



SENTINEL

News & Updates from Methodist Family Health Foundation

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Tom Brannon, KTHV Ch. 11's chief meteorologist, will be the color commentator for this year's first-ever virtual Southern Silks, Methodist Family Health Foundation's signature fundraiser.

Ride to the Rescue of Children and Families in Arkansas – Virtually!

... And They're OFF! ... Virtually! Race to the 7th annual virtual Southern Silks and celebrate the 146th running of the Kentucky Derby at a virtual post-race soiree! Enjoy faux horse races where winners are awarded prizes and bid on some of the best auction items around. You also can throw in your hat for the best homemade hat and fascinator and win a beanbag toss (cornhole) game from Steinmart Little Rock.

But why do we keep saying virtually? Because we want our donors, supporters and volunteers to be safe, well and remain so during COVID-19. Following health and safety protocols set out by the Arkansas Dept. of Health and the Centers for Disease Control, this virtual signature fundraising event will take place on our Facebook and YouTube channels so you can kick back in the comfort of your home while supporting the Arkansas children and families at Methodist Family Health.

But that's not all! Tom Brannon, KTHV Ch. 11's chief meteorologist, will be our color commentator for the hobby horse races. He's got some surprises in his silky jockey sleeve so be sure to watch until the end.

WHEN: 6 p.m., Saturday, September 5, 2020

WHERE: Methodist Family Health's [Facebook Page](#) and [YouTube Channel](#)

EVENT INFO: Contact Jamie Griffith, Foundation project manager, at JGriffith@MethodistFamily.org.



Don Your DIY Derby Duds

What's the best thing about the Kentucky Derby? Ok, other than the hot browns, mint juleps and a win, place or show ticket on the first in the race for the triple crown.

The hats! According to the Kentucky Derby, the hat parade is part Southern tradition, part spectacle and much of what makes "The Greatest Two Minutes in Sports" one of the greatest people-watching events in the world. From the fantastic to the sublime, there are no rules or limits when it comes to choosing a Derby hat.

In that tradition, Methodist Family Health is hosting a hat contest as part of its signature fundraiser, Southern Silks. Any DIY milliner can enter – children or adults - and the rules are:



- make your own hat or fascinator from items around the house or supplies you get at the craft or dollar store.

- Take a photo of that hat and e-mail it to Foundation@MethodistFamily.org by 4:30 p.m. on August 31, 2020.

- On September 1, *Inviting Arkansas* owner/publisher/DIY hat designer Michele Towne will select the winner, who will be announced during the virtual event.

- The prize for the best hat is a beanbag toss (cornhole) game from Steinmart Little Rock.

So, dust off the craft supplies, hit up the dollar store and get your Derby hat design on!

Somebody's Gonna Win!

And it can be YOU. Starting at 8 a.m. on Thursday, September 3, you can bid on some of the best auction items around like a trip to Costa Rica, a James Hayes chandelier, an Alwand Vahan bracelet and much, much more. You also can bid on the auction items from your laptop, tablet or smartphone. The auction will close at 8 p.m. on Saturday, September 5 – only about an hour after Southern Silks has crossed the finish line – so be sure to get all the details ahead of time so you can walk away a winner.



Bet on Your Favorite Team ... and Our Kids WIN!

This year's horse racing teams are the Potts Family, Hudson Cisne and The Pine Hill Ranch. You can support your favorite team (and the Arkansas children and families at Methodist Family Health) by donating in their honor. The team with the most donations made in their honor will win a prize and all the glory as our Southern Silks Overall Derby Winner! All donations will be accepted until



Saturday, September 12, and the team with the most donations will be announced on Monday, September 14.

It's easy to contribute in their honor. Follow any of these methods:

- **ONLINE**

at <https://www.methodistfamily.org/donate.html>

- Choose Southern Silks in the designation box
- Check the box that says, "This gift is in memory, honor or support of someone."
- Choose "In Honor Of" from "This gift is" dropdown box
- In the box labeled "full name", put one of the three race names:
 - Potts Family
 - Hudson Cisne
 - Pine Hill Ranch
- (P.S. there's no need to check the "please notify" box)
- Complete the donation form with your donation amount, billing and payment details.

- **TEXT POTTS, HUDSON or RANCH** to 501-881-2258.

- **MAIL** a check made payable to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, Arkansas 72205
 - And in the memo field, write the name of the team you want to support

- **PAYPAL ONLINE** - Use this link:
https://www.paypal.com/donate/?cmd=s-xclick&hosted_button_id=KKDWPG8M45VY2&source=url

Support Arkansas Children and Families Anytime

While the action and prizes will wrap up on September 5, you can re-watch the races and give to the abandoned, abused and neglected children and families in our care anytime. The virtual Southern Silks race will remain on our YouTube channel and Facebook page, and you can give any of these easy ways:

- **ONLINE**
at <https://www.methodistfamily.org/donate.html>
- **TEXT SILKS** to 501-881-2258
- **PAYPAL ONLINE** at https://www.paypal.com/donate/?cmd=s-xclick&hosted_button_id=KKDWPG8M45VY2&source=url
- **PAYPAL APP.** For donors to find MFH in the app, follow these instructions for your type of smartphone:
 - For **Android** users: in the PayPal app, tap Support a cause, then search for Methodist Family Health Foundation.
 - For **iPhone** users: in the PayPal app, tap the Donate image and search for Methodist Family Health Foundation.
- **MAIL** a check made payable to:
 - Methodist Family Health Foundation
 - P.O. Box 56050
 - Little Rock, Arkansas 72215



- **CALL** Christy at 501-906-4201 to make a secure donation over the phone using your debit or credit card.

We will send you a receipt for your records and our gratitude for helping those in our care struggling with psychiatric, behavioral, emotional and spiritual issues.

Thank you to our in-kind sponsor, The Pine Hill Ranch!



Thank You to Our 2020 Southern Silks Sponsors!



2020 Sponsors - Racing to the Rescue!

Trainer



Jockey



HATS OFF TO METHODIST FAMILY HEALTH!

We are proud to support your efforts on behalf of Arkansas' most vulnerable. Great hats to wear year after year. And you'll love it too.

Stephens
Capital Management
STEPHENS.COM



Our first virtual Bright Summer Night event saw the downtown Little Rock bridges lit up in every color of the rainbow. Click on the Bright Summer Night logo above to watch on our YouTube channel.

2020 Bright Summer Night Celebrates the Season and Raises Funds for MFH Foundation

Due to COVID-19, we made the decision to pivot our 4th annual Bright Night to become a virtual, summer event which culminated our Bright Night celebration on Friday, August 7. We asked families, sponsors and church groups (based on CDC recommendations regarding groups/gatherings at the time) to take an evening during the summer and go outside together to light up the night with sparklers, flashlights or glowsticks, or make chalk art messages to virtually send to the children in our care.

We compiled a video of the photos/videos submitted to us and placed it on social media, in addition to other Facebook event posts that were made throughout the celebration. View the video [here](#).

A total of \$31,675.00 was raised.

Thank you for your continued support and understanding during this unprecedented time. It is our goal to continue our mission to give the best possible care to those who may need our help in Arkansas, and do so while keeping our staff, donors, supporters and clients safe and healthy.

If you have any questions, please do not hesitate to reach out Jamie Griffith
501-906-4209 or JGriffith@MethodistFamily.org.

We wish you and your loved ones continued safety and health.

Thank you to Our Bright Summer Night Sponsors!



2020 Sponsors - Lighting Up the Night!

Hole-in-One



Wally Gee's
Men's Bible Study
Asbury UMC

Go-Karter



Relevant Technology - Raving Results®



Lazer Beam



Dr. Scott Hogan &
Dr. Lynn Thomas



Marilyn & Joel
Newcome



Neil Sloan

LIGHT BEARERS





In Memorium: Bennette Johnson Morris

Bennette Johnson Morris, one of the driving forces behind our Helena-West Helena therapeutic group home for girls, went to be with the Lord on July 17, 2020, while surrounded by her family at her home. Bennette was born in Little Rock, Arkansas, on December 1, 1929, to Parker Ewan Johnson, Sr. and Bennett Irene Johnson.

According to Emily Shields, therapeutic group home consultant for the home, Mrs. Morris was "one of the nicest, most giving people I have ever had the pleasure of knowing."

She moved to Clarendon, Arkansas, at age three. After graduating Clarendon High School, she attended Hendrix College for two years before transferring to Southern Methodist University where she graduated in 1951. She was a member of Zeta Tau Alpha. Upon graduation, she moved to Helena, Arkansas, where she worked with the Home Extension Office.

Bennette met her future husband, Walter Luther Morris of West Helena, Arkansas, in December of 1951 and they were married June 12, 1952. During 65 years of marriage she became a loving mother of four, Margaret Bennett Morris Sellers, husband Paul; Mary Virginia "Gina" Morris; Walter Luther Morris, Jr., wife Jayne McCain; Leonora Harriet Morris Maclay, husband Doug. The family tree grew with seven grandchildren, Callie Bennett Sellers Towles, husband Allen; Margaret Morris "Mollie" Sellers; Walter Luther Morris III, wife Elizabeth "Liz" Bernie; Mary McCain Morris Cole, husband Josh; Meredith Pointer Maclay McNeely, husband Justin; Claire Parkhill Maclay Auffenberg, husband Daniel; and Douglas Weller Maclay III. Then she became a great-grandmother to seven great grandchildren Campbell William Towles, Caroline Bennett Towles, Lawson Allen Towles, Walter Luther Morris IV, Mae Louise

Morris, Bennett Thomas Cole, and Genevieve Ann McNeely due this year. Bennette loved nothing more than spending time with her family. Sending daily scriptures or encouragement, gathering for family vacations at the beach, celebrating the holidays in their home, or celebrating milestones in each of their lives, she was a beautiful example of unconditional love.

Whether you knew her as Mom, Nanny B, Aunt Bennette, Bennette, Miss Bennette or Mrs. Morris you always felt welcomed, accepted and loved. She cared for people. Her greatest joy was found in giving to others whether it was helping the young girls of the Ophelia Polk Moore Home, the animals at the Humane Society of Phillips County, those searching to know the Lord through Bible Studies, or participating in every aspect of church life at Saint John's Episcopal Church. Bennette loved her community, her country and her Razorbacks. As her children grew up, Bennette was not one to sit on the sidelines. She was involved in every aspect of her children's lives. Through those years and beyond, she was blessed by the love and respect that was doted upon her by friends of all generations.

She will be sorely missed. We feel sure Walter and Walt IV are welcoming her in heaven and the Lord is saying 'Well done, good and faithful servant; thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy Lord.' Matthew 25:23

A Celebration of Life was held on Sunday July 19, 2020, at 10:30 a.m. at Maple Hill Cemetery, 1800 Holly Street, Helena, Arkansas.

LATEST NEWS 
& EVENTS



MFH Foundation Wraps Up 2020 Get Up & Give

COVID-19 hit in Arkansas right as Methodist Family Health Foundation was launching its annual Get Up & Give Lenten collection drive. Because of donors and supporters like you, we were still able to raise funds and supplies for necessities the children and families in our care so desperately need.

Our thanks to St. James United Methodist Church in Little Rock who help a socially-distant Get Up & Give collection for us during their drive-through communion service. Our gratitude also to the kind ladies from Christ of the Hills United Methodist Church's Martha Circle in Hot Springs Village delivered 60 plush blankets they've made for the children in our care. We also want to thank Scott Beardsley and his family for contributing school supplies, and everyone else who helped us acquire deodorant, body wash, toothbrushes, toothpaste, bed sheets, bath towels, paper towels and toilet tissue this summer.



Employee Giving Contributions Help Patients, Families, Each Other

The funds employees contribute from their check each pay period at Methodist Family Health help to purchase necessities, resources and services to benefit the Arkansas children and families in our care. Most recently, we used some of the funds to support employees infected with Covid-19 by providing some meals, bottled water - even helping one employee who was quarantined by purchasing and delivering a birthday cake for her child.

Some of the funds have been used to defray the costs of training conferences and workshops for employees. We also have purchased food and t-shirts for employee appreciation, materials for recreational therapy, and replaced items the kids in our care have lost or might have been destroyed in moving from placement to placement or through accidents.

In addition, the money employees contribute pays for special activities for clients, game systems and other needs that directly benefit the kids in care. A majority of funds spent at Methodist Behavioral Hospital provide hospital week celebrations including meals for staff, grab bag goodies and t-shirts, and Christmas celebrations. We have also continued to fund our garden, and we are purchasing weighted blankets with the funds, too!

Last year we raised \$43,000 from the Employee Giving Campaign. OUR EMPLOYEES made this possible, and on behalf of our team members, leadership, and the kids and families we all serve, thank you!



Methodist Family Health Receives Personal Protection Equipment Grants

THANK YOU so much to the organizations and individuals who have donated towards the purchase of personal protection equipment (PPE) for the Methodist Family Health continuum of care.

To date, we have received \$138,025 for PPE from grants and individual donors, including:

- Arkansas Community Foundation - \$25,000
- Heart of Arkansas United Way - \$5,000
- Arkansas Economic Development Commission - \$100,000



Playground at Methodist Children's Home is in Need of Repairs. Will You Help?

Do you remember those long summer days when the backyard was your domain, and your most pressing decision was whether to swing or slide?

You remember how summer was a time for fun and joy, but for children in our care at Methodist Family Health, there is no break from their personal crisis, or from how COVID-19 is impacting their experience and growth in our program.

Will you help us update our playground on our Methodist Children's Home campus in Little Rock so our kids can leave their cares behind – just for a little while?

Weather and constant use has made the playground unsafe. Playgrounds are an important tool for our children. COVID-19 has caused extra hardships in the area of play and fun for our children as they are not able to leave the campus for field trips and supervised outings. Confinement to the campus in addition to an unsafe playground makes therapeutic play and fun challenging.

Will you help our children and their families today by contributing to Methodist Family Health so we can make these necessary safety renovations?

You can mail a check made payable to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, Arkansas 72215 or donate online [here](#), and choose "Playground Improvements at the Little Rock RTC" as the option in the designation drop down box.

Your gift will ensure our children experience carefree joy and fun that all children should.

Camp Homebound



20TH ANNUAL



REV ROBERT REGNIER MEMORIAL MFH SUMMER CAMP

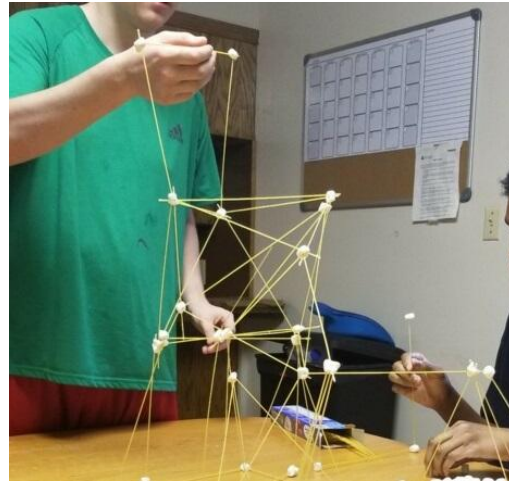
Camp Homebound is First-Ever MFH Virtual Summer Camp

Unfortunately, the annual **Rev. Robert Regnier Memorial Summer Camp** was not able to be held at Camp Tanako this year.

Our kids needed us to think outside the box for summer memories. An advisory board of two youth from each home with strong leadership skills was created. They met virtually to create a schedule, stay at home activities, competitions, water sports and of course our annual Methodist's Got Talent - talent show!

Camp started Monday, June 22 and ran until Friday, July 10. Our youth provided input on t-shirt designs, trophy worthy competitions, coordination of Disney plus movie nights, water games and minute-to-win-it completions as well as a virtual scavenger hunt. And there were be camp songs sung virtually. Amy Shores, MFH director of pastoral care, provided devotions and lead worship.

Thank you so much for your support of our campers this summer.



Children in Our Care Seek Your Prayers

As positive COVID-19 cases continue to spike, and Arkansas's children, families, teachers and staff prepare to go back to school in whatever form, the children in our care at Methodist Family Health have worries, issues and concerns weighing on them as well. Here are some prayer requests from our kids.

Would you include them in your thoughts and remember them as you pray?

- Summer - pray for my depression
- Gavin - my family and all of my family's dogs
- Walter - to go home
- Dustyn - the blessing of patience
- Elana - my family
- Tyler- hopefully the COVID-19 is over with and my family is okay and have a better future
- Michaella - To help my mom through her pregnancy and give her strength to deliver the baby
- Donovan - Please pray for the Coronavirus to go away
- Brenda - I want to pray to see my brother again

Increase Your Income Now Leave a Legacy to Methodist Family Health

Charitable Gift Annuities (CGA) through The Methodist Foundation of Arkansas (MFA) allow you to increase your current income now and leave a legacy for Methodist Family Health after your lifetime.

CGAs are powerful giving tools that offer:

- Increased income through fixed, guaranteed payments for life. A substantial portion of the annuity income may be tax-free.
- An immediate income tax deduction.
- No setup or document expense.
- Funds remaining at your death support Methodist Family Health.
- MFA reserves provide solid backing to safeguard future income.

The amount of income depends upon your age, whether it is a one-life or two-life agreement, and the amount of the annuity.



SAMPLE GIFT ANNUITY RATES — ONE-LIFE, CASH GIFT

AGE	RATE	DEDUCTION AMOUNT	% TAX FREE	EQUIVALENT RETURN
65	4.7%	32.0%	72.0%	6.2%
70	5.1%	39.0%	75.0%	6.9%
75	5.8%	44.0%	78.0%	8.0%
80	6.9%	48.0%	80.0%	9.8%
85	8.0%	48.0%	83.0%	11.6%

SAMPLE GIFT ANNUITY RATES — TWO LIFE, CASH GIFT

AGE	RATE	DEDUCTION AMOUNT	% TAX FREE	EQUIVALENT RETURN
65/60	4.0%	22.0%	70.0%	5.7%
70/65	4.4%	26.0%	73.0%	5.8%
75/70	4.8%	32.0%	75.0%	6.4%
80/75	5.3%	39.0%	77.0%	7.3%
85/80	6.2%	43.0%	80.0%	8.7%

To receive a no-cost, confidential, personalized analysis of how a CGA to benefit Methodist Family Health could work for you, contact MFH Executive

Director Carolyn McCone, CFRE at
cmccone@methodistfamily.org or
 501-906-4202 or MFA Vice President of
 Development Janet Marshall at
jmarshall@methodistfoundationalar.org or
 501-664-8632.



601 Wellington Village Road Little Rock, AR 72211
 501-664-8632
methodistfoundationalar.org

Thanks and Appreciation to Our 2020 Sponsors

These donors help Methodist Family Health fulfill our mission of providing the best possible care to those who may need our help. Without their financial support, we would not be able to serve the Arkansas children and families who are abandoned, abused, neglected and dealing with psychiatric, behavioral, emotional and spiritual issues.

Thank you for helping the children, families and communities we serve!

Heroes FOR Families SPONSORSHIP PROGRAM

Family Guardian

Family Ally

Family Friend



**WEAVER
BAILEY**



Support Methodist Family Health Foundation

Here are easy ways to give.

- **Text** GIVE to 501-881-2258 to initiate a donation you can easily manage on the go.
- **Donate** online now using [our secure online donation form](#).
- **Call** 501-906-4201 to make a secure contribution with your debit or credit card.
- **Mail** your cash or check donation to Methodist Family Health Foundation, P.O. Box 56050, Little Rock, AR 72215-6050.
- **PayPal online** at https://www.paypal.com/donate/?cmd=_s-xclick&hosted_button_id=KKDWPG8M45VY2&source=url
- **PayPal app**. For donors to find Methodist Family Health Foundation in the app, follow these instructions for your type of smartphone:

- For **Android** users: in the PayPal app, tap Support a cause, then search for Methodist Family Health Foundation.
- For **iPhone** users: in the PayPal app, tap the Donate image and search for Methodist Family Health Foundation.

Methodist Family Health SENTINEL
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 Methodist Family Health Foundation

MethodistFamily.org

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- Methodist Children's Home
- Methodist Behavioral Hospital
- Methodist Counseling Clinics
- Arkansas CARES

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**The mission of Methodist Family Health is
to give the best possible care
to those who may need our help.**