

Sentinel



FALL 2017



AS THE
Light
GOES INTO
THE WORLD

.....
Sharing the Light of
Methodist Family Health

SUNRISE

- New Residential Treatment Center
- 2018 Get Up & Give
- Methodist Family Health Foundation Scholarship Fund

AT OUR BRIGHTEST

- Southern Silks
- Kaleidoscope Grief Center's Camp Healing Hearts
- Rev. Regnier Memorial Summer Camp at Camp Tanako
- Bright Night

TWILIGHT

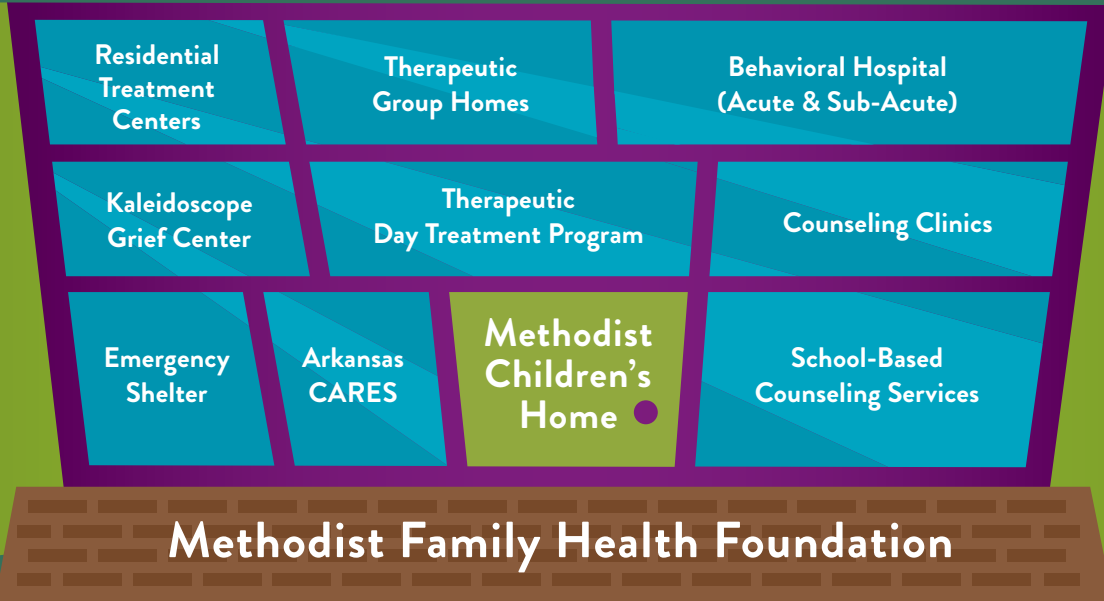
- Kaleidoscope Grief Center
- Arkansas CARES

TAKING THE LIGHT
INTO THE WORLD

- 2017 Christmas Appeal



Methodist Family Health CONTINUUM OF CARE



Methodist Family Health Foundation

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Methodist Family Health

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*emeritus

The **MISSION** of Methodist Family Health is to give the best possible care to those who may need our help and to treat the whole person: behaviorally, emotionally and spiritually.

Methodist Family Health *Sentinel*

a publication of the Methodist Family
Health Foundation

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Methodist Family Health staff

Arkansas' United Methodists share the light of
hope, stability and peace.

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MethodistFamily.org

Methodist Family Health is the management
company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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FALL 2017

WELCOME TO THE *Sentinel*

Dear Friend,

This year has been a whirlwind, and as I think about the holidays and the rush they always bring, I also think about the children, youth and their families we serve. Their bright memories are a result of the care and contributions from people like you. Because of you, they can have holidays free from strife. Because of you, they will have a gift to open on Christmas morning. Because of you, they know the power of someone believing in them – someone they don't know and may never meet.

I cannot thank you enough for the part you play in helping rebuild the lives of children and families served by Methodist Family Health. Your contribution provides Bibles and spiritual study materials, art and equestrian therapy, birthday gift cards, Christmas gifts, summer camps and recreational items such as bicycles, games and books – all of which enrich the life of a child. Your donations also provide facility improvements, furniture and bedding in our group homes, travel assistance for families in need, therapy tools and resources, and scholarships to college or advanced training – all of which ensures the children in our care know we care.

As you make plans to celebrate the season of Thanksgiving and Christmas with friends and family, I ask you to include Methodist Family Health in them. Your charitable gift will continue the growth of both the children we serve and the services we provide. You can trust that any amount you share with Methodist Family Health is used to treat the whole person: behaviorally, emotionally and spiritually.

Thank you for sharing the light of peace with the children and families who need our help. I wish you a happy and healthy holiday.

Regards,

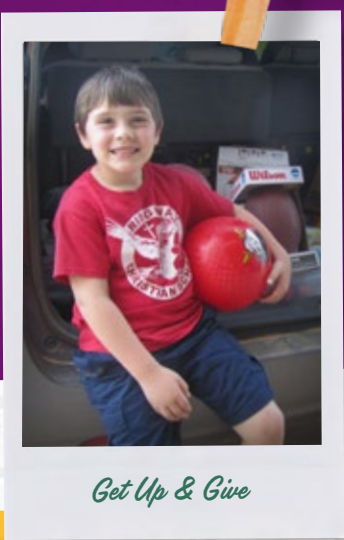


Andy Altom
President and CEO





New Residential Treatment Center



Get Up & Give



Southern Silks



Camp Healing Hearts

AS THE

Light

GOES INTO THE WORLD



For more than a century, Methodist Family Health has been sharing the light of hope, peace and love with the children and families in Arkansas who need behavioral, emotional and spiritual guidance. In

1899, we began with the Arkansas Methodist Orphanage, and in 2017, we've grown to encompass an inpatient hospital, residential treatment centers, therapeutic group homes, an emergency shelter, therapeutic day treatment programs, counseling

clinics, school-based counseling, a grief center and a center for addictions, research, education and services.

None of this growth could have been possible without the people and organizations who donate their funds, talent and time to rebuilding the lives of so many vulnerable children and adults in our state. As we look to 2018, we intend to further that progress by building a new, two-story, 33,265-sq. ft. residential treatment center on our Little Rock campus as well as provide more therapy resources throughout Arkansas.

SUNRISE

As the new year approaches, we are planning the 9th Annual Get Up & Give campaign during Lent to provide basic necessities to the children in our care. Progressing to warmer months, spring inspires us to look to nature for inspiration, and our art therapies help our clients express their feelings when they can't communicate any other way. When those same clients are ready to pursue a post-secondary education, Methodist Family Health Foundation has a scholarship to help them pursue it on firmer footing. Anyone – formerly or currently – who has spent one night at a Methodist Family Health facility excluding the behavioral hospital is eligible for the scholarship.

Tiffany Lynn Levosky is pursuing a masters of social work degree at the University of Texas at Arlington with the help of a \$3,500

per semester scholarship from Methodist Family Health. She lived in a group home in Springdale from 2003 to 2005 and says, "Methodist Family Health saved my life. I felt accepted, loved and had people who cared about me and my best interests. Although it seems tough in the moment, and it feels like they do not care for you, they really do. It took me many years to see how much people cared for me. Methodist Family Health gave me hope for my future and has continued to help me strive for my goals in life."



Tiffany Lynn Levosky
MFH GROUP HOME ALUMNA
AND SCHOLARSHIP RECIPIENT



*Rev. Regnier
Memorial Summer Camp
at Camp Tanako*



Bright Night



Arkansas CARES



2017 Christmas Appeal

AT OUR BRIGHTEST

Perhaps summer is when Methodist Family Health shines most vividly. Ushered in by Southern Silks, our signature fundraiser held the same day as the Kentucky Derby, the remainder of the season is filled with Camp Healing Hearts, a camp experience just for children and families who have lost a loved one; Rev. Regnier

Memorial Summer Camp at Camp Tanako where our group home clients have a chance to be kids; and Bright Night, a new, family-friendly fundraiser that gives children and families an opportunity to provide for other children and families who need mental, behavioral, emotional and spiritual care.

TWILIGHT

When the long days begin to shorten, Methodist Family Health sees more children who need stable, loving and recuperative environments. Kaleidoscope Grief Center, the state's only grief counseling center for children, teens and families, hosts a back-to-school bash to ease clients into a new routine. Routine also is one of the cornerstones of the Arkansas Center for Addictions Research, Education and Services (Arkansas CARES) in

Little Rock. Arkansas CARES treats pregnant women and mothers struggling with addictions and mental health issues. Through this program, the clients can still care for their children on our campus while working through the intensive, 120-day residential program. This is the only program where children from infancy to age 12 can stay with their mothers while seeking treatment.

TAKING THE *Light* INTO THE WORLD

You have made this progress happen. Through your contributions, you have directly helped Arkansas children struggling with mental, emotional and behavioral issues as well as their families, who now have more skills to manage their relationships effectively. As we

move from 2017, we will continue to take the light of hope and peace into the world for the children and families we serve. We ask you to help us share the light by donating to Methodist Family Health this holiday.



SHARE THE Light

Your Contributions Change
Lives this Christmas

As a donor to Methodist Family Health, you have witnessed how a contribution – whatever the amount – can bring light and peace to the lives of the children and families we serve. By contributing to our annual Christmas “Share the Light” campaign, you ensure the light going into the world is doing the most good for the most people in need.

The Methodist Family Health Christmas Appeal is a long-held tradition that continues a century-long legacy of care to Arkansas’ most vulnerable citizens.

We trace our roots to 1899 when we were founded as the Arkansas Methodist Orphanage, and we have grown to offer inpatient, residential and outpatient programs throughout every corner of the state. Today, our programs, services and resources include the Methodist Children’s Home, Methodist Behavioral Hospital, Arkansas Centers for Addictions Research, Education and Services (Arkansas CARES), Methodist Counseling Clinics, Kaleidoscope Grief Center, residential treatment centers, therapeutic group homes, emergency

shelter, therapeutic day treatment programs and school-based counseling.

As you make your Christmas plans this year, please consider donating to Methodist Family Health. You can contribute online, through the mail – even from your smartphone. You can trust Methodist Family Health to utilize your donation to benefit the whole person – behaviorally, emotionally and spiritually – of the children and families in our care. Thank you for helping us take the light of peace into the world this Christmas.

..... BUILDING *Brighter* FUTURES



“In a culture where people are often cast aside and forgotten, Methodist Family Health is about the business of reclaiming and rebuilding lives in a way that honors others and gives glory to God.”

REV. BRITT SKARDA
Pulaski Heights United Methodist Church • Little Rock



“The Methodist Children’s Home is part of my family’s history, going back to when I was a little girl bringing toys to the children who didn’t have any. Over the years, so many kids have been helped. I see the good that continues to be done.”

DOROTHY MOREY
Donor • Little Rock

“We believe that mental health is vital to our everyday living and we support Methodist Family Health because they truly care about the mental well-being of Arkansans.”

JAMILYN & NATHANIEL NOBLE
Board of Directors, Methodist Family Health and Methodist Family Health Foundation
North Little Rock



“I know firsthand that there are kids who would be forgotten if it were not for ministries like Methodist Family Health. Given a place to be loved, challenged and nurtured, ‘forgotten kids’ can become success stories.”

REV. DAVID ORR
First United Methodist Church • Searcy



“I have been inspired by Methodist Family Health’s commitment to care for the mind, body and soul. They provide an environment of hope and healing so that individuals will not just survive but thrive.”

REV. KEITH DODSON
First United Methodist Church • El Dorado



“I support Methodist Family Health because I know that this ministry transforms lives of children and youth in the state of Arkansas.”

REV. MARK NORMAN
Superintendent, United Methodist Southeast District • Pine Bluff

PLEASE GIVE GENEROUSLY.
Your donation makes a difference.

5

EASY WAYS TO GIVE

- 1. TEXT** Text **GIVE** to **501-254-6048**. You'll be guided on the amount you'd like to contribute.
- 2. ONLINE** Visit **MethodistFamily.org** and click on Donate Now. You'll be provided a short form to complete for your contribution.
- 3. CALL** **501-906-4209** and provide the amount you want to contribute to be charged to your debit or credit card.
- 4. CHURCH** Make a contribution to Methodist Family Health and drop in the **offering plate** at church.
- 5. MAIL** Mail a check in the envelope in this issue! You also can encourage others to contribute by mailing a monetary donation to: **Methodist Family Health
P.O. Box 56050
Little Rock, Arkansas 72215**

Awareness and Service Help Just as Much

With your support, Methodist Family Health helps thousands of children and families throughout Arkansas each year. However, many people in the communities we serve don't know who we are or how we can help. Here are five ways you can help Methodist Family Health:

- 1** Choose Methodist Family Health as a Mission of the Month at your church, in your Sunday School or in your small group.
- 2** Invite Methodist Family Health to speak during worship service, in your Sunday School or small group, at a civic group such as Rotary or Civitan, or to a youth group or mission team.
- 3** Collect loose change one Sunday each month and contribute that amount to Methodist Family Health.
- 4** Identify an ambassador in your church or community group who can learn about Methodist Family Health and share our mission with you.
- 5** Participate in special events like the Christmas offering on Sun., Dec. 10 and Dec. 17, Get Up & Give during Lent or Southern Silks in May.

You can help children and families rebuild their lives right from your own community. To learn how you can contribute to a healthier, happier future for our state, contact:

Carolyn McCone, CFRE
Executive Director
Methodist Family Health Foundation
501-906-4202 or CMcCone@methodistfamily.org

FOLLOW US

-  Facebook: facebook.com/methodistfamilyhealth
-  Twitter: [@MethodistFamily](https://twitter.com/MethodistFamily)
-  Instagram: instagram.com/methodistfamilyhealth



METHODIST FAMILY HEALTH BREAKS *New* GROUND ON *Oldest* CAMPUS



Methodist Family Health broke ground on its newest residential treatment center at its oldest campus at 2002 S. Fillmore St. in Little Rock on Wed., July 19.

This state-of-the-art residential treatment center is new construction, which will house what is now being offered in five separate buildings – three housing units, a school and a gym – at Methodist Children’s Home, which has been in operation for a century. This new facility will be more efficient, providing better service to children, families and staff, and the other buildings will remain to be used for other purposes.

“Most importantly at this campus, Methodist Family Health can be a more

therapeutic and much safer environment for our clients, their families and our professionals,” said Andy Altom, president and CEO of Methodist Family Health. “The facilities we had helped us provide quality and compassionate psychiatric and behavioral healthcare, but this new building will improve how we continue to deliver that care while serving children and families.”

The building will be two stories and encompass 33,625 sq. ft. Methodist Family Health expects to open the doors of its new psychiatric residential treatment center by January 2019. The new psychiatric residential treatment center will continue the services provided by Methodist Family Health, including inpatient psychiatric hospitalization

for children ages 3 to 17, outpatient counseling clinics, grief counseling services, psychiatric residential treatment centers, therapeutic group homes, school-based counseling services, therapeutic day treatment programs for students in kindergarten through 12th grade, a youth emergency shelter and treatment for mothers with addictions and their families. Methodist Family Health also offers 24-hour, confidential, no-charge assessments for children and adolescents in crisis.

“ **THIS NEW BUILDING WILL IMPROVE HOW WE CONTINUE TO DELIVER THAT CARE WHILE SERVING CHILDREN AND FAMILIES.** ”

Methodist Family Health presents

**FEBRUARY 14
THROUGH
MARCH 29**

**THE 9TH
ANNUAL**

**40 DAYS OF
COLLECTING**

Get Up & Give



During Lent, Methodist Family Health invites you, your church group, family, friends and neighbors to join us in collecting much-needed items for the children, youth and families in our care. Sometimes, our clients come to us with only the clothes they are wearing and nothing else. Your generosity will provide necessities such as underwear and socks, school supplies and personal care needs like feminine hygiene products, bed sheets and bath linens.

WHAT WE NEED

\$10 GIFT CARDS

Because the needs of our kids are so varied, \$10 gift cards from Walmart are the easiest and quickest way to provide them what they need in the size just right for them.

PERSONAL CARE ITEMS

Body wash, non-aerosol deodorant and body spray, tampons, sanitary napkins, panty liners, white-only bath towels and washcloths, twin size sheet sets (fitted and flat sheets, pillowcase or cases)

UNDERWEAR AND SOCKS

For boys and girls of all ages. We need larger sizes of white T-shirts and boxer briefs for boys. For girls, larger T-shirts and non-underwire bras of all sizes.

SCHOOL SUPPLIES

Wireless composition notebooks and backpacks

FOR MORE INFORMATION

Visit the Get Up & Give page at <http://MethodistFamily.org/donate> or contact Kelli Reep at kreep@MethodistFamily.org or 501-906-4210.

BABY NEEDS

Crib sheets and all sizes of diapers, including training pants such as Pull-Ups

TOYS AND GAMES

Basketballs, kick balls, footballs, soccer balls, board and card games, dominoes, crayons, adult coloring books and colored pencils

MONETARY DONATIONS

If you would like to contribute funds, you can text GIVE to 501-254-6048, donate online at MethodistFamily.org and click "Donate" or mail your contribution to Methodist Family Health, P.O. Box 56050, Little Rock, Arkansas 72215. When mailing, please note your contribution goes to Get Up & Give.

DROP-OFF LOCATIONS

After March 29, bring your donations to any of these Methodist Family Health locations:

Alma

1209 Hwy 71N Suite B
479.632.1022

Batesville

500 E. Main St.
Suite 310
870.569.4890

Fayetteville

74 W. Sunbridge Dr.
479.582.5565

Heber Springs

407 S. 7th St.
501.365.3022

Hot Springs

3632 Central Ave.
Suite B
501.318.3066

Jonesboro

2239 S. Caraway Rd.
Suite M
870.910.3757

Little Rock

1600 Aldersgate Rd.
Suite 100B
501.537.3991

Magnolia

621 E. North St.
870.234.0739



Rebuilding the Lives of Children and Families Since 1899

[f](https://www.facebook.com/MethodistFamily.org) [i](https://www.instagram.com/MethodistFamily.org) [t](https://www.tiktok.com/@MethodistFamily.org) [y](https://www.youtube.com/MethodistFamily.org) MethodistFamily.org



*Standing, left to right - Billy Gene Jones, #20; Rev. Paul Galloway, pastor of First United Methodist Church in Little Rock; Harold "Sonny" Womack, #15
Front row, left to right - Melton Magee, #29; James "Bitsy" Womack, #10; Franklin Stevenson, #19*

Methodist Children's Home Residents Leave Legacy of Friendship

In 1949, the greatest battle facing Billy Gene Jones, Harold "Sonny" Womack, Melton Magee, James "Bitsy" Womack, and Franklin Stevenson was their next game with the Westside Junior High School football team. After growing up and moving on from the Methodist Children's Home where they all resided, the boys faced other battles as far away as Vietnam and as close to home as Little Rock. In March 2017, Mr. Sonny Womack passed from this life into eternity, and he was preceded in death by Rev. Galloway, Mr. Bitsy Womack and Mr. Stevenson. Mr. Womack is survived by his wife, Kay, and two sons, Brett and Tempe and Christopher of Phoenix, Arizona.

Mr. Womack and his younger brother were born in Gillett, Arkansas, and came to live at the Methodist Children's Home around

1944. The Womack boys were later placed in the care of their older sister, Dorothy. Sonny joined the Air Force in 1951, was stationed in Japan and later at Luke Air Force Base near Phoenix, where he met Kay Herrscher. They were married in 1958.

"Sonny always said the Children's Home gave him the structure and discipline he needed and that it was a wonderful place for them," Kay Womack said.

Mr. Jones noted that Sonny achieved new heights while they lived at Methodist Children's Home, but not quite in the way he expected. According to an article in the June 2, 1950 edition of the *Arkansas Gazette*, Sonny and a group of kids from the home were visiting Petit Jean State Park when Sonny waded into water to save another boy from the home. While doing

so, he slipped, fell 95 feet from the path he was walking near the crest of Cedar Falls and went over the edge. According to Mr. Jones, Sonny broke his foot but could walk out of the falls, wet and shaken. He was the only person to survive such a trip over those falls.

“Sonny always said the Children's Home gave him the structure and discipline he needed and that it was a wonderful place for them.”

Light Bearer: BOARD MEMBER

Nathaniel Noble Board Member



Nathaniel Noble knows what the children and families at Methodist Family Health endure. In the fourth grade, Nathaniel lost his mom, and as the second youngest of nine children, he was raised by his older brothers and sisters.

Today, Nathaniel serves on the Methodist Family Health Foundation board where he can help children through mentoring, tutoring and scholarships. He has two degrees himself – a bachelor of science degree in biology and a bachelor of arts degree in chemistry, both from UA Little Rock – and values the opportunities

education provides. In fact, he will graduate this spring with a masters of business administration degree, also from UA Little Rock.

After working for the Arkansas Department of Health as an organic chemist and as a forensic serologist and DNA analyst for the Arkansas State Crime Laboratory, Nathaniel works today at the Arkansas Department of Health as the environment health supervisor of the central region of Arkansas.

While his education in these fields make

him skilled at what he does, it's his compassion for others that makes him exceptional in his career and personal life.

“Helping others is how we will succeed as a community,” Nathaniel said. “Helping find students who can benefit from the scholarships Methodist Family Health provides is one way I can assist people into becoming thriving citizens.”



Light Bearer: DONOR

Strong Family Donors



William A. Strong understood what it meant to be resilient. Among Mr. Strong's accomplishments were: surviving the Great Depression, serving as a United States Marine in World War II, marrying his wife, Genevieve, and having three children – Annette, Bill, Jr. and Betty Jane – and owning and operating 13 companies and manufacturing plants in Arkansas, Illinois, South Carolina and Texas. These endeavors enabled him to care for his

family and, eventually, the community he loved in Pine Bluff and throughout Arkansas. To continue this community work, Mr. and Mrs. Strong established the William A. and Genevieve H. Strong Foundation Trust in 2004.

Today, Mrs. Strong and her children continue Mr. Strong's legacy, and the Strong Company continues to thrive under their leadership. The Strong

Foundation Trust underwrites projects for community groups, Christian organizations and education, and Methodist Family Health is a recipient of that graciousness, generosity and strength. As a nonprofit organization dedicated to rebuilding the lives of children and families since 1899, we join the Strongs in turning adversity into opportunities for resilience.

Generosity of Local Churches Recognized by Methodist Family Health

Methodist Family Health recognized Arkansas churches in each district for their exceptional volunteerism and generosity toward the children and families we served in the past year. MFH programs include the Methodist Children's Home, Methodist Behavioral Hospital, Methodist Counseling Clinics and Arkansas CARES.



GENEROSITY AWARD



First UMC Clarksville
(Northwest District)



First UMC Booneville
(Northwest District)



Hot Springs First UMC
(Southwest District)



Hinton UMC
(Southwest District)



White Hall UMC
(Southeast District)



Stuttgart First UMC
(Southeast District)



St. James UMC Little Rock
(Central District)



Salem UMC Conway
(Central District)



Mountain Home First UMC
(Northeast District)



Pangburn UMC
(Northeast District)

OUTSTANDING VOLUNTEER CHURCH AWARD



Springdale First UMC
(Northwest District)



Oakley Chapel UMC Rogers
(Northwest District)



Hope First UMC
(Southwest District)



Joplin UMC
(Southwest District)



Clarendon First UMC
(Southeast District)



Warren First UMC
(Southeast District)



Greenbrier First UMC
(Central District)



Bryant First UMC
(Central District)



Christ Way UMC Jonesboro
(Northeast District)



Moorefield UMC Batesville
(Northeast District)



“We appreciate so much the time, prayers and resources local churches throughout Arkansas contribute to MFH,” said Maggie Beeler, director of development for the MFH Foundation. “Local churches bring tremendous blessings to the children and families of our state and in our care.”

END-OF-YEAR GIVING RETURNS DIVIDENDS IN STABLE FUTURES

Will you contribute to Methodist Family Health today?

The Dow hit record levels in 2017. By giving a year-end gift through your IRA or a gift of stock to Methodist Family Health, your investment will return two bonuses: lower the amount of tax you may owe and provide peace and stability to children and families throughout Arkansas.

For more information, contact
Carolyn McCone, CFRE,
at cmccone@methodistfamily.org
or call 501-906-4202

Wish List: YOU CAN HELP DREAMS COME TRUE



With a range of programs and thousands of clients, both residential and outpatient, Methodist Family Health continually has a “Wish List” of items our kids could use, enjoy and benefit from during the course of therapy. If you are interested in helping, here is a wish list from our clients and staff.

ALL PROGRAMS

- Library books – any amount
- Technology updates and needs for group homes – game consoles, iPads, karaoke machines, TVs, DVDs. Cost: up to \$1,000 per home
- Point Closet filled for 6 months for an RTC home to receive motivators for good behaviors. Cost: \$500
- Coats – Funds needed to purchase winter coats. Cost: any amount

MAGNOLIA COUNSELING CLINIC

- Play therapy items to start a play therapy room (puppets, sandtray miniatures, games, dollhouse, blocks, play kitchen, rugs, shelves, etc.). Cost: up to \$3,500
- Therapeutic Resource Library books, therapy games, DVDs, bookshelves. Cost: up to \$1,500

JONESBORO COUNSELING CLINIC

- 8-10 passenger van to be able to transport kids home who normally ride the bus, so that they can receive after-school therapeutic groups and activities. Cost: \$20,000-\$25,000 used
- 12 mobile play therapy kits. Cost: \$1,440

FAYETTEVILLE COUNSELING CLINIC

- Therapeutic library for the Fayetteville Counseling Clinic
- Books, therapy games, DVDs, etc. and bookshelves for all therapists in the clinic to use. Cost: up to \$2,000
- Fidgit kits to provide to clients who have sensory issues, ADHD and Autism. Cost: \$1,000
- Extracurricular therapeutic activity fund for clients who would benefit from community-based activities such as little league team participation, summer camp-related items, supplemental therapies not covered by insurances or Medicaid such as equine therapy (\$25 per session through Horses for Healing), Camp War Eagle (\$20-\$100 based on income and number of children attending). Cost: \$5,000

MAUMELLE BEHAVIORAL HOSPITAL

- Raised Container Gardens to create a sustainable garden-to-table program that provides youth living in our MBH with hands-on experiences. Cost: \$2,500-\$5,000

KALEIDOSCOPE GRIEF COUNSELING PROGRAM

- Memorial Garden – Dealing with the loss of a loved one is a challenge that nearly everyone will experience during his or her lifetime. Creating a memorial garden in honor of loved ones is an inspirational way to pay tribute to their lives while giving our clients a quiet place to remember their loved ones. Cost: \$5,000-\$10,000

DACUS Residential Treatment Center

- Notebooks, pencils, books for teenagers/young boys, games (board games), decks of cards, shower shoes.

A detailed Wish List is available at our website, MethodistFamily.org/wish. Or call 501-906-4209.

What's Happening at



The new gym at Dacus Residential Treatment Center in Bono was finished this year and stands ready for all the activity it can handle. Some of our residents at Dacus got to attend a Memphis Redbirds baseball game this year as well.

In April, Methodist Children's Home received a \$1,200 grant from Blue & You Foundation for a Healthier Arkansas to start a raised bed garden at the Fillmore campus in Little Rock. Here, children discover where okra comes from.



The Children's Home campus's garden received another grant to help both the garden and the children continue to grow and thrive. In March, the Arkansas Hunger Relief Alliance contributed \$1,400 of a \$2,400 gift. The first gift of \$1,000 was received in November 2016.



In May, Kaleidoscope Grief Center's Camp Healing Hearts celebrated its 11th season at Camp Aldersgate in Little Rock. Grieving families throughout Arkansas joined together to once again receive support, encouragement and hope as they participated in activities that helped them cope with the death of their loved one. This year, 65 campers and more than 30 volunteers assisted families as they took part in traditional camp activities such as fishing, canoeing, a campfire and games.



What's Happening



The United Methodist Foundation awarded a \$15,000 grant to Methodist Family Health to allow youth from our group homes to attend the Rev. Robert Regnier Memorial Summer Camp at Camp Tanako in Hot Springs.

The Women in Mission team at St. James United Methodist Church helped prepare snacks for the attendees of the 2017 Arkansas Annual Conference of the United Methodist Church.



Methodist Family Health was privileged to spend the Fourth of July with the members of Hinton United Methodist Church in Hempstead County.



Pastor Steve Johnson and his wife, Artie, of First United Methodist Church in Hope joined Methodist Family Health Board Member Dan Rohrbaugh and his wife, Kari, at the Spirit of Hope Fourth of July celebration. Methodist Family Health was one of the beneficiaries of this event, and our director of development, Maggie Beeler, attended and enjoyed the holiday festivities.





The youth at Beebe First United Methodist Church helped sort, roll and stuff a series of posters into mailing tubes, which were then mailed to hundreds of United Methodist Churches throughout Arkansas.

Scott Hines, a member of Sheridan First United Methodist Church, delivered some personal hygiene products to the Methodist Family Health Foundation from his church's congregation.



Omerine Daley of Greenbrier First United Methodist Church delivered to Methodist Family Health 31 handmade quilts her friend and neighbor Anola Nokes created for the children and families we serve throughout Arkansas.



In August, Methodist Family Health welcomed our physicians to a dinner in their honor in downtown Little Rock.





SOCIETIES

THE JAMES M. WORKMAN SOCIETY



Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health system during the last fiscal year which is July 1, 2016 – June 30, 2017.

Annual Workman Donation \$1,000-\$2,499

| | | | | |
|--|---|--|---|--|
| Anonymous (8) | Brian Bush* Little Rock, Arkansas | Sharon K. Heflin* Little Rock, Arkansas | Mr. and Mrs. Travis McKamie Rosston, Arkansas | Ms. Lee Powell Lewisville, Arkansas |
| AEL – American Esoteric Laboratories* Little Rock, Arkansas | Cardiopulmonary Perfusion Associates, Inc.* Little Rock, Arkansas | Elaine and Bishop Kenneth Hicks Little Rock, Arkansas | Angela and Chad McLain Brinkley, Arkansas | Mr. and Mrs. Jerry E. Pruden Hope, Arkansas |
| Judy and Tommy Anderson Scott, Arkansas | CenterPoint Energy Little Rock, Arkansas | Dr. and Mrs. Mike Hillis Texarkana, Arkansas | Methodist Family Health Little Rock, Arkansas | Mr. and Mrs. Tom Pugh, Sr. Little Rock, Arkansas |
| Arkansas Blue Cross and Blue Shield Little Rock, Arkansas | Mr. and Mrs. Harry Clerget Little Rock, Arkansas | Kathleen Kennally and Mark Holder Little Rock, Arkansas | Middleton Heat & Air* Bryant, Arkansas | Beverly and Harrison Ralph Crossett, Arkansas |
| Arkansas Community Foundation Little Rock, Arkansas | Dr. and Mrs. Charles Clogston Little Rock, Arkansas | B. Louise and Charles Holmes Little Rock, Arkansas | George D. and Caralou L. Millar Charitable Fund Little Rock, Arkansas | Mr. and Mrs. D.K. Robinson Little Rock, Arkansas |
| Arkansas Hunger Relief Alliance Inc.* Little Rock, Arkansas | Elvis R. Coble Jonesboro, Arkansas | Kerry and Charlie Jackson El Dorado, Arkansas | Carl Miller, Jr. Little Rock, Arkansas | Kari and Dan Rohrbaugh Hope, Arkansas |
| Arkansas Refrigeration Co. Little Rock, Arkansas | Nancy and L. Don Cole Little Rock, Arkansas | Cynthia P. Jackson Arkadelphia, Arkansas | Carl H. Miller, Jr., Foundation Little Rock, Arkansas | Ruth and Dennis Rowland Kansas City, Missouri |
| Arnold's Flooring America* Little Rock, Arkansas | Rachel and Jake Commer Gulf Breeze, Florida | Mr. and Mrs. Tom Jewart Little Rock, Arkansas | Mr. and Mrs. Eugene Miller Hazen, Arkansas | Deborah and John Shannon Hot Springs, Arkansas |
| Jane and William Arthurs Little Rock, Arkansas | Dr. and Mrs. George M. Cone Jonesboro, Arkansas | Harriet and James Johnson Wilmot, Arkansas | Caroline and Chuck Mischke Lake Village, Arkansas | Reverend and Mrs. Gill L. Sills Searcy, Arkansas |
| AXPM Little Rock, Arkansas | Margaret and Kenneth*Davis Hardy, Arkansas | Johnson Controls* Little Rock, Arkansas | Donna Morey Little Rock, Arkansas | Patty and Mike Smith Little Rock, Arkansas |
| Steve W. Babcock Paragould, Arkansas | Pam and Robert Edwards Searcy, Arkansas | Diane and Bill Johnston Heber Springs, Arkansas | Dorothy C. Morey Little Rock, Arkansas | Cathy and Bill Spivey Little Rock, Arkansas |
| Linda and Donald Bacon Little Rock, Arkansas | Susan Elliott Little Rock, Arkansas | Mr. and Mrs. Grady Keith Lake Village, Arkansas | Alicia H. Mosley Camden, Arkansas | Jo Ellen and Bill Stover Paragon Resource Management, Inc. Little Rock, Arkansas |
| Bank of the Ozarks* Little Rock, Arkansas | Randy Ennen Fort Smith, Arkansas | Becky and Jerry Kossover Little Rock, Arkansas | Ms. Rosanne Murphy Hot Springs, Arkansas | Teleconnections, Inc.* Little Rock, Arkansas |
| Ellen and William Bankston Heber Springs, Arkansas | Becky and Trent Felton Marianna, Arkansas | Pam Langston & Family Little Rock, Arkansas | Netherton Promotions* Conway, Arkansas | Carolyn and Larry Tomlin & Family Russellville, Arkansas |
| Wilma I. Barnum Fairfield Bay, Arkansas | Jenny and Clayton Finney Houston, Texas | Legacy Termite & Pest Control* Little Rock, Arkansas | Marilyn and Joel Newcome Portland, Arkansas | U. S. Bank Little Rock, Arkansas |
| Carolyn and Marion Berry Gillett, Arkansas | First Security Bank Little Rock, Arkansas | Lewis Architects Engineers Little Rock, Arkansas | Our Lady of the Holy Souls Catholic Church Little Rock, Arkansas | Jo Anne and Roger Utley Sherwood, Arkansas |
| Blue and You Foundation* Little Rock, Arkansas | Dr. William P. Fiser Little Rock, Arkansas | Carole Liles North Little Rock, Arkansas | Petit Jean Razorback Club Morrilton, Arkansas | Mr. and Mrs. Robert Vogel Little Rock, Arkansas |
| Terri and Tom Bonner Little Rock, Arkansas | Ms. Dorothy C. Fortney Little Rock, Arkansas | Mr. and Mrs. Carl Long Moro, Arkansas | B.C. Pickens Trust Pickens, Arkansas | Alice Ann and Joe Watkins Hope, Arkansas |
| Laura and Douglas Borg Little Rock, Arkansas | Charlotte and Jim Gadberry Little Rock, Arkansas | Judith and Charles Long Branson, Missouri | Ella Mae and Edgar*Poag Osceola, Arkansas | Elizabeth Teague and John S.† Ridgewood, New Jersey |
| Joann and Jim Bowling North Little Rock, Arkansas | Alicia and Craig Gammon Vilonia, Arkansas | Denise and Tim Luft Little Rock, Arkansas | Polk Stanley Wilcox Architects* Little Rock, Arkansas | Margaret and Ron Wylie Clarksville, Arkansas |
| Robert B. Branch Sr. Paragould, Arkansas | Mr. and Mrs. Ed Harpole, Jr. Little Rock, Arkansas | Karon and Bill Mann Little Rock, Arkansas | Joyce and Chris Poole Benton, Arkansas | Martha Yocum El Dorado, Arkansas |
| E. Russell Brummett, Jr. Little Rock, Arkansas | Harrison Energy Partners* Little Rock, Arkansas | Carolyn and Craig McCone Little Rock, Arkansas | | |

Annual Workman Donation \$2,500-\$4,999

| | | | |
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| Anonymous (2) | Dillard's* Little Rock, Arkansas | HealthScope Benefits, Inc. Little Rock, Arkansas | St. Francis Ministries of Phillips County Helena, Arkansas |
| Myra and Andy Altom Heber Springs, Arkansas | Ellen and Don Edmondson Forrest City, Arkansas | Jean and Terry Landrum Scott, Arkansas | WM A. & Genevieve H. Strong FDTN Charitable Trust Pine Bluff, Arkansas |
| Arkansas Children's Hospital Little Rock, Arkansas | Eric Rob & Isaac Little Rock, Arkansas | Methodist Behavioral Hospital Maumelle, Arkansas | Mary and Cleifton D. Vaughan Little Rock, Arkansas |
| Arkansas Health and Wellness* Little Rock, Arkansas | Mr. and Mrs. Frank Fletcher, Jr.* North Little Rock, Arkansas | OneDigital Health & Benefits Little Rock, Arkansas | Paula and Kirk Wardlow Springdale, Arkansas |
| Bi-Partisan Strategies, Inc. Little Rock, Arkansas | Cecile and Gil Foresman Starkville, Mississippi | Pettus Office Products Little Rock, Arkansas | Weaver-Bailey Contractors El Paso, Arkansas |
| Crews & Associates Little Rock, Arkansas | Mary Lue and Bill Gibbs Camden, Arkansas | Augustus H. Pugh Portland, Arkansas | Debbie and Don Weaver Conway, Arkansas |
| Datamax, Inc. Little Rock, Arkansas | | | |

* Denotes new member
† Deceased



Annual Workman Donation \$5,000 and up

| | | | | |
|--|--|---|--|---|
| Anonymous (1) | Colene Ellis Harrison, Arkansas | Iva and Bill Krogman Star City, Arkansas | Riggs Cat Little Rock, Arkansas | Jason D. Smith* Little Rock, Arkansas |
| Lewese and Jon Ahrens Mount Ida, Arkansas | Judy Waddell Fletcher Little Rock, Arkansas | Jane Hunt Meade Little Rock, Arkansas | Lila and Jack Riggs Little Rock, Arkansas | Kellye and Steven Smith Fayetteville, Arkansas |
| Arkansas Arts Council Little Rock, Arkansas | Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas | Karen and Mike Millar Searcy, Arkansas | Sally and Keith Riggs Little Rock, Arkansas | Genevieve H. and William A. Strong Pine Bluff, Arkansas |
| Paul Arnold Nashville, Tennessee | Gill Ragon Owen Attorneys Little Rock, Arkansas | Angela and Chris Newell Trophy Club, Texas | Rittwood Farms Marked Tree, Arkansas | W.P. Sturgis Foundation Arkadelphia, Arkansas |
| Rebecca and Ritter Arnold Marked Tree, Arkansas | Jan Green Little Rock, Arkansas | Psychiatric Services, PLLC Little Rock, Arkansas | Mr. and Mrs. Reynie Rutledge Searcy, Arkansas | United Methodist Foundation of Arkansas Little Rock, Arkansas |
| Dr. Michael Bauer Little Rock, Arkansas | Hudson Cisne and Company, LLP Little Rock, Arkansas | Paula and Robert Reynolds El Dorado, Arkansas | Shuler Drilling Company El Dorado, Arkansas | Jesse J. Willcox Dardanelle, Arkansas |
| Lee and Bob Cross Little Rock, Arkansas | Kinco Constructors* Little Rock, Arkansas | Riggs Benevolent Fund Little Rock, Arkansas | Nancy and Neill Sloan Lake Village, Arkansas | Melissa and Keith Wrenn Brentwood, Tennessee |
| Deborah and Ray Dillon Little Rock, Arkansas | | | | |

THE GEORGE THORNBURGH SOCIETY

Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system.



| | | | |
|---|-----------------------------------|---|---|
| Anonymous (2) | Gill Ragon Owen Attorneys | Jane Hunt Meade | Shuler Drilling Company |
| Myra M. Abrignani Estate | Aline Gill Estate | Karen and Mike Millar Rev. Curtis E. Monroe Estate | St. Francis Ministries of Phillips County |
| Lewese and Jon Ahrens | Jan Green | Alline M. Montgomery Estate | Nancy* and Neill M. Sloan |
| Arkansas Arts Council | Maxine S. Gregg Estate | Angela and Chris Newell | Elizabeth H. Snyder Trust |
| Arkansas Community Foundation | Hall Revocable Trust | The William C. and Theodosia Murphy Nolan Foundation | Melda Stickland Estate |
| Paul Arnold | Natalie and Jared Hankins | Mrs. M.E. Peace† | Genevieve H. and William A.† Strong |
| Rebecca and Ritter Arnold | Carolyn M. Henslee | Augustus H. Pugh | William A. Strong Charitable Remainder Trust |
| Bancorp South Insurance Services, Inc. | John A. Henson Trust | Mrs. Betty Regnier | Roy and Christine Sturgis Charitable & Educational Trust |
| John and Barbara Bragg Charitable Remainder Trust | Mark Holder and Kathleen Kennally | Robert and Paula Reynolds | W. P. Sturgis Foundation |
| Milton D. and Mary C. Campbell Joint Revocable Trust | Walter B. Huff Estate | Riggs Benevolent Fund | United Methodist Foundation of Arkansas |
| Lillian Mae Calvert Living Revocable Trust | Geneva I. Hughes Estate | Lila and Jack Riggs | Charles and Mary Vinzant Joint Irrevocable Trust |
| Rachel and Jake Commer | Julia Mae Jackson Estate | Sally and Keith Riggs | Debbie and Don Weaver |
| Lee and Bob Cross | Ura Mae Johnston Trust | Thomas Edward Rimmerman Trust | Alma Welton Trust |
| Elizabeth W. Fries Estate | Kerkhoff Family Trust | Rittwood Farms Company, Inc. | Windgate Charitable Foundation |
| Charles A. Frueauff Foundation, Inc. | Iva and Bill Krogman | Marion and Miriam Rose Trust | Juanita Annette Wood Estate |
| Dr. Rita Galloway | Terry and Jean Landrum | Mr. and Mrs. Jeff Ryan | Melissa and Keith Wrenn |
| Conway and Margaret George Charitable Trust | Clyde Langford Jr. Estate | The Reverend Mitchell and Gladys Masters Sanford Endowment | Hazel Marie Wright Estate |
| Corinne W. George Trust | L.A. Logan Estate | Trish and Kurt Searvogel | |
| Mary Lue and Bill Gibbs | Mr. and Mrs. Carl Long | Velma E. Shaffer Estate | |
| | Judith and Charles Long | | |
| | Nell S. Martin Endowment | | |

THE COY-ROOTS-TABOR HERITAGE SOCIETY

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902. Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to Methodist Family Health.

Please let us know if you have included Methodist Family Health in your estate plan and allow us the opportunity to thank you and verify how you would like to be listed in our Coy-Roots-Tabor Heritage Society. Call 501.906.4202 or email cmccone@methodistfamily.org.



| | | | |
|---------------------------------|--|-----------------------------------|--------------------------------|
| Anonymous (2) | O'Neal Davidson Estate | Mrs. Ina Mae Harris | Steven C. Trolinger |
| Myra and Andy Altom | Donald R. Dearing and Martha M. Dearing Trust | Jonelle Ryan and Billy Gene Jones | Judy Vasser* |
| Jane and William Arthurs | Ellen and Don Edmondson | Nancy and Earl McClure | Warren Family Trust |
| Mr. † and Mrs. Robert G. Branch | Cecile and Gil Foresman | Jacquelyn P. Murphy | Imogene Simpson Westfall Trust |
| Ashley Riggan Coldiron | Marjem and John Gill | Kari and Dan Rohrbaugh | |

Please contact Carolyn McCone at 501.906.4202 or cmccone@methodistfamily.org for more information regarding giving opportunities.

* Denotes new member
† Deceased

BRIGHT NIGHT

BENEFITS CHILDREN, FAMILIES OF ARKANSAS

Methodist Family Health's Newest Fundraiser Provided Family-Friendly Fun to Youth and Supporters



It was a neon-bright night at Methodist Family Health's newest event for children and families in Arkansas. This new fundraiser welcomed 400 attendees from 5-9 p.m. at Big Rock Mini Golf and Fun Park on Fri., Aug. 4. Each person who purchased a ticket got to choose four activities, including bumper boats, go-karts, mini golf, lazer frenzy, batting cages, giant human maze, adventure ropes course and arcade games. Methodist Family Health provided a light

dinner of Chick-Fil-A, Frosty Treats and ice-cold bottled water as well as glow-in-the-dark necklaces, bracelets and visors.

"This event exceeded all of our expectations," said Carolyn McCone, CFRE, executive director of the Methodist Family Health Foundation. "Bright Night was exciting for the whole family, and we had a lot of youth from United Methodist churches throughout Arkansas come out and support

Methodist Family Health. We had a great time and are looking forward to having this event again next year."

Proceeds from Bright Night ticket sales support children and families who receive care from Methodist Family Health's programs and services including inpatient psychiatric hospitalization, outpatient counseling clinics, grief counseling services, residential treatment centers, group homes, emergency shelters and more.



Thank You TO OUR DONORS

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ANONYMOUS (1)

★ HOLE-IN-ONE SPONSORS ★



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MEN'S BIBLE STUDY
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TOMMY &
JUDY ANDERSON



ELLEN &
DON EDMONSON

DR. SCOTT HOGAN
& DR. LYNN THOMAS

NEILL SLOAN

DOROTHY MOREY



ANONYMOUS (5)

IN KIND SPONSORS



FROSTY TREATS

BRIGHT
NIGHT HAD

4
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ATTENDEES!
THANK
ALL OF YOU!

YOU MAKE A *difference!*

In fiscal year 2017, the Methodist Family Health Foundation income was \$2,242,785. This includes contributions and donations from generous donors like YOU. Through your gifts, YOU make it possible for Methodist Family Health to provide these items to the children and families we serve:



Equestrian Therapy



Bibles and Spiritual Study Materials



Art Therapy



Birthday Gift Cards



Recreational Items



Summer Camps



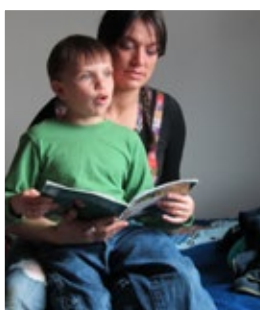
Christmas Gifts



Post-Secondary Education Scholarships



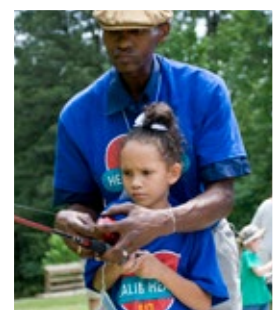
Facility Improvements



Group Home Furniture and Bedding



New Recreational Area



Therapy Tools and Resources

LOCATIONS OF CARE

- + **Behavioral Hospital**
Maumelle

- ★ **Residential Treatment Centers**
Bono (near Jonesboro)
Little Rock

- ♥ **Therapeutic Group Homes**
Fayetteville
Heber Springs
Lexa (near Helena-West Helena)
Little Rock
Magnolia (2)
Searcy
Springdale

- ◆ **Emergency Shelter**
Little Rock

- ◆ **Arkansas CARES
Center for Addictions
Research, Education and
Services**
Little Rock

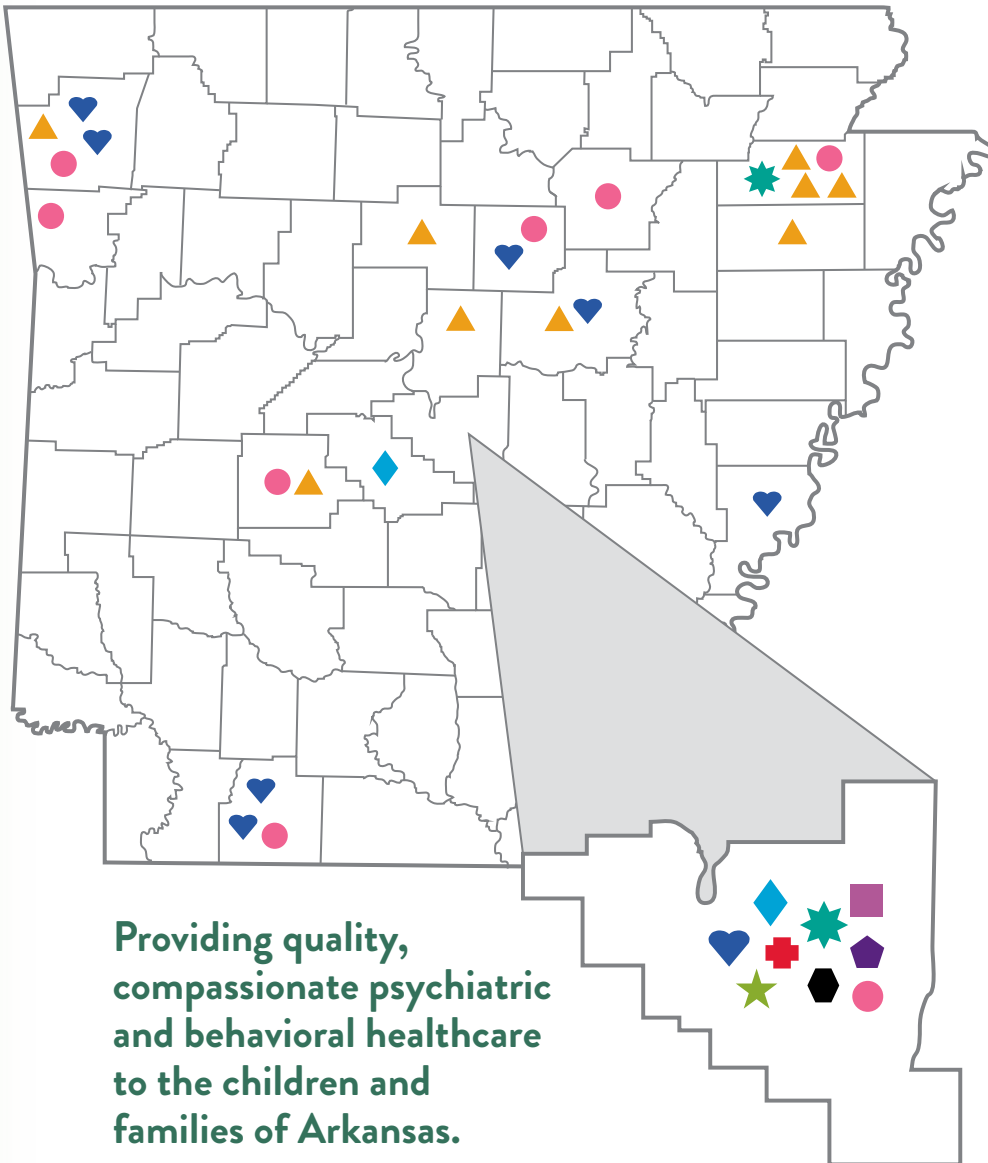
- ◆ **Therapeutic Day Treatment**
Benton
Little Rock

- **Counseling Clinics**
Alma
Batesville
Fayetteville
Heber Springs
Hot Springs
Jonesboro
Little Rock
Magnolia

- ▲ **School-Based Counseling**
Harrisburg
Jonesboro
Lincoln
Nettleton
Van Buren County
Vilonia
White County
Success Achievement Academy,
Jonesboro

- ★ **Kaleidoscope Grief Center**
Little Rock

- **MFH Administration**
Little Rock



Providing quality, compassionate psychiatric and behavioral healthcare to the children and families of Arkansas.



501.661.0720
After hours: 501.803.3388 or 866.813.3388
info@methodistfamily.org

Methodist Behavioral Hospital and Methodist Children's Home comply with applicable Federal civil right laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Methodist Behavioral Hospital and Methodist Children's Home cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Methodist Behavioral Hospital and Methodist Children's Home erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.



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Southern



Silks

A Derby Day Soiree
benefiting Methodist Family Health

May 5, 2018 • 6 p.m.

Clear Channel Metroplex Event Center
10800 Colonel Glenn Rd. (off I-430) • Little Rock

Celebrate the 144th running of the Kentucky Derby at a post-race soiree that will include faux horse races where you can be a jockey! There will be prizes for each race, Derby Day refreshments, a live auction, hat contest and much more.

Tickets: \$75 per individual (assigned seating, open table)
\$50 per individual (general admission)

Table sponsorships start at \$1,000.

To purchase tickets, request sponsorship information or volunteer, e-mail Cathey Henry at chenry@methodistfamily.org or call 501-906-4201.

#SouthernSilks18