



# SENTINEL

## News & Updates from Methodist Family Health Foundation

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### PRESIDENT'S CORNER



COVID-19 has dealt us all challenges. In March when the novel coronavirus first presented in Arkansas, our continuum of care followed every safety and health guideline created by the Arkansas Department of Health and the Centers for Disease Control. In just three months' time, these protocols have changed almost daily, and we do our best to follow and implement them.

As I think about the plans the Methodist Family Health Foundation had for our Get Up & Give collection drive, Southern Silks (our signature fundraiser) and Bright Night (or end-of-summer celebration), I am reminded that anything can be accomplished when we look at a challenge as an opportunity. The Foundation has worked diligently to rework these events to maintain health and safety while still being enjoyable. As you read more about what's coming up in the next few months, I hope you will join us as we continue on this venture into the future.

Stay well and safe.

Sincerely,

Andy Altom  
President and CEO

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## Arkansas's UMCs Recognized for Generosity

The 2020 Methodist Family Health Church Awards recognize United Methodist Churches in the Arkansas District for their generosity and outstanding volunteerism during the previous year. This year's honorees are below.

We thank each and every church and member who help us rebuild the lives of Arkansas children and families.

- St. James United Methodist Church, Generosity, Central District
- Conway First United Methodist Church, Generosity, Central District
- Highland Valley United Methodist Church, Volunteer, Central District
- Primrose United Methodist Church, Volunteer, Central District
- Central United Methodist Church in Fayetteville, Generosity, Northwest District
- Springdale First United Methodist Church, Generosity, Northwest District
- Greenwood United Methodist Church, Volunteer, Northwest District
- Heber Springs First United Methodist Church, Generosity, Northeast District
- Searcy First United Methodist Church- Generosity, Northeast District
- St. Paul United Methodist Church - Searcy, Volunteer, Northeast District
- El Dorado First United Methodist Church, Generosity, Southwest District
- Arkadelphia First United Methodist Church, Generosity, Southwest District

- Hope First United Methodist Church, Volunteer, Southwest District
  - Lakeside United Methodist Church- Lake Village, Generosity, Southeast District
  - Monticello First United Methodist Church, Volunteer, Southeast District.
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## Grady's, ZaZa's Support Our Healthcare Heroes



The good people at [Grady's Pizza and Subs](#), [Rodney Parham](#) and [ZAZA Fine Salad + Wood-Oven Pizza Co](#) recently provided pizzas and salads for our staff at our Little Rock Fillmore Residential Treatment Center. Our thanks to Harry Clerget, Scott McGehee and every one of our team members at Methodist Family Health for being our heroes - today and every day.



## Make Plans to Celebrate a Bright Summer Night

Due to COVID-19, our 4th annual Bright Night will be a virtual summer event, culminating in our Bright Night celebration on Friday, August 7. We invite families, sponsors and church groups (based on Centers for Disease Control recommendations regarding groups/gatherings at the time) to take an evening during the summer and go outside together to light up the night with sparklers, flashlights or glowsticks, or make chalk art messages to virtually send to the children in our care.

We will then compile a video of the photos/videos submitted and place on social media in addition to other Facebook event posts made throughout the celebration. Five of the bridges that span the Arkansas River between Little Rock and North Little Rock will also be lit on the night of Friday, August 7th (Clinton Bridge, Junction Bridge, Main St. Bridge, Big Dam Bridge and Two Rivers Bridge). What better way to heighten the excitement and draw attention to Methodist Family Health's mission than to light up the iconic bridges in our colors – purple, green and white?

Who: Methodist Family Health, our sponsors, donors and supporters

What: Bright Summer Night, a virtual fundraiser for Methodist Family Health

When: Friday, August 7

Where: Homes, workplaces, neighborhoods and communities of Methodist Family Health Foundation supporters

For more information, contact Jamie Griffith, Foundation project manager, at [JGriffith@MethodistFamily.org](mailto:JGriffith@MethodistFamily.org).

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**BENEFITING**  
**Methodist Family Health**

## **Seventh Annual Southern Silks is in the Stretch for First-Ever Virtual Win**

In monitoring COVID-19 for the past few months, the Methodist Family Health Foundation will hold our seventh annual Southern Silks signature fundraiser as a virtual event. Details are:

- Who: Methodist Family Health Foundation and Southern Silks sponsors, donors and supporters
- What: Southern Silks, a virtual signature fundraiser for Methodist Family Health
- When: 6 p.m., Saturday, September 5, 2020
- Where: [Methodist Family Health Facebook Page](#) and [YouTube Channel](#)

For more information, contact Jamie Griffith, Foundation project manager, at [JGriffith@MethodistFamily.org](mailto:JGriffith@MethodistFamily.org).

LIGHT



BEARERS



**THE POTTS FAMILY:  
Riding to the Rescue of Arkansas Children and Families**

by Ellen Withers, courtesy of *Life in Chenal* magazine, April 2020 issue

If you are looking for innovation and a willingness to try almost anything new, you can find no better volunteers than Angie and Dylan Potts.

This year's co-chairs of Southern Silks, Angie and Dylan have navigated the sloppy track that COVID-19 has thrown them, and they are now riding to the finish line for Methodist Family Health's first-ever virtual fundraiser.

Dylan is a partner and shareholder with the law firm of Gill Ragon Owen, P. A., which serves as legal counsel for Methodist Family Health Foundation, the charitable foundation supporting Methodist Family Health. The firm has been legal counsel for Methodist Family Health and a sponsor of the foundation's fundraising efforts for many years. The firm's founding partner, John Gill, has represented Methodist Family Health for approximately 55 years and his wife, Marjem, formed the relationship from her time as a social worker at Methodist Family Health. Dylan and Angie have continued the tradition of the firm's service and volunteer efforts and are now serving as this year's chairs for the Southern Silks, which is the major fundraiser for Methodist Family Health Foundation.

"Southern Silks is an extremely fun fundraiser," Angie said. "Being able to provide the Methodist Family Health Foundation with the support it needs so it can ensure the Arkansas children and families Methodist Family Health cares for is near to us. Their mission to provide the best possible care to those who may need their help mirrors our family's own view on community."

Carolyn McCone, CFRE, executive director of the Methodist Family Health Foundation, says about Dylan and Angie, "With all of the change that has taken

place just since March, Angie and Dylan have handled it with aplomb. In fact, they have never once viewed these challenges the volunteer committee and our fundraising team are facing as insurmountable. In fact, they see them as opportunities for us to make the event even more fun and unique. We could not have had better leaders for our event this year."

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## LATEST NEWS & EVENTS

### Supporters Sought to Resurface Playground

Do you remember those long summer days when the backyard was your domain, and your most pressing decision was whether to swing or slide?

Summer should be a time for fun and joy, but for children in our care at Methodist Family Health, there is no break from their personal crisis, or from how COVID-19 is impacting their experience and growth in our program.

Weather and constant use has made the playground on our Little Rock Methodist Children's Home campus unsafe to use. It will cost \$53,000 to make the needed repairs so the playground can be used again.

**Will you help us update the playground** so our kids can leave their cares behind – just for a little while? Your gift will ensure our children experience carefree joy and fun this summer.

#### To donate:

- Text GIVE to 501-881-2258
- Donate online now using [our secure online donation form](#).
- Contribute via [PayPal](#)
- Call 501-906-4201 to make a secure contribution with your



debit or check card.

- Mail your cash or check donation to: Methodist Family Health Foundation, P.O. Box 56050, Little Rock, Arkansas 72215-6050



## Donation Deliveries Set for July

The Methodist Family Health Foundation will begin accepting donations from this year's Get Up & Give collection project beginning Monday, July 6.

Arkansans who contributed to our state's children and families who are abandoned, abused, neglected and managing psychiatric, emotional, behavioral and spiritual issues can drop off their donations at the Methodist Family Health Foundation as follows:

- 9 a.m.-4 p.m.
- Monday-Friday, July 6-31, 2020
- Methodist Family Health Foundation at
- 1600 Aldersgate Road,
- Little Rock, Arkansas 72205
- Please remain in your vehicle and call 501-906-4201 when you arrive.
- A Foundation team member will direct you to our warehouse.
- The Foundation team member will meet you at the garage door of the warehouse. Please stay in your vehicle if at all possible. If you cannot, you will be asked to wear a mask. If you do not have one, we will provide one for you.
- When you see the Foundation team member, please open your trunk or hatchback, and the team member will unload your car.
- She will provide you an in-kind receipt for your records after your contributions have been unloaded

Those donors not in the central





Arkansas area can deliver their donations to the Methodist Family Health Counseling Clinic in their area. For specifics on how to deliver contributions, please contact the clinic below closest to you:

- Alma: 1209 Hwy 71N, Suite B, Alma, AR 72921; phone 479.632.1022
- Batesville: 500 E. Main St., Suite 310, Batesville, AR 72501; phone 870.569.4890
- Fayetteville: 74 W. Sunbridge Dr., Fayetteville, AR 72703; phone 479.582.5565
- Heber Springs: 515 N. Main St., Heber Springs, AR 72543; phone 501.365.3022
- Hot Springs: 100 Ridgeway, Suite 5, Hot Springs, AR 71901; phone 501.318.6066
- Jonesboro: 2239 S. Caraway, Suite M, Jonesboro, AR 72401; phone 870.910.3757
- Magnolia: 621 E. North St., Magnolia, AR 71753; phone 870.234.0739

For more information, visit <https://www.methodistfamily.org/get-up-and-give.html> or call 501-906-4201.

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### MFH Foundation Receives Grants for Mission

The Methodist Family Health Foundation has been working to secure funding through grants during the first half of 2020. To date, we are grateful for these grants to help us continue our mission of providing the best possible care to those who may need our help:

- \$1,000 COVID-19 mini grant from the Arkansas Community Foundation for the Get Up & Give donation closet



- \$25,000 grant from the Arkansas Community Foundation for personal protective equipment
  - \$5,000 COVID-19 mini grant from Heart of Arkansas United Way
  - \$20,000 matching grant from the Charles A. Frueauff Foundation for the Little Rock Day Treatment art program
  - \$1,050 grant from Rebsamen Fund for summer camp
-

# Increase Your Income Now Leave a Legacy to Methodist Family Health

Charitable Gift Annuities (CGA) through The Methodist Foundation of Arkansas (MFA) allow you to increase your current income now and leave a legacy for Methodist Family Health after your lifetime.

CGAs are powerful giving tools that offer:

- Increased income through fixed, guaranteed payments for life. A substantial portion of the annuity income may be tax-free.
- An immediate income tax deduction.
- No setup or document expense.
- Funds remaining at your death support Methodist Family Health.
- MFA reserves provide solid backing to safeguard future income.

The amount of income depends upon your age, whether it is a one-life or two-life agreement, and the amount of the annuity.



SAMPLE GIFT ANNUITY RATES — ONE-LIFE, CASH GIFT				
AGE	RATE	DEDUCTION AMOUNT	% TAX FREE	EQUIVALENT RETURN
65	4.7%	32.0%	72.0%	6.2%
70	5.1%	39.0%	75.0%	6.9%
75	5.8%	44.0%	78.0%	8.0%
80	6.9%	48.0%	80.0%	9.8%
85	8.0%	48.0%	83.0%	11.6%

  

SAMPLE GIFT ANNUITY RATES — TWO LIFE, CASH GIFT				
AGE	RATE	DEDUCTION AMOUNT	% TAX FREE	EQUIVALENT RETURN
65/60	4.0%	22.0%	70.0%	5.7%
70/65	4.4%	26.0%	73.0%	5.8%
75/70	4.8%	32.0%	75.0%	6.4%
80/75	5.3%	39.0%	77.0%	7.3%
85/80	6.2%	43.0%	80.0%	8.7%

To receive a no-cost, confidential, personalized analysis of how a CGA to benefit Methodist Family Health could work for you, contact MFH Executive

Director Carolyn McCone, CFRE at  
[cmccone@methodistfamily.org](mailto:cmccone@methodistfamily.org) or

501-906-4202 or MFA Vice President of

Development Janet Marshall at  
[jmarshall@methodistfoundationar.org](mailto:jmarshall@methodistfoundationar.org) or

501-664-8632.



601 Wellington Village Road Little Rock, AR 72211  
501-664-8632  
[methodistfoundationar.org](http://methodistfoundationar.org)

**GIVING  
TUESDAY**  
  
**NOW**

## GivingTuesdayNOW Virtual Fundraiser a Success for MFH

Thanks to generous contributors and an anonymous donor who provided a financial match, the Methodist Family Health Foundation **raised \$8,435** for personal protective equipment for our team members.

#GivingTuesdayNow was a global day of giving and unity that took place

on May 5, 2020 as an emergency response to the unprecedented need caused by COVID-19.

This new day was organized by GivingTuesday, and was held in addition to the annually scheduled GivingTuesday event that will still take place on December 1, 2020.

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### Contributors Clip, Sew and Donate Face Coverings for MFH Team Members

This is a list of all the people, churches, small groups, organizations, seamstresses and artists who used their time, talent and resources to contribute much-needed face coverings to our team members. To each of you, a profound thank you from all of us!

- Dr. Scott Hogan, who contributed N95 Respirators
- Jim Bly, who contributed mask extenders
- Kaylynn Barrett
- Rooney Chu
- Linda Clark
- Cathy Dingler
- Amy Dubrava
- Cherry Duckett
- Benni Fambrough
- Penny Ferguson
- Nechi Fullerton
- Marcella Hale
- Katie Henderson
- Alicia Hooper
- Darcy Howard
- Huntsville United Methodist Church
- Susan Insell
- Kimberly Jackson Harper
- Jacksonville First United Methodist Church
- Karen Maxwell
- North Little Rock FUMC
- Malise Perrilliat
- Quapaw Quarter UMC
- Gloria Roark
- Sherry Rowbotham



- Kristy Russell
- Sew-N-Sew Ministry at Jacksonville First United Methodist Church
- Barbara Steely
- Trinity United Methodist Church in Little Rock
- Becky Kossover
- Village United Methodist Church
- Beverly Villines
- Priscilla Wetzel
- Pam Wooley
- Jo Yawn
- Linda Zionce
- Jana Marie Cross

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### **Sincere Thanks to Our Southern Silks Sponsors**

Methodist Family Health Foundation is so grateful to these sponsors for continuing their support of Southern Silks in 2020.



GILL RAGON OWEN ATTORNEYS

Winners Circle

Owner

WEAVER BAILEY

Trainer



Jan Green



Cathy & Bill Spivey



Jockey

Misty Baugh and Laura & Doug Borg



Betty & Richard Hanson and Becky & Jerry Kossover

Arita & Tom Jewart and Ann & Steve Rowell

Kathleen Kennally & Mark Holder

Janna & David Knight



Chad Cornelius, General Manager Omnicare a CVS Health company



Angie & Dylan Potts

D.K. & Rosemary Robinson



Mary & Clef Vaughan



Support Methodist Family Health Foundation

Here are easy ways to give.

- **Text** GIVE to 501-881-2258 to initiate a donation you can easily manage on the go.
- **Donate** Online now using [our secure online donation form](#).
- **Call** 501-906-4201 to make a secure contribution with your debit or credit card.
- **Mail** your cash or check donation to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, AR 72215-6050.
- **Paypal** at <https://www.paypal.com/donate/?token=LofpOmQxyPAA3qYBtjAJtyj9Zn1P4Ryv-Ly0A4Re1wwTfm3JSzkO5srQBvx-GRGE1MzYr0&country.x=US&locale.x=US>

**Methodist Family Health SENTINEL**  
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- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health is  
to give the best possible care  
to those who may need our help.**