

Sentinel

 **Methodist**
FAMILY HEALTH

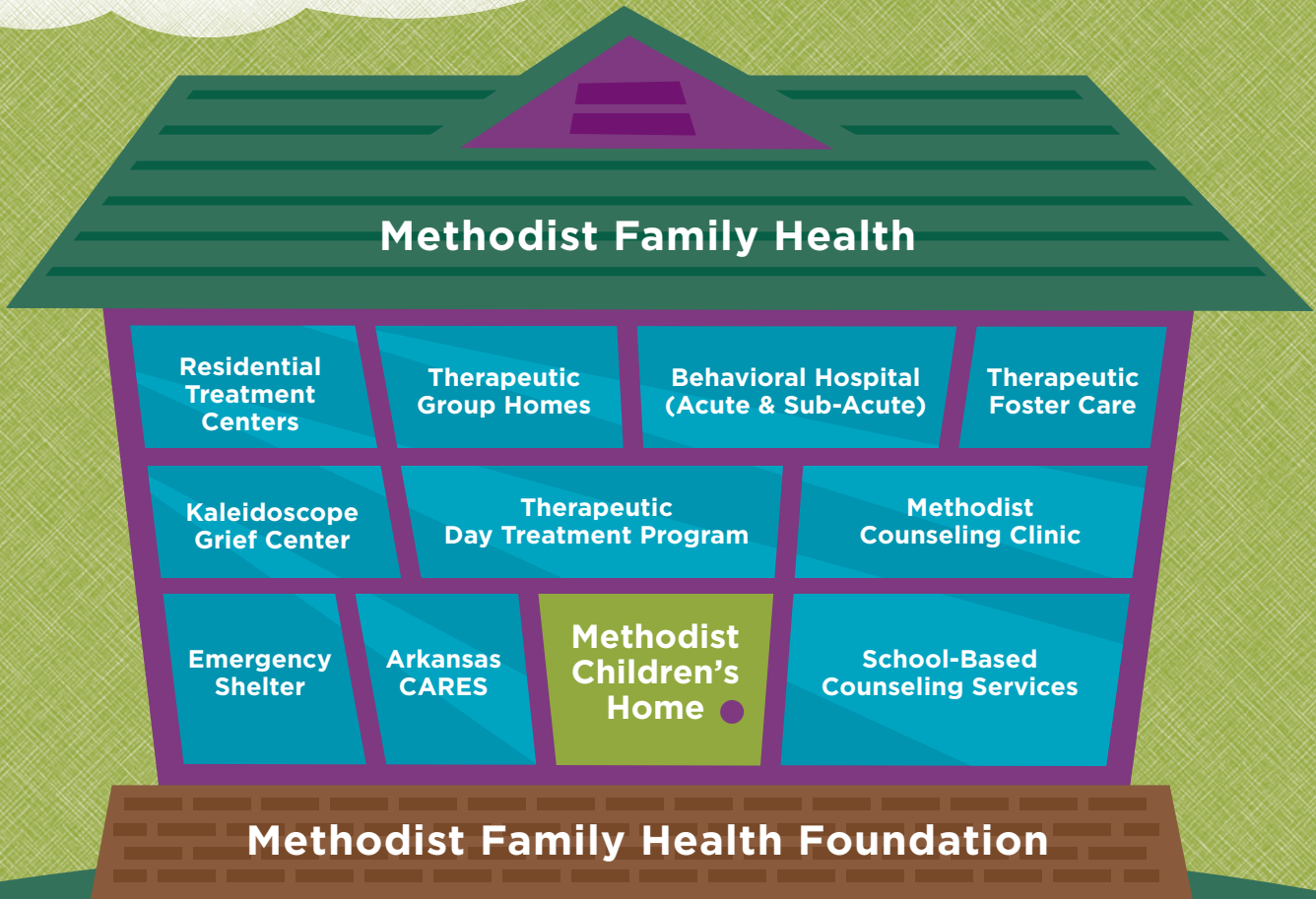
FALL 2014



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Methodist Family Health *Sentinel*

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Methodist Family Health is the
management company of:

- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinic
- Arkansas CARES

Welcome to *Sentinel*

Recently I had the great opportunity to be part of a Teaching-Family review team. Our mission was to visit two different out-of-state programs and evaluate how well their programs met the standards for the Teaching-Family Model (TFM) of care for accreditation. Our assignments were Utah Youth Village in Salt Lake City and Boys Town in Omaha, Neb. We spent three days at each site.

The reviews included on-site direct observation of all TFM programs and countless interviews with clients, families, employees, outside stakeholders and document reviews. Both of these sites are hands down great programs, and we recommended they be accredited.

Why do I give my time to these reviews? It is a chance to look under the hood of an organization other than ours. I see what they are doing to tackle the same issues we see here in Arkansas. It also provides a way for me to benchmark our organization against others.

While I do this just about every year, this was the first time I got to review two really top-notch organizations that are similar in size and array of services to MFH. They both have great relationships with their state child services program, like we have here in Arkansas. They have a committed workforce that lives and believes in the mission to provide excellent care, like MFH has. And most impressive was to see that they both have a continuum of various levels of care tailored to meet the needs of clients they serve, just like we do. I found this to be a great measure for MFH, seeing strengths and weaknesses and getting fresh ideas on what works and what doesn't, and picking up on lessons learned by others.

I am extremely proud of our organization and the trajectory we are on. The review experience reinforced my belief that MFH is a great treatment provider. The support we get from our stakeholders here in Arkansas adds to who we are. I invite you to join me in supporting the work we do at MFH and make a contribution this Christmas season. It's a great investment in the future of children and families all across Arkansas.

God bless you,



Andy Altom
President and CEO





SHARE THE

By Jane Dennis

Light

THIS CHRISTMAS



Help children and families find help and hope

Christmas is a season for spreading love and sharing joy, happiness, good wishes and maybe a gift or two.

It's also a time to Share the Light! Methodist Family Health invites friends and supporters to share their light and Christmas joy by taking part in a great tradition of the season – the MFH Christmas giving campaign. This year's campaign theme is "Share the Light" – referring to God's light and God's gifts.

Special offerings for MFH have been approved for Dec. 14 and 21 in United Methodist churches throughout Arkansas. Direct and online giving are other options. The funds raised will help Arkansas children and families who turn to MFH for help through its programs and services including Methodist Children's Home, Methodist Behavioral Hospital and Arkansas CARES program.

Founded in 1899 as the Methodist Orphanage, today's MFH serves more than 2,400 clients each day through inpatient, residential and outpatient venues of care. MFH is a nonprofit organization that provides comprehensive psychiatric and behavioral health care to children and families.

"Christmas is a special and important time for us," says Ashley Coldiron, executive director of the MFH Foundation. "Donations during Christmas make up more than 20 percent of the donations we receive throughout the year. The Christmas campaign is not only a wonderful tradition but it is incredibly important to the overall amount of services and programs we can fund."



It takes strong partnerships with local churches across Arkansas to make the campaign a success. United Methodist Bishop Gary Mueller encourages support from lay and clergy leaders, urging all to “pray for the children, find ways to share the story, and give a generous gift for our traditional December Methodist Children’s Home offering.”

“It is a joy to support the building up of strong families through Methodist Family Health.”

– Rev. Britt Skarda

Giving parishioners the opportunity to contribute to MFH during the Christmas season is a long-standing tradition at many churches, including Little Rock’s Pulaski Heights United Methodist.

“In this season when we celebrate the birth of the Christ Child and the creation of the Holy Family, it is a joy to support the building up of strong families through Methodist Family Health,” says senior pastor Britt Skarda. “Our congregation is honored to make a difference in the lives of families throughout Arkansas.”

John Robbins, senior pastor of Central United Methodist Church in Fayetteville, agrees. “Of all the great work United Methodists do, I can think of no better cause than to provide for children through Methodist Family Health. This is an exceptional ministry that makes a tremendous difference in the lives of many special people,” he says. “Any financial support we can give is money well spent for the cause of Christ and His Kingdom.”

“We are grateful for all gifts,” Coldiron says.

United Methodist churches throughout Arkansas will receive packets of materials to support taking a special Christmas offering for MFH by Dec. 5. Online giving is available at www.methodistfamily.org. Contributions may also be mailed to: MFH Foundation, P.O. Box 56050, Little Rock, Ark. 72215. To arrange a guest speaker or for more information, contact Maggie Beeler at 501.906.4220.

Volunteers recognized for service to MFH

A volunteer appreciation reception was held Sept. 25 honoring the many groups and individuals who contribute time, energy and creativity to Methodist Family Health. Jamie Griffith, volunteer coordinator for the MFH Foundation, and Janet Breen, outpatient therapist and director of Kaleidoscope Grief Center, organized this event – the first of its kind for MFH.



Donna Morey (center), J.T. and Melba Richardson



Ashley Coldiron and Misty Baugh



Sara Shaw and Maggie Beeler



Barbara Block, Becky and Jerry Kossover



Bryant Civitan Club members



Jeanie and Donald Dearing



Paul Stapleton and Janet Breen

TO THE RESCUE

By Jane Dennis

The home that Methodist Family Health provides to children and adolescents huddled under its umbrella of care is sometimes an emergency shelter, sometimes a group home, sometimes a hospital, and sometimes a facility called a residential treatment center.

MFH has two residential treatment centers, or RTCs, as part of its stable of psychiatric services for children and adolescents ages 6 to 17. The Dacus RTC – named for a Jonesboro couple who adopted a daughter from the Methodist Children’s Home – is located in Bono, near Jonesboro in Northeast Arkansas. The other is in Little Rock on the original Methodist Children’s Home campus on Fillmore Street. Dacus RTC can accommodate up to 28 residents and is currently operated as an all-boys facility. The Little Rock RTC has a capacity of 37 residents, both boys and girls. The average length of stay is 120 days.

The RTCs are staffed by mental health professionals including doctors, nurses, therapists, caseworkers, behavioral instructors, dieticians and teachers.

The RTCs are much more than the brick and mortar buildings that contain them. They are places of safety, nurture, learning, love and care. They are where lives are rebuilt and youngsters are equipped with the emotional and behavioral tools and life skills they will rely on for a lifetime.

“Most, if not all, of our kids have been severely abused and/or neglected,” says Nicole Garner, program director of the Dacus RTC. “Abuse is everywhere. It impacts almost every family we help in some form or fashion. The children have so many trust issues and problems with anger and aggression due to the abuse they have endured.”

It is then not surprising that these youngsters act out or struggle with correct behavior. There is a tendency, Garner

says, to “focus on the behavior problems and forget the horror that these kids have had to go through. The kids often have no respect for the adults who try to help them due to how many adults have hurt them so far in their short life.”

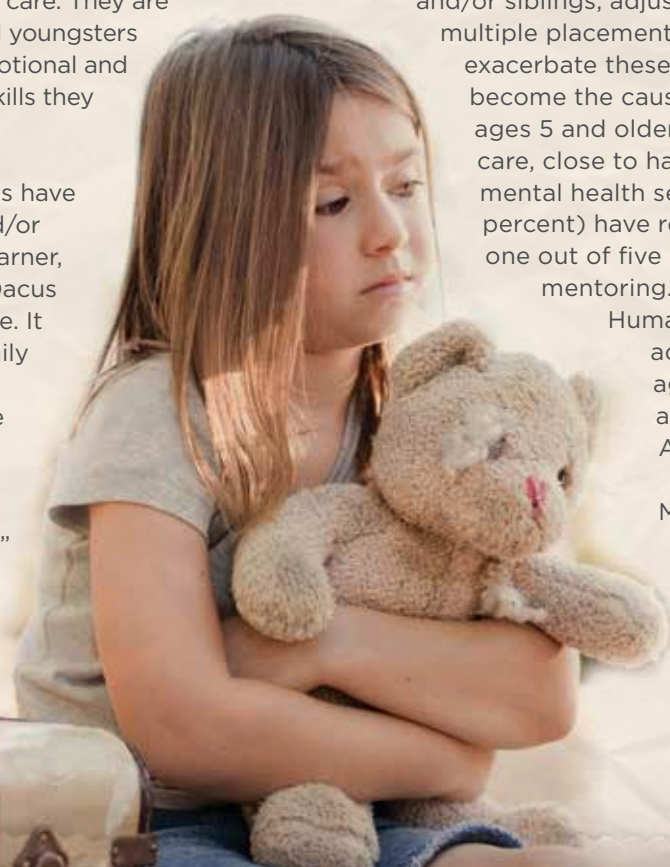
Approximately 43 percent of the client population at MFH’s two RTCs are part of the Arkansas foster care system, managed by the state Department of Human Services’ Division of Children and Family Services.

Clients frequently arrive at the RTC doorstep with minimal personal possessions (one client arrived with no shoes at all, Garner recalls) and no shortage of chronic mental health diagnoses and issues, including attention deficit disorder (ADD), attention deficit hyperactivity disorder (ADHD), depression, anxiety, oppositional/defiant behaviors and other challenges.

The U.S. Department of Health and Human Services assesses this population in this manner:

“Most children who enter foster care do so because of abuse or neglect by their caregivers. Once in foster care, lack of continued connections to birth parents and/or siblings, adjustments to cultural changes, and multiple placement moves prior to adoption may exacerbate these children’s existing problems or become the cause of new ones. Among children ages 5 and older who were adopted from foster care, close to half (46 percent) have received mental health services, nearly four out of 10 (39 percent) have received tutoring, and almost one out of five (18 percent) have received mentoring.” [U.S. Department of Health and Human Services, May 2011. “Children adopted from foster care: adoption agreements, adoption subsidies, and other post-adoption supports.” ASPE Research Brief.]

MFH takes a holistic approach to client care. “While clients are receiving therapeutic services, behavioral modification, and medication management in residential treatment, we strive as a team to make it our goal to work closely with DHS



Residential Treatment Centers provide safe, nurturing environment for rebuilding lives

caseworkers and adoption specialists to help with placements following discharge from our program,” explains Sarah Fray, LMSW, a therapist at Dacus RTC.

If it is appropriate for the client, Fray says the MFH staff advocates for the client “to have every opportunity available to discharge to a therapeutic foster care home, or to be placed with a foster family while in treatment that is also a prospective adoptive family so they are able to participate in the client’s treatment with family sessions and therapeutic passes home with the family.”

In the advocate role, therapists like Fray work to ensure added communication efforts have been made to aid with the bonding and building of relationships between the clients and their foster family members. This often includes daily updates on the client’s progress with their behavior and therapy, daily phone calls facilitated between the client and family, weekly family sessions with the client and family, and weekly visitations facilitated and coordinated with local DHS caseworkers and transporters for the client to spend time with the families.

In addition, Fray provides the foster or adoptive family with psychoeducation in order to increase support for both the family and the client while in MFH care and after discharge. The benefits include enhanced coping skills, greater knowledge and insight into the client’s disorder(s), and reduced stress and conflict.

MFH staff go to such lengths, Fray says, not only because the goal for clients is improved mental wellness but because “we want to provide clients with brighter, more hopeful futures with a family and love they deserve.”

GIFTS FOR THE KIDS

Here’s what your contributions can make possible:

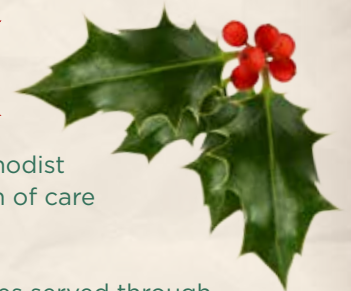
- \$25** ▶ Coloring books and arts and craft supplies that constantly need replenishing
- \$50** ▶ Kickballs, soccer balls, footballs or basketballs for outdoor play
- \$100** ▶ Xbox games rated “E” for Everyone and PG movies for rainy-day entertainment
- \$500** ▶ A special holiday meal (Thanksgiving, Christmas, New Year’s) for all the children in each residential treatment center.

Contributions are welcome any time – and especially at Christmas. To donate online, visit www.methodistfamily.org. Or mail contributions to: MFH Foundation, P.O. Box 56050, Little Rock, AR 72215. Or call 501.906.4209.

Remember the kids this Christmas

Methodist Family Health’s two residential treatment centers are operated as part of the Methodist Children’s Home program. The RTCs are critical components of the organization’s continuum of care for children and families in Arkansas.

MFH’s 2014 Christmas Campaign seeks contributions that will benefit the children and families served through the RTCs, as well as the MFH counseling clinics, behavioral hospital, therapeutic group homes, emergency shelter and other specialized programs. Your gifts to the 2014 Christmas Campaign will be a tremendous benefit to the more than 2,400 clients being served daily in the care of MFH.



Donor Profile

Giving spirit shared with children at Methodist Family Health

Dorothy Morey and Donna Morey

Like mother, like daughter.

Dorothy Morey and Donna Morey, both of Little Rock, are a dynamic duo when it comes to giving generously of their time, talents and energy to Methodist Family Health. They each give in their own special ways and have a long family history of caring for the children of MFH.

“I was an only child,” Dorothy explains, “and when I was little, and I got my Christmas presents, I always had to take some things to share with the children at the Methodist Home, in those days located at 16th and Lewis in Little Rock.”

It left an indelible impression. “These kids did not have a mommy and daddy, and I realized how lucky I was,” Dorothy says.



Years later, she and her late husband Don passed on that giving spirit to their daughter, Donna, as well as sons Mark, now deceased, and Rev. Michael Morey, superintendent of the Arkansas Conference's Southwest District.

Over the years the Morey family made lifelong friends with young residents of the Methodist Children's Home and welcomed them into churches they attended and Scout troops they led. “I certainly appreciate the wonderful work that has been done through the years to help the children,” Dorothy says.

Donna Morey has worked with children throughout her professional career, including being on staff at Camp Tanako, teaching special education classes and coaching with Special Olympics Arkansas for 35 years, serving on the Ozark Mission Project steering committee and as executive director of the Arkansas Education Association. Most recently she was executive director of the Arkansas Retired Teachers' Association.

Donna is a certified lay speaker in the United Methodist Church who has frequently filled pulpits in congregations around the state. She works closely with Rev. Scott Moore, MFH's director of pastoral care, and regularly leads worship services for the children and adolescents at the Methodist Children's Home Fillmore campus and Methodist Behavioral Hospital.

“It's always a blessing to be with the kids and help show them that God is with them,” she says.

Dorothy is a member of the MFH Foundation's James M. Workman Society, recognizing annual giving of \$1,000 or more. She and Donna, who are members of Pulaski Heights United Methodist Church, have offered support and contributed financially to the Rev. Regnier Memorial Camp Fund, Christmas Campaign, the Walk for Children and Families, and the inaugural Southern Silks fundraiser in May.

“I just really think we're all blessed to be a blessing to others,” Donna says. “And if we continue to look at life that way and stay positive, our world seems a little brighter.”

Stability, love, care stand out at Methodist Family Health

Becky Kossover

Becky Kossover of Little Rock joined the Methodist Family Health Foundation Board of Directors in 2006. She has been a lifelong friend and enthusiastic supporter of MFH.

What brought you to Methodist Family Health and service on the Board?

As a lifelong Methodist who was eventually a PK (preacher's kid), I have heard about the Methodist Children's Home most of my life. My dad's mother used to write \$5 monthly checks to the Methodist Children's Home. My earliest memory is having a 12-year-old Children's Home resident in our home during Christmas, an encouraged policy back then. Fast forward many years – and after having worked in development and fundraising for several nonprofits – I was asked to a “pick your brain” type lunch by a former MFH development officer and then to chair one of the early Walk for Children and Families events. That helped me learn about the vast, diversified work of the organization and led to my being asked to serve on the foundation board.

What sets MFH apart and makes it special to you?

What started as a safe place for children, pretty much an orphanage, has evolved and grown to meet so many needs of families and children today. The therapeutic group homes in six communities in Arkansas meet such fundamental needs for youth who have nowhere else to go, who have been displaced because of their own behavior, abuse or neglectful parents/guardians. They need stability. These homes allow them to go to school, get counseling, have full-time parents and interact with other youth.

What do you wish more people knew about MFH?

I wish that everyone realized that MFH receives no apportionment support from our United Methodist conference. The special Christmas offering is the primary opportunity we, as church members, have to give to MFH.

Can you share your favorite experience or interaction with clients/programs/services?

I've been so impressed with the kids in the therapeutic group home on the Little Rock campus. They were so proud when showing us their rooms and how they had decorated them. That has led to my especially wanting to contribute to the Lent “Get Up and Give” activity. That campus is still such a special place and houses several wonderful programs.

Tell a little about yourself.

I live in Little Rock with my husband, Jerry. I retired from nonprofit and state employment in 2010. My favorite hobbies are tennis and traveling, but nothing is as special as being with my children (son Mark and daughter Angela) and their families. My six grandchildren are truly the delight of my life, and I so love seeing them interact. I am a proud alum of both Hendrix College and the University of Arkansas.



Recognition

Congregations applauded for supporting Methodist Family Health

A host of United Methodist congregations have been recognized by Methodist Family Health and presented Outstanding Generosity and Volunteer Service Awards. Churches in each of the Arkansas Conference's five districts were applauded. We sincerely appreciate the clergy, lay leaders and members of these big-hearted churches!



Trinity UMC, Little Rock: Pastor Betsy Singleton Snyder and MFH Board member Becky Kossover



Texarkana First UMC: Pastors Bruce Bennett and Vida Williams, with Keith Satterfield



Star City UMC: Pastor Bryan Diffie and Maggie Beeler, MFH's director of development



Paragould First UMC: Pastors Heath Williams and John Fleming



Marvell UMC: Pastor Gary Maskell and MFH Ambassador Emily Johnson



Hoxie UMC: MFH Ambassadors Elaine Gilliam and Linda Holt, with pastor Bonda Moyer



Magnolia First UMC: Pastor Larry Kelso and youth pastor Jeremy Carter



Hot Springs First UMC: MFH's Maggie Beeler with pastors Theresa Holt and Michael Mattox



Central UMC, Fayetteville: Pastor Steve Pulliam and MFH's Maggie Beeler



Batesville First UMC: Maggie Beeler of MFH with UMW President Suzanne Evans and pastor Justin Ledbetter



McCrory UMC: Barney Fields, pastor Carla Thompson, Debbi Fields and Ada Heath



Asbury UMC, Little Rock: Pastor Mary Susan Hilliard and MFH Ambassador Cleifton Vaughan



Farmington UMC: Pastor Troy Conrad

Craighead County family leaves farm land to Methodist Family Health



Melda and Russell Strickland loved to plan exciting excursions and trips to destinations around the world. They were also careful to plan for giving back to their church, Monette United Methodist, and other charitable organizations, including Methodist Family Health.

MFH is grateful to the Stricklands for inclusion in their estate plans. After Russell's death in 2012 and Melda's in 2013, MFH received 80 acres of farmland in Craighead County from the Strickland estate. Proceeds from the sale of the land will benefit the children and families who turn to MFH for help and guidance.

The Stricklands lived in Black Oak and operated a 700-acre farm. Russell was an early pioneer of no-till cotton farming in Arkansas. An unassuming but shrewd businessman and former Marine officer, he was a veteran of World War II and a graduate of Arkansas State University. While they had no children of their own, the Stricklands enjoyed helping with United Methodist youth activities and were active in all aspects of church life. Camping and canoeing were other favorite pastimes.



They wanted to include MFH in their estate because of the Methodist connection, said Mike Brown, a close personal friend and executor of the estate. Their generous and thoughtful gift will make a difference in the lives of many children and families in Arkansas.

To learn more about including MFH in your estate plans, contact Ashley Coldiron at acoldiron@methodistfamily.org or 501.906.4209.

Methodist Family Health Foundation receives \$4,000 Plum Creek Foundation Grant

The Methodist Family Health Foundation has been awarded a \$4,000 grant from the Plum Creek Foundation to support MFH's "Compassion Fund," which provides needy families with gas cards, meals and other goods to support their treatment.

MFH, which serves more than 2,400 clients daily, focuses on holistic mental health treatment and often accepts cases that other providers have rejected. Some families are unable to afford the travel, meals and other expenses necessary to support their children's treatment.

"We are thrilled that Plum Creek has decided to continue supporting this project," said Alyssa Anderson

of the MFH Foundation. "With their support, we can continue to treat children whose families could not afford to travel without the help of gas and meal cards."

Plum Creek Foundation helped MFH to establish the "Compassion Fund" in 2010, which has allowed the counseling centers to better serve deserving families. The Plum Creek Foundation provided additional support in 2012.

"All children deserve the best care, regardless of their family's means," said Richard Stich of Plum Creek in Arkansas. "We are proud to continue providing hope and healing to children and families who are hurting, need help, and have no place else to go."

What's Happening

Children's Home alumni return home, walk down memory lane

A group of Methodist Children's Home alumni recently returned to the Little Rock Fillmore Campus with family members in tow to show them where they had grown up. The "Sisters-Friends" group included: sisters Bettee Childers Pacheco (1960-1969) and Marcella Childers (1960-1971) and sisters Barbara Williams Rummel (1960-1974) and Lillian Williams Brent (1961-1972), along with Wanda Williams Stewart (1957-1965), Mickey Heptipstall (1964-1970) and Brenda Johnson (1959-1964).

The visit included a campus tour, conversations with current residents, and sharing memories of swimming, roller skating, activities at the horse barn, and competing to be assigned to the first air-conditioned cottage. "It was a simpler time ... and it was our home," said one of the visitors.



Methodist Children's Home alumni who resided there between 1957 and 1974 recently made a return visit.

Camp Healing Hearts helps grieving families take step toward healing

Methodist Family Health's Kaleidoscope Grief Center hosted its 10th annual Camp Healing Hearts family bereavement camp in May. With support from local health care agencies, businesses and more than 50 volunteers, Camp Healing Hearts provided a grief program to 76 participants representing a total of 23 families. The event was free, and participants ranged from age 5 through adults.

The camp schedule included grief group sessions, a family candlelight service, pet therapy, art activities, archery, canoeing and a fishing tournament. The goal of this camp is for bereaved families to reflect, reconnect and rediscover who they are in the midst of their grief journey while leading to a healing of the heart.



Pet therapy was a highlight at Camp Healing Hearts.

Coast to coast cyclists donate to MFH

Ultracyclist Kurt Searvogel of Sheridan and cycling buddy Joel Sothern competed in the Race Across America in June and raised \$575 for Methodist Family Health. A portion of Team Flying's sponsorship funds were designated for MFH.

Race Across America is a 3,000-mile nonstop competition billed as the world's toughest bike race. The cycling duo had nine days to complete the journey from west to east coast.

Searvogel and his wife, Trish, first learned about the historic Methodist Children's Home, along with other programs managed by MFH, in 2006 at their church, First United Methodist in Sheridan. They have been friends and supporters since then.



Ashley Coldiron, executive director of the MFH Foundation, accepts a T-shirt and donation from ultracyclist Kurt Searvogel of Sheridan.



In Memorial

Jim Gates (1943-2014)

Kaleidoscope Grief Center and
Camp Healing Hearts Volunteer Leader

New grill donated to Helena group home

A gas grill is the newest addition to the Ophelia Polk Moore girls' group home in Helena-West Helena. Donated by Mary Ned and Winston "Sonny" Foster of Marvell, the grill was put to the test June 3 when teaching parent Richard Turner grilled items that were taste-tested by the girls and friends from YouthWorks youth ministry at Marvell United Methodist Church. A special guest was therapist Kristen Jones.

Also at the Helena-West Helena group home, members of Clarendon United Methodist Church hosted a painting party that gave each of the residents the chance to create an original work of art.



Volunteer Mary Ned Foster directs cookout activities at the Ophelia Polk Moore girls' group home at Helena-West Helena, while teaching parent Richard Turner mans the grill.

July 4th celebration at Hope benefits MFH

Hope First United Methodist Church hosted its annual Spirit of Hope celebration July 4, and Methodist Family Health was among the beneficiaries. Thousands turned out for the Independence Day celebration held on the church grounds. Activities included a bicycle parade, games, bounce houses, train rides, face painting and a fireworks show.



Maggie Beeler of the MFH Foundation speaks at the Spirit of Hope celebration.

Photo credit: Jesse Evans

MFH employees and clients lend a hand to victims of Vilonia and Mayflower tornado

Methodist Family Health staff and clients demonstrated what huge hearts they have in the aftermath of the F4 tornado that hit the central Arkansas communities of Vilonia and Mayflower on April 27.

Volunteers quickly stepped up to help with recovery and cleanup efforts. MFH's outpatient program staff offices, located at the Vilonia United Methodist Church, were displaced as the church suffered extensive damage. The staff of the school-based program went to work immediately following the tragedy by assisting with cleanup efforts and providing mental health counseling to local school children. After hearing about the storms, youth from the Little Rock Residential Treatment Center program made cards and encouraging posters for the children affected by the storms.

A group of more than 20 MFH volunteers spent a day helping clean up the remains of homes destroyed by the tornado in both Mayflower and Vilonia.

"I'm thankful to be a part of a company that recognizes a need and takes action to help out when they see others in crisis," said Delee Rickett, clinical director of MFH's Arkansas CARES program. "I have never felt so good hauling wheelbarrows full of bricks, wood and other debris in my entire life."

Payroll specialist Nancy Head added, "It is a wonderful feeling to help others. It was a joy to work as a team to accomplish what would not be possible alone."



Methodist Family Health employees help with cleanup in Vilonia following the April 27 tornado.

What's Happening

Arkansans generously support Get Up & Give collection drive

Churches, groups and individuals enthusiastically supported the 5th Annual Get Up & Give drive for Methodist Family Health during the 40 days of Lent, March 5-April 20.

Requested donations — socks, underwear, diapers, crib and twin sheets, toilet paper, paper towels, toothbrushes, toothpaste, composition books, and backpacks — were collected by the truck load all across the state. The donations were then delivered to the nearest Methodist Counseling Clinic. The goods were then distributed to MFH programs throughout the Continuum of Care.

In addition to in-kind gifts, generous donors contributed more than \$11,000 in cash, which will be used to purchase laundry detergent for residential programs and address a host of unmet needs.



Darlene Cook (left) delivers donations from Heber Springs First United Methodist Church to Alissa Moore, office manager of the Heber Springs Methodist Counseling Clinic.

Youth group constructs picnic tables

Youth from St. James United Methodist Church in Little Rock spent two afternoons in late summer constructing picnic tables that will be used by residential clients at the Methodist Children's Home Fillmore campus.



St. James UMC youth work to assemble wooden picnic tables.

Rally turns attention to child abuse prevention

Nearly 40 administrators and staff of Methodist Family Health joined in the Child Abuse Prevention Rally held April 23 on the steps of the state Capitol. Sponsored by the Arkansas Department of Human Services' Division of Children and Family Services, the event was held during Child Abuse Prevention Month in order to raise awareness about the work being done to prevent child abuse in Arkansas.

The rally featured remarks by Cecile Blucker, director of Children and Family Services, as well as a foster parent who has seen the effects of abuse on children.



Methodist Family Health staffers take part in the Child Abuse Prevention Rally at the state Capitol.

Easter pail gifts delight children

Children from Little Rock's First United Methodist Church created colorful Easter pails brimming with treats and toys for clients of Methodist Behavioral Hospital. Pam Snider led this cheery spring project.



Katherine Lu shows off Easter pails made by children from Little Rock's First United Methodist Church.

Vacation Bible Schools rally around MFH kids

VBS kids rock! Vacation Bible Schools this summer have spotlighted Methodist Family Health in many fabulous ways! Pulaski Heights UMC in Little Rock collected a mountain of items for MFH children and youth. At North Little Rock's Lakewood UMC, therapy dog Daisy – who comes with owner Robin to Methodist Behavioral Hospital – was a special guest for the VBS “service sessions,” along with MFH Foundation Executive Director Ashley Coldiron. Participants in VBS at St. James UMC in Little Rock gave more than \$1,000 through offerings and a truck load of toys, sports and recreation equipment, games, books, crayons and more. Thanks to these and other VBS groups that adopted MFH as their mission focus!



Ashley Coldiron of the MFH Foundation thanks young volunteers Caroline and Virginia Brantley and Leslie Wallace for delivering VBS donations from Pulaski Heights UMC in Little Rock.



Therapy dog Daisy, a friend of Methodist Family Health, was a special VBS guest at Lakewood UMC in North Little Rock.



Courtney Hawkins and Shelby Wilson of St. James UMC in Little Rock display just a portion of the items their VBS collected for MFH kids.

Open houses mark official beginnings of new MFH counseling clinics

April signaled new beginnings for two of Methodist Family Health's counseling clinics. The first Hot Springs Methodist Counseling Clinic, located at 3632 Central Ave., Suite B, was opened, and Methodist Counseling Clinic in Jonesboro relocated to 2239 S. Caraway Road, Suite M. Open house events and ribbon cutting ceremonies involved local Chamber of Commerce representatives, MFH administrators, and staff and local church representatives and other friends.

These two clinics join other MFH outpatient clinics located in Alma, Batesville, Cherokee Village, Fayetteville, Heber Springs, Little Rock and Magnolia.



Methodist Family Health administrators and members of the Greater Hot Springs Chamber of Commerce conduct a ribbon cutting ceremony to open the new Methodist Counseling Clinic in Hot Springs.

WE NEED YOU!

The mission at Methodist Family Health is to give the best possible care to those who may need our help and to treat the whole person – behaviorally, emotionally and spiritually. How can you support this vital mission?

- Become a donor. Give generously so we can help more children and families.
- Be an ambassador. Encourage your church or community organizations to learn more about MFH and lend support through offerings, collection drives and volunteer participation.
- Think ahead. Include a bequest for MFH or any of its programs in your will.
- Join the fun. Participate in some of our many special events, including the Walk for Children and Families, Get Up & Give, the Christmas Campaign, and special fundraisers.

To learn more about how you can support the mission of MFH, contact Ashley Coldiron, MFH Foundation Executive Director, at acoldiron@methodistfamily.org or 501.906.4202 or P.O. Box 56050, Little Rock, AR 72215. Visit www.methodistfamily.org and “Like” our Facebook page.

Southern Silks takes inspiration from iconic horse race



The inaugural "Southern Silks: A Derby Day Soiree Benefiting Methodist Family Health" was a tremendous success and an evening of fun and fund-raising May 3. More than 350 guests turned out to participate and cheer on their favorite jockey and steed in a series of faux horse races. The festivities, which brought in more than \$48,000 for MFH, were held on the same day as the 140th running of the Kentucky Derby. In addition to a winning buffet dinner, highlights included a live auction, a hat contest and a bevy of prizes.

The 2015 Southern Silks soiree is set for May 2. Don't miss it!





Walk for Children and Families attracts funds, friends for MFH

Nearly 800 participants rambled over the Big Dam Bridge high above the Arkansas River on Aug. 1, walking on behalf of the children and families served by Methodist Family Health.

The 8th Annual Walk for Children and Families raised more than \$70,000, which will be used to renovate the school building on the Methodist Children's Home campus in Little Rock and to build a playground at Methodist Behavioral Hospital in Maumelle.

"The walk is a fun outdoor event that shows the children and families in our care that folks all over the state care about them and want to bring health and hope to their lives," says Ashley Coldiron, executive director of the MFH Foundation.

Volunteers welcomed the participants and handed out free pizza, ice cream and T-shirts. The Gable Bradley Band provided musical entertainment.



Societies

THE JAMES M. WORKMAN SOCIETY



Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health system.

Annual Workman Donation \$1,000-\$2,499

Anonymous (4)	Roxie and John Culp Little Rock, Arkansas	Becky and Jerry Kossover Little Rock, Arkansas	Mr. and Mrs. D.K. Robinson Little Rock, Arkansas
Mr. and Mrs. Cliff Albert Beebe, Arkansas	Margaret and Kenneth [†] Davis Hardy, Arkansas	Marlo and James Krueger Benton, Arkansas	Ms. Deborah Rowley Conway, Arkansas
Myra and Andy Altom Heber Springs, Arkansas	Deborah and Ray Dillon Little Rock, Arkansas	Carole Liles North Little Rock, Arkansas	Kristi and Gary Sewell El Dorado, Arkansas
Jane and William Arthurs Little Rock, Arkansas	Stacy L. Duckett North Little Rock, Arkansas	Judith and Charles Long Branson, Mississippi	Deborah and John Shannon Hot Springs, Arkansas
Steve W. Babcock Paragould, Arkansas	Ellen and Don Edmondson Forrest City, Arkansas	Karon and Bill Mann Little Rock, Arkansas	Reverend and Mrs. Gill L. Sills Searcy, Arkansas
Linda and Donald Bacon Little Rock, Arkansas	Pam and Robert Edwards Searcy, Arkansas	Angela and Chad McLain Brinkley, Arkansas	Smiley Technologies Little Rock, Arkansas
Virginia and Bill Ball Searcy, Arkansas	Randy Ennen Fort Smith, Arkansas	Carl Miller, Jr. Little Rock, Arkansas	Charlotte A. Smith, R.N. Tuckerman, Arkansas
Ellen and William Bankston Heber Springs, Arkansas	Eric Rob & Isaac Little Rock, Arkansas	Mr. and Mrs. Eugene Miller Hazen, Arkansas	Cathy and Bill Spivey Little Rock, Arkansas
Wilma I. Barnum Fairfield Bay, Arkansas	Becky and Trent Felton Marianna, Arkansas	Brenda Mize Little Rock, Arkansas	Panda and Randal Spurgin Berryville, Arkansas
Misty and Monty Baugh Little Rock, Arkansas	Cecile and Gil Foresman Starkville, Mississippi	Donna and Keith Mooney Little Rock, Arkansas	Annie Mae and Phillip Stafford Camden, Arkansas
Carolyn and Marion Berry Gillett, Arkansas	Alicia and Craig Gammon Vilonia, Arkansas	Shan and Steve Morgan Magnolia, Arkansas	Lynn and Bob Staten Little Rock, Arkansas
Mr. and Mrs. Robert Black North Little Rock, Arkansas	Regina and Stephen Gideon Maumelle, Arkansas	Alicia H. Mosley Camden, Arkansas	Target Minneapolis, Minnesota
Mr. and Mrs. Shell Blakely Searcy, Arkansas	Mrs. Rosemary Davidson Griffith Little Rock, Arkansas	Marilyn and Joel Newcome Portland, Arkansas	Robin and Denver Thornton Frenchport, Arkansas
Deborah and Perry M. Bolding North Little Rock, Arkansas	Carolyn M. Henslee Little Rock, Arkansas	Karen and Andy Norris Lake Village, Arkansas	Jo Anne and Roger Utley Sherwood, Arkansas
Joann and Jim Bowling North Little Rock, Arkansas	Donna and Donald Hicks Cabot, Arkansas	Cheryl and Mark Payne Searcy, Arkansas	Judy and Glenn Vasser Prescott, Arkansas
Sue and Sid Brain Harrison, Arkansas	Elaine and Bishop Kenneth Hicks Little Rock, Arkansas	B.C. Pickens Trust Pickens, Arkansas	Mary and Clefton D. Vaughan Little Rock, Arkansas
Barbara and John [†] Bragg Camden, Arkansas	Kathleen Kennally and Mark Holder Little Rock, Arkansas	Ella Mae and Edgar [†] Poag Osceola, Arkansas	Paula and Kirk Wardlow Springdale, Arkansas
Mr. and Mrs. John R. Brown Stuttgart, Arkansas	B. Louise and Charles Holmes Little Rock, Arkansas	Joyce and Chris Poole Benton, Arkansas	Robert Wilson Enterprises Cabot, Arkansas
Kathleen and Jerel Brown Shirley, Arkansas	Susan and Asa Hutchinson Rogers, Arkansas	Augustus H. Pugh Portland, Arkansas	Tim A. Womack Houston, Texas
Ms. Virginia E. Burdick Fayetteville, Arkansas	Kerry and Charlie Jackson El Dorado, Arkansas	Susie and Tom Pugh Little Rock, Arkansas	M. Keith Wren and Associates, Attorneys Little Rock, Arkansas
Mr. and Mrs. Harry Clerget Little Rock, Arkansas	Mr. and Mrs. Tom Jewart Little Rock, Arkansas	Beverly and Harrison Ralph Crossett, Arkansas	Tara and Robert Wright Fayetteville, Arkansas
Dr. and Mrs. Charles Clogston Little Rock, Arkansas	JMS Consulting Conway, Arkansas	Dorothy and R.C. Reynolds McCrory, Arkansas	Margaret and Ron Wylie Clarksville, Arkansas
Ashley and David Coldiron Little Rock, Arkansas	Harriet and James Johnson Wilmot, Arkansas	Dee and Don Riggan Little Rock, Arkansas	Martha Yocum El Dorado, Arkansas
Dr. [†] and Mrs. George M. Cone Jonesboro, Arkansas	Diane and Bill Johnston Heber Springs, Arkansas	Lila and Jack Riggs Little Rock, Arkansas	Youth Service Fund of the United Methodist Church Little Rock, Arkansas
Lee and Bob Cress Little Rock, Arkansas	Mr. and Mrs. Grady Keith Lake Village, Arkansas	Lesley and Stan Roberts Little Rock, Arkansas	

[†]Deceased

Annual Workman Donation \$2,500-\$4,999

Anonymous (3)	Jean and Terry Landrum Scott, Arkansas	Sally and Keith Riggs Little Rock, Arkansas	Dr. and Mrs. Tom Tvedten Heber Springs, Arkansas
Lewese and Jon Ahrens Mount Ida, Arkansas	Dorothy C. Morey Little Rock, Arkansas	Trish and Kurt Searvogel Sheridan, Arkansas	Debbie and Don Weaver Conway, Arkansas
Allison and William Alexander Searcy, Arkansas		Nancy [†] and Neill Sloan Lake Village, Arkansas	[†] Deceased

Annual Workman Donation \$5,000 and up

Anonymous (3)	Mary Lue and Bill Gibbs Camden, Arkansas	Angela and Chris Newell Trophy Club, Texas	Sunderland Foundation Overland Park, Kansas
Arkansas Arts Council Little Rock, Arkansas	Gill Ragon Owen Attorneys Little Rock, Arkansas	Ruth and Dennis Rowland Kansas City, Missouri	United Methodist Foundation of Arkansas Little Rock, Arkansas
Paul Arnold Nashville, Tennessee	Jane Hunt Fayetteville/Little Rock, Arkansas	Genevieve H. and William A. [†] Strong Pine Bluff, Arkansas	Windgate Charitable Foundation Siloam Springs, Arkansas
Rebecca and Ritter Arnold Marked Tree, Arkansas	Iva and Bill Krogman Star City, Arkansas	Roy and Christine Sturgis Charitable and Educational Trust Dallas, Texas	Melissa and Keith Wrenn Brentwood, Tennessee
The Baxley Foundation Plano, Texas	Karen and Mike Millar Searcy, Arkansas	W.P. Sturgis Foundation Arkadelphia, Arkansas	[†] Deceased
Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas			

THE GEORGE THORNBURGH SOCIETY



Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system. This list features those who have given past decade.

Anonymous (4)	Aline Gill Estate	Alline M. Montgomery Estate	St. Francis Ministries of Phillips County
Myra M. Abrignani Estate	Maxine S. Gregg Estate	Angela and Chris Newell	Melda Stickland Estate
Arkansas Arts Council	Hall Revocable Trust	Nolan Foundation	Genevieve H. and William A. [†] Strong
Arkansas Community Foundation	John A. Henson Trust	Mrs. Betty Regnier	William A. Strong Charitable Remainder Trust*
Bancorp South Insurance Services, Inc.	Mark Holder and Kathleen Kennally	Paula and Robert Reynolds	Roy and Christine Sturgis Charitable & Educational Trust
Barbara and John [†] Bragg	Walter B. Huff Estate	Riggs Benevolent Fund	W.P. Sturgis Foundation
Lillian Mae Clavert Living Revocable Trust	Jane Hunt	Rittwood Farms Company, Inc.	United Methodist Foundation of Arkansas
Elizabeth W. Fries Estate	Julia Mae Jackson Estate	Marion and Miriam Rose Trust	Alma Welton Trust
Charles A. Frueauff Foundation, Inc.	Kerkhoff Family Trust	The Reverend Mitchell and Gladys Masters Sanford Endowment	Windgate Charitable Foundation
Dr. Rita Galloway	Iva and Bill Krogman	Trish and Kurt Searvogel	Juanita Annette Wood Estate
Conway and Margaret George Charitable Trust	Jean and Terry Landrum*	Velma E. Shaffer Estate	Hazel Marie Wright Estate
Mary Lue and Bill Gibbs	Clyde Langford Jr. Estate	Shuler Drilling Company	
Gill Ragon Owen Attorneys	L.A. Logan Estate	Nancy [†] and Neill M. Sloan	
	Nell S. Martin Endowment	Jan Snider*	
	Karen and Mike Millar	Elizabeth H. Snyder Trust	
	Rev. Curtis E. Monroe Estate		

*Denotes new member [†]Deceased

THE COY-ROOTS-TABOR HERITAGE SOCIETY



Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce Streets in Little Rock, which became the first home of the orphanage, opening in 1902.

Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to the Methodist Family Health system.

Anonymous (2)	Ashley Riggan Coldiron*	Marjem and John Gill	Jacquelyn P. Murphy
Myra and Andy Altom	O'Neal Davidson Estate	Mrs. Ina Mae Harris	Steven C. Trolinger
Jane and William H. Arthurs*	Donald R. Dearing and Martha M. Dearing Trust	Geneva I. Hughes Estate	Warren Family Trust
Mr. and Mrs. Robert G. Branch	Cecile and Gil Foresman	Jonelle Ryan and Billy Gene Jones	Imogene Simpson Westfall Trust
Mrs. Mary Campbell	Corinne W. George [†] *	Nancy and Earl McClure	

*Denotes new member [†]Deceased

Please contact Maggie Beeler at 501.906.4220 for more information regarding the Workman Society and other giving opportunities.

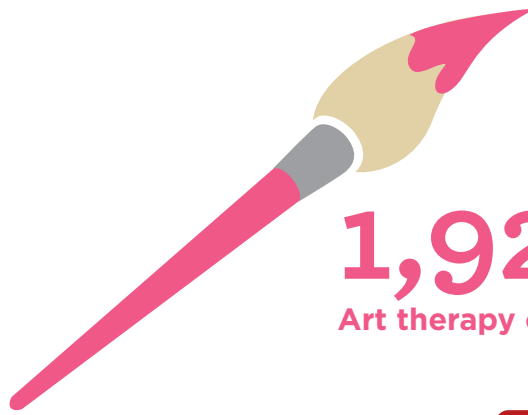
MFH donors make a BIG DIFFERENCE

This year, Methodist Family Health donors made possible:



2,080

Horseback riding lessons



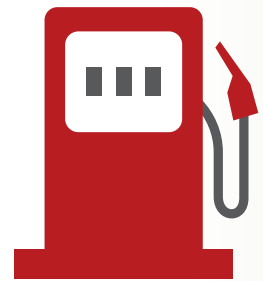
1,920

Art therapy classes



118

Bibles



244

Gas vouchers

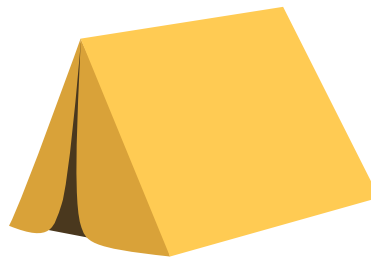


1,400

Christmas presents

350

Summer campers



68

New comforter
and sheet sets



88

Birthday gift cards



24

Bicycles



You helped dreams come true this year.

You made it possible for Methodist Family Health to serve more than 2,400 children and their families each day.

Your gifts helped children and youth learn to utilize their own strengths and successfully navigate life.

Thanks to people like you, MFH continues to help Arkansas children and families through our venues of care including:

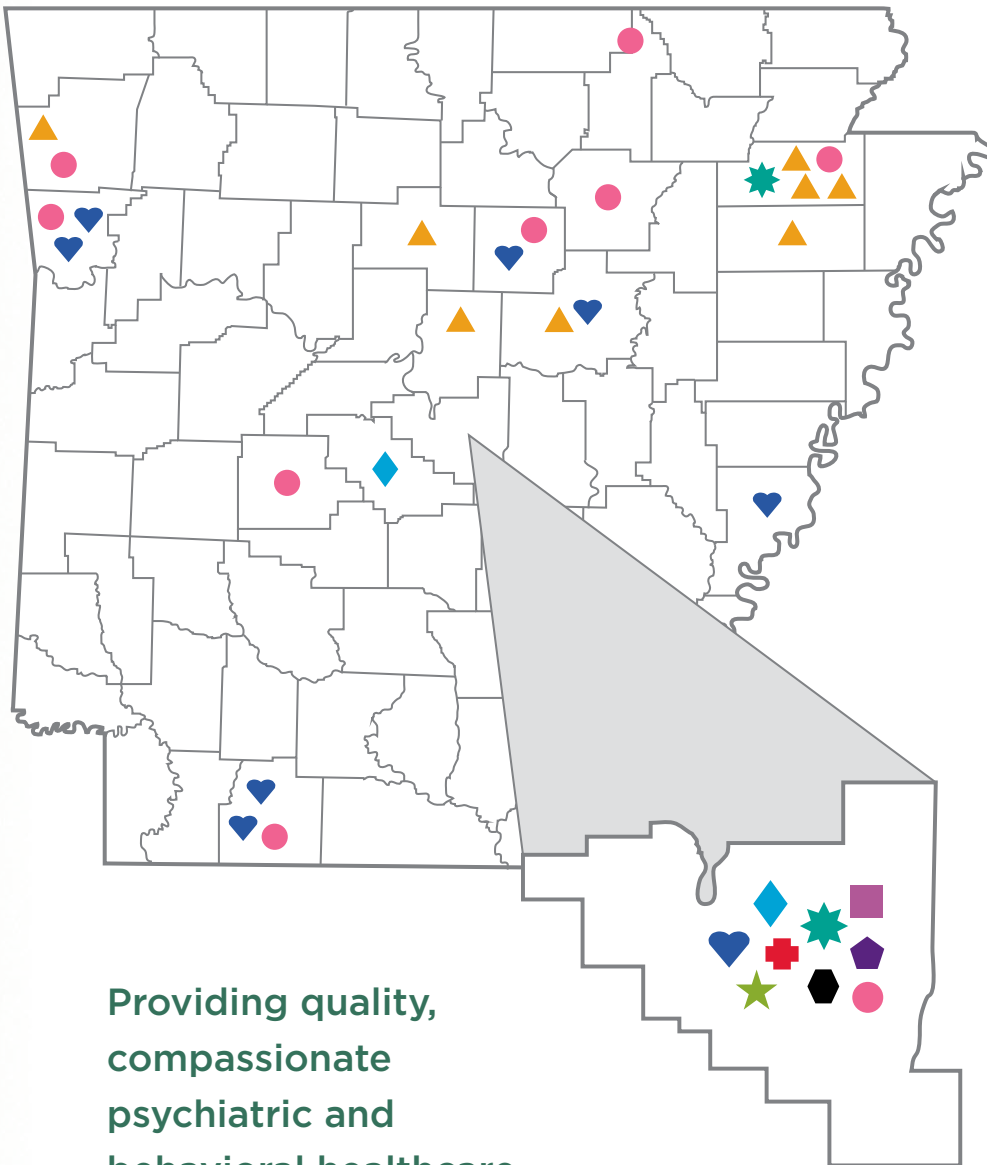
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Methodist Children's Home
- Therapeutic Residential Treatment Center
- Emergency Shelter
- Therapeutic Foster Care
- Therapeutic Day Treatment Schools
- Kaleidoscope Grief Center
- Arkansas CARES program

Thanks to the generous support of Methodist Family Health donors, the following funding was provided in fiscal year 2014:

Total Contributions	\$1,572,747
MFH Foundation Endowment	\$8,067,302
Board Restricted Endowment	\$6,771,740
Donor Restricted Endowment	\$1,295,562

Will you help make more dreams come true in 2015?

LOCATIONS OF CARE



Providing quality, compassionate psychiatric and behavioral healthcare to the children and families of Arkansas.

- +** **Behavioral Hospital**
Maumelle
- ★** **Residential Treatment Centers**
Bono (near Jonesboro)
Little Rock
- ♥** **Therapeutic Group Homes**
Heber Springs
Helena-West Helena
Little Rock
Magnolia (2)
Mulberry (2)
Searcy
- ⬢** **Emergency Shelter**
Little Rock
- ⬢** **Arkansas CARES**
Little Rock
- ◆** **Therapeutic Day Treatment**
Benton
Little Rock
- **Counseling Clinics**
Alma
Batesville
Cherokee Village
Fayetteville
Heber Springs
Hot Springs
Jonesboro
Little Rock
Magnolia
- ▲** **School-Based Counseling**
Harrisburg
Jonesboro
Lincoln
Nettleton
Van Buren County
Vilonia
White County
Success Achievement Academy, Jonesboro
- ★** **Kaleidoscope Grief Center**
Little Rock
- **MFH Administration**
Little Rock

Therapeutic Foster Care
Locations throughout Arkansas

UM Foundation grant makes possible educational field trips and outings

Children in Methodist Family Health's residential and day treatment programs throughout the state will get to take several educational field trips over the next year, thanks to a \$9,350 grant from the United Methodist Foundation of Arkansas.

"Children and youth experiencing emotional and behavioral problems are unlikely to have enjoyed a stable or consistent educational environment," says Carolee Cook, director of recreational therapy for Methodist Family Health. "This grant from the United Methodist Foundation is providing our clients with social and educational opportunities that might not otherwise be available to them."

Clients in Methodist Family Health's Group Homes throughout the state, Residential Treatment Centers in Little Rock and Bono, Arkansas CARES program, Day Treatment Schools in Little Rock and Benton, and Methodist Behavioral Hospital will all benefit from this grant. The children will get to enjoy trips to the Arkansas Arts Center Children's Theatre, Toltec Mounds, Little Rock Zoo, Mid-America Science Museum, Blanchard Springs Caverns, Museum of Discovery, among many other destinations.

The United Methodist Foundation of Arkansas "strengthens Church ministries, brings glory to God, and supports the United Methodist connection by preserving and growing United Methodist ministries through the creation and administration of endowment funds, according to its website." Since 2008, the United Methodist Foundation has supported Methodist Family Health with grants totaling more than \$40,000.

Methodist Family Health is grateful to the United Methodist Foundation of Arkansas for helping fulfill the mission of giving the best possible care to those who may need our help and to treat the whole person: behaviorally, emotionally and spiritually.



Ashley Coldiron and Jim Argue Jr., executive directors, respectively, of the MFH Foundation and United Methodist Foundation of Arkansas.

Southern



Silks

A Derby Day Soiree
benefiting Methodist Family Health

May 2, 2015 • 6 p.m.

Clear Channel Metroplex Event Center
10800 Colonel Glenn Rd. (off I-430) • Little Rock

Celebrate the 141st running of the Kentucky Derby at a post-race soiree that will include faux horse races where you can be a jockey! There will be prizes for each race, Derby Day refreshments, a live auction, hat contest, and more!

Tickets: \$75 per individual (assigned seating, open table)
\$50 per individual (general admission)

Table sponsorships start at \$1,000.

To purchase tickets or for sponsorship information, please contact Annie Davis at adavis@methodistfamily.org or 501.906.4201 or visit www.methodistfamily.org.

#SouthernSilks15



P.O. Box 56050
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Rebuilding The Lives Of Children And Families Since 1899

MethodistFamily.org 

Share the light!

Your gift helps Methodist Family Health
help Arkansas children.



Children all around us are hurting. But you can let the joy of your life shine into theirs! Methodist Family Health is a nonprofit organization providing comprehensive psychiatric and behavioral health care to Arkansas children and families. We can help restore a happy home. Sometimes we even become the home. And with your support, we can bring healing and hope all year long.

Giving is easy! Share your love by choosing one of these options:

- Visit www.methodistfamily.org for online giving
- Make checks payable to Methodist Family Health Foundation and mail to P.O. Box 56050, Little Rock, AR 72215
- Call 501.906.4209

