

# Sentinel

 *Methodist*  
FAMILY HEALTH

SPRING 2012

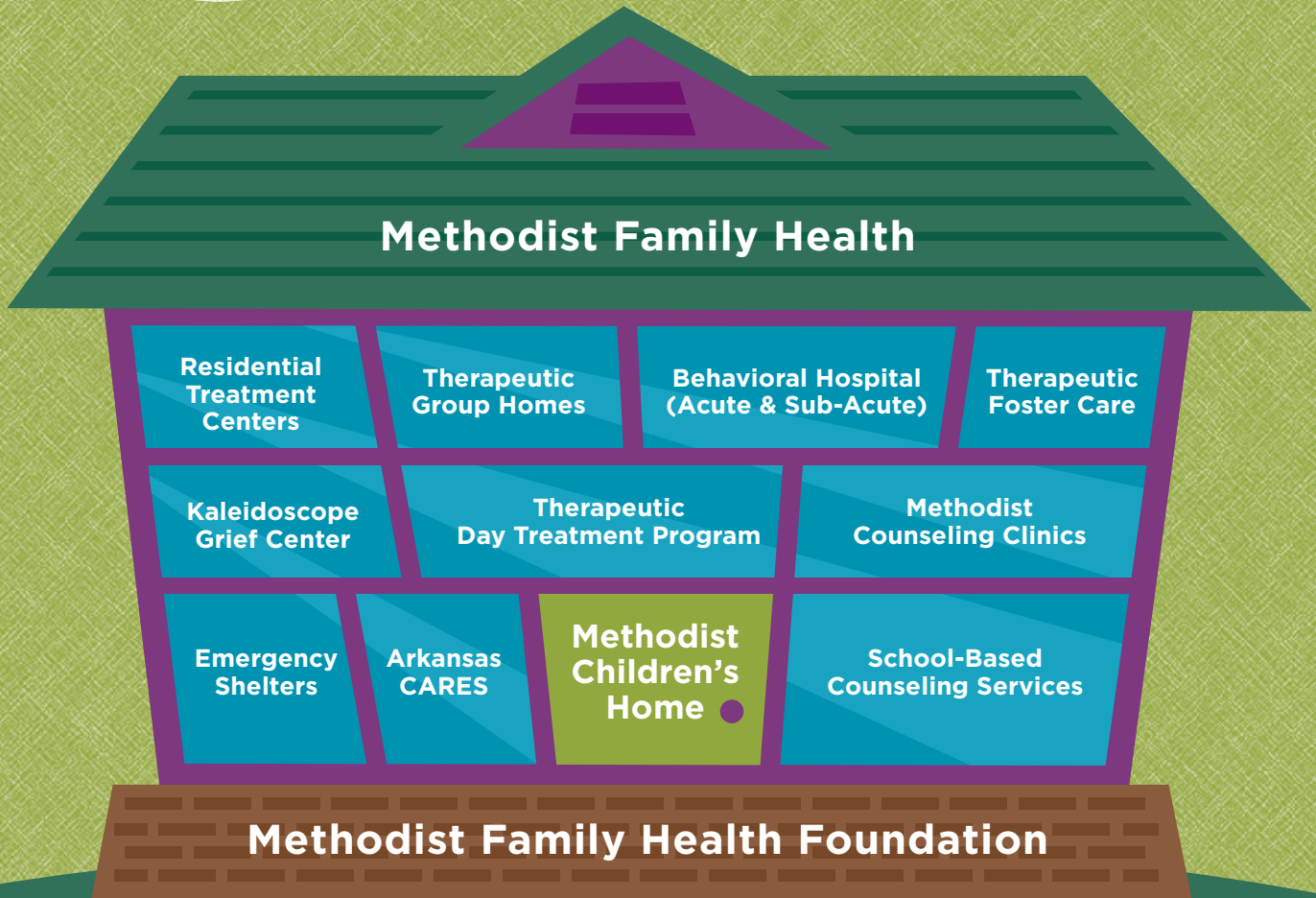


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Methodist Family Health

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# Welcome to Sentinel

Thank you for the generous support so many of you showed during the annual Christmas Campaign. These contributions enhance our ability to meet the children's needs not always provided for by our contracts or public and private insurance companies' coverage. It is heartwarming to see the tradition of the Christmas Campaign continue to be supported across our state.

And speaking of giving, our recent Get Up & Give collection drive was a huge success, resulting in a mountain of necessity items for our children. Your support for both of these fundraisers was exemplary. Your gifts allow the Children's Home and the Hospital to offer children gifts of much-needed clothing, supplies and other necessities that make their time with us truly feel like they belong and are cared for and loved. The love and commitment our supporters give goes to increase the quality of life we provide the children and families in our care.

This August we will host the Sixth Annual Walk for Children and Families at the Big Dam Bridge over the Arkansas River. Our hope is to have another banner group of youth participating from across the state, helping us get our message out about the great work Methodist Family Health does as a ministry of the United Methodist Church. I hope you'll join us.

Finally, all of us at MFH are proud to see this spring edition of the Sentinel bringing into focus all the great services and care we provide through our educational programming/partnerships and therapeutic support. I hope you learn something new from this edition and that you will choose to share with your friends and family.

Sincerely,



Andy Altom  
President and CEO



# Education

## an important part of holistic care at Methodist Family Health

Textbooks, microscopes, libraries and computers are among the learning tools that help make education possible within the Methodist Family Health continuum of care.

While therapy and treatment to address behavioral and emotional issues of MFH clients is first priority, education is neither forgotten nor neglected. Education components are found throughout the system, including:

- Classes in core subjects (math, science, English, social studies) for kindergarten through 12th grade at Methodist Behavioral Hospital and first grade through 12th grade in MFH's two Residential Treatment Centers (RTC);
- Classes in core subjects for kindergarten through 12th grade at MFH's two Day Treatment school programs;
- The Early Childhood Development Treatment Center, which serves infants and children from birth to age 5 with behavioral, emotional and/or learning problems, including the children of Arkansas CARES (Center for Addictions Research, Education and Services) residential clients;
- Clients in the eight Therapeutic Group Homes, the two Emergency Shelters and the Therapeutic Foster Care program are typically educated at either MFH's own Day Treatment school facilities or a local public school.

**“There are doctors and nurses and therapists, and there’s us,” says Diana Ferguson, lead teacher and department head of education at Methodist Behavioral Hospital. “We’re in charge of the kids when they enter the teacher world.”**

MFH's “schools” are certified by the Arkansas Department of Education and fall in the nontraditional

category. By law, MFH's teachers must hold a teaching license and a special education degree, or be working to obtain that master's-level degree.

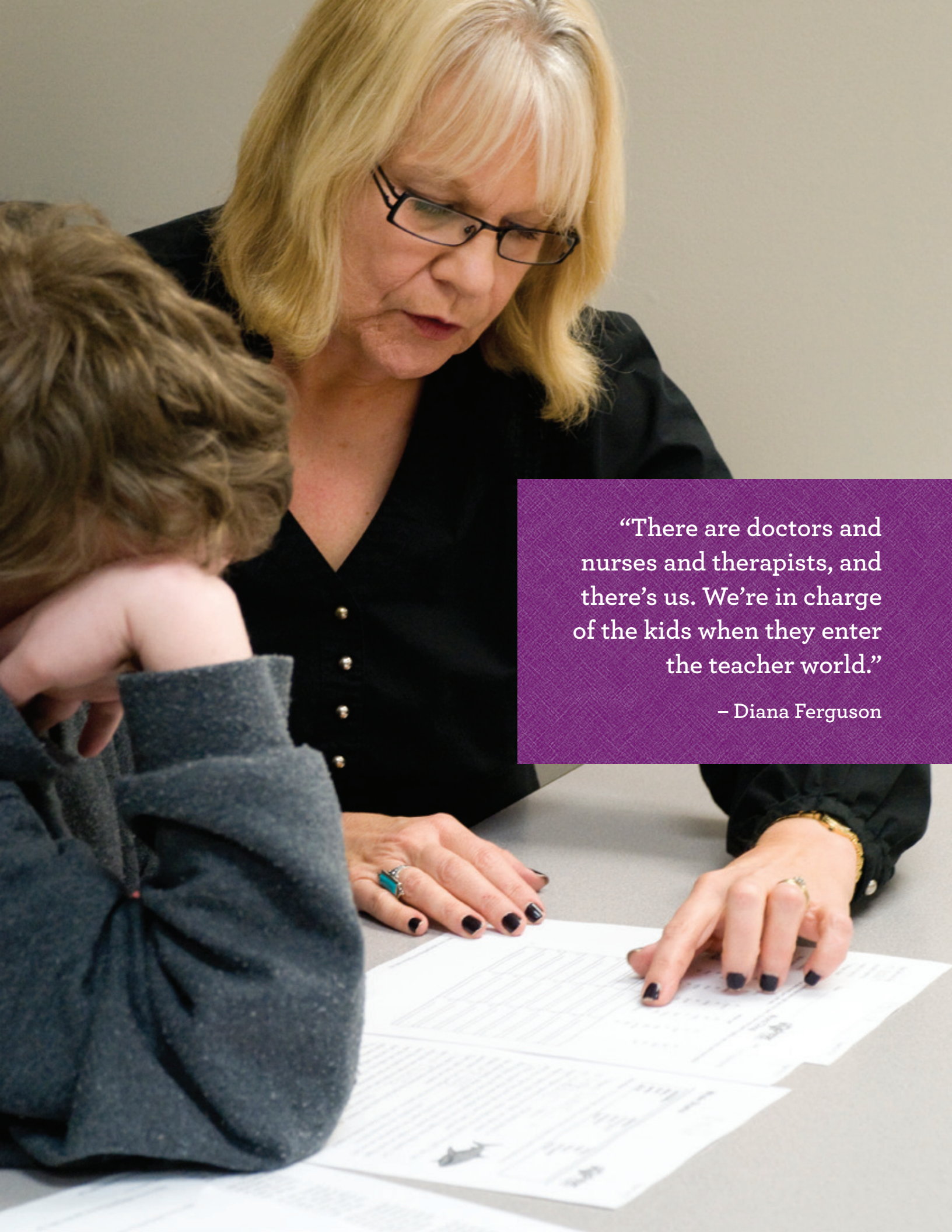
“You have to have strong management skills more than anything else,” says Ferguson, a 28-year veteran special education teacher. While a typical class may have 10 or fewer students, they are often on different educational levels. “You might have one kid doing GED work sitting next to another who is five years below level, sitting next to a kid who can't read, sitting next to a kid who's 'regular' – all in the same classroom. So it's very individualized. It's kind of like problem solving.”

**The sometimes swift transitioning of clients between programs and levels of care is a major challenge for the educators. “The kids we have are changing every couple of weeks,” says Ferguson of the hospital population. “You always have someone coming, someone leaving. And you’re talking to different schools every day.” Schools are contacted immediately upon an admission so teachers can gauge where the child is in school. Tracking course credits is especially critical for high school students.**

Stays of four to seven months are typical for RTC clients, while group home and day treatment stays can sometimes be measured in years.

**While the paperwork is unending, and teaching to multiple grade levels is a challenge, it's the kids who keep teachers coming back day after day.**

“The kids really want to learn,” says Jane Neely, lead teacher at the Little Rock RTC. She's been with MFH for 10 of her 26 years in education. “They want discipline, and most have never had it. They need family and someone to be proud of them. They spend their lives trying to get someone else's approval.”



“There are doctors and nurses and therapists, and there’s us. We’re in charge of the kids when they enter the teacher world.”

– Diana Ferguson



“They need family and  
someone to be proud of them.”

– Jane Neely

Veteran teacher Dan Qualls, who has been with Dacus RTC in Bono since it opened in 2008, sees his job as being an encourager and motivator. "I feel like these kids are met with challenges that a lot of them didn't ask for." Many don't have any kind of support system to go home to, he says, "and we owe it to them to do what we can to prepare them to be out in the world to fend for themselves."

**There's an underlying message in all subjects and all classes: Someone believes in you. You can do it!**

"I hope and pray the kids I teach acquire the skills needed to help them become successful adults," says Rhonda Dees, a middle school teacher at Magale Day Treatment program in Magnolia. Beyond daily lessons, Dees hopes students learn to "set goals and work to achieve them. I also want them to learn to take responsibility for their actions; to understand that they cannot change the past, but they can make good choices for their future."

Teachers in the MFH system do much more than follow curriculum and refer to lesson plans. "We work so hard on self-esteem," Neely says. Along with doctors, nurses and therapists, teachers are part of a strong and effective team focused on holistic care, with the goal of bringing young clients healing, happiness and hope.

## Scholarship Fund Allows Clients to Further Education

The Methodist Family Health Scholarship Fund provides educational financial assistance to qualified former or current residents of MFH programs. Applicants may be engaged in part-time or full-time post-secondary education. Eligible post-secondary programs include college, graduate school, vocational/technical programs or trade schools. A Scholarship Review Committee awards scholarships based on applicant eligibility and fund availability. The MFH Scholarship Fund is made possible by the Olin C. Chambers Trust and Gradelle Leigh Trust.

## Women's Foundation Grant Boosts GED Program at Arkansas CARES

By Alyssa Anderson

The Women's Foundation of Arkansas (WFA) recently awarded Methodist Family Health Foundation a \$3,645 grant to purchase GED preparation software for the women of Arkansas CARES.

WFA is the only not-for-profit, statewide foundation with the sole focus of developing the professional, economic and philanthropic potential of Arkansas women and girls by ensuring they have the necessary resources, tools and knowledge to reach their full potential.

Arkansas CARES is a substance abuse treatment center and mental health provider serving up to 27 addicted women, their children and their families. The goal of this MFH program is to break the familial cycle of addiction.

"We feel extremely blessed to have been awarded this grant," says Francine Taylor, director of Residential and Adult Day Treatment Services. "This software will help our women for years to come in obtaining their GEDs and, for many, pursuing higher education. They will be more prepared for the workforce upon discharge and — we hope — better able to obtain employment with higher wages. This will allow them to better support themselves and their families."

"The overarching goal of the Women's Foundation is economic security for our state's women," says Lynnette Watts, executive director. "To this end, we direct our grant-making toward those programs we feel will help move Arkansas' women closer toward that achievement. The grant to Arkansas CARES is a perfect fit for WFA in that it provides the tools the program's women need to enter - or re-enter - the workforce at a higher wage and with heightened skills."

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### Donations Needed for Classroom Supplies

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If you would like to support the education component of Methodist Family Health care, funds are always needed for student and teacher resources, books, and classroom supplies. Please direct contributions to: Methodist Family Health Foundation, P.O. Box 56050, Little Rock, AR 72215, or give online at [www.methodistfamily.org](http://www.methodistfamily.org). For more information, contact Ashley Coldiron at [acoldiron@methodistfamily.org](mailto:acoldiron@methodistfamily.org) or (501) 661-0720 ext. 7300.

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## Donor Profile

# Searcy family helps others with ‘just do it’ philosophy

DeAndra and Buck Gibson of Searcy have big hearts when it comes to caring for others and giving back to the community that has blessed them.

As members of First United Methodist Church in Searcy and the FISH (Friends in Service for Him) Sunday School Class, they make sure the girls who are residents of the Methodist Family Health therapeutic group home in Searcy are showered with love and attention. The Gibsons have also helped the church develop a warm and supportive relationship with the teaching-parents at the home.

“That is what we are supposed to do as God’s children,” DeAndra says. “It is important to help those in need, whether that be financially, spiritually or just be a friendly face that helps put a smile on someone else’s face. We are commanded to take care of God’s children – and the girls at the group home are God’s children.”

The Searcy congregation has come up with a host of creative ideas for reaching out to the home’s residents: a Valentine’s Italian dinner for the girls, an “extreme makeover” shower of décor items and gifts for the home, a pizza party, and a Little Rock excursion to paint pottery. New mattresses were purchased for the home, Sunday school classes “sponsored” each girl and made sure Christmas wishes came true, and Sons of Thunder, a community men’s group, held a food drive and stocked the group home’s pantry to overflowing.

“Because we have a relationship with the teaching parents and the alternates, we call and ask, ‘What do you need?’ or, ‘What about...?’” DeAndra says. “We just ask!”

The Gibsons have been married for 13 years and are the parents of Tate, 8, and Joseph, 3. A native of Lead Hill, Buck is a graduate of the University of Arkansas at Fayetteville and the University of Arkansas at Little Rock School of Law. He is the city attorney in Searcy and has his own private law practice. He is involved in the United Way of White County and White County Habitat for Humanity. DeAndra, a Greenwood native, attended UALR and the University of Arkansas for Medical Sciences, where she obtained a master’s degree



Buck and DeAndra Gibson of Searcy, with their children, Joseph, 3, and Tate, 8.

in speech language pathology. She works part time as a speech pathologist.

The Gibsons have a heart for service that is not lost on their young sons. “Our 8-year-old is very aware of what it means to give to others because he has seen us do just that,” DeAndra says. “Our 3-year-old helped me deliver pizza and cookies for Valentine’s Day. We feel that there is no better way to teach them than to let them be a part of the experience. They need to know that you just do it!”



## MFH mission earns admiration of Board member



Mike Millar

Searcy attorney Mike Millar has been a friend and fan of Methodist Family Health for many years. He currently serves as chairperson of both the MFH and MFH Foundation boards of directors. His dedication and service to MFH is deeply appreciated.

### **How did you first learn about Methodist Family Health (or the Children's Home), and when did you join the MFH Board of Directors?**

I grew up in Little Rock and attended First Methodist Church. Our church had a long-standing relationship with the Children's Home. I recall, as a youth, participating in activities at the Children's Home at the Fillmore campus. The mission of the Children's Home in those days was dramatically different than today.

I was a member of the initial Board of Directors of Methodist Behavioral Hospital when the Children's Home acquired the hospital in 2001.

### **What is it about MFH that draws you to be involved and give time and service to the Board?**

That Methodist Family Health touches so many families in Arkansas every day is a source of continuing amazement to me. As unfortunate as it is that the breadth of need exists, to be involved with an organization whose mission is to make a positive difference in the lives of those affected by those needs is very gratifying to me.

### **What do you feel you contribute as a Board member?**

I do not have any special gifts or graces. I enjoy interaction with our Board members and staff, the perspectives they bring to the issues facing our organization, and I value the friendships that I have developed with all those folks.

### **What about MFH makes it stand out among organizations that care for children with mental health challenges?**

I think our strongest suit is a combination of the Family Teaching model utilized by MFH in its programs, that we can offer a continuum of care that other providers cannot offer to deal with all levels of care required for a child, and that, rather than being in business to make money, we are pursuing a mission.

### **What do you wish more people knew about MFH?**

I do not think our constituency has a solid grasp of the breadth of our mission and services, the number of families we serve, or the challenging life situations that the children and families we serve face every day.

### **Tell a little about your career, family and other interests.**

I have practiced law in Searcy for 35 years. I am married to Karen, who has long been active in a number of United Methodist activities. We attend First United Methodist in Searcy. We have one son, Lindsey, a great daughter-in-law, Caroline, and a super grandson, August. I am including my latest favorite picture of August. Please use it instead of a picture of me. He's a lot cuter.



Grandson August Millar

# What's Happening

## September

### **BancorpSouth Charity Classic benefits MFH**

Methodist Family Health was honored to once again be one of several charities selected as beneficiaries of the BancorpSouth Insurance Services 2011 Charity Classic golf tournament. The annual event included a fiesta-themed kickoff party and silent auction Sept. 28 that preceded the golf tournament the following day at Maumelle Country Club. Later, Hubert Barksdale, Vice President of BancorpSouth Insurance Services, presented a check for \$10,000, representing MFH's share of the Charity Classic proceeds, to MFH Foundation Executive Director Ashley Coldiron.

"We are extremely honored to be selected as a beneficiary of this fun event and to receive this generous gift," Coldiron said. "BancorpSouth is a wonderful partner and supporter of Methodist Family Health."

## October

### **Searcy church 'showers' bevy of gifts on girls' home**

Members of Searcy First United Methodist Church hosted a home makeover "shower" Oct. 9 for Methodist Family Health's Girls' Home in Searcy. Teaching-parents Tracy and Christopher Stump and six residents of the group home participated by completing a gift registry and identifying favorite items at a local store. Groups and individuals from the church then purchased items and showered the home with an assortment of kitchenware, bedding and bath accessories and decorative items, as well as a flat-screen television and gaming system.

In addition, the congregation collected a "noisy offering" of loose change that totaled \$600 for the girls' home. And earlier in the week,

church member John Byrd led the Sons of Thunder mission group in fully stocking the pantry at the home.

"The outpouring of gifts from the church was astounding," said Ashley Coldiron, Executive Director of the MFH Foundation. "We are incredibly grateful for the generosity of the Searcy church and the love they have shown these girls."

## November

### **Student-produced mural spotlighted at Day Treatment open house**

The Arts in Education program at Little Rock Therapeutic Day Treatment School was highlighted at an open house Nov. 15. The program, which provides funding for professional artist Elizabeth Weber to work with the students several days a week, is made possible by a grant from the Arkansas Arts Council. The emphasis of the program is to expose children to art and the creative process through direct contact with professional artists.

Students were on hand to talk about the large wall mural they designed and painted in the cafeteria. The mural features images of the students' dreams and aspirations. It is titled "Our Wings are Strong and We Will Soar."

## December

### **Local photography company donates school portraits of MFH children**

Ralph Pack, a member of Winfield United Methodist Church in Little Rock, has been familiar with the Methodist Children's Home for quite some time. In fact, he was married in the chapel of the Children's Home years ago. Recently, as his church has become more and more involved with MFH and our youth, he was reacquainted with MFH by taking a tour of Little Rock



MFH Foundation Executive Director Ashley Coldiron accepts a \$10,000 contribution from Hubert Barksdale, Vice President of BancorpSouth Insurance Services.



(In back) Tina Ziegenbalg, Susan Adams and DeAndra Tate Gibson, hosts of the shower given by Searcy First United Methodist Church for the Girls' Group Home, are joined by residents of the Searcy home.



Among those celebrating the completion of the mural were (from left) Alyssa Anderson, MFH grant writer; Elizabeth Weber, Arts in Education art teacher; and Shelton Walker, director of Little Rock Day Treatment.



A student at Little Rock Day Treatment has her school portrait made, thanks to the generosity of Lifetouch Photography.



Soft, cuddly friends are welcomed by the Toddler I group at the Arkansas CARES nursery.



Linda Gentry and Polly Fricke deliver Christmas gifts donated by Bryant First United Methodist Church.



Members of Holly Grove United Methodist Church deliver bicycles to the girls' home near Helena-West Helena.



Members of Asbury United Methodist Church in Magnolia host a festive Christmas party for residents of the boys' home in Magnolia.



Santa gets a hug from a child at the Arkansas CARES Christmas luncheon sponsored by the Miracle Team at Trinity United Methodist in Little Rock.

MFH program sites. As a result, Mr. Pack and Lifetouch Photography graciously agreed to take school portraits of all the Little Rock Day Treatment students, as well as the toddlers and preschoolers in the Arkansas CARES program. The photo services and picture packets were gifted to our children Dec. 9.

“The Lifetouch staff was wonderful and so kind to provide this opportunity for more than 70 of our MFH children,” says Maggie Beeler, Assistant Director of Development for the MFH Foundation. “The Lifetouch representatives commented that our kids were so well behaved and well mannered.”

### **CARES kids embrace new Build-A-Pals**

Children in the Arkansas CARES day care program enjoyed a special treat Dec. 22. Representatives of the Build-A-Pal company visited the child care center and helped each child create a soft, cuddly plush pal. Each pal came with an outfit, carry box and adoption papers. The activity was a fun surprise and enjoyable Christmas activity for our CARES toddlers, preschool and school-age children. A big thank you goes to the Build-A-Pal company, which donated all the Pal supplies and their employee time, talent and service.

### **Friends and supporters make Christmas bright for MFH clients**

A long list of friends and supporters made sure Christmas was bright for the children, youth and families served by Methodist Family Health.

Numerous churches, groups and individuals hosted holiday luncheons and parties, provided Christmas gifts, and treated our children to special outings. For example, members of Holly Grove United Methodist Church delivered nine new bicycles to the excited residents of the Ophelia Polk-Moore Girls' Home near Helena-West Helena.

A festive luncheon hosted by the Miracle Team at Little Rock's Trinity United Methodist for Arkansas CARES moms and children included a visit by Santa and gifts of knitted hats and gloves for every child. The congregation of Asbury United Methodist in Magnolia made sure every resident of the Magale Manor Boys' Home received Christmas gifts from their wish lists and treated everyone to a Christmas party. Crafts, refreshments and well-stuffed Christmas stockings were given to all children at Methodist Behavioral Hospital, thanks to Little Rock's St. James United Methodist Church.

Gifts were thoughtfully purchased and delivered by many Arkansas churches and groups so that ALL children in the MFH continuum of care received packages of Christmas love. Thanks to all who ensured that Christmas 2011 was a memorable one at MFH!

Methodist Family Health friends and donors contributed \$308,632 to the 2011 Christmas Campaign! Thank you for your generous support!

## **January**

### **MFH says 'thank you' to Women in Mission**

Women in Mission from Little Rock's St. James United Methodist Church were treated to an appreciation luncheon in January in recognition of their ongoing support of Methodist Family Health. The group takes on volunteer projects year round to assist MFH programs and the MFH Foundation. Recent efforts have included presenting a business etiquette class for women in the Arkansas CARES program, cleaning and organizing storage on the Fillmore campus, providing office assistance, and hosting an Easter egg hunt for CARES preschool children.

### **Chico's teams up with MFH for second year**

For the second year, Chico's fashion boutique in Little Rock's Midtowne Shopping Center supported Methodist Family Health in a big way. First, store managers made sure customers were familiar with the programs and services of MFH and particularly Arkansas CARES. Then, over the third weekend in January, the store gave customers a discount on their selections in exchange for a donation of good, used clothing items. The gently worn clothing items were donated to CARES. We applaud Chico's community service and partnership with MFH!

### **FaithSpring volunteers make reading fun for Arkansas CARES**

FaithSpring Church in Little Rock has a Literacy Mission Team that brings stories and fun to Arkansas CARES moms and children at Methodist Family Health. The FaithSpring team strives to help parents know how important it is to read and have language enrichment with young children. They also want to demonstrate how fun reading can be. At a Jan. 17 event, Arkansas CARES moms and children painted shaving-cream glue as snow to go with "The Snowy Day" and made a llama for "Is Your Mama a Llama?" along with other activities. The FaithSpring volunteers plan to host literacy events for Arkansas CARES each third Tuesday of the month through the spring.

### **February**

#### **RAP ministries brings carnival, crafts to Arkansas CARES**

Carnival games and crafts were enjoyed by Arkansas CARES moms and children when friends of the Little Rock Reaching All People (RAP) ministries stopped by the Fillmore campus Feb. 18. In addition to a host of games and challenges, there was one

station for cookie decorating and another that had moms and children creating one-of-a-kind wall hangings featuring handprints and other artwork. RAP ministries strives to train and equip Christians to serve others in need. Karman Fegtley is the group's president.

### **March**

#### **Crowd clamors for spaghetti at MFH benefit**

Texarkana First United Methodist Church hosted a sold-out spaghetti luncheon March 4 as a benefit for Methodist Family Health services in south Arkansas. Organized by the church's Mission Committee, chaired by Les Stratton, the event raised \$1,800 and included a presentation of the MFH "Mission in Your Own Back Yard" video. Maggie Beeler, MFH Foundation Assistant Director of Development, was on hand to share a personal thank you.

#### **Service featuring music of U2 benefits MFH**

Methodist Family Health was honored to be the local mission recipient of the offering at the second "U2Charist," a special event in March hosted by Little Rock's First United Methodist Church. U2Charist is a Eucharist or Communion service featuring songs and videos by U2, the Grammy-winning Irish rock band led by Bono which proclaims a message about God's call for global reconciliation, justice for the poor and oppressed, and the importance of caring for your neighbor. U2 allows its music to be used for such events at no charge as long as the congregation directs the offering to a ministry/program that meets the United Nations' "Millennium Goals," including efforts to improve child health and maternal health, which is a fit for MFH's Arkansas CARES program.



Members of the St. James Women in Mission group accept a plaque recognizing their ongoing support of MFH.



Volunteers from Little Rock's FaithSpring Church read books for Arkansas CARES moms and children.



An Arkansas CARES child gets help with a game from Matt Jones of RAP ministries.



RAP volunteers painted faces of Arkansas CARES family.



RAP youth volunteer paints the face of an Arkansas CARES child.

# Compelled Bentonville teen raises \$2,144 for children of Methodist Family Health

Morgan Timbs, a conscientious 13-year-old from Bentonville, was paying attention when Maggie Beeler explained how Methodist Family Health helps children and teens. She heard Beeler's presentation in February during a mission workshop that was part of Veritas, the statewide United Methodist youth event in Fort Smith that drew 1,500 participants.

The following Sunday, Morgan was surprised to find that Beeler, MFH's Assistant Director of Development, was guest speaker at the Sunday youth ministry gathering at Bentonville First United Methodist Church.

"I sat there watching the video again and thinking, 'I want to help ... But how can I help?'" Morgan says.



Morgan Timbs of Bentonville launched a \$1 per person fund drive for Methodist Family Health that brought in \$2,144.

She soon decided that for Lent she would donate her allowance to MFH. Then she decided she could do even more, especially with the help of a Facebook event page — which she dubbed "Raising Money for the Children of Methodist Family Health" — and other social media.

"I can't imagine what it would be like not to have my parents or for my parents not to take an active part in my life."

"I thought if I could just reach out to 1,000 people, and if they can just donate \$1 then, wow, I could raise \$1,000!"

In a few short weeks, Morgan — an eighth-grader at Lincoln Junior High School in Bentonville — inspired a fund drive that brought in \$2,144 for MFH. Many donors gave more than \$1.

"I just felt compelled to help," says Morgan, who wants to be a teacher and participate in international missions. "I can't imagine what it would be like not to have my parents or for my parents not to take an active part in my life."

Morgan also heard Beeler say that the children and teens MFH helps sometimes arrive with little more than the clothes they are wearing. "I couldn't just walk away from that information and not help," she says.

The response to Morgan's efforts has been greater than anything she ever imagined, says her mother, Kristy Timbs. "Morgan now believes that even though she is only 13 years old, she can make a difference."

# Societies

## THE JAMES M. WORKMAN SOCIETY



Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist Orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the Orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health system.

### Annual Workman Donation \$1,000-\$2,499

Anonymous (5)	Margaret and Kenneth Davis Hardy, Arkansas	Kerry and Charlie Jackson El Dorado, Arkansas	Ella Mae and Edgar <sup>†</sup> Poag Osceola, Arkansas
Lewese and Jon Ahrens Mount Ida, Arkansas	Ellen and Don Edmondson Forrest City, Arkansas	Sandy and Hank Johns North Little Rock, Arkansas	Susie and Tom Pugh Little Rock, Arkansas
Myra and Andy Altom Heber Springs, Arkansas	Pam and Robert Edwards Searcy, Arkansas	Harriet and James Johnson Wilmot, Arkansas	Beverly and Harrison Ralph Crossett, Arkansas
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Nancy and L. Don Cole Roland, Arkansas	Susan and Asa Hutchinson Bentonville, Arkansas	Karen and Andy Norris Lake Village, Arkansas	Margaret and Ron Wylie Clarksville, Arkansas
Dr. and Mrs. George M. Cone Jonesboro, Arkansas		B.C. Pickens Trust Pickens, Arkansas	Martha and David Yocum El Dorado, Arkansas <small>Deceased</small>

### Annual Workman Donation \$2,500-\$4,999

Paul Arnold Nashville, Tennessee	Gill Elrod Ragon Owen and Sherman Law Firm Little Rock, Arkansas	Angela and Chad McLain Brinkley, Arkansas	Mr. and Mrs. Ronald W. Witherspoon Fayetteville, Arkansas
Rebecca and Ritter Arnold Marked Tree, Arkansas	Vicki and Hal Matthews North Little Rock, Arkansas	Plum Creek Foundation Seattle, Washington	Trish and Kurt Searvogel Sheridan, Arkansas
		Augustus H. Pugh Portland, Arkansas	Melissa and Keith Wrenn Brentwood, Tennessee

Please contact Maggie Beeler at (501) 661-0720 for more information regarding the Workman Society and other donor listings.

## Annual Workman Donation \$5,000 and up

Anonymous (3)	Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas	Jean and Terry Landrum Scott, Arkansas	Jan and Ted L. Snider, Jr. Little Rock, Arkansas
Mr. and Mrs. Cliff Albert Beebe, Arkansas	Mary Lue and Bill Gibbs Camden, Arkansas	Karen and Mike Millar Searcy, Arkansas	Genevieve H. and William A. Strong Pine Bluff, Arkansas
Arkansas Arts Council Little Rock, Arkansas	Jane Hardin Fayetteville/Little Rock, Arkansas	Angela and Chris Newell Newcastle, Washington	The W.P. Sturgis Foundation Arkadelphia, Arkansas
Bancorp South Insurance Services, Inc. Little Rock, Arkansas	Kathleen Kennally and Mark Holder Little Rock, Arkansas	Paula and Robert Reynolds El Dorado, Arkansas	United Methodist Foundation Little Rock, Arkansas
Horace C. Cabe Foundation Gurdon, Arkansas	Iva and Bill Krogman Star City, Arkansas	Riggs Benevolent Fund Little Rock, Arkansas	Windgate Charitable Foundation Siloam Springs, Arkansas

## THE GEORGE THORNBURGH SOCIETY

Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system. This list features those who have given in the past decade.



Anonymous (4)	William K. and Mary Lue Gibbs*	Rev. Curtis E. Monroe Estate	Shuler Drilling Company
Myra M. Abrignani Estate	Aline Gill Estate	Alline M. Montgomery Estate	Nancy and Neill M. Sloan*
Arkansas Community Foundation	Maxine S. Gregg Estate	Nolan Foundation*	Elizabeth H. Snyder Trust
Bancorp South Insurance Services, Inc.*	Hall Revocable Trust	Mrs. Betty Regnier	Roy and Christine Sturgis Charitable and Educational Trust
Lillian Mae Clavert Living Revocable Trust	Jane Hardin	Robert and Paula Reynolds	W.P. Sturgis Foundation
Elizabeth W. Fries Estate	John A. Henson Trust	Riggs Benevolent Fund*	United Methodist Foundation of Arkansas
Charles A. Frueauff Foundation, Inc.*	Walter B. Huff Estate	Rittwood Farms Company, Inc.*	Alma Welton Trust
Dr. Rita Galloway	Julia Mae Jackson Estate	Marion and Miriam Rose Trust*	Juanita Annette Wood Estate
Conway and Margaret George Charitable Trust	Kerkhoff Family Trust	The Reverend Mitchell and Gladys Masters Sanford Endowment	Hazel Marie Wright Estate
	L.A. Logan Estate	Velma E. Shaffer Estate*	
	Nell S. Martin Endowment		
	Karen and Mike Millar*		

\*Denotes New to Listing

## THE COY-ROOTS-TABOR HERITAGE SOCIETY

Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902.

Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to the Methodist Family Health System.



Anonymous (2)	Marjem and John Gill	Ura Mae Johnson Trust	John H. Reese Memorial Endowment Fund
Myra and Andy Altom	John A. Henson Trust	Jonelle Ryan and Billy Gene Jones	Mrs. Ruby Smith
Marguerite C. Burgess Trust	Charles H. Hill Irrevocable Trust	June S. McClain Revocable Trust	Warren Family Trust
Mary and Milton Campbell	Albert Victor Horton	Nancy and Earl McClure	Imogene Simpson Westfall Trust
O'Neal Davidson Estate	Geneva L. Hughes Estate	Audrey Parkhill Estate	Mildred Wilson Endowment Fund

# HIGHEST CONGREGATIONAL GIVING

2/1/2011-1/31/2012

CHURCH NAME	CHURCH TOTAL GIVING	NUMBER OF MEMBERS GIVING
El Dorado First	\$37,716	20
Little Rock First	\$34,859	29
Dumas First	\$22,775	15
St. James (Little Rock)	\$20,665	55
Pulaski Heights (Little Rock)	\$16,933	68
Hot Springs First	\$12,010	54
Lakewood (North Little Rock)	\$11,872	34
Camden First	\$11,858	27
Trinity (Little Rock)	\$10,302	33
Heber Springs First	\$9,262	19
Star City	\$8,170	16
Keo	\$7,190	4
Conway First	\$6,455	29
Wesley (Pine Bluff)	\$6,215	4
Lakeside (Lake Village)	\$6,072	9
Springdale First	\$5,984	11
Jonesboro First	\$5,310	26
Harmony (Searcy)	\$5,300	2
Asbury (Little Rock)	\$5,200	22
Searcy First	\$5,026	15
Sheridan First	\$4,575	23
Benton First	\$4,250	23
Fort Smith First	\$4,129	15
Brinkley First	\$3,945	12
Christ of the Hills (Hot Springs Village)	\$3,855	8
Portland	\$3,760	5
Central (Fayetteville)	\$3,355	21
Wesley (Fort Smith)	\$3,330	5
Forrest City First	\$3,200	14



## Bibles nurture faith, strength and hope



A gift of a Bible is waiting on every child, teen and mother who enters the Methodist Family Health continuum of care. These gifts are made possible by the Bible Fund, part of the spirituality component at MFH.

“Our clients deal with personal issues on a daily basis,” said Rev. Scott Moore, MFH Director of Pastoral Care. “Through God’s Word, they can find answers to the spiritual

questions they may have.” Moore says many clients find it especially comforting to read about and understand that “God is a loving, forgiving God.”

The age-appropriate Bibles are gifts that belong to the clients, and for some it is the first Bible they have ever had to call their own. In addition to fostering individual spiritual growth, the Bibles are used in weekly studies and spirituality services.

MFH is grateful that the Bible Fund is supported by churches across the state, church groups, mission committees and individuals. If you would like to donate to the Bible Fund, please use the envelope in this magazine, make an online donation at [www.methodistfamily.org](http://www.methodistfamily.org), or contact Maggie Beeler at (501) 661-0720.

“Because of what they have been through, almost all of our clients question God’s love, forgiveness and presence,” Moore says. “However, that is the main focus of what we share with them. They are loved, they are forgiven, and God is always with them, no matter what they are going through.”

### Testimonies from MFH clients demonstrate the impact of the spirituality component of care at Methodist Family Health:

“I have been at Methodist for about a year, and I have actually been a little bit scared. But now that I have God in my life, I am no longer scared. I have faith in myself, others and in my God!”

**- 14-year-old female residential treatment center client**

“Before I came to the Methodist Residential Treatment Center (RTC), I was an atheist. I had no reason to believe in God. My dad is also an atheist. When I arrived, a peer named Rachel asked me if I went to church. I told her no, I didn’t believe God is real. Rachel told me about her faith and encouraged me to go to church. I agreed to go, but only so I could prove her wrong. She didn’t know that. I met Pastor Scott and he talked with me after I went to church a few times. I couldn’t prove Rachel wrong. As I kept going to church, my faith grew. Rachel asked me to help her lead the Bible study. I agreed, and I think at that point I couldn’t deny me being a Christian any more. I became something I thought I never would be: a believer in God. With the help of Pastor Scott, Rachel and Methodist RTC, I became a believer. They saved my life.”

**- 17-year-old female residential treatment center client**

“I was 16 when I came to the RTC. I was a very reckless, irresponsible, Satanistic child. But after Rev. Scott convinced me to go to Bible study a few times, I got very interested in the views of God. After two months of going to Bible study, I converted from Satanism to Christianity! When I got out of RTC, I moved to a group home and continued my therapy and going to church. My behavior has changed greatly. I have now found a family that wants me and has seen a great improvement in my behavior and attitude.”

**- 17-year-old female group home client**

“The church people who come here have affected me by talking to me about my past, and I get to tell them how much I love them for coming to see us. They have taught me about God and made me realize that I am saved and God will forgive me for my sins. They told me that God is forgiving.”

**- 16-year-old male residential treatment center client**

# Arkansans ‘Get Up & Give’ a Mountain of Goods

Imagine a small mountain. But this one isn't made of dirt and rocks. This mountain rises to the sky in a crazy jumble of paper towels and toilet paper, backpacks and duffle bags, toothbrushes and toothpaste, diapers and baby wipes. There are also socks and underwear for boys and girls of every age.

This unusual mountain represents donations made to the third annual Get Up & Give collection drive. During the 40 days of Lent, churches, families, friends and neighbors all across Arkansas were asked to collect necessity items that can be used by the children and families served by Methodist Family Health. Then the week after Easter, items were dropped off at one of seven Methodist Counseling Clinics, located in Batesville, Fayetteville, Heber Springs, Jonesboro, Little Rock, Magnolia and Mount Ida. It is estimated that the donations collectively weighed more than 1 ton.

“We had lots of questions about our services and what we do,” said Tiziana Bowers, office manager of the Batesville MFH Counseling Clinic. “So many people commented that it was such a pleasure to assist our children.”

In addition to the in-kind donations, more than \$5,000 in cash was given as part of the drive. Morgan Timbs, a 13-year-old from Bentonville, contributed \$2,144 of that by asking friends and family for \$1 each. (See story on page 11)

“The community was excited and eager to have the opportunity to give to our organization,” said Danielle Williford, office manager of the Jonesboro MFH Counseling Clinic. “People came from our surrounding areas with loads of supplies.”

The donations will be distributed among MFH's hospital, group homes, alternative schools, clinics and other programs which serve children and families and offer psychiatric and behavioral healthcare.

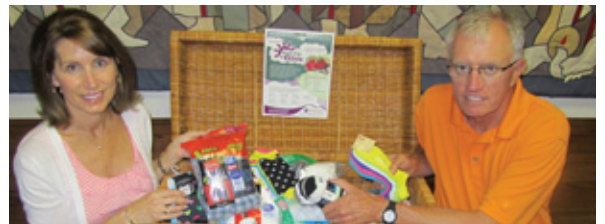
“Thanks to the generous support of Get Up & Give, we have many of the basic necessities needed by our clients and in our programs,” said Jane Dennis, MFH's Director of Communications. “As a result, Methodist Family Health will be able to focus more resources on getting children and families the help they need. And for that, we are most grateful.”



Lee Banion delivers Get Up & Give donations from First United Methodist Church, Forrest City, at the Jonesboro Counseling Clinic.



Pine Bluff First United Methodist senior pastor David Fleming and staff member Ann Cain (left) deliver a van load of donations, which are accepted by MFH Director of Communications Jane Dennis.



Ann and Steve Rowell, co-chairs of the Get Up & Give campaign for Methodist Family Health, look over some of the donations from their church, Little Rock's St. James United Methodist.



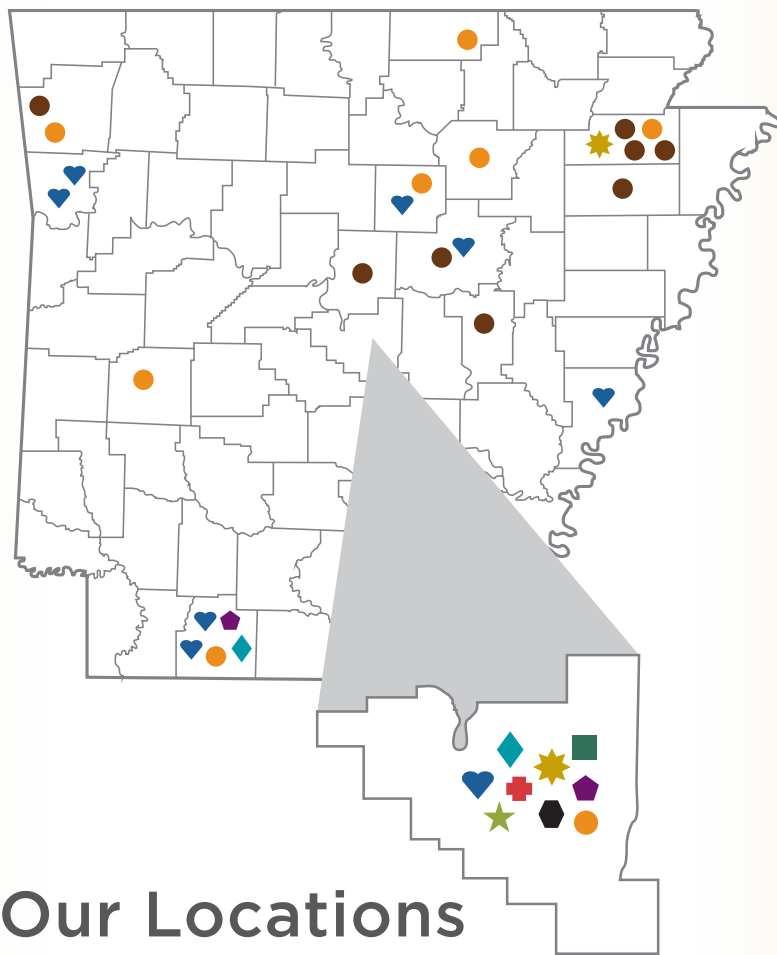
Kathy Deweerd and Jolene Welch deliver a bevy of Get Up & Give donations collected by members of Salem United Methodist Church in Benton.



## NEW BOARD MEMBER

Scott Beardsley • Little Rock

Methodist Family Health Foundation  
Board of Directors



## Our Locations

### ♥ Therapeutic Group Homes

Heber Springs  
 Helena-West Helena  
 Little Rock  
 Magnolia (2)  
 Mulberry (2)  
 Searcy

### ● School-Based Counseling

Craighead County  
 Harrisburg  
 Jonesboro  
 Judsonia  
 Nettleton  
 Lincoln  
 Vilonia

### ◆ Day Treatment

Little Rock  
 Magnolia

### ★ Residential Treatment Center

Bono (near Jonesboro)  
 Little Rock

### ◆ Emergency Shelter

Little Rock  
 Magnolia

### ● Methodist Counseling Clinics

Batesville  
 Cherokee Village  
 Fayetteville  
 Heber Springs  
 Jonesboro  
 Little Rock  
 Magnolia  
 Mount Ida

### ◆ Arkansas CARES

Little Rock

### ✚ Behavioral Hospital

Maumelle

### ■ MFH Administration

Little Rock

### ★ Kaleidoscope Grief Center

Little Rock

### Therapeutic Foster Care

Locations throughout Arkansas

# We need YOU!

The mission at Methodist Family Health is to give the best possible care to those who may need our help and to treat the whole person — behaviorally, emotionally and spiritually. How can you support this vital mission?

- Become a donor. Give generously so we can help more children and families.
- Be an ambassador. Encourage your church or community organizations to learn more about MFH and lend support through offerings, collection drives and volunteer participation.
- Think ahead. Include a bequest for MFH or any of its programs in your will.
- Join the fun. Participate in some of our many special events, including the Walk for Children and Families, Kaleidoscope Kids Auction, Get Up & Give and the Christmas Campaign.

To learn more about how you can support the mission of MFH, contact Ashley Coldiron, MFH Foundation Executive Director, at [acoldiron@methodistfamily.org](mailto:acoldiron@methodistfamily.org) or (501) 661-0720 ext. 7300, or P.O. Box 56050, Little Rock, AR 72215. Or visit our website: [www.methodistfamily.org](http://www.methodistfamily.org).



Methodist Family Health Foundation has been selected as the community charity for the new Marshalls store on Chenal Parkway in Little Rock. At the grand opening ribbon-cutting ceremony April 12, MFH CEO Andy Altom and MFH Foundation Executive Director Ashley Coldiron were on hand to accept a \$5,000 donation from district manager Regina Bartels.



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Rebuilding The Lives Of Children And Families Since 1899 methodistfamily.org



Clint has a heart for helping others and giving back to the community. We at Methodist Family Health are happy to call him a friend and supporter.

## Clint Stoerner

**Former Arkansas Razorback and Dallas Cowboys football player  
Executive Vice President, Stoerner and Havas Insurance Agency  
Honorary Chair, 2012 Walk for Children and Families,  
Methodist Family Health**

“I’m amazed at everything Methodist Family Health does to care for children all across the state. From the tiny babies to teenagers and families, the programs are designed to get kids on the right path. What’s impressive is how wide ranging the programs are and how a child can be helped no matter what level of care is needed. I’m excited about the opportunity to help and be involved in this year’s Walk for Children and Families. It’s going to be pretty cool.”

If you’d like to join Clint at this year’s Walk for Children and Families, or wish to support Methodist Family Health in other ways, call 501.661.0720.



### The 6th Annual Walk for Children and Families

August 3, 2012 • 6 p.m. Registration • 7 p.m. Walk  
Big Dam Bridge • North Little Rock

Visit [methodistfamily.org](http://methodistfamily.org)  
for more information.

