

# Sentinel

 *Methodist*  
FAMILY HEALTH

FALL 2016

## SHARE THE *Light*

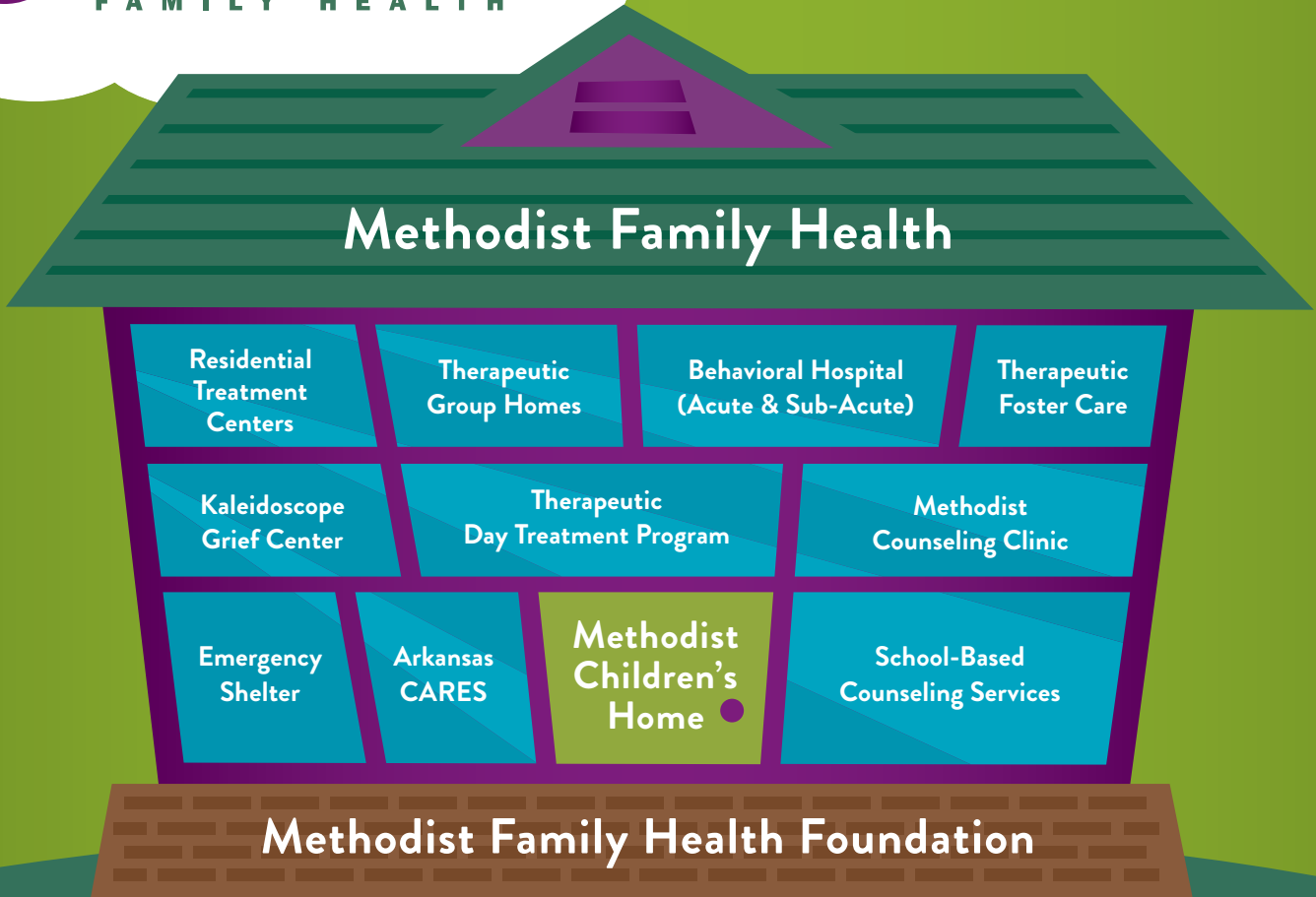
MFH employee finds success, lots to celebrate this Christmas

### BOARD SPOTLIGHT

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### THANK YOU

What a difference the gifts of friends and supporters make to MFH – p. 20



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The **MISSION** of Methodist Family Health is to give the best possible care to those who may need our help and to treat the whole person: behaviorally, emotionally and spiritually.

**Methodist Family Health  
Sentinel**

a publication of the Methodist Family Health  
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Photos: Daniel Moody, Kelly Quinn and  
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On the cover: MFH employee and former  
group home resident Krysta (right)  
understands the importance of "Sharing the  
Light" this Christmas season.

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Methodist Family Health is the management  
company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinic
- Arkansas CARES

FALL 2016

WELCOME TO  
**Sentinel**

Dear Friend,

As Christmas approaches, I hope you will remember the children in our care. While preparing for special celebrations with friends and family, stop and reflect on the joy and blessings in your own life, and remember that not everyone is so fortunate. As you shop for gifts and plan gatherings with loved ones, please consider setting aside part of your budget to support the work of Methodist Family Health with a tax-deductible charitable donation.

Our work has a powerful impact, not only on the people that we work with directly but on the larger community as a whole. We depend on your help to be able to continue to provide a child-friendly environment of care for these services. That is why I ask you, during the Christmas season, to remember MFH with a charitable gift in support of our important work. Any amount you can share will be greatly appreciated and put to good use right here at home in Arkansas. What better way to celebrate Christmas than by sharing what you have with children and families who are in need of assistance? Your generosity will have a positive impact on our children and the care they receive. Every gift matters and makes a difference.

Regards,



Andy Altom  
President and CEO





By Jane Dennis

# Light FOR THE JOURNEY



**MFH employee comes full circle, back to the beginning of life transformation**



Krysta was 9 years old when she entered the Arkansas foster care system. She and her five siblings were removed from a home racked with abusive behavior and placed in different foster homes, group homes and shelters. She wasn't sorry to leave. But uncertainty lay ahead.

In the next few years, she bounced from home to home, never staying long at any location. Along the way, Krysta fine-tuned her attitude, and it was "bad," she says.

"I went from being beaten by my parents to being a foster child who couldn't get whoopin's or anything," she says. "To me, the worse thing was to be whooped, or for someone to place their hands on me. I knew being in DHS (Department of Human Services) custody that I couldn't get whoopin's or spankings, so I was kind of out of control. I was like, 'I can do anything, say anything and not have any consequences.'"

At 12, Krysta and her attitude landed in the Methodist Family Health (MFH) group home, part of the Methodist Children's Home program, for the first time. She was introduced to the Teaching-Family model of care, a well-defined teaching structure with a points system that establishes clear consequences for inappropriate behavior and positive motivation for good behavior. She received one-on-one attention and help addressing each of her interpersonal and behavioral skills that needed polishing.

A team of MFH treatment professionals provided coordinated care that was different than any she had received before. "It's easy to feel defeated and like you don't deserve the help," she says. "But they told me, 'No matter how long it takes, for as long as you need us, we're going to be here.'"

Slowly, eventually, it all began to click. She was amazed that the coping skills she learned actually worked at school and elsewhere. She discovered both the skills and the motivation to have a positive attitude, to take charge of her life and set goals and achieve them.

"Foster kids have this stigma that we are bad people and we aren't going to make it very far in life. But being at Methodist gave me this drive to continue on and to not only improve my life but to improve the life of others," she says.

Krysta got involved in the Department of Human Services' Youth Advisory Board, which helps educate and advocate for those in the foster care system. She served as Board president for two years and discovered newfound leadership skills.

"I'm big on still staying in contact with other foster youth and helping children with behavioral issues so they don't just see themselves as a problem," she says. "Having the

right outlook and opening up and actually wanting help ... that's the key."

Krysta lived in the MFH group home for four years – “the most influential years of my life” – before being taken in by a foster family she now considers her “forever family.”

“Methodist Family Health helped change my outlook, from a foster child with behavioral issues to a confident young lady with the skills to achieve goals that lead to a healthy and happy life,” Krysta says.

After graduating high school with honors, Krysta set her sights on college. She graduated in 2015 with a degree in psychology and minor in health and human performance. Along the way she worked a variety of jobs, from childcare to sales.

She “aged out” of foster care at 21 and believed Methodist Family Health was in her past. But MFH became part of her future, too. Through family and friends associated with MFH, Krysta learned about a behavioral instructor position with the Children’s Home program. She applied and got the job.

Now 23, Krysta has transitioned to working as a recreation behavioral instructor for MFH. She has also achieved certification in the Teaching-Family model.

“Krysta’s background as a client at Methodist Children’s Home gives her an unusual insight into what our clients are experiencing, which fosters great empathy,” says Carolee Cook, MFH’s director of recreational therapy. “She knows how much the staff who worked with her, as well as the Teaching-Family model, helped guide her personal skills as she matured during her adolescent years; and she strives to do that for the clients she serves.”

Krysta works with MFH children ages 8 to 17. “I see so much of myself in them,” she says with a laugh, adding that any kind of testy behavior they try doesn’t faze her because she very likely has tried the same thing. “I’ve been in their shoes!”

The crux of her work is “just taking the time to show them their worth,” she says. “They want your attention and your time.”

Looking ahead, she hopes to obtain a master’s degree in counseling and rehabilitation and possibly work as a school counselor or in a program like MFH. “I want to help children who are dealing with many of the same hardships that I dealt with as an adolescent,” she says. “It’s a challenge but one I am willing to meet head on.”

**Methodist Family Health helped change my outlook, from a foster child with behavioral issues to a confident young lady with the skills to achieve goals that lead to a healthy and happy life.**





# SHARE THE Light

.....  
**Christmas contributions change lives**

Krysta's journey with Methodist Family Health – from a scared, confused child to a valued employee – represents the kind of success that is possible for the children who rely on MFH for care and guidance.

Contributions to the annual MFH Christmas “Share the Light” campaign will ensure that more success stories like Krysta’s are on the horizon.

The MFH Christmas campaign is a long-held tradition that invites support of an organization founded in

1899 as the Methodist Orphanage. Today’s MFH offers inpatient, residential and outpatient programs, including Methodist Children’s Home, Methodist Behavioral Hospital, Arkansas CARES (Centers for Addictions Research, Education and Services) and Methodist Counseling Clinic.

For 2016, an anonymous donor has agreed to provide a one-to-one match to contributions made by new donors (or increased gifts from existing donors), up to \$10,000. As a result,

financial gifts to MFH’s “Share the Light” campaign will go further and help more children than ever before.

The campaign will be highlighted in United Methodist churches across Arkansas in December. Other options to contribute include online giving at [MethodistFamily.org](http://MethodistFamily.org), or mailing contributions to: MFH Foundation, P.O. Box 56050, Little Rock, AR 72215; a contribution envelope is found in this magazine. For more information, call 501.90.4201.

# BUILDING Brighter FUTURES



“In a culture where people are often cast aside and forgotten, Methodist Family Health is about the business of reclaiming and rebuilding lives in a way that honors others and gives glory to God.”

**REV. BRITT SKARDA**

Pulaski Heights United Methodist Church • Little Rock



“The Methodist Children’s Home is part of my family’s history, going back to when I was a little girl bringing toys to the children who didn’t have any. Over the years, so many kids have been helped. I see the good that continues to be done.”

**DOROTHY MOREY**

Donor • Little Rock

“We believe that mental health is vital to our everyday living and we support Methodist Family Health because they truly care about the mental well-being of Arkansans.”



**JAMILYN & NATHANIEL NOBLE**

Board of Directors, Methodist Family Health and  
Methodist Family Health Foundation  
North Little Rock

“I know firsthand that there are kids who would be forgotten if it were not for ministries like Methodist Family Health. Given a place to be loved, challenged and nurtured, ‘forgotten kids’ can become success stories.”



**REV. DAVID ORR**

First United Methodist Church • Searcy



“I have been inspired by Methodist Family Health’s commitment to care for the mind, body and soul. They provide an environment of hope and healing so that individuals will not just survive but thrive.”

**REV. KEITH DODSON**

First United Methodist Church • El Dorado



“I support Methodist Family Health because I know that this ministry transforms lives of children and youth in the state of Arkansas.”

**REV. MARK NORMAN**

Superintendent, United Methodist  
Southeast District • Pine Bluff

Please give generously. Your donation makes a difference!

3

WAYS TO GIVE

**Text** Text GIVE to 501.254.6048

**Online** Visit [methodistfamily.org](http://methodistfamily.org) and click “Donate Now”

**Mail** Mail your donation to Methodist Family Health, P.O. Box 56050, Little Rock, AR 72215

# Pets bring joy and healing to MFH clients



Mary Armstrong and Hobie, friends of Methodist Family Health, are among those who provide animal-assisted therapy



With the gentle nuzzle of a nose or a loveable lick of a tongue, pets are naturals at showing love, admiration and acceptance. That translates to a host of therapeutic benefits for clients of Methodist Family Health (MFH).

MFH teams up with volunteer organizations that bring pets, mostly dogs, to special events such as Camp Healing Hearts and locations including its behavioral hospital, residential treatment centers and Kaleidoscope Grief Center’s Peer Support Bereavement Group.

For example, Mary Armstrong of Benton and her pet therapy dog Hobie, a 6-year-old English Springer Spaniel, frequently visit Kaleidoscope’s bereaved families. Armstrong talks about the benefits of having a pet and how a pet brings hope and healing through the human-animal bond. Hobie calmly allows clients to

stroke his silky fur. The pair are members of TAILS (Therapeutic Animal Interventions Lift Spirits), a visiting animal group in central Arkansas.

“I love to watch the joy on the face of a child when they listen to Hobie sing or when they rub his ears,” Armstrong says. “Hobie likes doing tricks for the children and especially likes the treats they give him.”

Research shows that animals have a calming effect on humans and positively impact mental and physical health, including issues of isolation and depression.

Armstrong agrees. “A pet will listen to you talk for as long as you want to talk.”



# Methodist Family Health presents

**MARCH 1  
THROUGH  
APRIL 13**

**THE 8TH  
ANNUAL**

**40 DAYS OF  
COLLECTING**

## **Get Up & Give**



**After the 40 Days of Collecting, you can drop off the new items you collect at any of our Counseling Clinics from April 17-21 during regular business hours.**

Methodist Family Health invites church groups, families, friends and neighbors to join us in collecting much-needed items during the season of Lent! Your generosity will bring a smile to the faces of those we serve in our hospital, group homes, emergency shelter and other programs.

**Alma**  
1209 Hwy 71N Suite B  
479.632.1022

**Heber Springs**  
407 S. 7th St.  
501.365.3022

**Batesville**  
500 E. Main St.  
Suite 310  
870.569.4890

**Hot Springs**  
3632 Central Ave.  
Suite B  
501.463.5003

**Cherokee Village**  
35 Choctaw Trace  
870.257.2181

**Jonesboro**  
2239 S. Caraway Rd.  
Suite M  
870.910.3757

**Fayetteville**  
74 W. Sunbridge Dr.  
479.582.5565

**Little Rock**  
1600 Aldersgate Rd.  
Suite 100B  
501.537.3991

**Magnolia**  
621 E. North St.  
870.234.0739

## **OUR WISH LIST**

### **SOCKS & UNDERWEAR**

For boys and girls, up to age 17, especially larger sizes, boys' white T-shirts and boxers, and all size soft bras (no underwire)

### **SCHOOL SUPPLIES**

Wireless composition books  
Backpacks

### **ACTIVITY ITEMS**

Recreation items such as basketballs, kick balls, footballs, soccer balls, etc.  
Board games, cards, dominoes, crayons, coloring books, colored pencils

### **BABY ITEMS**

Diapers, all sizes, including training pants like Pull-Ups  
Crib sheets

### **MISCELLANEOUS**

Paper towels  
Toilet paper  
Twin size sheet sets  
Bath towels and washcloths (white only)

*Monetary donations will be used for these needs as well. To view a detailed Wish List, go to [www.MethodistFamily.org/wish](http://www.MethodistFamily.org/wish).*

**Monetary donations may be sent to: Methodist Family Health Foundation, P.O. Box 56050, Little Rock, AR 72215 (put "Get Up & Give" in memo line).**

**For information: contact Jane Dennis at 501.906.4210 or [jdennis@methodistfamily.org](mailto:jdennis@methodistfamily.org).**



Rebuilding the Lives of Children and Families Since 1899

**f** [MethodistFamily.org](http://MethodistFamily.org)



## Little Rock attorney Bill Spivey champions MFH as ‘social gospel’

Bill Spivey brought his more than 35 years of experience as one of Little Rock’s leading attorneys to Methodist Family Health (MFH) when he joined the Foundation Board of Directors in 2013. A partner in the law firm of Wright Lindsey Jennings, Spivey has been a member of the Foundation Investment Committee and active supporter of numerous special events benefiting MFH.

### What brought you to MFH and service on the Foundation Board?

I joined the MFH Foundation Board at the invitation of several other Board members. I think that they knew of my past service on both the Camp Aldersgate Board and the Aldersgate Foundation Board.

### What makes Methodist Family Health worth your time, attention and support?

Frankly, until I joined the Board I was only aware of a small part of the many programs which are a part of MFH today. Having grown up in a Methodist family, I have known of the Children’s Home all my life but not the scope and breadth of other programs beyond the Little Rock campus. The late Rev. Robert Regnier and his family were good friends of my family, and his example has also been an inspiration to me.

### What is it about Methodist Family Health that inspires you?

I have come to believe that the potential for good works through MFH has few limitations if we as Board members commit ourselves to furthering its work. MFH is today’s “social gospel” in my estimation.

### What do you consider the biggest challenge facing MFH?

Although my service at Camp Aldersgate over the past 20 years should have taught me otherwise, I am always surprised to learn how little many people know about MFH. I applaud the efforts to have Board members venture out and speak to United Methodist congregations and to spread

the message about MFH and its work. The challenge is to educate as many new people as possible about MFH.

### Tell a little about yourself and your family.

Cathy and I are the parents of Ellen and John, both of whom grew up in Little Rock and graduated from Little Rock Central High School. Ellen and her husband, Gray Newhouse, and our new grandson, Robert Hayes Newhouse, live in Hoboken, N.J. Our son John will be returning to New York this fall to take a new job in the city. Cathy volunteers with various organizations around the city and is actively involved with her United Methodist Women’s Circle and Cancer Friends at Pulaski Heights United Methodist Church. We love to travel and spend time with our children who often travel with us. We hope to have the opportunity to see more of the world. My favorite place is anywhere my family is at any moment in time.



**Bill Spivey**



## Go-to helpers find many ways to support MFH

Volunteers are the unsung heroes of Methodist Family Health

Among the “go-to” volunteers who stand ready to help Methodist Family Health at a moment’s notice are members of two Little Rock church groups – the Women in Mission at St. James United Methodist Church and the United Methodist Women’s Lydia Circle at Winfield United Methodist Church.

Members of these groups not only consistently work hard with little recognition, they carry the banner for MFH to their congregations and throughout the community.

The varied tasks they have taken on include hosting games, cookouts and activities for residential clients, providing office and special event assistance, raising funds and sometimes shopping for specific needs, decorating for holidays, and much more.

“We do something to benefit Methodist Family Health every single month, whatever is needed,” says Ann Rowell, chairperson of the 11-member St. James group. “We especially love working with the kids, whether it’s hosting Field Day, or playing Bingo or Bunko, or helping with the Halloween carnival.”

Several times a year the Winfield group, with just 10 members, gathers to fill “treat” jars that are used by the Foundation as thank-you gifts to friends and supporters. They also host Christmas parties for MFH kids and drives to collect shampoo, school supplies and the like, or donations to purchase items.

“We just want people to know what Methodist Family Health does and how easy it is to help,” says Sondra Hushaw, a leader of the Winfield circle.

The groups get their assignments from Jamie Griffith, volunteer coordinator for the MFH Foundation. “It’s great to have folks who are willing to help anytime we need them,” Griffith says. “We count on them, and they are always there for us.”



Sondra Hushaw of the Lydia Circle at Winfield United Methodist Church leads the way for her congregation to support Methodist Family Health.

Members of the Women in Mission at St. James United Methodist Church assist with preparations for the 2016 Walk for Children and Families.





# RECOGNITION

## Churches applauded for volunteer service and generosity to MFH

Throughout the summer, special recognition awards were bestowed upon United Methodist congregations that have been exceedingly supportive of Methodist Family Health in the past year. Outstanding Generosity and Volunteer Service awards were presented. Thanks go to all the congregations that support Methodist Family Health and its mission to give the best possible care to those who need our help.



**Brinkley First UMC: Pastor Mike Smith and member John Martin**



**El Dorado First UMC: Pastor Keith Dodson**



**Farmington UMC: Pastor Troy Conrad**



**Fayetteville Central UMC: Pastor Steve Pulliam**



**Forrest City First UMC: MFH Foundation Director of Development Maggie Beeler and Pastor Bill Buchanan**



**Heber Springs First UMC: Pastor Tommy Toombs**



**Hot Springs Piney Grove UMC: Pastor Scott Gallimore and MFH Foundation Board President Scott Beardsley**



**Hot Springs Village Christ of the Hills UMC: Pastor Bubba Smith and Scott Beardsley**



**Lake Village Lakeside UMC: Pastor Bill Fish, Maggie Beeler and MFH Foundation Board member Neil Sloan**



**Little Rock Pulaski Heights UMC: Pastor Britt Skarda**



**Little Rock St. James UMC: Pastors Claire Caldwell and Sieg Johnson, with MFH Foundation Associate Director of Development Denise Luft (center)**



**Little Rock Winfield UMC: member Sondra Hushaw**



**Searcy First UMC: Pastor David Orr, members Susie Baker and Revel Baker**

# MFH KIDS NEED YOU!



The mission at Methodist Family Health is to give the best possible care to those who may need our help. We treat the whole person – behaviorally, emotionally and spiritually.

One way to support this mission is to become a DONOR. Here's how:

## BE A HOPE BUILDER

Hope Builders authorize **monthly donations** to Methodist Family Health.

## DESIGNATED GIVING

Some donors like to give to **specific programs or projects**. Here are a few possibilities:

- A specific Group Home
- Arkansas CARES
- The Rev. Regnier Memorial Summer Camp Fund
- Kaleidoscope Grief Center
- Children's Bible Fund
- Scholarship Fund

## TRIBUTES

Pay tribute to a special person in your life with a gift to MFH. These can be **in honor of or in memory** of someone special. Acknowledgement of your gift will be made to whomever you designate.

## PLANNED GIVING

Many people who support the Methodist Family Health Foundation say it is one of the most satisfying experiences of their lives, and they would like to do more. Here are some **additional ways to support** MFH. Please feel free to call us to discuss any of these options in greater detail.

- A gift of appreciated assets, such as stock or real estate
- Your will or estate plan
- Retirement plan or IRA
- An insurance policy
- A charitable remainder trust

## IN-KIND DONATIONS

Donate **needed items**, such as socks, underwear, books, games, toys, backpacks and school supplies, to name just a few, to Methodist Family Health. This type of giving is appreciated year round.

## CHURCH GIVING

Give to the MFH **Christmas special offering** in December at your local United Methodist church and make a difference in the lives of those served by Methodist Family Health.

If you would like to donate to a specific fund not listed here, or have questions about how to make a donation, please contact Carolyn McCone, CFRE, executive director, MFH Foundation, at [cmccone@methodistfamily.org](mailto:cmccone@methodistfamily.org) or 501.906.4202.

# Wish List:

## YOU CAN HELP MAKE DREAMS COME TRUE

With a range of programs and thousands of clients, both residential and outpatient, Methodist Family Health continually has a "Wish List" of items our kids could use, enjoy and from which they could benefit during the course of therapy. Some are as small as a book; others are as large as a foosball table.



For those interested in helping out, here's a list of general categories of our wishes and needs:

- Backpacks and school supplies
- New underwear and socks for boys and girls, ages 5 to 17
- Personal care items
- Kitchen and household items
- Bedding and items for bedrooms
- Home electronics
- Outdoor furniture and grills
- Indoor/outdoor games and recreation items
- Therapeutic books, workbooks and games



# WHAT'S HAPPENING

## MFH kids treated to Razorback game as 'Burl's Kids'



MFH clients wait to greet Arkansas Razorback football players.

Twenty-five children and youth from Methodist Family Health residential group homes experienced the excitement of an Arkansas Razorback football game for the first time Sept. 23, thanks to the Brandon Burlsworth Foundation and the Petit Jean Razorback Club.

The Foundation was established in memory of the Razorback All-American player who was killed in a car accident in 1999 at age 22. Its mission is to honor his work ethic and Christian values, while supporting the physical and spiritual needs of children, in particular those who have limited opportunities.

Accompanied by five adult chaperones, the MFH kids had a day full of treats in store as "Burl's Kids," a program that makes it possible for youngsters who have never attended a Razorback gridiron match-up to have a front-row seat to the action. The game was held at Donald W. Reynolds Stadium on the campus of the University of Arkansas in Fayetteville.

The game-day experience included a walk on the field during pregame warmups and meeting players for autographs and photos after the game. The Burlsworth Foundation also provided each youth with a football jersey, a pair of glasses like Burlsworth wore, a book about his life and refreshments. The Petit Jean Razorback Club provided money so each youth could purchase souvenirs of his/her choice. Also, in preparation for the exciting day, some of the youth attended a showing of "Greater," the just-released film on Burlsworth's life.

## Park outing yields Easter treats

Little Rock's Pulaski Heights United Methodist Church invited families of MFH's Arkansas CARES program to join the church's annual Easter egg hunt at Allsopp Park. The late March outing included music and dancing, bubble machines and fun tattoos. The children delighted in filling baskets with eggs and candy treats.



A mom from the Arkansas CARES program and her children join in the Easter egg hunt.

## Students give a hand to other students

Sterling Gentry and Natalie McGarry, students at Little Rock's Central High School, launched a spring collection drive that resulted in a large assortment of school supplies, which they donated to Methodist Family Health residential clients.



Sterling Gentry and Natalie McGarry drop off donations of school supplies.



Volunteers gather at the Springdale Girls' Group Home.

## 'Destination: Mission' reaches out to group homes

Mission-minded third- through sixth-graders, children's ministers and volunteers from across the state gathered for Destination: Mission, a hands-on mission experience for elementary students July 6-9 at Mount Sequoyah Retreat Center in Fayetteville. The program is an official ministry of the United Methodist Arkansas Conference Council on Children's Ministry.

With participants from across the state, the young missionaries joined in fun and games and other activities at both the Methodist Family Health Springdale Girls' Group Home and Fayetteville Boys' Group Home. They also presented a monetary gift of \$100 to each of the homes.

Activities at the Fayetteville home included playing video games, Uno, soccer and basketball, weeding flower beds, painting T-shirts and enjoying lunch together. At Springdale, the youngsters toured the home, got to know the bunnies living in the rabbit hutch and did a bit of karaoke.

"These kids are a lot more like me than I thought," said one visiting youth. "They are fun and funny."

Another commented: "It felt good to help the boys. I had a lot of fun with them."

## Spirit of Hope event raises funds for MFH

Residents of Hope turn out in large numbers for the annual citywide Spirit of Hope Fourth of July celebration. The event features music and entertainment and raises funds for charitable organizations, including Methodist Family Health. This year MFH was presented a gift of \$1,500.



Celebrating at Hope are MFH Foundation Director of Development Maggie Beeler (center) along with First United Methodist members Kari Rohrbaugh and Wynn Wilson, along with pastor Steve Johnson.

## Pies fly at Hot Springs VBS



Pies land in the faces of David Moseley and Michelle Wilkins at Hot Springs First United Methodist Church.

All for a good cause, Hot Springs First United Methodist Senior Pastor David Moseley and Director of Children's Ministry Michelle Wilkins both took pies to their faces after boys and girls attending Vacation Bible School competed in collecting the most change for Methodist Family Health and the goal was reached. "I'm so excited that our VBS kids raised \$1,000 this year for Methodist Family Health," Wilkins said.

## Children lead the way at Magnolia church

The partnership between the children of First United Methodist Church in Magnolia and Methodist Counseling Clinic in Magnolia continues to grow and make a significant impact on children and youth receiving services at the clinic. Led by children's director Jeremy Carter, the First UMC children and their families have special projects throughout the year to raise money and provide healthy snacks in the waiting room at the clinic. Vacation Bible School in August raised funds for the cause. The children lead the way in promoting awareness of the clinic and MFH services statewide in the church and community.

Members of the Stagner family are among Magnolia First UMC members lending a hand to the Methodist Counseling Clinic.





# WHAT'S HAPPENING

## UMW members show support to MFH



Following their annual meeting Sept. 24, members of Northeast District United Methodist Women spent the afternoon engaged in a pair of mission projects for Methodist Family Health. One group of ladies remained at the meeting site, Jonesboro First UMC, and signed letters encouraging pastors to support the MFH Christmas Campaign in December. Others traveled to nearby Bono and MFH's Dacus Residential Treatment Center, where they played Bingo with clients, awarded prizes and served snacks. Tracey Ritchey is the District UMW President.

A letter-writing campaign is tackled by United Methodist Women in the Northeast District.

## Leslie, Marshall UMW team up in spring collection

United Methodist Women of Leslie and Marshall United Methodist churches celebrated UMW Sunday in April by sponsoring an "Undie Sunday" collection for Methodist Children's Home. They also made a contribution to the MFH Camp Fund, which makes it possible for MFH residential clients to attend summer camp.



United Methodist Women from the Leslie and Marshall churches and pastor Mike Proctor display contributions to MFH.

## LR business 'shares it forward'

Employees of Riggs CAT in Little Rock supported MFH recently by "sharing it forward" through their Employee Fund. The employees donated more than 500 pairs of socks and articles of underwear for MFH children and youth, as well as miscellaneous toiletry items.



MFH Foundation Director of Development Maggie Beeler receives a generous contribution from Riggs CAT employees.





## Congregation collects items for Children's Home

Members of Sherwood Seventh-Day Adventist Church collected and donated backpacks and school supplies for the Methodist Children's Home this summer. Rhonda and Russell Roberts delivered the items. The congregation, which has previously donated Christmas gifts for the children, plans to have more drives for blankets and other necessity items.



Rhonda and Russell Roberts deliver items to the Children's Home.

## Kids help kids at Texarkana church

Mission-minded youngsters attending Texarkana First United Methodist Church's Vacation Bible School in July donated their daily offerings as well as in-kind items to the children of the Methodist Children's Home.



Children at Texarkana First UMC Vacation Bible School are joined by adult helper Rogena Bowers.

## Winfield group welcomed to Fillmore campus

Members of the PrimeTimers at Winfield United Methodist Church in Little Rock, along with pastor David Hoffman, toured the Fillmore campus in May and learned more about MFH programs and services.



Winfield UMC PrimeTimers tour the Fillmore campus.



# SOCIETIES

## THE JAMES M. WORKMAN SOCIETY



Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health system.

### Annual Workman Donation \$1,000-\$2,499

Anonymous (7)	Ellen and Don Edmondson Forrest City, Arkansas	Karon and Bill Mann Little Rock, Arkansas	Beverly and Harrison Ralph Crossett, Arkansas
Mr. and Mrs. Cliff Albert Beebe, Arkansas	Pam and Robert Edwards Searcy, Arkansas	Carolyn and Craig McCone Little Rock, Arkansas	Reverend and Mrs. Henry "Buddy" Ratliff Camden, Arkansas
Myra and Andy Altom Heber Springs, Arkansas	Randy Ennen Fort Smith, Arkansas	Mr. and Mrs. Travis McKamie Rosston, Arkansas	Ms. Bessie Reynolds Wilmot, Arkansas
Jane and William Arthurs Little Rock, Arkansas	Becky and Trent Felton Marianna, Arkansas	Angela and Chad McLain Brinkley, Arkansas	Mr. and Mrs. Del Roberson Benton, Arkansas
Steve W. Babcock Paragould, Arkansas	Jenny and Clayton Finney Houston, Texas	Carl Miller, Jr. Little Rock, Arkansas	Mr. and Mrs. D.K. Robinson Little Rock, Arkansas
Linda and Donald Bacon Little Rock, Arkansas	Cecile and Gil Foresman Starkville, Mississippi	Mr. and Mrs. Eugene Miller Hazen, Arkansas	Ruth and Dennis Rowland Kansas City, Missouri
Virginia and Bill Ball Searcy, Arkansas	Ms. Dorothy C. Fortney* North Little Rock, Arkansas	Caroline and Chuck Mischke Lake Village, Arkansas	Kristi and Gary Sewell El Dorado, Arkansas
Ellen and William Bankston Heber Springs, Arkansas	Alicia and Craig Gammon Vilonia, Arkansas	Brenda Mize Little Rock, Arkansas	Deborah and John Shannon Hot Springs, Arkansas
Wilma I. Barnum Fairfield Bay, Arkansas	Mrs. Rosemary Davidson Griffith Little Rock, Arkansas	Dorothy C. Morey Little Rock, Arkansas	Reverend and Mrs. Gill L. Sills Searcy, Arkansas
Dr. Michael Bauer* Little Rock, Arkansas	Carolyn M. Henslee Little Rock, Arkansas	Shan and Steve Morgan Magnolia, Arkansas	Mr. and Mrs. David W. Smith North Little Rock, Arkansas
Misty Baugh Little Rock, Arkansas	Elaine and Bishop Kenneth Hicks Little Rock, Arkansas	Alicia H. Mosley Camden, Arkansas	Kellye and Steven Smith Fayetteville, Arkansas
Debbie and Keith Bennett Little Rock, Arkansas	Dr. and Mrs. Mike Hillis Texarkana, Arkansas	Ms. Rosanne Murphy Hot Springs, Arkansas	Jan Snider Little Rock, Arkansas
Carolyn and Marion Berry Gillett, Arkansas	Kathleen Kennally and Mark Holder Little Rock, Arkansas	Karen and Bill Nelson, Jr.* Jonesboro, Arkansas	Panda and Randal Spurgin Berryville, Arkansas
Mr. and Mrs. Shell Blakely Searcy, Arkansas	B. Louise and Charles Holmes Little Rock, Arkansas	Marilyn and Joel Newcome Portland, Arkansas	Jo Ellen and Bill Stover Paragon Resource Management, Inc. Little Rock, Arkansas
Deborah and Perry M. Bolding North Little Rock, Arkansas	L.A. Holthoff and Family Gould, Arkansas	Karen and Andy Norris Lake Village, Arkansas	The William C. and Theodosia Murphy Nolan Foundation El Dorado, Arkansas
Terri and Tom Bonner* Little Rock, Arkansas	Kerry and Charlie Jackson El Dorado, Arkansas	Julie and Christian O'Neal* Little Rock, Arkansas	Carolyn and Larry Tomlin & Family* Russellville, Arkansas
Sue and Sid Brain Harrison, Arkansas	Mr. and Mrs. Tom Jewart Little Rock, Arkansas	Dr. Karen A. Perry Mena, Arkansas	Jo Anne and Roger <sup>†</sup> Utley Sherwood, Arkansas
Robert B. Branch Sr. Paragould, Arkansas	Harriet and James Johnson Wilmot, Arkansas	Mary Catherine and Trevor Person* Little Rock, Arkansas	Alice Ann and Joe Watkins Hope, Arkansas
Liz and Tim Butler El Dorado, Arkansas	Diane and Bill Johnston Heber Springs, Arkansas	B.C. Pickens Trust Pickens, Arkansas	Debbie and Don Weaver Conway, Arkansas
Rhonda and Jim Carroll Brinkley, Arkansas	Mr. and Mrs. Rami Kassissieh Little Rock, Arkansas	Ella Mae and Edgar <sup>†</sup> Poag Osceola, Arkansas	Ms. Leslie Wilson Little Rock, Arkansas
Rynnett and Rev. J. Wayne Clark Conway, Arkansas	Mr. and Mrs. Grady Keith Lake Village, Arkansas	Joyce and Chris Poole Benton, Arkansas	Elizabeth Teague and John S <sup>†</sup> . Workman Ridgewood, New Jersey
Mr. and Mrs. Harry Clerget Little Rock, Arkansas	Becky and Jerry Kossover Little Rock, Arkansas	Ms. Lee Powell Lewisville, Arkansas	Tara and Robert Wright Fayetteville, Arkansas
Rachel and Jake Commer Gulf Breeze, Florida	Carole Liles North Little Rock, Arkansas	Mr. and Mrs. Jerry E. Pruden* Hope, Arkansas	Margaret and Ron Wylie Clarksville, Arkansas
Dr. <sup>†</sup> and Mrs. George M. Cone Jonesboro, Arkansas	Judith and Charles Long Branson, Missouri	Augustus H. Pugh Portland, Arkansas	Martha Yocum El Dorado, Arkansas
Margaret and Kenneth <sup>†</sup> Davis Hardy, Arkansas	Mr. and Mrs. Carl Long Moro, Arkansas	Mr. and Mrs. Tom Pugh Little Rock, Arkansas	
Deborah and Ray Dillon Little Rock, Arkansas	Denise and Tim Luft Little Rock, Arkansas	Anne and Ben Queen Conway, Arkansas	

\* Denotes new member  
† Deceased



## Annual Workman Donation \$2,500-\$4,999

Anonymous (2)	Jean and Terry Landrum Scott, Arkansas	St. Francis Ministries of Phillips County* Helena, Arkansas	Mary and Clefthon D. Vaughan Little Rock, Arkansas
Laura and Douglas Borg Little Rock, Arkansas	Nancy† and Neill Sloan Lake Village, Arkansas	Genevieve H. and William† A. Strong Pine Bluff, Arkansas	Paula and Kirk Wardlow Springdale, Arkansas
Mr. and Mrs. Denny Jarratt Forrest City, Arkansas	Cathy and Bill Spivey Little Rock, Arkansas		

## Annual Workman Donation \$5,000 and up

Anonymous (3)	Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas	Karen and Mike Millar Searcy, Arkansas	United Methodist Foundation of Arkansas Little Rock, Arkansas
Arkansas Arts Council Little Rock, Arkansas	Mary Lue and Bill Gibbs Camden, Arkansas	Angela and Chris Newell Trophy Club, Texas	Mr. and Mrs. Robert Vogel Little Rock, Arkansas
Arkansas Community Health and Education Foundation Little Rock, Arkansas	Jonelle Ryan and Billy Gene Jones Palm Coast, Florida	Psychiatric Services, PLLC Little Rock, Arkansas	Windgate Charitable Foundation Siloam Springs, Arkansas
Lewese and Jon Ahrens Mount Ida, Arkansas	Iva and Bill Krogman Star City, Arkansas	Paula and Robert Reynolds El Dorado, Arkansas	W.P. Sturgis Foundation Arkadelphia, Arkansas
Rebecca and Ritter Arnold Marked Tree, Arkansas	Jane Hunt Meade Little Rock, Arkansas	Lynn and Bob Staten Little Rock, Arkansas	

## THE GEORGE THORNBURGH SOCIETY



Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage. Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to Methodist Family Health.

Anonymous (3)	Gill Ragon Owen Attorneys	Karen and Mike Millar	Nancy† and Neill M. Sloan
Myra M. Abrignani Estate	Aline Gill Estate	Rev. Curtis E. Monroe Estate	Jan Snider
Lewese and Jon Ahrens	Maxine S. Gregg Estate	Alline M. Montgomery Estate	Elizabeth H. Snyder Trust
Arkansas Arts Council	Hall Revocable Trust	Angela and Chris Newell	Melda Stickland Estate
Arkansas Community Foundation	Carolyn M. Henslee	The William C. and Theodosia Murphy Nolan Foundation	Genevieve H. and William† A. Strong
Rebecca and Ritter Arnold*	John A. Henson Trust	Augustus H. Pugh*	William A. Strong Charitable Remainder Trust
Bancorp South Insurance Services, Inc.	Mark Holder and Kathleen Kennally	Mrs. Betty Regnier	Roy and Christine Sturgis Charitable & Educational Trust
John and Barbara Bragg Charitable Remainder Trust	Walter B. Huff Estate	Robert and Paula Reynolds	W. P. Sturgis Foundation
Milton D. and Mary C. Campbell Joint Revocable Trust	Geneva I. Hughes Estate	Riggs Benevolent Fund	United Methodist Foundation of Arkansas
Lillian Mae Clavert Living Revocable Trust	Julia Mae Jackson Estate	Thomas Edward Rimmerman Trust	Charles and Mary Vinzant Joint Irrevocable Trust
Rachel and Jake Commer	Ura Mae Johnston Trust*	Rittwood Farms Company, Inc.	Debbie and Don Weaver*
Elizabeth W. Fries Estate	Kerkhoff Family Trust	Marion and Miriam Rose Trust	Alma Welton Trust
Charles A. Frueauff Foundation, Inc.	Iva and Bill Krogman	Mr. and Mrs. Jeff Ryan	Windgate Charitable Foundation
Dr. Rita Galloway	Terry and Jean Landrum	The Reverend Mitchell and Gladys Masters Sanford Endowment	Juanita Annette Wood Estate
Conway and Margaret George Charitable Trust	Clyde Langford Jr. Estate	Trish and Kurt Seavogel	Hazel Marie Wright Estate
Corinne W. George Trust	L.A. Logan Estate	Velma E. Shaffer Estate	
Mary Lue and Bill Gibbs	Mr. and Mrs. Carl Long	Shuler Drilling Company	
	Judith and Charles Long	St. Francis Ministries of Phillips County	
	Nell S. Martin Endowment		
	Jane Hunt Meade		

## THE COY-ROOTS-TABOR HERITAGE SOCIETY



Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902. Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to Methodist Family Health.

Please let us know if you have included Methodist Family Health in your estate plan and allow us the opportunity to thank you and verify how you would like to be listed in our Coy-Roots-Tabor Heritage Society. Call 501.906.4202 or email [cmccone@methodistfamily.org](mailto:cmccone@methodistfamily.org).

Anonymous (2)	O'Neal Davidson Estate	Marjem and John Gill	Kari and Dan Rohrbaugh*
Myra and Andy Altom	Donald R. Dearing and Martha M. Dearing Trust	Mrs. Ina Mae Harris	Steven C. Trolinger
Jane and William Arthurs	Ellen and Don Edmondson	Jonelle Ryan and Billy Gene Jones	Warren Family Trust
Mr. and Mrs. Robert G. Branch	Cecile and Gil Foresman	Nancy and Earl McClure	Imogene Simpson Westfall Trust
Ashley Riggins Coldiron		Jacquelyn P. Murphy	

**Please contact Carolyn McCone at 501.906.4202 or [cmccone@methodistfamily.org](mailto:cmccone@methodistfamily.org) for more information regarding giving opportunities.**

\* Denotes new member  
† Deceased

# Southern Silks

## benefit races to success

Inspired by the excitement of the Kentucky Derby, the third annual Southern Silks soiree May 7 celebrated with stick horse races, extravagant prizes, a Derby-inspired dinner and live and silent auctions. The benefit pulled in more than 350 revelers and raised more than \$110,000 for Methodist Family Health. A blue ribbon goes to Chairman Adam Smith and his committee for creating an unforgettable evening of fun.



## THANK YOU, SPONSORS!

**Gill Ragon Owen Attorneys  
Hudson Cisne & Co.  
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Mark Holder & Kathleen Kennally  
Misty Baugh/Laura & Doug Borg  
Becky & Jerry Kossover/Betty & Richard Hanson

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# Crowd conquers bridge on behalf of MFH

With the waters of the Arkansas River swirling below the Big Dam Bridge, walkers of all ages stepped out and joined the 10th annual Walk for Children and Families. The Aug. 5 event, held at the bridge atop Murray Lock and Dam, drew more than 300 participants and brought in more than \$90,000 for Methodist Family Health. The festivities featured live music, a graffiti wall, free pizza, ice cream and T-shirts.



## THANK YOU, SPONSORS!

**Shuler Drilling Co.  
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The Landrum Family  
Gill Ragon Owen**

**Gus H. Pugh  
Riggs CAT  
United Methodist  
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Healthcare Pharmacy**

**AEL American Esoteric Laboratories  
Arkansas Children's Hospital  
Arkansas Refrigeration Co.  
Arnold's Flooring America  
Bi-Partisan Strategies  
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Eric Rob & Isaac  
HealthSCOPE Benefits  
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# Thank YOU for making a difference!

Gifts from YOU, our generous donors, made the following\* possible this year:



Equestrian therapy



Bibles and spiritual study materials



Art therapy



Birthday gift cards



Recreational items (bicycles, balls, games and books)



Summer camps



Christmas gifts



Post-secondary education scholarships



Facilities improvements



Group home bedroom furniture and bedding



Travel assistance for patient families



New recreational area

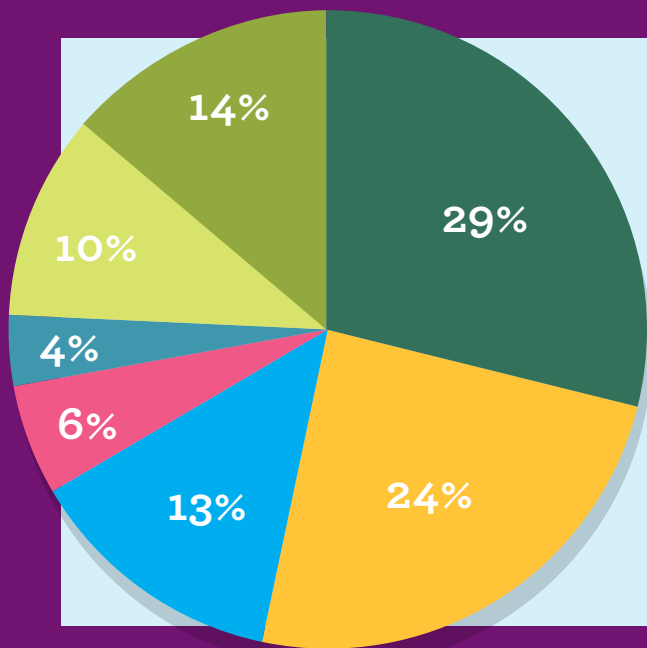


Therapy tools and resources



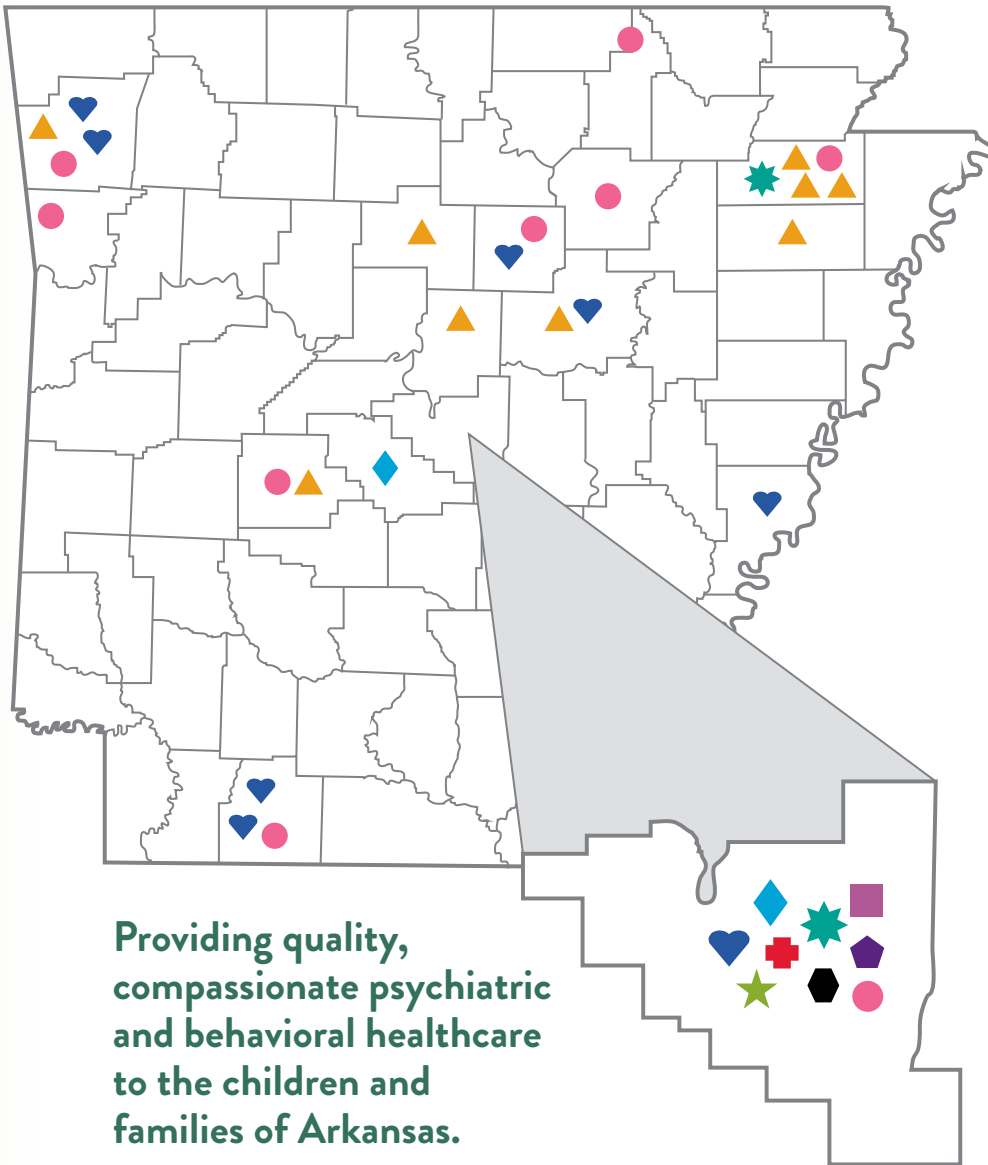
\*and much more!

## 2016 Contributions and Donations to Methodist Family Health Foundation



Source	Amount	Number of Gifts
Estate Gifts	\$525,223.00	42
Individual Donors	\$439,128.43	2227
Churches, Church & Civic Groups	\$241,851.15	543
Corporations	\$105,341.42	120
Grants	\$66,620.00	11
<b>SUBTOTAL</b>	<b>\$1,378,164.00</b>	<b>2943</b>
Investment Income	\$193,948.00	
Lease / Other Income	\$251,875.06	41
<b>SUBTOTAL</b>	<b>\$445,823.06</b>	
<b>TOTAL</b>	<b>\$1,821,136.52</b>	<b>2984</b>

# LOCATIONS OF CARE



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[info@methodistfamily.org](mailto:info@methodistfamily.org)

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- ★** Residential Treatment Centers  
Bono (near Jonesboro)  
Little Rock
- ♥** Therapeutic Group Homes  
Fayetteville  
Heber Springs  
Lexa (near Helena-West Helena)  
Little Rock  
Magnolia (2)  
Searcy  
Springdale
- ◆** Emergency Shelter  
Little Rock
- ⬢** Arkansas CARES Center for Addictions Research, Education and Services  
Little Rock
- ◆** Therapeutic Day Treatment  
Benton  
Little Rock
- Counseling Clinics  
Alma  
Batesville  
Cherokee Village  
Fayetteville  
Heber Springs  
Hot Springs  
Jonesboro  
Little Rock  
Magnolia
- ▲** School-Based Counseling  
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- ★** Kaleidoscope Grief Center  
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- MFH Administration  
Little Rock

Methodist Behavioral Hospital and Methodist Children's Home comply with applicable Federal civil right laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Methodist Behavioral Hospital and Methodist Children's Home cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Methodist Behavioral Hospital and Methodist Children's Home erfüllt geltenden bundesstaatliche Menschenrechtsgesetze und lehnt jegliche Diskriminierung aufgrund von Rasse, Hautfarbe, Herkunft, Alter, Behinderung oder Geschlecht ab.



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**Silks**

A Derby Day Soiree  
benefiting Methodist Family Health

**May 6, 2017 • 6 p.m.**

**Clear Channel Metroplex Event Center**  
10800 Colonel Glenn Rd. (off I-430) • Little Rock

Celebrate the 143rd running of the Kentucky Derby at a post-race soiree that will include faux horse races where you can be a jockey! There will be prizes for each race, Derby Day refreshments, a live auction, hat contest, and more!

Tickets: \$75 per individual (assigned seating, open table)  
\$50 per individual (general admission)

Table sponsorships start at \$1,000.

To purchase tickets, request sponsorship information or volunteer, contact Denise Luft at [dluft@methodistfamily.org](mailto:dluft@methodistfamily.org) or 501.906.4201, or visit [methodistfamily.org](http://methodistfamily.org).

#SouthernSilks17