

Sentinel

 *Methodist*
FAMILY HEALTH

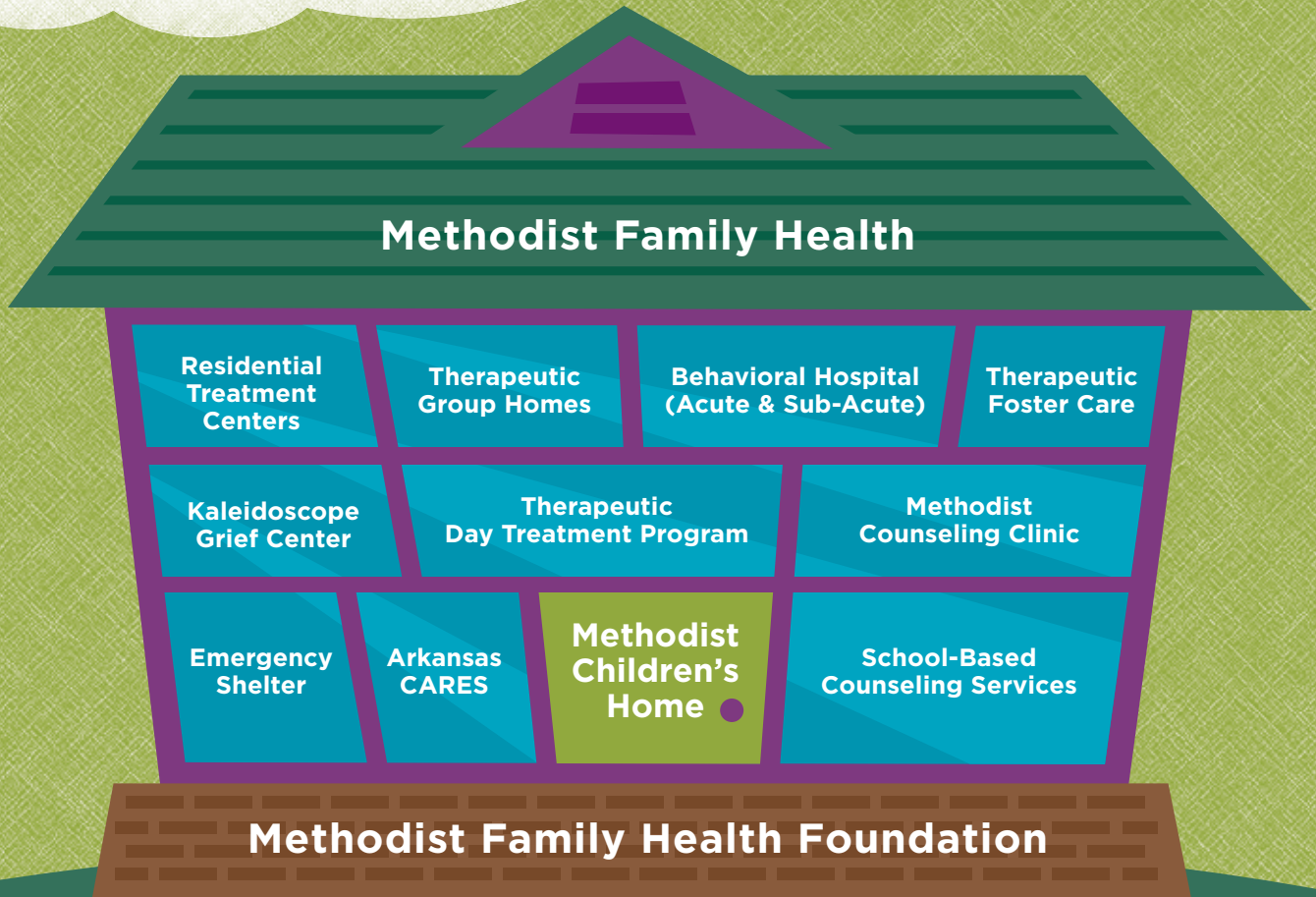
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**Methodist Family Health
*Sentinel***

a publication of the Methodist Family
Health Foundation

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On the cover: Theresa Vogelpohl of
Perryville and her grandchildren Matthew,
Julie and Carrie are among those who have
been helped by Methodist Family Health.

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Methodist Family Health is the
management company of:
Methodist Children's Home
Methodist Behavioral Hospital
Methodist Counseling Clinic
Arkansas CARES

Welcome to *Sentinel*

Many times we run across people who are quick to criticize and nay-say a bleak situation, or who cast doubt on ideas that are different or contrary to the norm. Those who dare dream of changing the established way or who are tenacious in their effort to succeed, but fail, are often criticized for that failure.

The brightest light in my professional life is working for an organization that doesn't give up on helping some of the most difficult children and families in Arkansas. It's not generally common knowledge that Methodist Children's Home is the largest residential contractor with the State of Arkansas, or that Methodist Behavioral Hospital has contracted treatment and care for children on whom other hospitals and public insurance have given up.

It is uplifting to see our employees be tenacious in their work with children and families who have experienced multiple failures. I'm proud that our employees get the bigger picture. This is about never giving up in the face of failure; it's all about learning and looking for the small increments of success that we all can build upon. We never give up on a child.

Do we have failures? Yes. Does it bother us? Yes. Do we learn from the experience? Yes, all the time.

I'm a big fan of Theodore Roosevelt. Since my Army days, I have carried this quote from his "Man in the Arena" speech of 1910. I think it drives home the idea for all of us to jump in and try regardless of the fear of failure.

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions, who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat."

Thank you for your continued support of MFH. Have a blessed holiday season.

Sincerely,



Andy Altom
President and CEO



The Discipline of Horsemanship

By Jane Dennis

Horse and rider in tune and in control

Theresa Vogelpohl knows that horses can be the best therapy of all for some children with behavioral problems.

Riding a horse, no matter its size or temperament, requires control and discipline. Proper posture, effective cues with hands and feet, even tone of voice make a tremendous difference in communicating with a horse.

“A horse catches everything and misses nothing,” says Vogelpohl, who operates Diamond TR Ranch and Horsemanship Academy on Highway 10 in Pulaski County with her husband, Ray. The academy is home to about 40 students, both adults and children, some of whom struggle with behavioral issues. Many parents and grandparents “just find us,” she says, because they are looking for a place for their children to enjoy horses.

Understanding how intuitive a horse can be is one of the first lessons taught. If a fly lands on his back, the horse knows. If a rider isn't paying attention, the horse knows. And a rider will be less effective if he or she lacks the self-discipline to learn cues, the horse understands.

While it may appear that riding is all about making a horse perform or obey, it's really about “teaching the children to discipline themselves,” Vogelpohl says.

Helped by MFH

Vogelpohl, a geriatrics nurse, knows plenty about children with behavioral problems and horses. She is the kind and nurturing grandmother to five adopted grandchildren who have presented more than a fair share of behavioral and psychiatric challenges. Some issues her grandchildren face can be traced to prenatal substance abuse; others stem from “very unhappy backgrounds,” she says, and environments detrimental to healthy, well-adjusted psyches. “Those scars are forever there,” she says.

All three of the older adopted grandchildren have received residential care from Methodist Family Health at some point of their lives. “It's usually that their behavior just got so out of hand that we just can't control it at home,” she says. Progress has been evident with each admission and behaviors were stabilized.

Whether through acute or sub-acute care, MFH “does a good job helping children reintegrate and look at their behaviors and learn new coping skills,” observes Vogelpohl.

“We have been very pleased with what Methodist Family Health has been able to offer the kids. I'm not sure what would have happened with those kids if we didn't have the support that comes from Methodist Family Health.”



Theresa Vogelpohl believes in the therapeutic qualities of horsemanship.



“The drill team is the ultimate in learning not only self control but team work.”
– Theresa Vogelpohl

Therapeutic fun

Vogelpohl has been operating a horse barn and working with riders and horses since 1998. And while she doesn't characterize what she offers as therapy, it has many therapeutic qualities.

“We have a very structured, very safe program,” she says. “We move slowly. We don't force students into a certain mold. We let them go at their own rate and their own direction, within some very strict confines of what we expect them to learn.”

Vogelpohl and her daughter are the academy's instructors, and they work with each child to develop confidence in the abilities they have and must control.

There are rules. For example, some behaviors “you just can't exhibit around horses,” she says. “I won't let kids cry if they're on horseback because the horse doesn't understand. Now, it's OK if you hug your horse and cry – that's the best place. But not when you're on their back and not when something is going wrong. The kids have to pull themselves together, and then they have to work through whatever the issue is. We deal with it that way.”



Teaching life lessons

In addition to hosting clinics and occasional shows, Diamond TR Academy formed a drill team where riders display their horsemanship skills through a series of dressage maneuvers and formations. The drill team gave a performance last summer at the Methodist Children's Home Fillmore Campus in Little Rock. It was a big hit with residents.

"The kids love to travel like that and put on a show," Vogelpohl says. "The drill team is the ultimate in learning not only self control but team work. It is almost like a choreographed dance."

There are multiple life lessons built into horsemanship, she adds. "Life is about being able to adapt, being able to relate, to communicate, and to control one's emotions when one has to. We teach all of that."

Horses have a lot to offer when it comes to healing body and soul, Vogelpohl says. "That's something I have enjoyed and hope to continue to offer — that avenue for healing, both physically and mentally."

To learn more about Diamond TR Ranch and academy, visit www.diamondtr.com or contact Vogelpohl at 501.333.2618 or theresa@diamondtr.com.



"We have been very pleased with what Methodist Family Health has been able to offer the kids."

– Theresa Vogelpohl



Donor urges others to consider estate gifts

Jacquelyn “Jackie” Murphy of Little Rock is “so impressed with how much good the Methodist Children’s Home does” that she is designating a portion of her estate to the 114-year-old organization.

“I’ll be 86 in December, and I’ve been blessed with good health. But I know I’m not going to live forever,” she said with a laugh during a recent visit. She was married to Pat Murphy for 57 years before he died in 2006.

After hearing speakers from the Children’s Home in recent years and touring the Fillmore Campus with other United Methodist Women from her church, St. James, Murphy decided to include the Children’s Home in her will.

“I really urge other folks to go see the Children’s Home for themselves,” she said. “It has grown so much and is such a worthwhile organization. I’m very happy with my decision.”

To schedule a tour or discuss an estate gift benefiting Methodist Children’s Home or any MFH program, contact Ashley Coldiron, executive director of the MFH Foundation, at 501.906.4202 or acoldiron@methodistfamily.org.



Jackie Murphy of Little Rock



A DERBY DAY Soiree

benefiting Methodist Family Health
May 3, 2014 • 6 p.m.
Twin City Event Center • 901 Main St., Little Rock

Celebrate the 140th running of the Kentucky Derby at a post-race soiree that will include faux horse races where you can be a jockey! There’ll be prizes for each race, Derby Day refreshments and libations, a live auction, hat contest, and more!

Tickets: \$75 per person or \$125 per couple
Sponsorship opportunities available

All proceeds benefit Methodist Family Health.

For more information, contact Annie Davis at adavis@methodistfamily.org or 501.906.4201.

Donor Profile

Growing a gift

Former resident teams with employer to give back to MFH



Dennis Rowland (right) and his brother Philip recently returned to Methodist Children's Home, where they lived for more than a year in the early 1960s.

Dennis Rowland wants to give back. And Union Pacific Railroad, his employer for nearly 40 years, is making it possible for him to give back in an even bigger way.

Rowland and his two brothers, Philip and Garry, were residents of Methodist Children's Home in Little Rock for approximately 16 months in the early 1960s when they were ages 8, 9 and 11. Rowland has fond memories of living on the Fillmore campus, riding bikes, exploring the property and nearby woods, and being looked after by kind and loving house mothers.

"I can't recall a single bad memory of my time here," he said on a recent visit and tour of the campus. He remembers attending church every Sunday, swimming in the pool on the Children's Home property, and birthday cakes being presented to younger kids and birthday pies to older ones.

"I remember everything was very clean," he said, "and that we had very good care."

Over the years, Rowland built a dual career as a train engineer and attorney. He volunteers and provides legal assistance to residents of a women's shelter near his home in Kansas City, Mo. He credits the charitable care he received at the Children's Home with increasing his awareness of the needs of others and his desire to help.

Before retiring in September from Union Pacific, he made a significant charitable contribution to Methodist Family Health. **The company's matching gift program matched his contribution dollar for dollar.**

"It felt right to give back to those who were there when I needed help the most," Rowland said. He encourages others to utilize the corporate partnerships of companies that offer matching donor programs, which can be so beneficial for good causes like MFH.

To learn more about options for giving or to find out if your company has a matching gift program, contact Ashley Coldiron at 501.906.4202 or acoldiron@methodistfamily.org.

Board member sees MFH offering children a safe place of care

A generous and dedicated volunteer, Scott Beardsley is a member of the board of directors for both Methodist Family Health and its Foundation. He began serving in these roles in 2012.

How did you first learn about Methodist Family Health?

Growing up at Trinity Methodist Church in Little Rock, I knew about the Methodist Children's Home as long as I can remember. What I didn't know was how much more there was to Methodist Family Health and all of its services.

What appeals to you about service to MFH?

Methodist Family Health is unique in that it is designed to meet the needs of children in a full range of situations. MFH can provide in-school counseling all the way up to acute hospitalization. It is even better when it works in reverse, moving from hospitalization to outpatient counseling as the child becomes healthier.

What sets MFH apart and makes it special?

Methodist Family Health's full range of services plus the use of the Teaching Family model of counseling make it unique. Regardless of the level of service that a child needs, the counseling approach never changes and is consistent between locations.

What do you wish more people knew about MFH?

That MFH touches 1,400 children every day. MFH is far more than the old Children's Home and Orphanage. MFH's behavioral hospital is the only charitable provider of children's [mental health] service in central Arkansas.



Scott Beardsley

Can you share an experience that has touched your heart?

During my last visit to the behavioral hospital, a middle school boy approached the hospital director and asked if he could stay longer. First, I couldn't imagine a 10-year-old needing to be in the behavioral hospital; I had thought of it as a place for teenagers. Secondly, I was touched and impressed that the boy recognized he was in a safe place where he was being cared for and did not want to leave.

How have you been involved with MFH beyond Board service?

My family enjoys shopping together to stock the rewards closet at the Children's Home and the hospital. It is a great learning experience for my children to help pick out toys for others and not shop for themselves. I find myself watching for sales to make our donation go further. It reminds me on a regular basis how blessed I am.

Tell a little about yourself.

I work for First Security Bancorp's investment banking firm, Crews & Associates, as a financial advisor to school districts. I get to travel all around our great state and work with communities that want to build new schools. I live with my lovely bride/best friend in Ferndale. I enjoy playing outside with my children and being involved in their school and sports activities.

Share the joy of Christmas with children and families in the care of MFH

When making your Christmas list, please remember the children and families in the care of Methodist Family Health. Here are some ways to help. To learn more about any of these suggestions, contact Jamie Griffith in the Foundation office at jgriffith@methodistfamily.org or (501) 906-4209.

- Shop for and donate items on the Christmas wish lists of children ages 5-17 in MFH residential programs.
- Wrap Christmas presents already donated for children in MFH care.
- Join with other families, neighbors or church groups to host a Christmas party for residents in one of the many Methodist Family Health locations.
- Donate puzzles and sports and recreational equipment (footballs, basketballs, soccer balls, scooters, jump ropes, outdoor games) that can be enjoyed year round.
- Help fill the reward "points closets" with items such as card games like Skip-Bo and Uno, small toy cars like Matchbox, small plush toys, small Lego kits, 100-calorie pre-packaged snacks, holiday/patterned socks, colorful stretch bracelets with positive messages, etc.
- Make a donation to MFH in honor or in memory of a loved one (www.methodistfamily.org).

A Christmas Story of Hope

UPDATE



Ashley, 2006

Ashley Moore McLarty's story of hope was first shared in the Winter 2006 Sentinel. She spent several years in the care of Methodist Family Health (MFH), living at the Methodist Children's Home and later in a therapeutic group home. She found support, love, guidance, a family and much more. Today, Ashley is striving to achieve her educational goals with the help of an MFH Scholarship while caring for her 4-year-old daughter, Audrey.

On a recent visit, Ashley shared that one of the life lessons she learned from MFH was to put God first, followed by her family and her education. Ashley is a loving, doting and protective mother. She credits her MFH foster parents, Evelyn and Charles Vaughn, with teaching her how to properly care for herself and others.

"They taught me to make good choices, acquire independent living skills and to follow my dreams," Ashley says. The hope, strength and joy in her eyes are easy to see. She is determined to always be there for Audrey, just as MFH was there for her.

Seven years later, Ashley still has special items given to her, thanks to many generous donors and friends of MFH. Items include her Bible, a special blanket and clothing. She has felt the love and prayers of those supporting MFH clients, and she is thankful for these special friends.

The MFH Foundation hopes that others will see through Ashley, and now Audrey, the difference your gifts are making in not just one generation of families, but many.

To help children and families like Ashley's, please use the envelope in this magazine to make a gift or request more information. The annual MFH Christmas Campaign supports the programs and services that touch more than 1,400 Arkansas children and families daily.



Ashley and her daughter, Audrey, 2013

If Ashley's story touches your heart, please consider helping make possible successful outcomes for even more of the 1,400 Arkansas children who are in our care daily. A gift to Methodist Family Health would be a Christmas blessing to so many. There are many ways to give. For information, contact Ashley Coldiron at 501.906.4202 or acoldiron@methodistfamily.org or Maggie Beeler at 501.906.4220 or mbeeler@methodistfamily.org. For online giving, visit www.methodistfamily.org.

What's Happening

MAY

One-of-a-kind camp heals broken hearts

Camp Healing Hearts, a free overnight grief camp for children age 5-18 and their families, drew 70 campers to Camp Aldersgate in May. Hosted by MFH's Kaleidoscope Grief Center, the annual camp provides a safe environment where children and family members can develop coping skills to deal with grief and loss of a loved one. The camp is among the activities funded with proceeds from the 2012 Kaleidoscope Kids Auction.

Members of the 'Tween Group at Little Rock's St. James United Methodist Church lovingly made prayer blankets for each family participating in Camp Healing Hearts. Rhonda Coldren helped coordinate the effort.

\$1-a-week giving turns into MFH grant

Christ of the Hills UMC in Hot Springs Village awarded a grant of \$2,600 to Methodist Family Health earlier this year. The church raises funds to support various mission efforts through its "Dollar a Week" drive, believing that giving \$1 a week is an attainable goal for most. Ashley Coldiron, executive director of the MFH Foundation, was on hand during a Sunday worship service to accept the gift, which is earmarked for a Literacy and Education Improvement Project at the Little Rock Day Treatment program.

JUNE

MFH friends host "Gathering for Good" events

Several friends of MFH hosted "Gathering for Good" events in June to increase awareness of MFH programs and services. Ashley Coldiron, executive director of the MFH Foundation, spoke about ways to support the 114-year-old organization. The gracious hostesses included Margaret Whillock, Cherry Light and Helen Buchanan, all of Little Rock, and Karen and Mike Millar of Searcy.

Jonesboro youth partner with Dacus RTC

The Jonesboro Urban Mission Project (JUMP), which involves fourth- to sixth-graders at Jonesboro's First UMC, donated hundreds of recreational/motivational items to MFH's Dacus Residential Treatment Center at Bono in June. They presented the gifts to the kids at Dacus while hosting an ice cream social. Many of the kids from First UMC attended the ice cream social and partnered with Dacus kids during bingo for prizes.

Emergency Shelter residents enjoy cookout

The Women in Mission group from St. James UMC, Little Rock, hosted a hamburger cookout June 27 for children at the Emergency Shelter on the Little Rock Fillmore Campus. MFH Foundation Board member Steve Rowell was recruited to be master grill. After lunch, everyone enjoyed playing Bunko.

Congregation gives sweet treats

Who doesn't love jelly? Members of Holiday Hills UMC at Greer's Ferry conducted a jelly drive and donated dozens of jars to MFH group homes. The drive was held in memory of longtime member Dora Gruber, who loved to make homemade jelly and give it away to children.

VBS kids spruce up LR Day Treatment facility

Sixth- and seventh-grade participants in Vacation Bible School at Little Rock's First UMC gave a day of service in June and helped clean, organize and generally spruce up MFH's Little Rock Day Treatment school building in preparation for the fall term. They also donated book bags and pillowcases created by all the VBS children. The group was accompanied by senior pastor Chris Cooper, associate pastor Donna Hankins and volunteer Nechi Fullerton.



A team of Camp Healing Hearts campers strategize during the opening games.



Ashley Coldiron expresses thanks to Christ of the Hills UMC, Hot Springs Village, for a generous grant.



Helen Buchanan and Margaret Whillock hosted a "Gathering for Good" event.



Margaret Whillock and Cherry Light welcomed friends to a "Gathering for Good" event.



JUMP participants from Jonesboro First UMC shared a day of fun at Dacus Residential Treatment Center in Bono.

In response to the day of service, Hankins commented that the children enjoyed the work “because they felt it would make a difference in the life of another child. Your work is so valuable. Thank you for helping us to learn about a new avenue through which we can serve our community and Jesus.”

Party comes with art lesson by Stephano

A “Night of Art” party benefiting MFH was held June 28 at Stephano’s Fine Art Gallery in Little Rock. The party, donated by Stephano and Kathleen Kennally, was purchased during MFH’s 2012 “Head West to the Ranch” auction event. The evening included an art lesson by Stephano, refreshments and goodie bags for all guests.

MFH kids enjoy summer camp fun

MFH’s 13th Annual Rev. Robert Regnier Memorial Summer Camp was held June 10-14 at Camp Tanako near Hot Springs. More than 60 residents of MFH group homes and the emergency shelter took part in traditional camp activities such as swimming, fishing, canoeing and campfires, as well as the not-so-traditional Silly Olympics and MFH’s Got Talent competitions. The schedule included tie-dyeing T-shirts, cookie decorating, a host of camp awards, Carnival Night and worship. Donors to the MFH Foundation’s Rev. Regnier Memorial Summer Camp Fund make this much-anticipated summer activity possible.

JULY

Pulaski Heights youth share gifts with MFH residents

Youth from Pulaski Heights UMC, Little Rock, spent a day at the Methodist Children’s Home Fillmore Campus in July. They joined Group Home and Residential Treatment Center youth in get-acquainted games, recreational challenges, a devotion and craft activity. They were accompanied by associate youth pastor Katye Dunn.

In addition, the more than 500 children who attended Vacation Bible School at Pulaski Heights UMC donated books, puzzles, games, school supplies, snacks and more than \$900 for the benefit of Methodist Children’s Home residents.

“Spirit of Hope” celebration benefits MFH

Hope First UMC hosted its annual “Spirit of Hope” celebration July 4 and designated a portion of the proceeds to Methodist Family Health. The all-day event was enjoyed by a crowd of about 2,000 and featured live music, food, games, a children’s parade and fireworks.

Trinity VBS gives abundance of gifts

A large assortment of games, toothpaste, toothbrushes and other toiletries was collected and donated to MFH by those attending Vacation Bible School in July at Trinity UMC in Little Rock.

Splash party serves up summer fun

The Emmanuel Sunday School Class at Little Rock’s Asbury UMC hosted a “splash party” in July for the mothers and children in the Arkansas CARES program. Water games and a slip-and-slide provided fun for the young ones. Ice cream treats were served by volunteers that included Bob and Elaine Landrum, Carolee Ford, Mike and Barbara Block, and Richard Bloesch.

Friends from Hoxie host cookouts

Thanks to super volunteer Linda Holt and other friends at Hoxie UMC, residents of MFH’s Dacus Residential Treatment Center enjoyed cookouts both in July and August at Wayland Spring Methodist Camp. The youth



VBS participants from Little Rock First UMC celebrate a day of work at the Little Rock Day Treatment program.



Fishing is a favorite activity at the Rev. Robert Regnier Memorial Summer Camp at Camp Tanako.



Pulaski Heights UMC youth spent a day volunteering at Methodist Children’s Home.



VBS kids at Trinity UMC, Little Rock, gave toys and toiletries to the Children’s Home.



A water slide makes for cool fun at the splash party hosted by Asbury UMC, Little Rock.

lunched on grilled hamburgers, heard devotionals, and participated in fun-filled days of hiking, basketball, swimming and gospel singing. An invitation was extended for the Dacus residents to return for a fall outing complete with a campfire and s'mores.

Searcy First UMC completes patio makeover

A patio makeover was completed in July at the Searcy Girls' Group Home. Members of the FISH (Friends in Service to Him) Sunday School Class at Searcy First UMC joined with the Heart to Home women's small group to redecorate the outdoor space with a picnic table, two iron tables and matching chairs, umbrellas, rugs, lounge chairs, and other decor.

"The girls are so proud and excited to have a place to get away, read a book or have a snack," says Debbie Paxton, alternate teaching parent at Searcy. "It looks so inviting."

LR's Faith UMC makes flip-flop donation

MFH's friends at Faith UMC in Little Rock repeated last summer's collection and once again donated several hundred pairs of flip-flops to the children and mothers in MFH residential care in 2013. The summer footwear is a favorite of all ages.

AUGUST

LR clinic remodeled and expanded

MFH's Little Rock Counseling Clinic at 1600 Aldersgate Road was remodeled and expanded over the summer to include four additional staff offices, a conference room, and an expanded client waiting area that now has views to the outdoors. The changes are designed "to provide a platform for us to better serve our clients in the Little Rock area," says Shari Willding, Assistant Director of Outpatient Services for MFH.

The renovation was made possible with gifts from the Charles A. Frueauff Foundation, Little Rock, and Ash Grove Charitable Foundation, Overland Park, Kan.

Pillows donated by Pillowstock participants

Pillows galore were donated to Methodist Family Health by the youth who turned out for "Pillowstock," an Aug. 17 gathering that featured a giant pillow fight, inflatables and a battle of bands. Sponsored by the Southeast District Council on Youth Ministries and held at Pine Bluff First UMC, the event's admission was two new pillows, which were donated to MFH for use by children in residential programs.

Bible Boot Camp provides funds for Bibles

The 52 children who participated in Bible Boot Camp at Little Rock's First UMC collected more than \$276 for the purchase of Bibles for children in the care of Methodist Family Health. Pam Snider, the church's director of children's ministries, coordinated the effort.

Clients create ocean mural at hospital

A beautiful new ocean scene mural is the latest addition to Methodist Behavioral Hospital at Maumelle. The colorful work of art is the creation of youth at MBH, guided by art teacher and volunteer Elizabeth Weber. The Arkansas Arts Council provided funding for the summer arts camp Weber led at MBH. Youth at the hospital with a penchant for creativity and art assisted Weber in painting the mural.

Wild River Country supports MFH

Wild River Country is a true friend to Methodist Family Health. For the 2013 Walk for Children and Families, the North Little Rock water park donated 100 admission tickets, representing an in-kind gift valued at \$1,250. The tickets were used by children in MFH residential programs.



Volunteers from Hoxie UMC host a cookout for residents of Dacus Residential Treatment Center in Bono.



Searcy First UMC completed a makeover of the patio of the Searcy girls' group home.



Expansion of the MFH Counseling Clinic at Little Rock has been completed.



Youth attending Pillowstock donated pillows to Methodist Family Health.



A young artist works on the mural at Methodist Behavioral Hospital.

Recognitions

Churches earn kudos for generosity and volunteerism

United Methodist congregations that have been exceptionally supportive of Methodist Family Health were recognized during the Arkansas Annual Conference session held in June in Little Rock. In the months that followed, Foundation representatives visited the churches and presented appreciation plaques featuring artwork by children in the care of MFH.

Recognized with district Generosity Awards were: Fort Smith First UMC; Christ of the Hills UMC, Hot Springs Village; Lakeside UMC, Lake Village; St. James UMC, Little Rock; and Searcy First UMC.

Named MFH's Outstanding Volunteer Churches were: Alma UMC; Camden First UMC; Pine Bluff First UMC; Pulaski Heights UMC, Little Rock; and Heber Springs First UMC.



Walter L. "Bubba" Smith, senior pastor of Christ of the Hills UMC, Hot Springs Village, receives the church's Generosity Award from MFH Foundation's Maggie Beeler.



Camden First UMC pastor Buddy Ratliff and member Alicia Moseley receive the Outstanding Volunteer Church award.



Siegfried Johnson, senior pastor of St. James UMC, Little Rock, accepts the church's Generosity Award from MFH Foundation's Ashley Coldiron.



Maggie Beeler presents a MFH Generosity Award to Searcy First UMC, with senior pastor David Orr accepting.



Walk for Children and Families supports MFH in a big way

Methodist Family Health's 7th Annual Walk for Children and Families took place Aug. 2 at Cook's Landing Park and over the Big Dam Bridge. More than 850 participants streamed into North Little Rock from all corners of the state. They hiked over the bridge's walkway and back for a donation of \$20 or \$50 per family. Combined with corporate sponsorships and in-kind donations, the event raised more than \$86,000. The funds will be used for health and fitness equipment and activities for residential clients of MFH.

"This event has grown every year, and we are so appreciative," said MFH CEO Andy Altom. "It means a lot to see this many people turn out to help the children and families we serve."

The Walk for Children and Families included live music by the Gable Bradley Band, as well as plenty of free pizza, ice cream and water, and T-shirts for everyone.



Casey McBride, Clint Stoerner, MFH CEO Andy Altom and Pat Bradley



Lesley and MFH Board member Stan Roberts and daughters



Volunteers with the Hat Club of Little Rock



Karen and Mike Millar, MFH Board chairman



Jerry and MFH Board member Becky Kossover



MFH employees and former congressman Asa Hutchinson



Societies

THE JAMES M. WORKMAN SOCIETY



Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health system.

Annual Workman Donation \$1,000-\$2,499

Anonymous (8)	Margaret and Kenneth Davis Hardy, Arkansas	Becky and Jerry Kossover Little Rock, Arkansas	Mr. and Mrs. D.K. Robinson Little Rock, Arkansas
Lewese and Jon Ahrens Mount Ida, Arkansas	Stacy L. Duckett North Little Rock, Arkansas	Judith and Charles Long Jonesboro, Arkansas	Kari and Dan Rohrbaugh Hope, Arkansas
Myra and Andy Altom Heber Springs, Arkansas	Ellen and Don Edmondson Forrest City, Arkansas	Magnolia Junior Charity League Magnolia, Arkansas	Ms. Deborah Rowley Conway, Arkansas
Arkansas Wildlife Officers Association Taylor, Arkansas	Pam and Robert Edwards Searcy, Arkansas	Karon and Bill Mann Little Rock, Arkansas	Carolyn and Ness Sechrest West Memphis, Arkansas
Steve W. Babcock Paragould, Arkansas	Eric Rob & Isaac Little Rock, Arkansas	Angela and Chad McLain Brinkley, Arkansas	Kristi and Gary Sewell El Dorado, Arkansas
Linda and Donald Bacon Little Rock, Arkansas	Tim and Peggy Farrell Fund Little Rock, Arkansas	Carl Miller, Jr. Little Rock, Arkansas	Reverend and Mrs. Gill L. Sills Searcy, Arkansas
Virginia and Bill Ball Searcy, Arkansas	Cecile and Gil Foresman Starkville, Mississippi	Mr. and Mrs. Eugene Miller Hazen, Arkansas	Smiley Technologies Little Rock, Arkansas
BancorpSouth Insurance Services, Inc. Little Rock, Arkansas	Dr. Rita Galloway Little Rock, Arkansas	Mr. and Mrs. Don E. Morey Little Rock, Arkansas	Charlotte A. Smith, R.N. Tuckerman, Arkansas
Wilma I. Barnum Fairfield Bay, Arkansas	Alicia and Craig Gammon Vilonia, Arkansas	Alicia H. Mosley Camden, Arkansas	Jan Snider Little Rock, Arkansas
Dr. Loren and Mr. Tom Bartole Cabot, Arkansas	Mr. and Mrs. Adam Gehring Des Arc, Arkansas	Mr. and Mrs. Les Murphy Star City, Arkansas	Annie Mae and Phillip Stafford Camden, Arkansas
Mr. and Mrs. Robert Black North Little Rock, Arkansas	Regina and Stephen Gideon Maumelle, Arkansas	Marilyn and Joel Newcome Portland, Arkansas	Lynn and Bob Staten Little Rock, Arkansas
Mr. and Mrs. Shell Blakely Searcy, Arkansas	Dr. Mary Good Little Rock, Arkansas	Mr. and Mrs. Robert C. Nolan El Dorado, Arkansas	Mr. and Mrs. Bill [†] Stone Bay, Arkansas
Deborah and Perry M. Bolding North Little Rock, Arkansas	Mrs. Rosemary Davidson Griffith Little Rock, Arkansas	Theodosia Nolan El Dorado, Arkansas	Dr. and Mrs. John R. Stotts Little Rock, Arkansas
Sue and Sid Brain Harrison, Arkansas	Carolyn M. Henslee Little Rock, Arkansas	Karen and Andy Norris Lake Village, Arkansas	Target Minneapolis, Minnesota
Mr. and Mrs. John R. Brown Stuttgart, Arkansas	April and Tom Hesselbein Little Rock, Arkansas	Dr. Cheryl and Mr. Mark Payne Searcy, Arkansas	Dennis Taylor Hot Springs, Arkansas
Ms. Virginia E. Burdick Fayetteville, AR	Donna and Donald Hicks Cabot, Arkansas	B. C. Pickens Trust Pickens, Arkansas	Cindy and Patrick Tenney Springdale, Arkansas
Nancy Jane and John Butler Little Rock, Arkansas	B. Louise and Charles Holmes Little Rock, Arkansas	Ella Mae and Edgar [†] Poag Osceola, Arkansas	Dr. and Mrs. Tom Tvedten Heber Springs, Arkansas
Dr. and Mrs. Charles Clogston Little Rock, Arkansas	Kerry and Charlie Jackson El Dorado, Arkansas	Joyce and Chris Poole Benton, Arkansas	Jo Anne and Roger Utley Sherwood, Arkansas
Ashley and David Coldiron Little Rock, Arkansas	Mr. and Mrs. Tom Jewart Little Rock, Arkansas	Mr. and Mrs. William J. Porter Hamburg, Arkansas	Paula and Kirk Wardlow Springdale, Arkansas
Dr. and Mrs. George M. Cone Jonesboro, Arkansas	Harriet and James Johnson Wilmot, Arkansas	Susie and Tom Pugh Little Rock, Arkansas	Debbie and Don Weaver Conway, Arkansas
Roxie and John Culp Little Rock, Arkansas	Diane and Bill Johnston Heber Springs, Arkansas	Beverly and Harrison Ralph Crossett, Arkansas	Margaret and Ron Wylie Clarksville, Arkansas
		Dee and Don Riggan Little Rock, Arkansas	Martha and David [†] Yocum El Dorado, Arkansas

[†] Deceased

Annual Workman Donation \$2,500-\$4,999

Mr. and Mrs. Cliff Albert Beebe, Arkansas	Elaine and Bishop Kenneth Hicks Little Rock, Arkansas	Plum Creek Foundation Seattle, Washington	Trish and Kurt Searvogel Sheridan, Arkansas
Paul Arnold Nashville, Tennessee	Kathleen Kennally and Mark Holder Little Rock, Arkansas	Augustus H. Pugh Portland, Arkansas	Nancy [†] and Neill Sloan Lake Village, Arkansas
Rebecca and Ritter Arnold Marked Tree, Arkansas	Jean and Terry Landrum Scott, Arkansas	Sally and Keith Riggs Little Rock, Arkansas	Melissa and Keith Wrenn Brentwood, Tennessee

[†] Deceased

Annual Workman Donation \$5,000 and up

Anonymous (3)	Mary Lue and Bill Gibbs Camden, Arkansas	Karen and Mike Millar Searcy, Arkansas	Genevieve H. and William A.† Strong Pine Bluff, Arkansas
Arkansas Arts Council Little Rock, Arkansas	Gill Ragon Owen, P.A. Little Rock, Arkansas	Angela and Chris Newell Newcastle, Washington	Sunderland Foundation Overland Park, Kansas
The Baxley Foundation Plano, Texas	Jane and Ben Meade Fayetteville/Little Rock, Arkansas	Paula and Robert Reynolds El Dorado, Arkansas	United Methodist Foundation of Arkansas Little Rock, Arkansas
Mr. and Mrs. Bobby Edmonds Hot Springs, Arkansas	Iva and Bill Krogman Star City, Arkansas	Riggs Benevolent Fund Little Rock, Arkansas	Windgate Charitable Foundation Siloam Springs, Arkansas
Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas		Dennis Rowland Kansas City, Missouri	

† Deceased



THE GEORGE THORNBURGH SOCIETY

Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system. This list features those who have given in the past decade.

Anonymous (4)	Aline Gill Estate	Rev. Curtis E. Monroe Estate	Elizabeth H. Snyder Trust
Myra M. Abrignani Estate	Maxine S. Gregg Estate	Alline M. Montgomery Estate	St. Francis Ministries of Phillips County*
Arkansas Arts Council*	Hall Revocable Trust	Angela and Chris Newell	Genevieve H. and William A† Strong
Arkansas Community Foundation	John A. Henson Trust	Nolan Foundation	Roy and Christine Sturgis Charitable & Educational Trust
Bancorp South Insurance Services, Inc.	Mark Holder and Kathleen Kennally	Mrs. Betty Regnier	W. P. Sturgis Foundation
Barbara and John† Bragg*	Walter B. Huff Estate	Robert and Paula Reynolds	United Methodist Foundation of Arkansas
Lillian Mae Clavert Living Revocable Trust	Julia Mae Jackson Estate	Riggs Benevolent Fund	Alma Welton Trust
Elizabeth W. Fries Estate	Kerkhoff Family Trust	Rittwood Farms Company, Inc.	Windgate Charitable Foundation
Charles A. Frueauff Foundation, Inc.	Iva and Bill Krogman	Marion and Miriam Rose Trust	Juanita Annette Wood Estate
Dr. Rita Galloway	Clyde Langford, Jr. Estate*	The Reverend Mitchell and Gladys Masters Sanford Endowment	Hazel Marie Wright Estate
Conway and Margaret George Charitable Trust	L.A. Logan Estate	Velma E. Shaffer Estate	
Mary Lue and Bill Gibbs	Nell S. Martin Endowment	Shuler Drilling Company	
	Jane and Ben Meade	Nancy† and Neill M. Sloan	
	Karen and Mike Millar		

* Denotes new member

† Deceased



THE COY-ROOTS-TABOR HERITAGE SOCIETY

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce Streets in Little Rock, which became the first home of the orphanage, opening in 1902.

Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to the Methodist Family Health system.

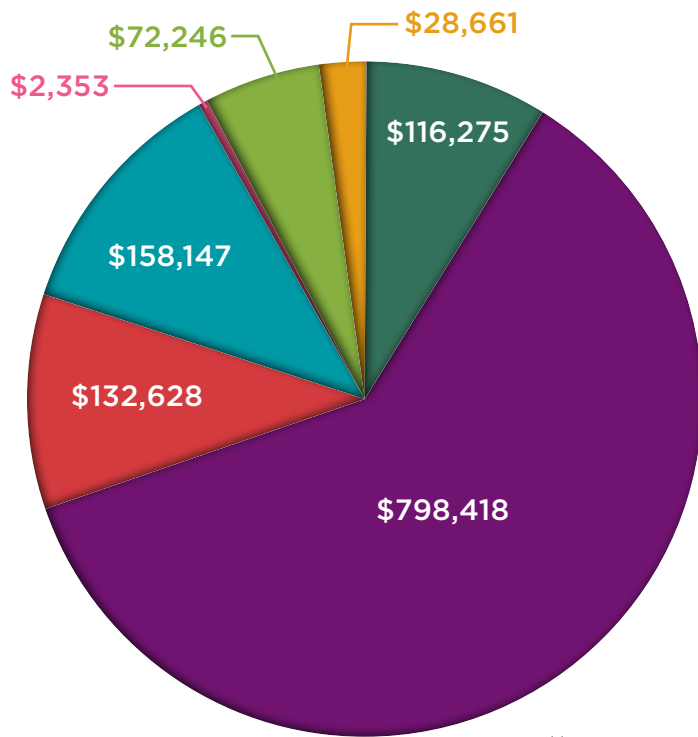
Anonymous (2)	O'Neal Davidson Estate	Mrs. Ina Mae Harris	Jacquelyn P. Murphy*
Myra and Andy Altom	Donald R. Dearing and Martha M. Dearing Trust	Geneva I. Hughes Estate	Warren Family Trust
Mr. and Mrs. Robert G. Branch	Marjem and John Gill	Jonelle Ryan and Billy Gene Jones	Imogene Simpson Westfall Trust
Mrs. Mary Campbell		Nancy and Earl McClure	

* Denotes new member

Please contact Maggie Beeler at 501.906.4220 for more information regarding the Workman Society and other giving opportunities.

2013

Programs, Projects and Capital Improvements Funded by Methodist Family Health Foundation Donors



Thanks to the generous support of Methodist Family Health donors, the following projects and programs were funded in fiscal year 2013.

- **Methodist Children's Home Capital Improvement (\$116,275)**
- **Methodist Children's Home Programs and Services (\$798,418)**
- **Methodist Behavioral Hospital Capital Improvements (\$132,628)**
- **Methodist Behavioral Hospital Programs and Services (\$158,147)**
- **Bibles and Spiritual Materials (\$2,353)**
- **Continuum Emergency Fund (\$72,246)**
- **Scholarships (\$28,661)**

Total Contributions
\$1,308,728

Methodist Children's Home

Residential Treatment Center, Residential Day Treatment School, Group Homes (8) and Arkansas CARES

Methodist Behavioral Hospital

Acute and Sub-Acute Units at the Methodist Behavioral Hospital, Counseling Clinics (8), School-Based Counseling Clinics (8)

NEW BOARD MEMBERS



Rev. Mackey Yokem
Little Rock
Methodist Family Health
Board of Directors



Misty Baugh
Little Rock
Methodist Family Health
Foundation Board of Directors



Ray Dillon
Little Rock
Methodist Family Health
Foundation Board of Directors



J. William "Bill" Spivey III
Little Rock
Methodist Family Health
Foundation Board of Directors

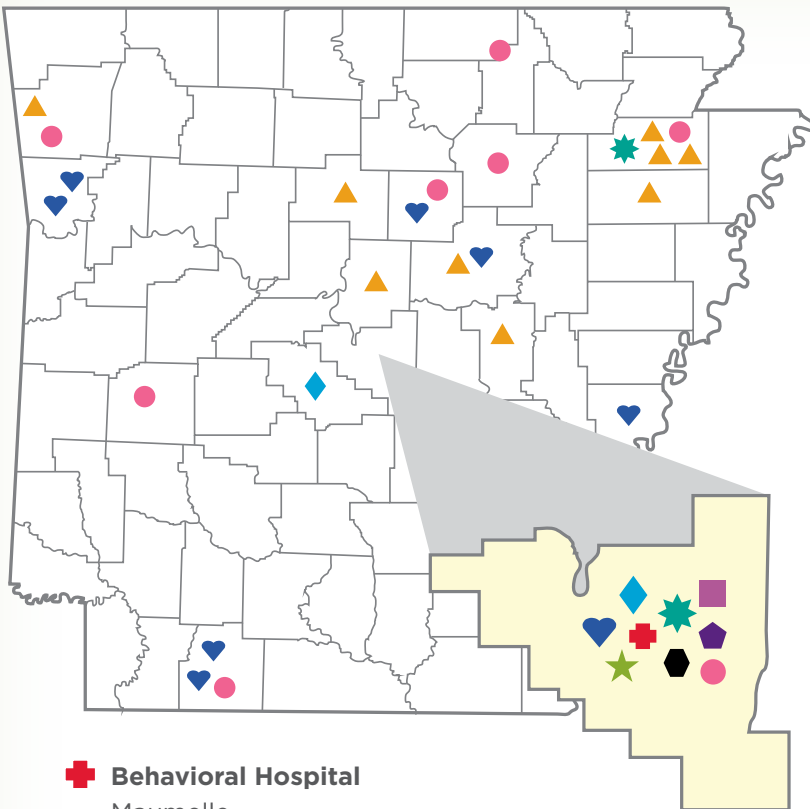
WE NEED YOU!

The mission at Methodist Family Health is to give the best possible care to those who may need our help and to treat the whole person - behaviorally, emotionally and spiritually. How can you support this vital mission?

- Become a donor. Give generously so we can help more children and families.
- Be an ambassador. Encourage your church or community organizations to learn more about MFH and lend support through offerings, collection drives and volunteer participation.
- Think ahead. Include a bequest for MFH or any of its programs in your will.
- Join the fun. Participate in some of our many special events, including the Walk for Children and Families, Get Up & Give, the Christmas Campaign, and special fund-raisers.

To learn more about how you can support the mission of MFH, contact Ashley Coldiron, MFH Foundation Executive Director, at acoldiron@methodistfamily.org or 501.906.4202 or P.O. Box 56050, Little Rock, AR 72215. Visit www.methodistfamily.org and "Like" our Facebook page.

Locations of Care



+ Behavioral Hospital
Maumelle

★ Residential Treatment Centers
Bono (near Jonesboro)
Little Rock

♥ Therapeutic Group Homes
Heber Springs
Helena-West Helena
Little Rock
Magnolia (2)
Mulberry (2)
Searcy

◆ Emergency Shelter
Little Rock

● Arkansas CARES
Little Rock

◆ Therapeutic Day Treatment
Benton
Little Rock

● Counseling Clinics
Batesville
Cherokee Village
Fayetteville
Heber Springs
Jonesboro
Little Rock
Magnolia
Mount Ida

▲ School-Based Counseling
Harrisburg
Jonesboro
Lincoln
Nettleton
Vilonia
White County
Crossroads Learning Center, Quitman
Success Achievement Academy, Jonesboro
Van Buren County School-based Mental Health Program

★ Kaleidoscope Grief Center
Little Rock

■ MFH Administration
Little Rock

Therapeutic Foster Care
Locations throughout Arkansas

Rebuilding The Lives Of Children And Families Since 1899

MethodistFamily.org



Bishop Mueller and children in the care of Methodist Family Health

“The support by lay and clergy leaders through our prayers and financial gifts is an important factor in the faithfulness of this outstanding ministry. I urge you to pray for the children, find ways to share the story and give a generous gift for our traditional December Methodist Children’s Home offering.”

— Bishop Gary Mueller

Save the Date!

*** December 8 & 15 ***

Methodist Family Health Christmas Offering

This Christmas, listen to your heart and help Methodist Family Health care for the children and families who need your love and support.

Share your love, and consider these giving options:

- Visit www.methodistfamily.org for online giving
- Make checks payable to Methodist Family Health Foundation and mail to P.O. Box 56050, Little Rock, AR 72215
- Call the MFH Foundation at 501.906.4209

MethodistFamily.org 