglect. Their emotional or behavioral problems require special attention and intervention. Therapeutic foster parents receive specialized training to help them work with these children.

“When a child first comes, we are in that home at least once a week, sometimes twice a week,” Walters says. “We'll do that for the first several months, or however long it's necessary. We then continue to visit them at least twice a month to check in with the child and the foster parents, and that's ongoing.”

Every child who enters Methodist Family Health's Therapeutic Foster Care program has a treatment plan that includes academics, behavior, life skills and therapy.

The plan is implemented and then reviewed every three months, and a report is written on the child's progress and changes. Walters says the families love having a plan.

“Mama is the main reason I am where I am now”

Justin Back

“It's like a teacher that has a curriculum – you know what you're doing,” he says. He also says the program works because it is built on positive affirmation – seven positives for every one negative.

Charles Vaughn, consultant for the TFC homes in southeast Arkansas, says Penny and Joseph Reynolds are model foster parents.

“They treat those foster children just like they do their own – they're all one big family, so the kids bond with them,” Vaughn says. “They are very consistent in their training and teaching and do not deviate much from the program. They just have such a love for kids.”

The Reynolds became TFC parents in 1997, originally through a company called Southwest Mental Health whose foster beds were later taken over by Methodist Family Health. They have three biological children, Ruston, 22, Hannah, 16, and Paul Aaron, 9, but felt called to help other children and decided to enter the TFC program gradually.

“When we started foster care, we were doing just the respite – relief for the other families,” Penny says. “The kids come and spend a weekend with you, and it gives their families a relief. We didn't do it long until we got our first full-timer, and we haven't stopped since.”



Home sweet home! Justin Back found a foundation in the Reynolds family.

When they started the TFC program, Penny worked full time at De Queen Regional Medical Center, but she later decided to leave her job and home school the children. She continues to home school Hannah, Paul Aaron and the family's other foster son, Matthew, but Justin is required by the state to attend public school.

Penny says the De Queen school system is "awesome" and has done a tremendous job of working with Justin

over the years. "When he came to us, Justin had no impulse control," she explains. "He took anything he wanted: food, batteries, pencils, it didn't matter what it was. Justin stole a laptop from school and totally tore it apart, and the school bent over backward to help us and to not suspend him."

Justin says he still gets teased for that at school. Penny and Joseph are thankful it's an incident they can laugh about now – just a story about a boy who was much different than the one living with them today.

**"In our eyes, he's ours –
he's part of us"**

Penny Reynolds

Justin will graduate from high school this May and plans to attend Cossatot Community College at the University of Arkansas in De Queen for two years before transferring to a four-year college. His dream is to someday earn his Ph.D. in computers. During his two years at the community college, Justin will continue living in the Reynolds home.

"In our eyes, he's ours – he's part of us," Penny says.

"Even after they move into independent living, if that's their goal, Joseph and I try to make it so that all of our foster kids know that we are still here for them, just like our own kids."

Despite his troubled childhood, Justin says he is thankful for all he went through because it led him to Penny and Joseph. "This is the right family for me," he says. "But I know there are other right families out there that will care for other children."

For more information about Methodist Family Health's Therapeutic Foster Care program, contact Donn Walters at (501) 661-0720 ext. 7108.

Board Spotlight

Cleifton Vaughan Little Rock, Arkansas



When Cleifton Vaughan was asked by Ashley Coldiron, executive director of the Methodist Family Health Foundation, to serve on the foundation's board of directors in September 2009, he had just finished reading a book about Mother Theresa. "I kept thinking that maybe God was telling me I needed to be involved with this," he says.

Vaughan, a retired vice president of Murphy Oil Corporation and retired chief financial officer of Deltic Timber Corporation, considers his life to be very blessed. He is married to his wife of 48 years, Mary, and together they have five grown children and 11 grandchildren. All five children are active in their churches, including two who are United Methodist ministers.

Cleifton and Mary met at the Wesley Foundation at the University of Southern Mississippi in Hattiesburg, Miss., and they married while they were still in school. Vaughan went to work for Murphy Oil in El Dorado straight out of college. "It was a Godsend," he says of the job. "Murphy had never recruited very widely, but for some reason they decided to recruit at Southern Mississippi that year. I had an opportunity to work for Exxon and actually chose Murphy because it was a small company and all the accounting was done in El Dorado, so I'd never be subject to a move. We lived there six years and were moved to London, England," he laughs.



Cleifton Vaughan enjoys spending time with the toddlers in the Arkansas CARES program.

The Vaughans lived in London for 15 years, and during that time Cleifton traveled extensively – to Iran, Libya, Gabon and all over Europe, the Middle East and Africa. He was only 28 years old and still in accounting when they moved to London; 12 years later he was in charge of the office. "It was a fascinating time in our lives," he remembers.

The family attended church regularly – first the local Methodist Church and later the American Church in London. By the time they moved back to El Dorado in 1984, three of the children had already graduated from high school. It was an adjustment for everyone, coming back home after all those years away, but Cleifton and Mary and their two youngest children settled in and joined the First United Methodist Church in El Dorado.

It was through that church that Vaughan first caught a glimpse of the work done at Methodist Family Health. His Sunday school class took on sponsorship of the Group Home in Magnolia, but Vaughan says he still didn't know the scope of the organization until he joined the board.

"I was surprised to learn about the variety of services and breadth," he says. "I had no idea we were as proficient as we are with the children who have various needs."

The Vaughans were transferred to New Orleans in 1991, where they spent five years before moving back to El Dorado. In 1997, Murphy Oil spun off Deltic Timber Corporation, and Vaughan was asked to serve as CFO. "So I basically retired from Murphy one day, and the next day I was working for Deltic," he laughs. He continued to work for Deltic Timber until May 2007, when he says he finally actually retired.

Today, Cleifton and Mary have made their permanent residence in Little Rock, but they enjoy traveling to see their children and grandchildren, as well as spending time at their house in Florida. "It would be easy to be retired and not do anything," Vaughan says. "In fact, we recently spent two weeks down at our beach house and didn't do anything. But I don't think that's really God's intent for our lives. I'm proud to be on the board and to have the opportunity to help further Methodist Family Health's mission."

Donor Spotlight

The Charles A. Frueauff Foundation is all about family. Run by David Frueauff, his mother, Sue Frueauff, and his sister, Anna Kay Frueauff-Williams, the Frueauff Foundation is a true family enterprise. But the Frueauff family's involvement in philanthropy extends way beyond the walls of the foundation office.

"When you're blessed, you have to pass it on," Sue says. The Frueauff Foundation, which began in New York in 1950, generously supports higher education, health agencies and social service organizations. Today, the foundation office is located in Little Rock, but its mission of improving the lives of those in need by making grants to nonprofit organizations is the same.

Methodist Family Health alone has received more than \$50,000 from the foundation. All of the gifts have been in support of Arkansas CARES (Center for Addictions Research, Education and Services), a program Anna Kay feels passionately about. Last year's gift was used to purchase new exercise equipment for the CARES moms.

"Arkansas CARES is a unique program that allows moms and children to stay together during their recovery, and I think to separate the two or three or four – however many kids there may be – is counterproductive," she says. "You can't take a mom who has a problem and take her children away from her and think you can fix the problem – she's still a mom. And at the same time, what's happening with the kids and who's dealing, really dealing, with the kids and their issues related to the problem? That's why we support this program."



Pictured from left are: David Frueauff; his son, Will Frueauff; Anna Kay's oldest son, Tag Grace; Anna Kay Frueauff Williams; David's daughters, Claire and Emma Frueauff; Anna Kay's youngest son, Walker Williams; and Sue Frueauff. Pictured in the photographs behind them are Charles Frueauff, founder of the Charles A. Frueauff Foundation and great-great uncle to David and Anna Kay, and Harry Day Frueauff Jr. (Charles' nephew), third president of the foundation and grandfather of David and Anna Kay.

Charles A. Frueauff Foundation

Little Rock, Arkansas

Anna Kay says it's not just the dollars donated that give her family satisfaction. They feel just as strongly about the gift of time.

Anna Kay has served on Methodist Family Health's Walk for Children and Families Committee for two years. She also serves on the UAMS Department of Psychiatry Advisory Board, the Gang Prevention Youth Mentoring Task Force, and she and David serve on the Business Advisory Board for Arkansas Tech University. Each month, David and Sue serve hot lunches to homeless men and women through Stewpot. David also serves on the Single Parents' Scholarship Board, while Sue delivers food monthly to the elderly for Arkansas Rice Depot and is also a University of the Ozarks former board member. In college, both David and Anna Kay received SCAN (Suspected Child Abuse and Neglect) training and served as lay therapist volunteers.

"Our mom taught us the value of volunteerism and charity at a very young age," Anna Kay says. "We didn't grow up in a world of philanthropy, and I don't think people realize that. We grew up with a single mom on a teacher's salary and later a principal's salary after we proudly watched our mom earn her master's degree. We learned that everyone has something to offer and something to give."

In 2007, the Frueauff Foundation moved to a new location in downtown Little Rock and began serving as a nonprofit incubator program. Within their space, they now house four local nonprofits to help grow capacity, visibility and efficacies. The office includes a board room and a small meeting room that any nonprofit organization can use at no cost. The resource room houses the Foundation Center Cooperating Collection and may be used by nonprofit fundraisers. The Frueauff Foundation also conducts on-site trainings on a variety of nonprofit-related topics.

The concept of giving back is something both Anna Kay and David are trying to pass on to their children. David has three

children: Claire, 14, Will, 10, and Emma, 8. Anna Kay has two sons: Tag, 13, and Walker, 4. Philanthropy is already a way of life for the children.

"We definitely try to teach them in the same ways that our mom taught us, and take them on site visits and events whenever we can," Anna Kay says.

For example, Claire and Tag have both volunteered for Stewpot and Rice Depot, as well as in New York for a homeless program called Midnight Run. Tag also made a site visit with Anna Kay to a homeless youth shelter in New York called New Horizons. Claire and David prepare and serve dinner once a month at Our House. Sue has gotten both households peace pipes from Heifer International, and the kids raced to see who could fill their pipe with coins first. During Christmas, the five children shop for toys and clothes for Angel Tree boys and girls, and all of the children also donate their outgrown clothes and toys to local agencies.

"It's important that they make the selections, and that the kids take ownership and are a part of the entire process – start to finish." Anna Kay says.

Sue credits David and Anna Kay for passing the gift of philanthropy on to their children.

"I don't think we can downplay examples," she says. "When parents do things and kids know they're doing it, it goes a long way." Sue says she is grateful that her children and grandchildren are so much a part of her life – and a part of each others' lives. And she stresses that you don't have to have a family foundation to reap the same rewards.

"We grew up giving of our time," Anna Kay says. "You don't have to have a foundation to help others as a family."

What's Happening Around Methodist?

October



Pictured here is Tanaigen Thomas, daughter of one of the Arkansas CARES moms.

Children from the Little Rock Emergency Shelter, Children's Home and Arkansas CARES (Center for Addictions Research, Education and Services) program enjoyed a Halloween party on Oct. 30. Rain forced the children to trick-or-treat inside, where they also enjoyed refreshments, a Halloween video and crafts. The main attraction was a Haunted House hosted by Methodist Family Health's recreational therapy department.

Vicki and Hal Matthews, along with members of the Walk for Children and Families Corporate Committee, hosted a sponsors' reception Oct. 15 to celebrate the success of the 2009 Walk for Children and Families. Be sure and mark your calendar for this year's walk, scheduled for Aug. 6.



November



More than 175 guests attended the Little Rock Day Treatment School's third annual Thanksgiving feast on Nov. 23. Participating in the event were students, parents and caregivers, and representatives from the school districts with whom we partner. The highlight of the event was an awards ceremony, during which prizes were given for A and B Honor Roll, Most Improved and Perfect Attendance.

Five Arkansas CARES clients participated in a baby shower hosted by volunteers from Calvary Baptist Church. Three of the ladies were pregnant, and two were new mothers. The women from Calvary served cake and punch, and the moms and moms-to-be all received several needed items.



Derrick Jones (front) displays his TFA Distinguished Practitioner Award, along with Casey Quast, BI; Danny McCoy, LBI; Dale Johnson, LBI; Tameka Sullivan, BI; Kenita Hemphill, BI; and Kristy Lawson, Program Consultant.

Derrick "DJ" Jones, lead behavioral instructor at Methodist Behavioral Hospital, was awarded the TFA Distinguished Practitioner Award at the Teaching-Family Association Annual Conference in Charleston, SC. Jones was recognized for displaying quality components as a behavioral instructor by being fair, effective, pleasant and displaying concern for youth, co-workers and all those around him. He displays good leadership skills on a daily basis as he works with the treatment team to provide effective behavioral healthcare for youth.

December

In December, four members of the St. James United Methodist Church Mission Circle volunteered to decorate the Christmas tree in the Methodist Behavioral Hospital cafeteria. The group helps with various MFH projects each month, including making Conference goody bags, baking cookies, helping with the Walk for Children and Families and so much more.



Posing with the finished tree are Barbara Harpool, Bridget Weiss, Ann Rowell and Cindy Stern.



The Trinity United Methodist Church Miracle Team invited 47 Arkansas CARES mothers and their children to a lunch and visit with Santa on Dec. 12. Each of the children received a stocking with their name on it filled with goodies, and the moms received pictures of their children with Santa. Cindy Crone, a member of Trinity UMC's Miracle Team, is the founder of the Arkansas CARES program.

The youth group at First United Methodist Church in Maumelle wrapped gifts for Methodist Family Health clients the week before Christmas. This is an ongoing mission opportunity for the youth group during the holidays. Approximately 20 youth and four adults volunteered to wrap gifts.



Pictured (l-r) are: Drew Buffington, Melissa Gardner, Britney Cannon, Toni Mineo, Danelle Duplantis, Kyle Acosta, Megan Patterson, Priscilla Ybarra and Bridget Afandi.

Nine young adults from Little Rock Volunteers, a new volunteer group led by Kyle Acosta with CASA (Court Appointed Special Advocates), visited the Methodist Children's Home campus in December. During their visit, they helped 13 children make gingerbread houses and Christmas cards for their loved ones. The Little Rock Volunteers initiated the activity just three weeks after Maggie Beeler, assistant director of development for MFH Foundation, spoke during one of the group's monthly meetings. The kids loved the Little Rock Volunteers so much that they asked them to come back and play volleyball with them sometime soon.

January



This flag, donated to Methodist Family Health by past Children's Home residents Billy Gene and Harold Jones, was flown over the United States Capitol on Sept. 15, 2009. The men donated the flag in honor and memory of all Methodist

Children's Home military veterans. Billy Gene Jones stayed at Methodist Children's Home from 1947-1955 and later became a lieutenant colonel in the U.S. Army. Harold Jones was at the home from 1947-1956 and later became a sergeant in the U.S. Air Force. The flag is now housed in the Connor Morehead Recreational Therapy Building on the Methodist Children's Home campus.

February

More than 50 people attended the Magale Therapeutic Day Treatment School Open House in Magnolia on Feb. 4. The school, which opened for business in January, provides intensive behavioral modification and mental health services, along with core academic classes, to children whose emotional and academic problems make it impossible for them to succeed in the public school setting. The new facility can serve up to 30 children in grades K-12.



Dr. Joe Bradley, who works with clients in all of Methodist Family Health's Outpatient Clinics, was honored as a Top Physician in 2010 in the February edition of *Arkansas Life*. The magazine surveyed 8,480 physicians and readers in the

state, and Dr. Bradley was honored as the Top Physician in Psychiatry by both readers and physicians. His office manager, Beverly Holloway, had this to say about him: "As his office manager of more than five years, I can tell you that he is genuinely unique in his ministry as a psychiatrist. He lives a Christian life and has a Christian office. It's very rare to find a physician – in my 26 years in the medical field – that is as dedicated as he is. His staff is thrilled to see him win this award."

March

An open house was held at the Heber Springs Counseling Clinic on March 11. More than 30 guests attended the event, which included refreshments, a brief program and ribbon-cutting ceremony.



The Heber Springs

Clinic opened April 1, 2009, and is run by Dwight Decker, a licensed professional counselor for 12 years and pastor for 32 years. A special thanks goes out to Carren's Flowers and Gifts in Searcy for donating the flowers and to the Sonic in Heber Springs for donating iced tea.



Kaleidoscope Grief Center held an Easter Egg Hunt on Saturday, March 13. Six Kaleidoscope families and nine Kaleidoscope volunteers attended the event. The Easter Bunny was there to start the Easter Egg Hunt and to take pictures with the kids. The event also included face painting, bunny sack races and an egg toss. Three hundred Easter eggs were donated by MOPS (Mothers of Preschoolers) at Grace Church in Little Rock. Methodist Family Health Foundation supplied the hot dogs, chips, drinks and dessert.

THE JAMES M. WORKMAN SOCIETY

Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the Orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health System.



Anonymous (12)	Janett and Larry Crain Searcy	Donald Hicks Cabot	Mr. and Mrs. Don S. Morton Des Arc	Tom and Elizabeth Small Little Rock
Jon and Lewese Ahrens Mount Ida	Bob and Lee Cress Little Rock	Bishop Ken and Elaine Hicks Little Rock	Alicia H. Mosley Camden	Jan and Ted L. Snider, Jr. Little Rock
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Arkansas Wildlife Officers Association Taylor	Robert and Pam Edwards Searcy	Hank and Sandy Johns North Little Rock	Andy and Karen Norris Lake Village	Target Minneapolis, Minn.
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Jeff and Anita Bogard Royal	Alan and Dana Garland Jonesboro	Judith and Charles Long Jonesboro	Ramsey, Krug, Farrell & Lensing Little Rock	Don and Debbie Weaver Conway
John and Barbara Bragg Camden	Mary Lue and Bill Gibbs Camden	Mary Trimble Maier Fayetteville	Riggs Benevolent Fund Little Rock	Bud and Julie Whetstone Charitable Foundation Little Rock
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Robert and Mary Branch Mountain View	Sean and Mary Glancy Little Rock	Vicki and Hal Matthews North Little Rock	Sally and Keith Riggs Little Rock	John S. and Elizabeth Teague Workman Conway
Sonny and Virginia Cade Eads, Tenn.	Margaret Glover North Little Rock	Chad and Angela McLain Brinkley	Ms. Deborah Rowley Conway	Melissa and Keith Wrenn Brentwood, Tenn.
Mary and Milton Campbell Hope	Mrs. Jorayne Hackler Mountain Home	Mike and Karen Millar Searcy	Kurt and Trish Searvogel Sheridan	Mr. and Mrs. Robert D. Wright III Little Rock
Dr. and Mrs. Charles Clogston Little Rock	Mr. and Mrs. Charles B. Hagaman Hot Springs	Carl Miller, Jr. Little Rock	Pauline Shields Rector	Ron and Margaret Wylie Clarksville
Ashley and David Coldiron Little Rock	Carolyn M. Henslee Little Rock	Mr. and Mrs. Eugene Miller Hazen	Shuler Drilling Company, Inc. El Dorado	Martha and David Yocum El Dorado
Dr. and Mrs. George M. Cone Jonesboro	Tom and April Hesselbein Little Rock	Mr. and Mrs. Don E. Morey Little Rock	† Nancy and Neill Sloan Lake Village	

† Deceased

THE GEORGE THORNBURGH SOCIETY

Colonel George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time gifts of \$25,000 or more to the Methodist Family Health System.



Anonymous (2)	Jane and Bill Hardin	Ellen Orr Estate
Myra M. Abrignani Estate	John A. Henson Trust	Cora J. Owen Estate
Kathleen Arnold Estate	Julia Mae Jackson Estate	Ruth Pyles Estate
John Randolph Barnett Estate	Maud Jones Estate	Mrs. Betty Regnier
Marguerite Burgess Trust	Dorothy B. Keith Estate	Marion and Miriam Rose Trust
Myrtle C. Burney Trust	Kerkhoff Family Trust	Vena Shirley Estate
Lillian Mae Clavert Living Revocable Trust	Garland R. Kimbro Estate	Shuler Drilling Company
Kenneth Clark Estate	Eva John Kuhn Trust	Ira Sides Estate
Claude Conyers Trust	Cora Littrell Estate	Ruth B. Simmons Estate
Ruth O. Dacus Estate	L. A. Logan Estate	Elizabeth H. Snyder Trust
Helen P. Davies Trust	Nell S. Martin Endowment	W. P. Sturgis Foundation
Willis C. Eatman Estate	Edna Earl Massey Estate	Alma Welton Trust
Conway and Margaret George Trust	C. F. & Vivian McCamly Estate	Mary Sims Wilson Trust
Aline Gill Estate	Reverend Curtis E. Monroe Estate	Juanita Annette Wood Estate
J. T. Goggans Estate	Alline M. Montgomery Estate	Madge Woodyard Estate
Maxine S. Gregg Estate	Faye G. Nagle Estate	Hazel Marie Wright Estate
Hall Revocable Trust	Lou E. Narrell Estate	
Iola Nora Hambleton Estate	*National Christian Foundation	
Mary Sue Hanna Estate	Morris H. Oakley Estate	

* Denotes New Gift

THE COY-ROOTS-TABOR HERITAGE SOCIETY

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce Streets in Little Rock, which became the first home of the orphanage, opening in 1902.

Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to the Methodist Family Health System.



Anonymous (2)	Griffin Family Trust	Geneva T. Kuhn – Rose Charitable Remainder Trust
Andy and Myra Altom	Kenneth and Willa Howard Endowment	Earl and Nancy McClure
Milton and Mary Campbell	Walter B. Huff Estate	Velma E. Shaffer Estate
O’Neal Davidson Estate	Geneva I. Hughes Estate	Juanita Spurlin
Nina Hammond De Grandis Estate	M. Beatrice Johnson Estate	Warren Family Trust
Marjem and John Gill	Billy Gene and Jonelle Ryan Jones	

HIGHEST CONGREGATIONAL GIVING

Highest Congregational Giving among United Methodist Churches in the Arkansas Conference
2/01/2009 – 1/31/2010

Dumas First	\$26,482.00	Hot Springs First	\$5,665.00
El Dorado First	\$21,009.00	Little Rock First	\$5,554.00
Hinton	\$20,050.00	Star City	\$4,975.00
Searcy	\$18,352.00	Heber Springs	\$4,800.00
Pulaski Heights	\$17,885.00	Springdale First	\$4,773.00
Christ of the Hills	\$16,490.00	Fayetteville Central	\$4,169.18
St. James (LR)	\$12,720.00	Lakeside (Lake Village)	\$3,895.00
Lakewood	\$10,325.00	North Little Rock First	\$3,753.00
Marked Tree	\$10,275.00	Keo	\$3,725.00
Camden First	\$9,990.00	Benton First	\$3,323.00
Jonesboro First	\$8,605.00	Batesville First	\$3,283.00
Trinity (LR)	\$8,439.00	Wesley (Pine Bluff)	\$3,275.00
Conway First	\$7,120.00	Mountain Home	\$3,265.00
Asbury (LR)	\$5,775.00	Paragould First	\$3,145.00
Sheridan	\$5,686.00	Marianna	\$2,820.00

Remembering Those We've Lost



Ivory Ernest Butler, Jr., a longtime member of both the Methodist Family Health and Methodist Family Health Foundation boards of directors, passed away Dec. 17, 2009. Ernie was a member of the U.S. Army from 1951 to 1953 and had a 41-year career with Stephens Inc. before founding I.E. Butler Securities Inc. Besides his service to MFH, Ernie served on many other boards over the years, including the board for Stephens Inc., CenturyTel Inc., Arkansas Independent Colleges and Universities and Baptist Health Foundation. Ernie possessed the rare gift of joy and spreading that joy to all he met. He was a lifelong member of Pulaski Heights United Methodist Church in Little Rock and a member of Dietz Dialogue class. He was a masterful storyteller and was happy to share his time and talents with his many friends. Not long before his death, Ernie said of Methodist Family Health: "I have a place in my heart for the Children's Home. MFH is a worthwhile organization, and I'm willing to work and spend my time doing whatever I can to help."



Nancy Fleming Sloan, wife of longtime Methodist Family Health and Methodist Family Health Foundation Board member Neill Sloan, passed away on Dec. 16, 2009. Nancy was a very active member of Lakeside United Methodist Church in Lake Village, Ark., where she taught Sunday school, served on various boards and committees and was a member of the Village Bible Study. Among her many community activities, she was a member of the Century Club, the Lelundi Club and on the board of Guachoya Arts Center. Whether it was cooking, sewing, knitting, decorating or planning parties and weddings, she loved creating and doing things for other people. She also enjoyed spending time with her friends in bridge clubs, supper clubs, pottery groups, the First Wives' Club and other groups. Throughout her life, she shared the gifts of laughter and storytelling with whomever she met; however, her most important roles were as a devoted wife, loving mother and the very best Mimi in the whole world.



Get Up & Give

A Day of Community Service and Sharing

By Alyssa Anderson

Methodist Family Health held its first Get Up & Give day on Sunday April 11 at the Methodist Children’s Home campus in Little Rock and Methodist Behavioral Hospital in Maumelle. More than 120 volunteers completed landscaping projects on the Children’s Home campus, and donated items such as paper towels, toilet paper and toothbrushes were collected throughout the day.

“Get Up & Give was a perfect day of service and sharing within our community,” says Ashley Coldiron, executive director of the Methodist Family Health Foundation. “We were thrilled with the number of volunteers who came to beautify our campus and donate the goods we use every day within our Continuum of Care. It was also an important day that showed the children and families we serve how supportive the community is of each of them.”



From left, Betsy Dietz, Carol Hutton, Lolly Honea and Sharon Skaer, members of St. James New Challenges Sunday School class, helped beautify the Methodist Children’s Home campus.



Dr. Jennifer Lang (left), Methodist Behavioral Hospital administrator, and Peggy Henderson, director of nursing service at MBH, held down the fort at the hospital collection site.



As a spin-off of Get Up & Give day, representatives from First United Methodist Youth Group in Magnolia and Mt. Pisgah United Methodist Youth Group in Emerson completed painting and planting projects at the Magale Therapeutic Day Treatment School in Magnolia on April 17.



Alyssa Anderson (left), director of communications for Methodist Family Health, paused for a photograph with Martha Taylor, director of communications for the Arkansas Conference. The two organizations partnered in creating Get Up & Give.



Bishop Kenneth Hicks prepared to put on his Get Up & Give T-shirt, donated by the Global United Methodist Conference in Nashville, Tenn.

Following the event, a reception was held at the Connor Morehead Recreational Therapy Building on the Children's Home campus to celebrate the day's accomplishments. Jeff Matthews from B98.5 kicked off the program, awards were given for the best landscaping projects, representatives from the University of Arkansas-Little Rock women's basketball team were on hand to sign autographs, and the Faithspring Praise Band helped rock the afternoon away. The reception was attended by volunteers, staff, many of the children living in the Methodist Children's Home and several Arkansas CARES clients and their children.



B98.5's Jeff Matthews (left) and Neil McConnell were on site during the event.

Methodist Family Health partnered with the Arkansas Conference of the United Methodist Church to create Get Up & Give. The event was funded, in large part, by an Impact Community Grant from United Methodist Communications in Nashville. The grant monies help United Methodists identify and meet the needs of the neighbors and communities in which they live and serve. Get Up & Give was the third event nationwide to receive such a grant.

"We want to do all we can to raise awareness among United Methodists and the larger community about the life-changing care provided by Methodist Family Health," says Martha Taylor, director of communications for the Arkansas Conference. "I'm looking forward to partnering again with MFH for Get Up & Give 2011."



Faithspring United Methodist Church took first place in the landscaping contest.



Don Riffin accepted the second place landscaping award on behalf of St. James United Methodist Church, including the Seekers, Transitions, PAIIRS and New Challenges Sunday School classes.



Cabot United Methodist Youth Group representatives accepted the group's third place landscaping award.



Ashley Coldiron (right), executive director of the Methodist Family Health Foundation, and Martha Taylor presented the awards.



Jean Landrum (left) and Ila Chaney, of Keo United Methodist Church, were honorary chairs of Get Up & Give day. Their church's quarterly collection event inspired Get Up & Give.



Arkansas CARES client Tammie Magby had her T-shirt autographed by UALR women's basketball assistant coach Jocelyn Love.



Faithspring Praise Band provided musical entertainment for guests during the post-event celebration.

Leave a Legacy of Help



Consider including Methodist Family Health in your will.

No one can predict what challenges lie ahead for the next generation of children and families. By including Methodist Family Health in your estate plan through wills, real estate, life insurance, stock, trust or IRA, you can be sure that MFH will remain a vital resource for those who need our care and compassion tomorrow and into the future.

One of the easiest future gifts to set up is a specific bequest in your will. The following is suggested wording for a bequest to a program within the Methodist Family Health Continuum of Care. Please know that you can designate your bequest to any specific program you choose, for example, the Methodist Children's Home, Methodist Behavioral Hospital or Arkansas CARES, or you can allow it to go to the greatest need within the Continuum. Funding is much needed, and we appreciate any way you choose to include us.

The specific language is as follows:

1. UNRESTRICTED BEQUEST

"I give, devise and bequeath to the Methodist Family Health Foundation Inc., the sum of _____ dollars (or a percentage of your estate or the following described property), the principal and income to be used in such manner as its Board of Directors deems best."

2. UNRESTRICTED RESIDUAL BEQUEST

"I give, devise and bequeath to the Methodist Family Health Foundation Inc., all the rest of my property and estate, real and personal, the principal and income to be used in such manner as its Board of Directors deems best."

3. BEQUEST FOR DESIGNATED PROGRAM

"I give, devise and bequeath to the Methodist Family Health Foundation Inc., the sum of _____ dollars (or the following described property) for the benefit of the (Methodist Children's Home, Methodist Behavioral Hospital, etc.)."

4. BEQUEST FOR DESIGNATED PURPOSE

"I give, devise and bequeath to the Methodist Family Health Foundation Inc., the sum of _____ dollars (or the following described property) to be used in accordance with my gift agreement on file with the Foundation."

If you chose to include Methodist Family Health in your will, please consider allowing us to list you as a member of our Coy-Roots-Tabor Heritage Society. This society recognizes the commitment to a future gift through trust, bequest or other means to the Methodist Family Health Continuum. Our hope is that listing you as a member of the Society will inspire others to take the same action.

For more information about including Methodist Family Health in your will, contact Ashley Coldiron, executive director of the Methodist Family Health Foundation, at (501) 661-0720 ext. 7300.

NEW BOARD MEMBERS

Methodist Family Health Board of Directors



Karen Ballard
Little Rock



Rev. Phil Hathcock
Little Rock



Bill Johnston
Heber Springs

Methodist Family Health Foundation Board of Directors



Frank Cox
Little Rock



Dr. Mary Good
Little Rock



John Rutledge
Little Rock



Cleifton Vaughan
Little Rock

TAKING STEPS TO PROVIDE COMPASSIONATE CARE TO CHILDREN AND FAMILIES.

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Good Food
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\$50 Family

For more information, call Maggie Beeler at 501.661.0720 ext. 7299, email her at mbeeler@methodistfamily.org, or visit www.methodistfamily.org.



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