

Sentinel

FALL 2010

THE NEWS MAGAZINE OF  *Methodist*
FAMILY HEALTH FOUNDATION

Arkansas CARES Program

In this Issue:

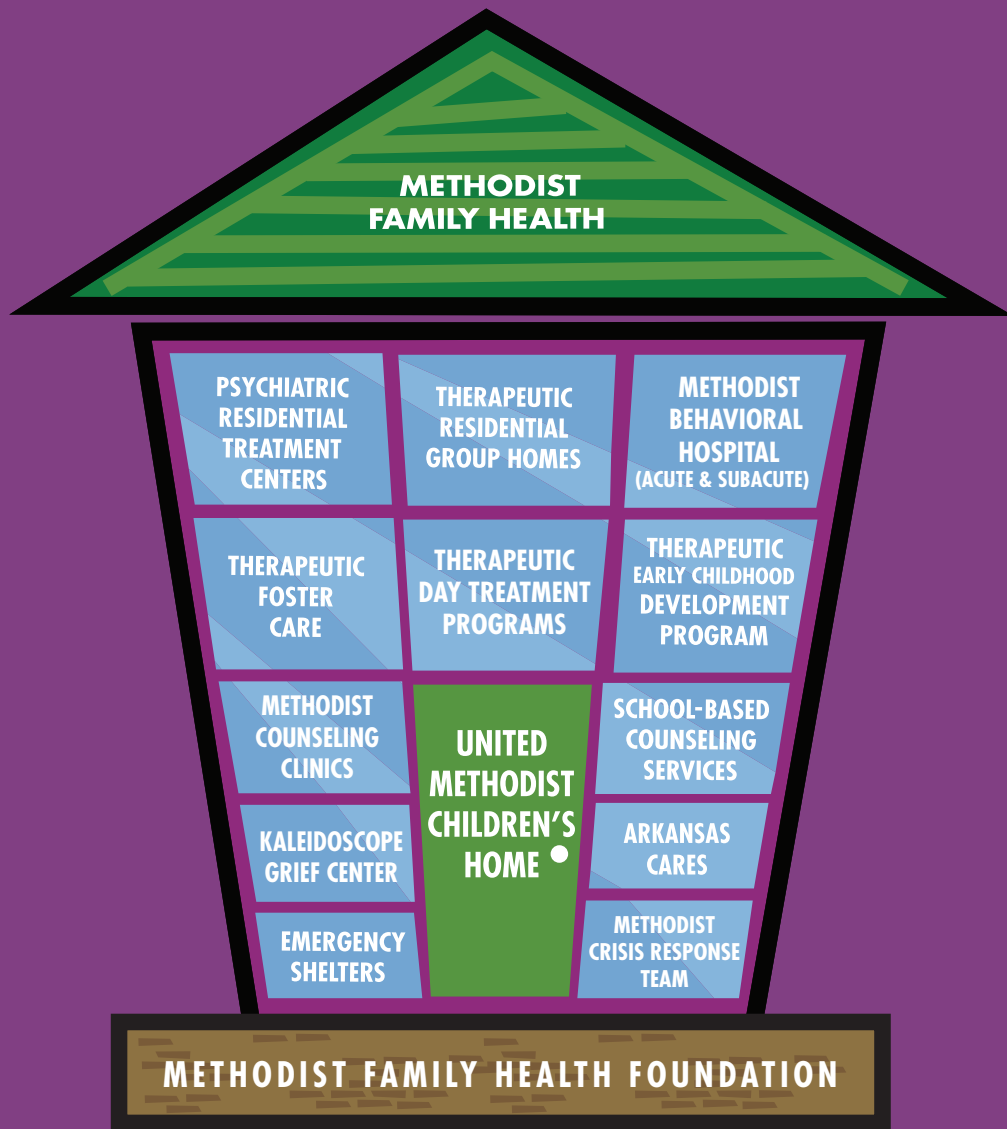
**Walk for Children
and Families**

Kaleidoscope Kids Auction

Christmas Giving



REBUILDING THE LIVES OF CHILDREN AND FAMILIES SINCE 1899



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elcome to the *Sentinel!*

The continued success of Methodist Family Health depends on our ability to change and adapt to the needs of the clients and environments in which we serve. Two big changes that have happened since our last issue of the *Sentinel* are the expansion of our school-based counseling services to five elementary schools in the Nettleton School District in Craighead County, (we already had school-based services in Harrisburg, Hazen, Jonesboro, Vilonia and the SUCCESS School serving Craighead County) as well as the implementation of an Electronic Medical Record system. The transition to Electronic Medical Records has been in the works since 2006, so we are all very excited to finally have this under our belts!

In addition to change, just as important to our future success is consistency: consistent dedication to the clients we treat, consistent customer service and the consistent support of our donors and friends. Thanks to you, last fiscal year we were able to complete nearly \$285,000 worth of capital projects, purchase more than \$2,500 worth of Bibles for our clients and send 62 individuals to our annual grief camp, Camp Healing Hearts (see FY2010 Year in Review on p. 12). Our fourth annual Walk for Children and Families in August was the most successful ever, with more than 900 participants, (see p. 9) and we also received the largest estate gift in Methodist Family Health's history last fiscal year, which you can read about on p. 8.

And I think you will be pleased to know we are being good stewards of your donations. **Eighty-six cents of every dollar raised through donor contributions goes back into our programs.**

The future of Methodist Family Health is full of promise and opportunity, and we couldn't do the great things we are doing without you. Thank you for helping us in our mission to provide the best psychiatric and behavioral care possible to the children and families of Arkansas.

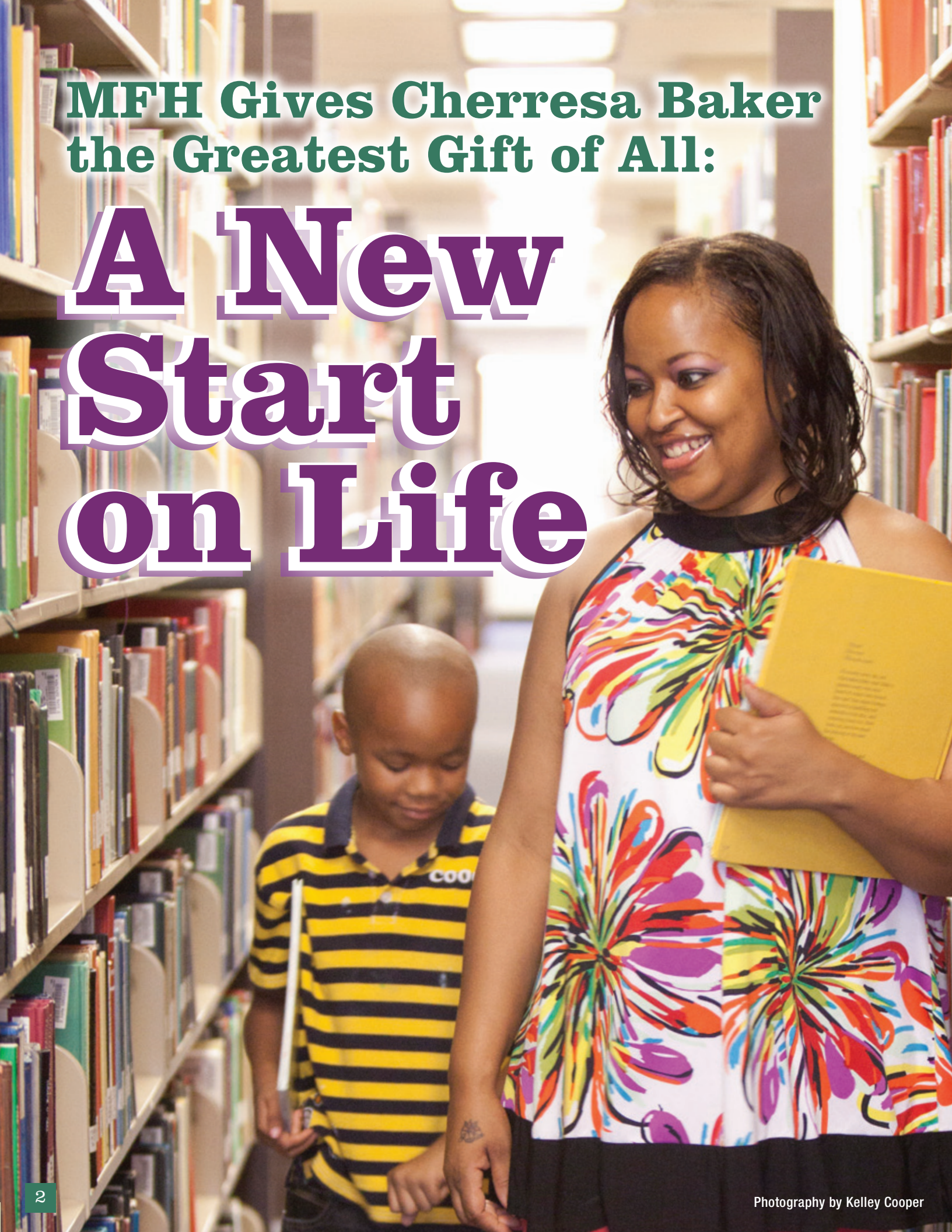
Sincerely,

Andy Altom
President and CEO



**MFH Gives Cherresa Baker
the Greatest Gift of All:**

A New Start on Life



Although the staff members at Methodist Family Health believe in their hearts that the work they do changes the lives of children, mothers and families every day, they don't always know what happens to their clients after they leave our programs. But once in a while, a grateful client will come back to visit or write a letter to tell us how we positively impacted his or her life. Such was the case with Cherresa Baker. Cherresa first came to the Methodist Children's Home as a young child, and she was a client two more times before writing the following letter. Today she is the proud mom of 9-year-old son Tyler, is an engineering student at the University of Arkansas-Little Rock (UALR), and is an employee at CAREfully Catered, a not-for-profit catering company within Methodist Family Health. Following is Cherresa's story, in her own words.

Before I begin, I would like to thank everyone from Methodist Family Health because you have always been there to help me when my life is in most despair. I truly hope you understand how greatly you affect the many people you help. It takes a great person to devote so much of their time and life to us, and for that I am eternally grateful.

My name is Cherresa, and I am a third-time client at your facility. I first arrived when I was about 8 years old. I was placed at Methodist Children's Home along with three of my siblings. At the time, I had been in and out of foster homes since I was about 3 years old. And I can honestly say when I came to your campus it was the first time in a long time I felt safe. I know you all have heard the horror stories of children raised in foster care so I will spare you the details. Let's just put it like this: it was everything you can imagine and then some.

Because of Methodist Children's Home, I got to attend summer camp. I know to you that doesn't seem like much, but as a child raised in poverty and moved from home to home every 2-3 months, summer camp was something I only thought I would see on television. I have all great memories from my time at Methodist Children's Home.

The next time I entered into one of your programs was in September 2008, when I came to the Arkansas CARES (Center for Addictions Research, Education and Service)

program. Initially, I was only coming for my son, Tyler, who at the time was 7 years old. Even though I had given up on life and truly believed that some people are just destined to fail – and unfortunately I was one of them – I still didn't think it was fair to my son to have to go through the same things I had gone through as a child.

You see, although I had given up on myself, I still had a soft spot for a child in need. I vowed that because of my own past, I would never let a child suffer. So the day my son came to me and asked why he had to go to school looking so bad – it was like a slap in the face to me. I was going against my own morals. So I decided I would go into the Arkansas CARES program, get myself clean and stay that way until my son was old enough to fend for himself. Then I could go back to sulking in my misery and filling my body with alcohol and drugs and await the slow death I was inflicting on myself.

While in the Arkansas CARES program, I went through extensive group and individual therapy. I was also prescribed medication, which helps keep my depression at bay. I attended Alcoholics Anonymous, parenting, co-occurring, meditation, women and recovery, and many more groups. I even learned how to use a sewing machine and made my son a handmade Christmas stocking, which we will have for many years to come.

I can't tell you exactly what happened to me while I was in Arkansas CARES, but I can say whatever happened was the best thing that could have happened. My son got his mom back, and I learned to care about myself. But the most important thing I learned while in the Arkansas CARES program was that the sky is the limit in my life, and the only obstacle that can stop me is myself.

Another dark cloud hanging over my head was that I truly thought I would never get to finish college. I completed some college classes before, but one summer I registered for classes but then didn't go. I thought that UALR would just drop the classes when I didn't show up. Unfortunately, that is not how it works and I received a bill for almost \$1,000. The cashier told me that I could not return to school until the balance was paid in full.

But the staff at Arkansas CARES didn't see the situation as a dark cloud. My case manager helped me set up a budget, and I saved enough money to pay UALR the money I owed. After paying UALR, I found out I couldn't get any financial aid because the two years I spent drinking and drugging, I neglected to contact anyone about the student loans and they were now in default. For a brief second, I went back to my old thoughts: I am just one of those people in life who are destined to fail and there was nothing I nor Arkansas CARES could do about it.

The staff around me quickly changed my thinking. They told me not to give up, and that there had to be a way for me to finish college. I got so much support from so many people that I started to think maybe they were right. I began to believe there had to be a way for me to finish college. I found

out Methodist Family Health has a scholarship program for clients so I applied for it. Thank God I was approved. They also bought me a laptop to assist with my studies.

When it was time for me to leave CARES, I knew seven months in the program was not long enough for me. I also knew if I really wanted to succeed, I needed to keep Methodist Family Health in my life. So I signed up for the transitional living program. This marked the third time I enrolled in one of your programs. Even though I was very nervous about my future, I knew this was the best thing for me.

Dr. Rita Galloway, administrator of the Arkansas CARES program, has been a great help to me. I think of her as my guardian angel to help guide me through. It seems as though I am crossing a bridge over life's murky waters. I honestly believe if I had never gone into the Arkansas CARES program I would be dead now. You all have saved my life.

My 9-year-old son, Tyler, also went through counseling while we were in CARES. His self-esteem was so low when we arrived that he would not speak to anyone other than me. He was also extremely underweight and was only used to eating junk food. He wouldn't eat normal food like everyone else. If he didn't have snacks or junk foods to eat, then he just would not eat.

I am proud to say that Tyler has gained more than 25 pounds and is well within the healthy weight range now. He is also very outspoken and is a straight "A" student. He still receives

therapy at the Methodist Counseling Clinic, but they say he should be finished with counseling in about six months.

Today, I am a full-time student at UALR where I'm working toward a degree in mechanical engineering with a minor in mathematics. So far, with the help of the Methodist scholarship, I have

accumulated 21 credit hours, which brings me to a total of 86 credits. My grade point average is 3.0, but I am working to pull that up a little more because I know it will open up many more doors for me in the future.

Tyler and I stayed in the transitional living program for over a year. We are now working with Methodist Family Health to acquire my housing voucher, which will pay a percentage of our rent so we can afford to live on our own. We will have to start all over with furniture and a vehicle, but that's OK because I know God did not bring us all this way for us to fail. No matter what obstacles I come across in daily living, I know in my heart that I can – and will – overcome them.

I am making gigantic progress in my life and it is all because of you. For that, I again would like to say "Thank You Methodist Family Health." You have given me the greatest gift of all: a new start on life.



Cherrisa now stresses the importance of education to her son, Tyler.

CAREfully Catered Helps Women, Serves Community



By Alyssa Anderson

Cherresa Baker is no longer a client of the Arkansas CARES* (Center for Addictions Research, Education and Service) program, but she still steps on the Methodist Children's Home/Arkansas CARES campus five days a week. She is not going for help with the substance abuse issues that plagued her for so long; instead, she is going to her job at CAREfully Catered, a not-for-profit catering company staffed, in part, by women who have overcome substance addiction through the Arkansas CARES program.



CAREfully Catered recently provided the refreshments for an open house at Methodist Family Health.

to provide employment, job skills and social support to women as they transitioned from the Arkansas CARES treatment program to life in the community.

Cindy Crone, founding executive director of Arkansas CARES, provides some history about CAREfully Catered: "We found that women completing treatment for substance addiction were employed a year later but were in low-wage jobs

paying too little to support themselves and their families. CAREfully Catered was designed to provide transitional employment at a livable wage and work skills for women in recovery. I am delighted that Methodist Family Health has reopened this social enterprise and hope many in our community will become regular customers."

Karen Matthews is catering supervisor of CAREfully Catered. Although not a former client herself, she sees firsthand how much the business helps women like Cherresa.

"CAREfully Catered is committed to helping the graduates from the CARES program by providing them with the life skills needed to enter the workforce, not only by teaching them food service skills, but also giving them positive reinforcement to build the confidence they need as they transition on," Matthews says.

CAREfully Catered offers hot entrees, salads, boxed lunches, deli trays, desserts, continental breakfast and more. A seven-day notice is required for all orders except boxed lunches, which require 48-hours notice. Free delivery is available within a 10-mile radius. For a complete menu and pricing, or to place an order, visit www.methodistfamily.org/catered, or call (501) 291-5815.

**Established in 1992 at the University of Arkansas for Medical Sciences, Arkansas CARES is a substance abuse treatment program that focuses on breaking the cycle of maternal addiction. It serves addicted mothers, their children and their families. Arkansas CARES has been a program of Methodist Family Health since 2007.*

Board Spotlight

Dr. Mary Good

Little Rock, Arkansas

By Alyssa Anderson

Education is in Dr. Mary Good's blood. She grew up with two parents who were public school teachers; she has a doctoral degree in inorganic chemistry; she was a professor in the Louisiana State University System – both in the Baton Rouge and New Orleans campuses for 20-plus years; and she has been dean of the Donaghey College of Engineering and Information Technology at the University of Arkansas-Little Rock (UALR) for 10 years. So it was only natural, when she joined the Methodist Family Health Foundation Board of Directors two years ago, that she would serve on the board's scholarship committee.

"It just makes a lot of sense," she says. "I've had a lot of interaction with students over the years."

Good, a member of First United Methodist Church in downtown Little Rock, was familiar with Methodist Family Health prior to joining the board, but she didn't realize how extensive the organization's services were. She has been impressed with what she has learned.

"I believe [the employees of Methodist Family Health] do an extraordinarily good job with what they do," she says. "And there's such a need for it. We probably don't reach anywhere near as many people as we should, but you do what you can."

The Methodist Family Health scholarship committee has reviewed several scholarship applications since Good joined the board, but one stands out to her as being the most memorable. It was a letter written by Cherresa Baker, a former client of the Methodist Children's Home and the Arkansas CARES program (see cover story on p. 2).

"I was blown away by her letter. You just don't see letters like that from scholarship applicants very often," Good says. "She articulated her position so very well, and not only that, but she's enrolled in a very difficult program at UALR and she's in there plowing it out."



Dr. Mary Good

Good says she wishes more people – particularly those within the Methodist Church – knew more about the variety of services offered by Methodist Family Health. She thinks they would be surprised to learn about the many success stories that have come about as a result of those services.

At the end of this school year, Good plans to retire from her current position at UALR, but that doesn't mean she will be slowing down. She plans to work as a part-time assistant to the chancellor at UALR. She also has several papers and materials, as well as photographs taken by her late husband, Dr. Bill Good, that she wants to organize for her two sons and four grandsons. She also plans to continue her volunteer duties, including her position on the Methodist Family Health Foundation Board.

"It's a very satisfying thing to do," she says of her service on the board. "I think the facilities are just excellent. The only wish you have is that you could manage to treat twice as many because the need is so great."

MFH Scholarship Fund

An Under-Utilized Resource

Methodist Family Health provides hope and promise to the children and families it serves – in more ways than one. In addition to the loving care provided in the Methodist Children’s Home, Arkansas CARES program and other residential programs, Methodist Family Health offers scholarships to current and former residents who are interested in furthering their education.

Made possible by the Olin C. Chambers and the Gradelle Leigh trust funds, the Methodist Family Health Scholarship Fund is an under-utilized resource. Many former residents may not realize it exists – or that it’s not just for those planning to attend college. Vocational and technical programs, as well as trade schools, are all considered scholarship-worthy. In addition, the scholarship may be used to cover expenses beyond tuition, such as books, gas, computers, etc.

“Many of our former and current residents feel like their past is always haunting them,” says Don Cole, chief financial officer for

Methodist Family Health. “The Scholarship Fund is an opportunity to put past troubles behind them and move forward in their lives. All former and current residents of the Methodist Children’s Home, Arkansas CARES program, Therapeutic Group Homes and Therapeutic Foster Care are eligible to apply for a scholarship. Although academic performance is considered in the application process, it is not all we look at. Our goal is to positively impact the lives of these individuals and provide them with an opportunity that they might not otherwise be able to experience.”

If you know of a current or former resident who might be interested in this scholarship opportunity – or if you would like to contribute to the fund – contact Ashley Coldiron, executive director of the Methodist Family Health Foundation, at (501) 661-0720 or acoldiron@methodistfamily.org.

Help us rebuild the lives of children and families in your community.



By becoming a Hope Builder, you can help us continue to offer children and families hope – each and every month!

Whether it’s through our Day Treatment Program, Behavioral Hospital or our Therapeutic Group Homes, we are changing the lives of Arkansans daily. Your monthly contribution can add up quickly to make a real difference in a family’s life. Help us rebuild, renew and re-energize families. We are touching lives all across our state, in every community!

Making a contribution is as easy as 1-2-3:

1. Decide how much you want to give each month.
2. Decide if you want to use a credit or debit card.
3. Call us at (501) 661-0720, ext. 7304 to enroll!

How It Works

As a Methodist Family Health Hope Builder, you’ll be able to make monthly contributions using a credit or debit card. No need to worry about remembering to put a check in the mail! You can choose the amount you’d like to donate each month, and begin changing lives today! You may cancel your monthly gift at any time by 30-day written notice.



Donor Spotlight

By Alyssa Anderson

Land Gift Provides a Legacy of Support for the Children and Families Served by Methodist Family Health



Agnes Huff

Dolly Huff McClanahan

Walter B. Huff

The Methodist Family Health Foundation was recently the beneficiary of several hundred acres of farmland in Jackson County, Ark. – the largest estate gift in the organization’s history. The land was bequeathed to the organization by the late Walter Huff of Newport, Ark. Proceeds from the sale, which took place June 1, will help the children and families served by Methodist Family Health for generations to come.

Huff, an active Methodist and supporter of the Methodist Children’s Home, placed the organization in his will more than half

a century ago. His intent was to support the Children’s Home, but he also wanted to be certain that his wife, Agnes, and their daughter, Dolly, had adequate financial resources during their lifetimes. Huff accomplished this by leaving his farm to the Children’s Home, with his wife and daughter each retaining life interests in the farm.

Agnes Huff oversaw the farming until her death in 1990 at the age of 91. Dolly Huff McClanahan leased the land to other Jackson County farmers until her death in December 2009.

“Planned gifts like Mr. Huff’s are some of the most thoughtful we receive,” said Ashley Coldiron, executive director of the Methodist Family Health Foundation. “Thanks to Mr. Huff’s vision and concern more than 60 years ago, he has done what he intended: provided for his wife and daughter during their lifetimes and provided a legacy of support for children of future generations.”

Gill Estate Gift Funds Kitchen Remodel and Endowment

Aline Gill had no children of her own, but through her estate, she is helping the children of northwest Arkansas who are served by Methodist Family Health.

Gill, a lifelong resident of the Fort Smith area, passed away in July 2009. Through her will, she left a gift of \$45,000 to Methodist Family Health, and her only request was that the money be used in northwest Arkansas.

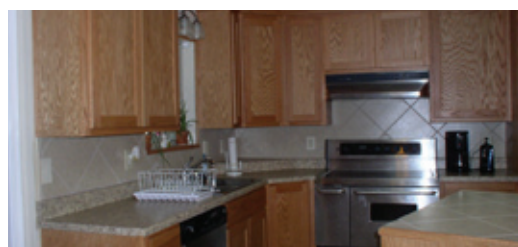
Half of the gift was used immediately to fund a remodel of the kitchen in the Fayetteville Therapeutic Group Home for Boys. The other half was placed in an endowment that will continue to earn money for the children of Methodist Family Health in that part of the state, including those served in the Therapeutic Group Homes, Therapeutic Foster Care Homes and the Fayetteville Methodist Counseling Clinic.



Aline Gill



Tim and Barbara Bowen, friends of Aline Gill and executors of her estate.



The newly remodeled kitchen at the Fayetteville Therapeutic Group Home for Boys.

Walk for Children and Families

Provides ‘Extreme Makeover’ for Methodist Children’s Home



Photography by Lisa Brown

MFH Board member and Walk Committee member John Rutledge (right) with his wife, Melissa, and daughter, Mary-Margaret.



Photography by Lisa Brown

New board members Nathaniel and Jamilyn Noble with their son, Cohen.



Photography by Renee Hardison

Icy cold bandanas kept the walkers cool as they crossed the bridge.

By Alyssa Anderson

“Methodist Family Health must have a direct line to God,” one volunteer joked when the rain cleared and the high temperature dropped just in time for the fourth annual Walk for Children and Families at the Big Dam Bridge.

More than 900 individuals, families and youth group members participated in the August 6 event, which brought in more than \$120,000. Proceeds from the event will provide a much-needed “Extreme Makeover” for the 65-year-old Methodist Children’s Home campus in Little Rock.

The following accomplishments were achieved thanks to the help of our sponsors, donors, corporate committee members, walkers and volunteers:

- \$108,000 in sponsorship dollars raised.
- More than \$13,000 raised on event day registration.
- 300 more walkers than last year participated, exceeding 900 walkers.



Photography by Renee Hardison

Walkers enjoyed music performed by the band aCatalyst.

Continued on page 13

THE JAMES M. WORKMAN SOCIETY

Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the Orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health System.



Anonymous (13)	Janett and Larry Crain Searcy	Elaine and Bishop Ken Hicks Little Rock	Mr. and Mrs. Don S. Morton Des Arc	Jan and Ted L. Snider, Jr. Little Rock
Lewese and Jon Ahrens Mount Ida	Lee and Bob Cress Little Rock	B. Louise and Charles Holmes Little Rock	Alicia H. Mosley Camden	Lynn and Bob Staten Little Rock
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Arkansas Wildlife Officers Association Taylor	Pam and Robert Edwards Searcy	Harriet and James Johnson Wilmot	Karen and Andy Norris Lake Village	Cindy and Patrick Tenney Springdale
Paul Arnold Nashville, Tenn.	Randy Ennen Fort Smith	† Mary Louise Jumper Conway	Jonna and Scotty Parish North Little Rock	Robin and Denver Thornton French Port
Rebecca and Ritter Arnold Marked Tree	Eric Rob & Isaac Little Rock	Mr. and Mrs. Robert Thomas Kemper Little Rock	B. C. Pickens Trust Pickens	Jo Anne and Roger Utley Sherwood
Steve W. Babcock Paragould	Becky and Trent Felton Marianna	Becky and Jerry Kossover Little Rock	Ella Mae and † Edgar Poag Osceola	Wal-Mart Store #126 Little Rock
Virginia and Bill Ball Searcy	Dr. Rita Galloway Little Rock	Iva and Bill Krogman Star City	Augustus H. Pugh Portland	Wal-Mart Store #5244 Little Rock
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Mr. and Mrs. Marion Berry Gillett	Heather Gardner Chicago, Ill.	Jennifer Lang Little Rock	Beverly and Harrison Ralph Crossett	Debbie and Don Weaver Conway
Harry Blanton, Jr. Benton	Dana and Alan Garland Jonesboro	Judith and Charles Long Jonesboro	Paula and Robert Reynolds El Dorado, Arkansas	Bud and Julie Whetstone Charitable Foundation Little Rock
Anita and Jeff Bogard Royal	Mary Lue and Bill Gibbs Camden	Magnolia Junior Charity League Magnolia	Riggs Benevolent Fund Little Rock	Kyle K. Wood and Family Pine Bluff
Barbara and John Bragg Camden	Gill Elrod Ragon Owen & Sherman Law Firm Little Rock	Mary Trimble Maier Fayetteville	Lila and Jack Riggs Little Rock	Elizabeth and John S. Teague Workman Conway
Sue and Sid Brain Russellville	Mary and Sean Glancy Little Rock	Mason Memorial Foundation Springdale	Sally and Keith Riggs Little Rock	Melissa and Keith Wrenn Brentwood, Tenn.
Mary and Robert Branch Mountain View	Margaret Glover North Little Rock	Vicki and Hal Matthews North Little Rock	Ms. Deborah Rowley Conway	Mr. and Mrs. Robert D. Wright III Little Rock
Virginia and Sonny Cade Eads, Tenn.	Mrs. Jorayne Hacker Mountain Home	Angela and Chad McLain Brinkley	Mr. and Mrs. John Rutledge Little Rock	Margaret and Ron Wylie Clarksville
Mary and Milton Campbell Hope	Mr. and Mrs. Charles B. Hagaman Hot Springs	Karen and Mike Millar Searcy	Trish and Kurt Searvogel Sheridan	Martha and David Yocum El Dorado
Dr. and Mrs. Charles Clogston Little Rock	Carolyn M. Henslee Little Rock	Carl Miller, Jr. Little Rock	Pauline Shields Rector	
Ashley and David Coldiron Little Rock	April and Tom Hesselbein Little Rock	Mr. and Mrs. Eugene Miller Hazen	Shuler Drilling Company, Inc. El Dorado	
Dr. and Mrs. George M. Cone Jonesboro	Donald Hicks Cabot	Mr. and Mrs. Don E. Morey Little Rock	† Nancy and Neill Sloan Lake Village	
			Elizabeth and Tom Small Little Rock	† Deceased

THE GEORGE THORNBURGH SOCIETY

Colonel George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.



Membership in the George Thornburgh Society recognizes one-time gifts of \$25,000 or more to the Methodist Family Health System.

Anonymous (2)	Jane and Bill Hardin	Ellen Orr Estate
Myra M. Abrignani Estate	John A. Henson Trust	Cora J. Owen Estate
*Arkansas Community Foundation	*Walter B. Huff Estate	Ruth Pyles Estate
Kathleen Arnold Estate	Julia Mae Jackson Estate	Mrs. Betty Regnier
John Randolph Barnett Estate	Maud Jones Estate	Marion and Miriam Rose Trust
Marguerite Burgess Trust	Dorothy B. Keith Estate	The Reverend Mitchell and Gladys Masters
Myrtle C. Burney Trust	Kerkhoff Family Trust	Sanford Endowment
Lillian Mae Clavert Living Revocable Trust	Garland R. Kimbro Estate	Vena Shirley Estate
Kenneth Clark Estate	Eva John Kuhn Trust	Shuler Drilling Company
Claude Conyers Trust	Cora Littrell Estate	Ira Sides Estate
Ruth O. Dacus Estate	L. A. Logan Estate	Ruth B. Simmons Estate
Helen P. Davies Trust	Nell S. Martin Endowment	Elizabeth H. Snyder Trust
Willis C. Eatman Estate	Edna Earl Massey Estate	Roy and Christine Sturgis Charitable & Educational Trust
Conway and Margaret George Trust	C. F. & Vivian McCamly Estate	W.P. Sturgis Foundation
Aline Gill Estate	Reverend Curtis E. Monroe Estate	Alma Welton Trust
J. T. Goggans Estate	Alline M. Montgomery Estate	Mary Sims Wilson Trust
Maxine S. Gregg Estate	Faye G. Nagle Estate	Juanita Annette Wood Estate
Hall Revocable Trust	Lou E. Narrell Estate	Madge Woodyard Estate
Iola Nora Hambleton Estate	National Christian Foundation	Hazel Marie Wright Estate
Mary Sue Hanna Estate	Morris H. Oakley Estate	

* Denotes New Gift

THE COY-ROOTS-TABOR HERITAGE SOCIETY

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce Streets in Little Rock, which became the first home of the orphanage, opening in 1902.



Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to the Methodist Family Health System.

Anonymous (2)	Marjem and John Gill	June S. McClain Revocable Trust
Andy and Myra Altom	Griffin Family Trust	Earl and Nancy McClure
Lee D. Campbell	Kenneth and Willa Howard Endowment	Velma E. Shaffer Estate
Mary and Milton Campbell	Geneva I. Hughes Estate	Juanita Spurlin
O'Neal Davidson Estate	M. Beatrice Johnson Estate	Warren Family Trust
Nina Hammond De Grandis Estate	Billy Gene and Jonelle Ryan Jones	
Elizabeth Fries Estate	Geneva T. Kuhn – Rose Charitable Remainder Trust	

Fiscal 2010 Year in Review

Thanks to the generous support of our contributors, the following capital projects were completed:

Employee Giving

Awning for CARES Outdoor Preschool Play Area	\$7,995
Methodist Children's Home Girls' Cottage Day Room Furniture	\$5,000
Hospital Artwork, Posters, Plexiglass	\$4,500
Hospital Patio Furniture	\$1,400
Magale Day Treatment Program Heater	\$1,300
Magale Manor Group Home Refrigerator	\$1,200

Individual, Foundation and Corporate Donor Giving

Roofs and Guttering Methodist Children's Home	\$109,000
Hospital Ropes Course	\$31,000
Fayetteville Group Home Cabinets/Flooring	\$23,000
CARES Cottage Upgrades	\$15,000
Searcy Group Home Kitchen Cabinets	\$12,000
CARES Cottages Siding Replaced	\$10,500
CARES Cottage Upgrades	\$10,000
Hospital Day Room Furniture	\$10,000
Fayetteville Group Home Interior Home Painting	\$8,000
Hospital Emergency Fund	\$6,400
Hospital Floor Cleaner	\$6,075
Methodist Children's Home Playground Fencing	\$5,000
John Magale Group Home Tornado Shelter	\$4,500
Fayetteville Group Home Privacy Fence	\$4,000
Heber Springs Group Home Back Deck	\$3,000
Heber Springs Group Home Basketball Court/Goal	\$3,000
Searcy Group Home Doors	\$3,000

Total amount spent in capital projects: \$284,970

In addition to the capital projects that were completed, donor support allowed us to fund multiple unreimbursed expenses within MFH's many programs, as well as specific projects like Bibles for clients and Camp Healing Hearts for families who have lost loved ones.

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Total Donations in FY10:
\$3,347,280

Expenses:
\$478,496

Cost Per Dollar Raised:
14 cents
 (86 cents of every dollar raised went back into our programs)

Continued from page 9

Conway First United Methodist Youth Group received the “Outstanding Youth Group Award.” The “Outstanding Youth Group Mission Award” was presented to Trinity United Methodist Church Youth Group. Denise Wilson of Cabot received the “Outstanding Volunteer Award,” and Bella Vista United Methodist Youth Group received the award for “Farthest Traveled.”

“The most successful part of this year’s Walk is the impact it will have on the children and mothers in our care now, and for future generations to come,” says Maggie Beeler, assistant director of development for the Methodist Family Health Foundation. “The Methodist Children’s Home campus provides emotional and behavioral help for 100 babies, children and mothers each day who come from all over the state. The net proceeds from this year’s Walk will provide an extreme makeover to the Children’s Home to improve the safety and comfort for those who call it their home.”

Special thanks goes out to our 2010 Walk Corporate Committee members for their tireless work on the event: Erin Griffin, Johnny Hudson, Susan Johnson, Becky Kossover, Vicki Matthews, Sally Riggs, John Rutledge, Jennifer Wheeler, Anna Kay Frueauff Williams and Bob Wright (chair).



Photography by Renee Hardison

Before the Walk began, participants grabbed a cool snack, compliments of Frosty Treats.



Photography by Lisa Brown

MFH Chief Financial Officer Don Cole (left) with board member Neill Sloan and his daughter, Mary Martha Henry.



Photography by Renee Hardison

Some participants walked; others, like these girls, ran in support of the youth served by Methodist Family Health.



Photography by Renee Hardison

More than 900 individuals, families and youth group members came out to support the Walk.

NEW BOARD MEMBERS

Methodist Family Health Board of Directors



Jamilyn Noble
North Little Rock

Methodist Family Health Foundation Board of Directors



Nathaniel Noble
North Little Rock

What's Happening Around Methodist?

April



The Magale Therapeutic Day Treatment School in Magnolia had a cookout on April 26, hosted by donor/board member Clefton Vaughan and donors Robert and Paula Reynolds and Denver and Robin Thornton. Approximately 25 people from Magnolia, Camden and El Dorado gathered to learn more about the school and how they can be of service to the children treated there. Guests were excited to take tours of the school and brainstorm ways they can minister to the children in all of MFH's programs in Magnolia.

MAY



Camp Healing Hearts, a free grief camp offered by Kaleidoscope Grief Center (a program of Methodist Family Health since 2009), was held May 14-15 at Camp Aldersgate in Little Rock. The event was attended by children ages 5-18 and their families who have lost loved ones – 62 participants in all. The camp provided a safe environment where participants could develop coping skills to deal with their grief, both individually and within a community of others. Participants took part in traditional camp activities like a campfire with s'mores, fishing, swimming, arts and crafts and a ropes course. They also attended a candlelight memorial service and "Heart to Heart" group therapy sessions, which included pet therapy.



One of the questions asked by the United Methodist Church in its new Rethink Church campaign was, "What if Church Left the Building?" On May 23, those who attend the contemporary service at Pulaski Heights United Methodist Church in Little Rock took the saying literally. Church members left the building and went to the campus of the Methodist Children's Home. The church service was held outdoors with clients from the Children's Home, Arkansas CARES program and Emergency Shelter congregating with more than 75 church members. Bishop Kenneth Hicks spoke and offered a prayer, and Rev. Andrea Allen delivered a dynamic message. The day was topped off with food and fellowship as the crowd was treated with lunch from Corky's Barbeque.

JUNE



As part of their Vacation Bible School, a group of fifth- and sixth-graders from Cabot United Methodist Church visited the Methodist Children's Home on June 23. The group shared ice cream sundaes with the clients and assisted in making beaded jewelry.



Methodist Family Health's 10th Annual Reverend Robert Regnier Memorial Summer Camp was held June 8-11 at Camp Tanako in Hot Springs. The annual camp brings kids together from MFH's Group Homes, Emergency Shelters and Therapeutic Foster Care homes. This year, 55 youth attended camp, participating in swimming, fishing, arts and crafts, canoe and kayak races, a three-on-three basketball tournament, volleyball tournament and other games and competitions, including a talent show and carnival. Special thanks go out to Carrie Lieblong and Kelsey Vaughn from Cabot First United Methodist Church for providing beautiful music at our worship service.



Five members of the St. James United Methodist Church Mission Circle prepared lunch for Emergency Shelter kids on June 30. They served all of their favorites – hot dogs, nachos and ice cream sundaes for dessert! The Circle ate lunch and visited with the kids, finding out about their summer activities, and then the children took the ladies on a tour of their home, describing their daily activities and chores. The tour ended with dancing and singing.

The St. James Mission Circle has a specific outreach activity every month at Methodist Family Health. This is the second year they've been in partnership with us, and we are so lucky to have them!



On June 29, youth and members of Winfield United Methodist Church visited the Methodist Children's Home campus to play a parachute game with preschoolers and Arkansas CARES kids. Following the game, everyone sat in a large circle and enjoyed popsicles on the hot day.

JULY



On July 23, volunteers from Faithspring United Methodist Church donated and assembled six picnic tables for the Methodist Children's Home campus in Little Rock. The volunteers also provided dinner for children at the home, and the church's youth choir performed. On August 4, they joined with two other churches – Canvas United Methodist Church and Argenta United Methodist Church – to paint the tables.

“All of us at Methodist Family Health are so grateful to these new churches for their service,” said Ashley Coldiron, executive director of the Methodist Family Health Foundation. “These volunteers gave their time and talents to help make our campus look better for the women and children we serve.”

AUGUST



Jo Ann Fenelon (left) presents one of 38 hand-made blankets to Maggie Beeler, assistant director of development for the MFH Foundation.

In August, the Martha Circle from Christ of the Hills United Methodist Church in Hot Springs Village presented 38 hand-made blankets to the Methodist Children’s Home. Jo Ann Fenelon was in charge of the project, and she and 13 members of her group shared many special hours of love working on the blankets. “We hope the children sleeping under the warmth and softness of these covers will feel surrounded by God’s love and outstretched arms,” said volunteer Joy Wetherbee.



The youth group from Winfield United Methodist Church visited with Methodist Children’s Home clients on August 3. The group participated in ice-breaker activities and an art project, followed by a short devotional. Members of the youth group also brought a donation of books for the Children’s Home clients.

SEPTEMBER



Elizabeth Weber (standing left) and Shelton Walker, school director (standing right), help the students with their art.

Local artist Elizabeth Weber began working with students at the Little Rock Day Treatment School on September 1. Weber will work with the students once a week throughout the school year to introduce them to the techniques of art, as well as to the joy that comes from expressing themselves through art. All students who are on good behavior will have an opportunity to participate in the program, which is being funded by a grant from the Arkansas Arts Council in Little Rock.



From left, MFH CEO Andy Altom, Rep. Kathy Webb and CARES administrator Dr. Rita Galloway.

In honor of National Recovery Month, the Arkansas CARES (Center for Addictions Research, Education and Services) program held an open house Sept. 23. State Representative Kathy Webb, special guest speaker, told guests:

“I applaud the work of the Methodist Family Health Foundation, and today, I salute the work of Arkansas CARES during National Recovery Month. Who could have imagined that the group started in 1992 would grow to become the premier program focused on breaking the cycle of maternal addiction. The lucky ones in this room may have never had to fight poverty, serious health issues, being unemployed, or being arrested for drugs or having a drug or alcohol addiction, or at least not all of them. But many of the women helped by Arkansas CARES have faced ALL of these challenges. Thank you for what you do, what you’ve done and what you will do.”

Kaleidoscope Kids Auction

Raises \$46,000 for Children and Families Who Need Support



Photography by Kelley Cooper

By Alyssa Anderson

The 12th annual Kaleidoscope Kids Auction, held on Sept. 17, was an evening of food, fun and spending for a good cause.

Nearly 300 people gathered at the Annunciation Greek Orthodox Church in Little Rock to bid on silent and live auction items, including a painting by local artist Theresa Cates, a two-night getaway to Walt Disney World and a Cajun party at the home of Methodist Family Health Foundation Board member Cleifton Vaughan.

KARK morning news anchor Wendy Soares was master of ceremonies, and John Saugey with Pinnacle Auction and Estate Services donated his time as auctioneer. Other highlights of the event included a wine pull and music by acoustic guitarist Josh Green.

The event raised \$46,000 for Kaleidoscope Grief Center, a program that helps children, teens and families who have lost loved ones. Proceeds also benefited Methodist Counseling Clinics statewide. Kaleidoscope Grief Center has been a program of Methodist Family Health since January 2009.

“This event allows Methodist Family Health to provide extras for our clients to help in their healing – items like therapy tools, doll houses and sand tables,” said Ashley Coldiron, executive director of the Methodist Family Health Foundation. “The Auction also allows us to provide peer support bereavement groups and Camp Healing Hearts free of charge to children who have lost a loved one.”



A member of Pinnacle Auction and Estate Services displays a hand-blown glass bowl by James Hayes during the live auction.



MFH CEO Andy Altom (right) with his wife, Myra, director of Teaching-Family Services.



Maggie Beeler (left), assistant director of development for the MFH Foundation, with Sally Riggs, MFH Board member. Riggs donated her time and talent to create beautiful flower arrangements for the Auction.



From left, Mary Vaughan and her husband, Cleifton, MFH Foundation Board member, along with their guests: Fran Hardin, Jim Curtis and Anita Curtis.



Nearly 300 people attended the Sept. 17 Auction.



GIFTS *of* HOPE

Once upon a time, a very long time ago, an orphanage was built in Arkansas with a single mission: to provide the best possible care to children who needed help. More than 110 years later, that mission remains the same – but our little orphanage has transformed into a statewide psychiatric and behavioral healthcare program for children, women and families.

Every day, Methodist Family Health provides behavioral, emotional and spiritual support to more than 1,400 individuals under our expert care in more than 25 Arkansas cities. From counseling to hospitalization and the many steps in between, we are uniquely equipped to care for those who need a helping hand.

Please send your Christmas donations to:
Methodist Family Health Foundation
P.O. Box 56050
Little Rock, AR 72215-6050

To donate online, visit
www.methodistfamily.org



The management company of:
Methodist Children's Home
Methodist Counseling Clinic
Methodist Behavioral Hospital
Arkansas CARES



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