

Sentinel

 *Methodist*
FAMILY HEALTH

FALL 2012



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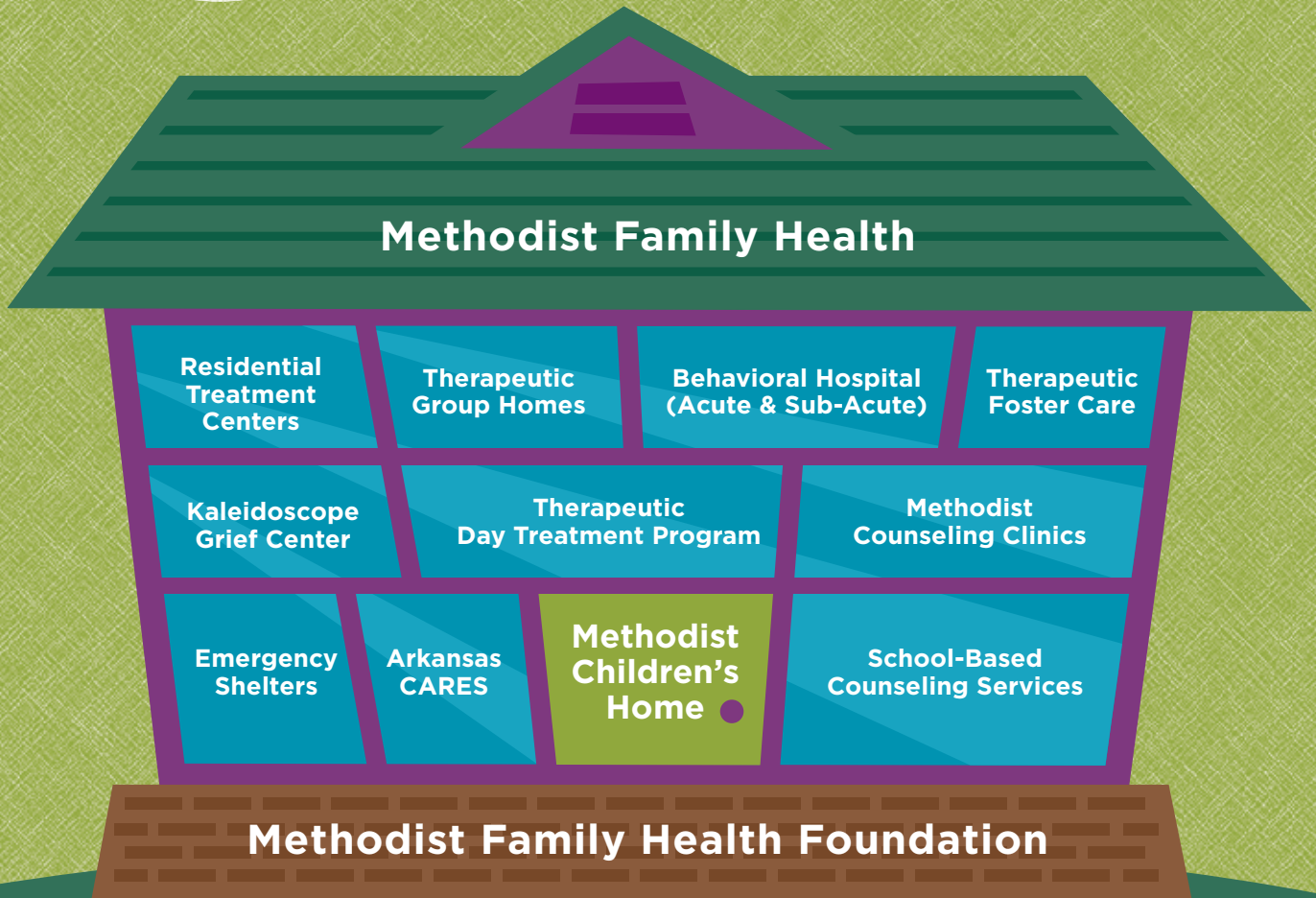
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Unique method of care sets Methodist Family Health apart in Arkansas - p.2



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Welcome to *Sentinel*

This edition of the *Sentinel* focuses on the Teaching-Family Model of care, which is used in all of our treatment venues throughout Methodist Family Health. There have been more than 30 years of studies and research conducted on this model. The results have been consistent. The Teaching-Family Model is effective. Through research and well-evaluated clinical practice, an integrated set of procedures has emerged to help children, families and dependent adults live, learn, and become increasingly self-sufficient.

I am often asked, "What is the Teaching-Family Model, and why use it?" The Teaching-Family Model is an organized approach to providing humane, effective and individualized services that are satisfactory to both clients and consumers. Not only is it effective, it's also very replicable. That's why all our programs use it as the method of interacting with the families we serve.

This method of treatment is one of the major aspects that separates Methodist Family Health from all of the other mental health providers in the state of Arkansas. Methodist Family Health is the only provider in Arkansas that is internationally certified in the Teaching-Family Model. Not only that, but we also have the only Teaching-Family Certified behavioral hospital in the world.

We strongly believe in the Teaching-Family Model of care, and we are proud to offer it to the state of Arkansas and those who need our services.

Once again, we at Methodist Family Health appreciate your support of our efforts to help Arkansas children and families.

Sincerely,



Andy Altom
President and CEO



Methodist Family Health *Sentinel*

a publication of the Methodist Family
Health Foundation
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Little Rock, AR 72205
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The *Sentinel* is published twice yearly.
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Photos: Kelly Quinn, Jane Dennis and
Methodist Family Health archives.

On the cover: Doug and Kathleen DeMille,
teaching-parents at the Methodist Family
Health boys' group home at Mulberry,
enjoy outdoor fun with some of the boys
in their care.

© Methodist Family Health Foundation

MethodistFamily.org

Unique in Arkansas

Methodist Family Health's Teaching-Family Model

Evidence-based model of care makes a big difference

Like a golden thread woven into a beautiful tapestry, the Teaching-Family Model is a subtle but substantial reason for the success of Methodist Family Health. The Teaching-Family Model of care is what sets MFH apart and distinguishes the organization from others in Arkansas that provide behavioral and mental health services to children and adolescents.

“The Teaching-Family Model allows for such a positive, nonjudgmental means to address behavior, capitalizing on the individual's strengths and then teaching more appropriate behaviors for success,” says CEO Andy Altom.

All MFH residential and inpatient treatment programs, as well as schools operated as part of the Day Treatment program, utilize the Teaching-Family Model. The evidenced-based model of care emphasizes the positive teaching of functional skills and behaviors. Its cornerstone is research that has proven a 4:1 ratio of positive to negative interactions is the ideal motivational formula.

MFH's clients — children and youth up to age 18 who have a mental health diagnosis, exhibit high-risk behaviors or who are labeled as “difficult” — understand exactly what is expected of them, thanks to the consistent use of the Teaching-Family Model. Very specific, detailed teaching interaction steps are used to implement the model. The young clients are

awarded points, called “positives,” for appropriate behavior. They can also have points taken away for inappropriate behavior; these are called “correctives.”

Every time points are handed out or removed, the MFH direct care staffer — such as a behavioral instructor or teaching-parent — clearly states the behavior that warrants the positive points or corrective points. The youth then has a chance to correct inappropriate behavior and earn back lost points.

“We love the Teaching-Family Model. It's awesome,” says Kathleen DeMille, who serves as a teaching-parent with her husband, Doug, at the Boys' Group Home in Mulberry. “The boys know the rules. They know what is expected of them, and they work for the positives.”

The accumulation of earned points results in special privileges, which may range from selecting a fun item from a privilege closet, to taking part in a special outing or recreational opportunity, to weekend or day passes for visits home with family.

“It works because everybody's on the same page,” says teaching-parent Doug DeMille. “It makes my job so much easier in the long run because the kids know when they've done something wrong. They know how they're supposed to behave. You can see it on their faces, especially the kids who really want to grow and do better.”



With each corrective comes a teaching moment. “We sit down and talk about what’s appropriate for whatever they’ve done, like why it’s appropriate to look at someone when you speak to them rather than looking down at the ground, or why it’s not appropriate to swear,” says Doug DeMille. “For a lot of these kids, they’ve never had that kind of instruction.”

Effective reinforcement — considering the individual’s needs, level of understanding, diagnosis and treatment goals — is vital, says Myra Altom, who has used and instructed others in the Teaching-Family Model for 20 years. She currently serves as director of Teaching-Family Services for MFH. “Desired outcomes are for the youth to learn to display appropriate behaviors to replace inappropriate behaviors, for the youth to become independent from staff and adults and learn to use skills on their own, and learn to solve their own problems and make decisions in their lives.”

Many youth enter the MFH system “so downtrodden,” Doug DeMille says, “that when you pay them a little attention, when you talk to them, you lift them up. You build the kid up. And it’s amazing to see the growth. It’s a daily, everyday growth. I don’t know all the statistics, but I do know that Methodist Family Health is turning out productive, good citizens.”

“The boys know the rules. They know what is expected of them, and they work for the positives.”

– Kathleen DeMille

From an administrative perspective, Andy Altom says the model is easily replicable and offers consistency so all employees understand job performance expectations, no matter where they may serve within the MFH continuum of care. In addition, individual training in the Teaching-Family Model, evaluation and certification offer employees opportunities for professional recognition and growth.

“Regardless if an employee works in a school or the hospital, they all know what the expectation is toward addressing behaviors and working with the clients in our care,” he adds. “The Teaching-Family Model has been well received by all employees.”

Hollie Blevins, a program consultant at MFH’s Methodist Behavioral Hospital in Maumelle, has witnessed many

“It works because everybody’s on the same page.”

– Doug DeMille



positive outcomes for those in her care. “The Teaching-Family Model helps youth achieve their goals and objectives because it gives clients as much control over their lives as possible, through self-determination, promoting the development of relationships, and individualized treatment planning,” she says.

Youth often arrive at MFH programs with little self-confidence. “Through the model they are given opportunities to have leadership positions and learn to be confident,” Blevins says. “It’s also great when youth provide personal rationales on how they are going to use the things that they have been taught and are able to apply them when they go back home or to school.”

Myra Altom believes that what the Teaching-Family Model does best is “enable youth to receive quality behavioral treatment for their problems.”

It could also be said that the Teaching-Family Model plays a critical role in helping MFH fulfill its mission: “To give the best possible care to those who may need our help and to treat the whole person: behaviorally, emotionally and spiritually.”



A new model of teaching and caring

In the late 1980s, Methodist Children’s Home Administrator Rev. Bob Orr recommended that the MCH Board of Directors approve using the Teaching-Family Model of care in all its group homes. Shortly after that recommendation was approved, Rev. Robert Regnier assumed the leadership of Methodist Children’s Home and was tasked with ushering in a new way of caring for children. Regnier contracted with Methodist Children’s Home in Raleigh, N.C., to help train and implement all components of the Teaching-Family Model over a three-year period. That effort culminated in 1993 with Methodist Children’s Home becoming the first Teaching-Family Association certified residential care provider in the state of Arkansas.



Rev. Bob Orr



Rev. Robert Regnier

Today, Methodist Family Health is the only Teaching-Family certified site in Arkansas, and Methodist Behavioral Hospital is the only Teaching-Family certified hospital in the world.



NEW BOARD MEMBER
Bishop Gary Mueller • Little Rock

Methodist Family Health
Board of Directors

Donor Profile

Ties that bind

Elaine and Kenneth Hicks work to strengthen church connection for MFH

Methodist Family Health is blessed to count Elaine and Bishop Kenneth Hicks as friends and supporters. As director of ministries to MFH, Bishop Hicks brings more than 65 years of service to the church and lifelong passion for peace and justice issues and mission service. He served as bishop of the Arkansas Area for 12 years, followed by four years as leader of the Kansas Area. He and Mrs. Hicks retired in 1992 and returned to Little Rock to live.

MFH is “a special place,” says Bishop Hicks. So it’s no surprise that he is fervent in his efforts to ensure that the state’s 700 United Methodist congregations are well acquainted with MFH and its ministries with children and families.

“My dream or yearning is that pastors see this entity as a part of what they have been assigned to,” he says. “Along with the things going on in their local church, I’d like to see more pastors claim the children’s ministries of Methodist Family Health to a greater extent. What goes on here enhances the local church.”

“It’s an exciting thing to plug into,” says Mrs. Hicks. “Being around the kids is such a joy.”

The couple’s contributions are numerous. He has led worship services at the Children’s Home Fillmore campus and Methodist Behavioral Hospital, spoken in local churches on behalf of MFH, and promoted the Bible Fund, which makes available age-appropriate Bibles for every child in MFH care. They have been generous donors to the Walk for Children and Families and the annual Christmas campaign.

“They are wonderful, caring people who believe in the mission of Methodist Family Health,” says Ashley Coldiron, executive director of the MFH Foundation. “They are truly our ambassadors all across the state.”

Bishop Hicks remains committed to strengthening the connection between local churches and MFH. “I would always hope that pastors in the local churches would not see Methodist Family Health as a competitor for their fundraising, but as an expression of their stewardship and an expression of their affiliation with Christ,” he says. “I consider Methodist Family Health one of the most significant ministries that we Methodists have here in Arkansas.”



Bishop Kenneth Hicks and Elaine Hicks get hugs from children in Methodist Family Health’s Arkansas CARES program while visiting the Fillmore campus.

Care MFH offers for ‘whole person’ impresses board member



Jamilyn Noble

Jamilyn Noble of Little Rock brings a passion for children and helping others to her volunteer work and support of Methodist Family Health. She joined the Board of Directors in 2010.

How did you get involved in Methodist Family Health?

I met Ashley Coldiron, executive director of the MFH Foundation, while serving on a committee.

She invited me to tour MFH’s Fillmore campus. I was immediately impressed with the impact and progress of the programs offered, and I knew then that I wanted to share in such an important work.

What appeals most to you about service to MFH?

Our mental health and social behavior are such vital parts of our being. They both work together to help us navigate through this life, to recognize and enjoy the many blessings God bestows upon us. People need our compassion and our support. Methodist Family Health works hard to show that those who struggle in these areas deserve the best care and treatments available.

How is the need for services MFH provides made real to you?

I think it is brought home to all of us daily when we watch our local and national news. So many stories show us that mental healthcare is not an individual issue but a societal issue. Methodist Family Health recognizes that offering the best care and treating the whole person benefits us all.

What makes MFH unique and special?

It is the only provider in the state that offers a comprehensive package of mental health care for children and families.

What do you wish more people knew about MFH?

The work of MFH reaches us all by helping children and families learn the very necessary social skills and behaviors that promote a positive and productive lifestyle. There is such a thin line between those who need help in an area of mental health and those who seemingly do not. That thin line is why we all should be concerned and want to support the work of MFH.

Tell us about your career, family and other interests.

I have a bachelor’s degree in mathematics from Hendrix College and an M.B.A. with a concentration in management information systems from the University of Arkansas at Little Rock. I am test engineer with Northrop Grumman Information Systems and have worked for 18 years in the areas of data technology and software testing.

I was appointed by Little Rock Mayor Jim Dailey to serve on the Regionalism Committee of the Vision Little Rock initiative in 2000 and am a former member of the Little Rock Arts and Humanities Promotion Commission and a former member of the Central Arkansas Circle of Friends Chapter for Arkansas Children’s Hospital.



MFH Board member Jamilyn Noble and her son, Cohen, pause for a photo during the 2012 Walk for Children and Families.

I currently serve on the Central Arkansas Grants Committee of the Women’s Foundation of Arkansas (WFA), and for the last three years I have been a break-out speaker for WFA’s Girls of Promise Conference at UALR. I am a member of the St. John Missionary Baptist Church in Little Rock and enjoy serving there in various capacities. I love spending time with my husband, Nathaniel (who is an MFH Foundation Board Director), and our boys, 12-year-old Caston and 3-year-old Cohen. In my spare time, I enjoy planning

and coordinating projects such as home interior parties and weddings. I always have to have some sort of project going on inside or outside my home! I often say I’m just a left-brain girl with a right-brain heart.

What's Happening

April

The power of one demonstrated by Bentonville youth

Morgan Timbs clearly understands the power of one. A member of Bentonville's First United Methodist Church, Morgan was inspired after hearing the stories of children who need the specialized care that Methodist Family Health provides. The caring 13-year-old launched a campaign to raise \$1,000 for MFH by asking for donations of \$1 at a time. Just about everyone is able to give \$1 to a good cause, she reasoned. In a few short weeks, Morgan had collected more than \$2,144. At the April 21 North District United Methodist Youth Rally, MFH presented Morgan a certificate of appreciation bearing the handprints of some of the children she helped.



Maggie Beeler of the MFH Foundation congratulates Morgan Timbs of Bentonville (right) for her fundraising efforts.



Barbara and Mike Block of Little Rock's Asbury United Methodist Church plant a tree on the Fillmore campus.



Members of Scout Troop 227 assist Blake Abston in building two garden plots at the Fillmore campus.

May

LR church plants shade tree

Members of the Emmanuel Sunday School Class at Little Rock's Asbury United Methodist Church took steps May 12 to add a bit more shade to the Fillmore campus of Methodist Family Health. Class members Barbara and Mike Block planted a tree on the campus that will be enjoyed for years to come. Thanks also go to the Good Earth Garden Center for donating the 15-gallon tree.

Boy Scout builds garden plots for MFH

Boy Scout Blake Abston, a member of Troop 227 that meets at Calvary Baptist Church in Little Rock, constructed two garden plots at the Fillmore campus near the emergency shelter in May. The project not only benefits Methodist Family Health, but also helped Blake move toward completion of his Scout life project.

Camp Healing Hearts strikes a chord with grieving families

The 8th Annual Camp Healing Hearts, a family bereavement camp sponsored by Methodist Family Health's Kaleidoscope Grief Center, was held May 18-19 at Camp



El Dorado's First United Methodist Church hosted "Undie Sunday" twice in May as a Methodist Family Health benefit collection drive. A bevy of underwear — a necessity often provided by MFH to children in our care — is shown here by senior pastor Rev. Jim Polk. The congregation followed that effort by donating \$1,700 to the Rev. Robert Regnier Memorial Summer Church Camp Fund so children in the Methodist Children's Home program could enjoy a summer camp experience.



A young Camp Healing Hearts participant delights in his catch during the fishing derby.

Aldersgate in Little Rock. The camp schedule included art activities, pet therapy, ropes course, a fishing derby, grief group sessions, and a family candle lighting service led by Rev. Greg Schick. MFH Counseling Clinic staff led Camp Healing Hearts with the help of MFH volunteers and others from local healthcare agencies and businesses.

A program of Methodist Counseling Clinic, Kaleidoscope Grief Center facilitates the coping process of grieving for children, teens and families affected by death and dying.

June

Equestrian drill team thrills MFH audience

The Diamond Kids Equestrian Drill Team gave a special demonstration June 10 for children from the Methodist Children's Home Fillmore campus, Emergency Shelter, and the mothers and children in the Arkansas CARES program. The riders demonstrated the skills of their horses by guiding them through a series of patterns and gaits. Afterward, the appreciative audience was able to speak with the riders and visit the horses up close.

Theresa and Ray Vogelpohl, owners of Diamond T.R. Ranch in western Pulaski County, are trainers and owners of the Diamond T.R. Horsemanship Academy. The drill team activities help participants learn not only equestrian skills but also life skills such as empathy, caring for others and responsibility.

MFH recognizes churches for exceptional support

Three congregations were recognized for their outstanding support of Methodist Family Health at the 2012 United Methodist Annual Conference. MFH Volunteer Awards went to: Searcy First UMC, Large Church; Holly Grove UMC, Small Church; and Little Rock First UMC, Generosity Award.



Members of the Diamond Kids Equestrian Drill Team give a presentation at the Fillmore campus.



A Camp Healing Hearts camper makes a new friend during animal therapy.



Annual Conference recognition goes to Searcy First UMC.



MFH says thanks to Holly Grove UMC.



Appreciation expressed to Little Rock First UMC.

The Searcy church's efforts are led by the FISH Sunday School Class, which has supported the Searcy Girls' Group Home by hosting a home makeover shower, special parties, and providing for ongoing needs of the home. The Holly Grove church, with fewer than 14 active members, gave new bicycles as Christmas gifts to residents of the girls' home near Helena-West Helena and hosted individual birthday parties. First UMC Little Rock not only donated the offering from its special U2Charist service, but members also supported MFH throughout the year, making the church one of the largest congregational donors to MFH.

MFH Summer Camp: Kids just being kids

Methodist Family Health's 12th Annual Reverend Robert Regnier Memorial Summer Camp in June featured campfires and s'mores, water games, worship, and more. Held at Camp Tanako near Hot Springs, the five days of camp were filled with life skills groups, a host of arts and crafts, 3-on-3 basketball tournament, fishing contest, and games and competitions of all sorts. A carnival capped off the week. Awards were presented to the most improved campers and outstanding new campers, as well as campers with outstanding sportsmanship. MFH staff from across the continuum work together to make the camp possible.

"This camp is all about just giving our kids the chance to be kids," said camp director Alicia Gammon.

July

Church flips over flip-flop collection

Flip-flops spilled over two large wading pools and filled another dozen boxes in the narthex of Faith UMC in Little Rock. The impressive collection of summer footwear was assembled by members of the church and donated to the children and youth served by the residential programs of Methodist Family Health. Pastor Harriet Akins-Banman presented the donation to MFH Chaplain Scott Moore on July 15.



Activities and fun provide lasting memories for all participants in the Rev. Robert Regnier Memorial Summer Camp.



Lacey Gross (left) and Bret Hall of Faith UMC, Little Rock, show off some of the flip-flops collected by church members.

Caring for animals integral to group home program

Thanks to many generous donors, residents of the Boys' Group Home at Heber Springs know what it's like to be responsible for farm animals and other furry and feathered friends. The boys are responsible for the care and upkeep of goats, sheep, rabbits and other animals and their pens. They also compete in local animal husbandry programs and shows. The animal program at Heber Springs is considered a therapeutic aspect of MFH care at the group home.

August

Church groups and friends share hearts and hands with MFH

Methodist Family Health is blessed to have youth groups and churches reaching out in service and fellowship to the children we serve. Some of those who connected with MFH over the summer include: Church of the Resurrection youth choir from Leawood, Kan.; First United Methodist youth choir from Frisco, Texas; Little Rock's FaithSpring Church youth choir; plus groups from Bentonville First UMC, Fort Smith Midland Heights UMC, Bryant First UMC and Little Rock's Pulaski Heights UMC.

The Lydia Circle of Little Rock's Winfield United Methodist Church donated more than 500 composition notebooks to MFH. The notebooks are used throughout the continuum for journaling and other therapy uses. In addition, Winfield's sewing group led by Mary Harrison donated dozens of crib quilts, fleece blankets, crocheted throws, knitted caps, scarves and totes that they made over the past year. The items will be enjoyed this winter by MFH clients, including the mothers and children in the Arkansas CARES program.

Sponsors of the West Little Rock Duck Duck Goose consignment sale in August generously donated a large collection of clothing items to Methodist Family Health, which they named as their charity partner for the sale. The clothing was made available to women and children in the Arkansas CARES program.



Animals are right at home at the farm-like setting of the Heber Springs Boys' Group Home.



Cherry Johnson (left) of the LaModerne Club of Little Rock presents a \$1,500 contribution to Maggie Beeler of the MFH Foundation. Club members work as ushers for shows at Robinson Center Music Hall and receive a small stipend. They then support a number of local nonprofits, including Methodist Family Health.



Annie Davis (left) of the MFH Foundation accepts quilts and more from members of the Winfield United Methodist sewing group.



The youth choir from Church of the Resurrection in Winfield, Kan., performs at Methodist Behavioral Hospital.

Societies

THE JAMES M. WORKMAN SOCIETY



Reverend James M. Workman, while pastor of Asbury Church in Little Rock, served as the first Agent of the Methodist orphanage, beginning in 1899. In that role, he was responsible for soliciting, managing and distributing funds for the creation and opening of the orphanage.

Membership in the James M. Workman Society recognizes an annual gift of \$1,000 or more to the Methodist Family Health system.

Annual Workman Donation \$1,000-\$2,499

| | | | |
|--|---|---|---|
| Anonymous (6) | Dr. and Mrs. George M. Cone Jonesboro, Arkansas | Susan and Asa Hutchinson Bentonville, Arkansas | Ella Mae and Edgar Poag [†] Osceola, Arkansas |
| Lewese and Jon Ahrens Mount Ida, Arkansas | Margaret and Kenneth Davis Hardy, Arkansas | Kerry and Charlie Jackson El Dorado, Arkansas | Susie and Tom Pugh Little Rock, Arkansas |
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| Nancy and L. Don Cole Roland, Arkansas | | B. C. Pickens Trust Pickens, Arkansas | Martha and David Yocum [†] El Dorado, Arkansas |

[†] Deceased

Annual Workman Donation \$2,500-\$4,999

| | | | |
|---|--|--|---|
| Paul Arnold Nashville, Tennessee | Angela and Chad McLain Brinkley, Arkansas | Augustus H. Pugh Portland, Arkansas | Mr. and Mrs. Ronald W. Witherspoon Fayetteville, Arkansas |
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| Vicki and Hal Matthews North Little Rock, Arkansas | Plum Creek Foundation Seattle, Washington | | |

Annual Workman Donation \$5,000 and up

| | | | |
|--|--|---|---|
| Anonymous (3) | Charles A. Frueauff Foundation, Inc. Little Rock, Arkansas | Jane and Ben Meade Fayetteville/Little Rock, Arkansas | Jan and Ted L. Snider Jr. Little Rock, Arkansas |
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| Horace C. Cabe Foundation Gurdon, Arkansas | Jean and Terry Landrum Scott, Arkansas | Riggs Benevolent Fund Little Rock, Arkansas | The W.P. Sturgis Foundation Arkadelphia, Arkansas |

THE GEORGE THORNBURGH SOCIETY



Col. George Thornburgh, Methodist layman and successful businessman, is generally regarded as the founder of the Arkansas Methodist Orphanage. Beginning in 1909, while serving as the third superintendent of the orphanage, he led one of the earliest fund drives in Arkansas, an ambitious and successful \$25,000 campaign to erect a new facility to serve as a modern new home of the orphanage.

Membership in the George Thornburgh Society recognizes one-time or cumulative gifts of \$25,000 or more to the Methodist Family Health system. This list features those who have given in the past decade.

| | | | |
|--|--------------------------|--|---|
| Anonymous (4) | Aline Gill Estate | The Reverend Mitchell and Gladys Masters Sanford Endowment | Elizabeth H. Snyder Trust |
| Myra M. Abrignani Estate | Maxine S. Gregg Estate | Rev. Curtis E. Monroe Estate | Genevieve H. and William A. Strong* |
| Arkansas Community Foundation | Hall Revocable Trust | Alline M. Montgomery Estate | Roy and Christine Sturgis Charitable & Educational Trust |
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| Lillian Mae Clavert Living Revocable Trust | Walter B. Huff Estate | Mrs. Betty Regnier | United Methodist Foundation of Arkansas |
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THE COY-ROOTS-TABOR HERITAGE SOCIETY



Mrs. L.W. Coy, Mrs. L.H. Roots and Mrs. E.A. Tabor were three of the earliest benefactresses of the Methodist Orphanage, jointly donating a building and property at 15th and Commerce streets in Little Rock, which became the first home of the orphanage, opening in 1902.

Membership in the Coy-Roots-Tabor Heritage Society recognizes a commitment to a future gift through trust, bequest or other means to the Methodist Family Health System.

| | | | |
|---|-----------------------------------|--------------------------------------|--|
| Anonymous (2) | Nina Hammond De Grandis | Ura Mae Johnson Trust | John H. Reese Memorial Endowment Fund |
| Myra and Andy Altom | Marjem and John Gill | Jonelle Ryan and Billy Gene Jones | Mrs. Ruby Smith |
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| | Geneva I. Hughes Estate | | |

*Denotes New to Listing

Community

More than 800 supporters step out at Walk for Children and Families

A little sun, a lot of water, and generous amounts of care and compassion for children added up to a successful Walk for Children and Families Aug. 3.

The sixth annual event drew 800 participants, including dozens of United Methodist youth groups and more than 100 volunteers. As a major annual fund-raiser for Methodist Family Health, the Walk for Children and Families raised more than \$84,000, earmarked for the purchase of new bed and dresser sets for rooms at the 60-bed Methodist Behavioral Hospital.

With festivities headquartered at Cooks Landing Park on the North Little Rock side of the Big Dam Bridge,

participants of all ages hiked at their own pace across the bridge and back. All were treated to free pizza and ice cream, bandanas, T-shirts and the music of the Gable Bradley Band.

Honorary chairperson Clint Stoerner, a former Razorback and Dallas Cowboys quarterback, greeted participants and registered his support for the 113-year-old organization that cares for children and families.

“This is a great organization that helps kids of all ages,” Stoerner said. “I am really impressed with everything Methodist Family Health does to help kids get back on track when they’re having trouble.”



2012 CAPITAL IMPROVEMENTS

Thanks to the generous support of Methodist Family Health donors, the following capital projects were completed in fiscal year 2012.

Dacus Residential Treatment Center, Bono

| | |
|---|---------|
| Added fiberglass-reinforced panels to dining room walls | \$7,000 |
|---|---------|

Fillmore Campus, Little Rock

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|--|----------|
| Replaced roof, Bldg. 5 | \$16,000 |
| Replaced tile flooring, Bldg. 2 | \$10,000 |
| Replaced bedroom carpet, Bldg. 5 | \$7,300 |
| Replaced upstairs tile flooring, Bldg. 10 | \$12,000 |
| New mattresses (40) | \$5,600 |
| Replaced windows, Cottage 7 | \$12,168 |
| Installed tamperproof, high-impact lighting fixtures, RTC 2, 5, 10 | \$6,000 |
| Replaced existing sidewalks, Bldg. 14 | \$22,500 |
| Replaced windows, Cottage 4 | \$13,572 |
| Replaced windows, Cottage 3 | \$14,508 |
| Replaced tile flooring, Cottage 3 | \$10,000 |
| Replaced carpet, Bldg. 13 | \$10,500 |

Group Homes

| | |
|---|----------|
| Purchased dressers, Heber Springs | \$3,000 |
| Replaced ceramic tile flooring with plank, Fayetteville | \$2,500 |
| Replaced wood doors with fiberglass, Fayetteville | \$2,500 |
| New furniture, John Magale-Magnolia | \$6,000 |
| New furniture, Helena | \$6,000 |
| Replaced carpet, Helena | \$6,000 |
| Replaced roof, Searcy | \$13,000 |
| New furniture, Magale Manor-Magnolia | \$6,000 |
| New furniture, Searcy | \$6,000 |
| New furniture, Little Rock | \$6,000 |
| Painted interior, Searcy | \$11,000 |
| Tornado shelter, Mulberry | \$6,000 |

Magale Day Treatment, Magnolia

| | |
|---|----------|
| Removed gym's existing stairs, added handicap-accessible ramp | \$5,750 |
| Removed gym's existing windows/frames in openings for new windows; insulated; installed new smaller windows | \$8,900 |
| Added AC in gym | \$10,000 |

Methodist Behavioral Hospital, Maumelle

| | |
|---|----------|
| Installed packaged terminal air conditioners throughout | \$11,500 |
| New countertops, nurses' stations 1 & 2 | \$4,960 |
| New countertops, nurses' stations 3N & 3S | \$5,450 |
| Removed and painted existing ductwork, gym | \$5,327 |
| Replaced existing exterior lighting | \$2,405 |
| New furniture | \$6,000 |
| New mattresses (40) | \$5,600 |
| Unlimited Adventure Box, Inpatient | \$4,500 |
| Unlimited Adventure Box, Outpatient | \$4,500 |

Methodist Family Health, statewide

| | |
|--|----------|
| Portable circle pens for equine therapy, Fillmore, Heber Springs, Magnolia, Searcy, Helena | \$10,000 |
|--|----------|

TOTAL **\$306,040**

In addition to completed capital projects, donor support allowed us to fund multiple unreimbursed expenses within Methodist Family Health's many programs, as well as projects like Bibles for clients, Camp Healing Hearts, peer support bereavement groups for families who have lost loved ones, and the Rev. Regnier Memorial Summer Camp for our group home children.

Total Donations in FY2012 **\$1,056,168**



HEAD WEST TO THE RANCH



14th annual Kaleidoscope Kids Auction

The Kaleidoscope Kids Auction Oct. 4 turned to the Wild West for inspiration. The outdoor fun, enjoyed by more than 200 Methodist Family Health friends and supporters on the lawn of west Little Rock's First Security Bank, included a country supper, wine pull and silent auction. A live auction of once-in-a-lifetime gems included passes to the Masters Golf Tournament and a week's stay at a Florida beach house. Angela Smiley chaired the planning committee for the event, which raised more than \$54,000 for Kaleidoscope Grief Center in Little Rock and Methodist Counseling Clinics statewide.



Dr. Scott and Cindy Stern, Ann and Steve Rowell



Mary Vaughan, Charles and Jean Beth Galloway, Don and Becky Davis, Clef Vaughan



David and Ashley Coldiron, Angela and Vance Smiley



Marjem and John Gill, with Josh Teeter



Anne Powell-Black and Michael Powell



Rhonda Coldren and Becky Kossover

Gifts of Caring

There are so many ways to help children and families through Methodist Family Health.

Teach Your Child or Grandchild to Give

Talk to your child or grandchild about children who might not be with their families this Christmas, and take them to purchase a football, soccer ball or jump rope. Donate the play items to Methodist Family Health.

Honorarium/Memorial Giving

Honor or memorialize someone who has meant a great deal to you, and help children, youth and families at the same time.

Giving Through Your Church

Give generously to one of the Sunday offerings in December collected for Methodist Family Health at your local United Methodist church.

Consider a Bequest to Methodist Family Health

Talk to your attorney about including Methodist Family Health in your will. If you've been moved by the work done with children at the Methodist Behavioral Hospital, Methodist Children's Home, Kaleidoscope Grief Center or Arkansas CARES, you can allocate it to a specific program.

Consider a Gift That Gives Back

There are many charitable vehicles that allow you to place appreciated assets and receive a set or flexible amount of money back through the course of your lifetime with the residual or partial residual coming to Methodist Family Health. Speak to your financial advisor about a unitrust, annuity trust or annuity.

To donate online, visit www.methodistfamily.org.

The holidays are about GIVING! Consider increasing your giving this year to include one of our wonderful program areas at Methodist Family Health. For information, contact Ashley Coldiron (ext. 7300) or Maggie Beeler (ext. 7299) by phone at (501) 661-0720 or by email at acoldiron@methodistfamily.org or mbeeler@methodistfamily.org. Gifts can be sent to MFH at P.O. Box 56050, Little Rock, AR 72215.

Dear Santa (or Santa's helpers),

Here are some reasons to add Methodist Family Health to your Christmas List:

1. Teaching your children to give to others makes a lasting impression.
2. Honoring someone you love is a special gift at Christmas.
3. You will be helping a child right here in Arkansas.
4. It will make a child feel cared for.
5. Christmas is about giving to others.
6. And 1,400 other reasons, all with their own names – Methodist Family Health cares for 1,400 children and their families every day.

If you and your family would like to be Santa's helper this year, contact Ashley Coldiron at (501) 661-0720 (ext. 7300).



P.O. Box 56050
Little Rock, AR 72215-6050

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Rebuilding The Lives Of Children And Families Since 1899

MethodistFamily.org




A close-up photograph of a hand placing a circular ornament with a child's face on a Christmas tree. The tree is decorated with various ornaments, including stars and colorful spheres. Other circular ornaments with children's faces are visible on the tree.

This Christmas, Start a New Tradition

GIVE THE GIFT OF HOPE TO AN ARKANSAS FAMILY

Methodist Family Health is a nonprofit organization that provides comprehensive psychiatric and behavioral healthcare to children and families throughout Arkansas. By donating to Methodist Family Health, you'll improve the lives of thousands of Arkansas families in desperate need of answers and guidance. This Christmas, listen to your heart and help us care for the children and families who need your love and support.

Share your love by choosing one of these three options:

-  Visit www.methodistfamily.org for online giving
-  Make checks payable to Methodist Family Health Foundation and mail to P.O. Box 56050, Little Rock, AR 72215
-  Call (501) 661-0720, ext. 7304

